

# Sweet spot



## If You Go

Idlewild Biscuits and Bakes

Sold at Good to Go

1132 Commercial St., Astoria

Monday through Friday, starting Feb. 25,  
10 a.m. to 4 p.m.

Photos by Alyssa Evans

**ABOVE** Brian Medford is the owner of Idlewild Biscuits and Bakes. **RIGHT** Medford sifts through mixed flower and butter while making biscuits.

## Baker brings a taste of the South to Astoria

BY ALYSSA EVANS

Every time he steps into a kitchen, the lessons of Brian Medford's childhood come with him.

Medford, the owner of Idlewild Biscuits and Bakes, is a home-taught cook. Many of his tricks and skills come from his grandmother, who helped raise him in the South.

### A home on the coast

Medford moved to Astoria in November after visiting the area, meeting other cooks

and teaching some local classes.

"I knew this is absolutely where I need to be," Medford said.

Medford came to Astoria from Seattle. For the last five years, Medford worked full-time for the City of Seattle. He worked in healthcare for about 15 years before that.

"Those jobs taught me a lot and I use a lot of the principals from them in the kitchen," Medford said. "I'm thankful for my time there but baking sparks joy. Those

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