Thursday Evening

A - Charter Astoria/ Seaside - L - Charter Long Beach

January 23

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	**KATU News at 6:00 p.m.** (N)		**Jeopardy!** (N)	**Wheel Fortune** (N)	**Station 19** "I Know This Bar" (SP) (N)		**Grey's** "Help Me Through the Night" (N)		**A Million Little Things** "The Kiss" (N)		**News** (N)	(:35) **Jimmy Kimmel**
-	KOMO	4	**KOMO 4 News at 6:00 p.m.** (N)		**Wheel Fortune** (N)	**Jeopardy!** (N)	**Station 19** "I Know This Bar" (SP) (N)		**Grey's** "Help Me Through the Night" (N)		**A Million Little Things** "The Kiss" (N)		**KOMO4News** (N)	(:35) **Jimmy Kimmel**
-	KING	5	**NBC News** (N)	**KING 5 News** (N)	**KING 5 News** (N)	**Evening**	**Superstore** (N)	**GoodPlace** (N)	**Will & Grace** (N)	**Perfect** (SF) (N)	**SVU** "I'm Going to Make You a Star"		**KING 5 News** (N)	(:35) **Tonight Show**
6	KOIN	-	**KOIN Local 6** (N)	**Evening News** (N)	**Extra** (N)	**Ent. Tonight** (N)	**Young Sheldon**	**The Unicorn**	**Young Sheldon**	**Mom**	**The Gayle King Grammy Special** (N)		**KOIN6News** (N)	(:35) **Colbert**
-	KIRO	7	**KIRO 7 News** (N)	**Evening News** (N)	**KIRO 7 News** (N)	**Ent. Tonight** (N)	**Young Sheldon**	**The Unicorn**	**Young Sheldon**	**Mom**	**The Gayle King Grammy Special** (N)		**KIRO 7 News** (N)	(:35) **Colbert**
8	KGW	-	**KGW News at 6:00 p.m.** (N)		**Tonight Cassidy**	**Inside Edition** (N)	**Superstore** (N)	**GoodPlace** (N)	**Will & Grace** (N)	**Perfect** (SF) (N)	**SVU** "I'm Going to Make You a Star"		**News** (N)	(:35) **Tonight Show**
9	KRCW	3	**Modern Family**	**Modern Family**	**The Goldbergs**	**The Goldbergs**	**Supernatural** "The Heroes' Journey" (N)		**Legacies** (N)		**KOIN 6 News at 10:00 p.m.** (N)		**Seinfeld** Pt. 2 of 2	**Seinfeld**
10	KOPB	10	**Wild Travels**	**Outside Source**	**PBS NewsHour** (N)		**Art Beat** (N)	**Oregon Guide** (N)	**Inspector Morse** "The Secret of Bay 5B"		**Inspector Morse** "The Secret of Bay 5B"		**Resistance**	
12	KPTV	12	**6 O'Clock News** (N)		**Family Feud** (N)	**Family Feud**	**Last Man St.** (N)	**Outmatched** (P) (N)	**Deputy** "10-8 Firestone" (N)		**The 10:00 p.m. News** (N)		**News** (N)	**Big Bang Theory**
13	KPDX	-	**Family Feud** (N)	**Family Feud**	**Big Bang Theory**	**Big Bang Theory**	**8:00 p.m. Prime News** (N)		**9:00 p.m. Prime News** (N)		**The Simpsons**	**Family Guy**	**Bob's Burgers**	**The Game**
-	KCPQ	13	**Modern Family**	**Modern Family**	**Big Bang Theory**	**Big Bang Theory**	**Last Man St.** (N)	**Outmatched** (P) (N)	**Deputy** "10-8 Firestone" (N)		**Q13 NEWS AT 10** (N)		**News** (N)	**The Simpsons**
20	TBS	20	**Family Guy**	**Family Guy**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Conan** (N)	**Full Frontal**
-	KZJO	22	**Friends**	**Mom**	**Mom**	**Modern Family**	**Q13 News at 8:00 p.m.** (N)		**Q13 News at 9:00 p.m.** (N)		**Big Bang Theory**	**Big Bang Theory**	**Two and a Half**	**Two and a Half**
29	ESPN	29	**NFL Football** Pro Bowl Skills Showdown		**X Games Aspen 2020** (L)				**SportsCenter With Scott Van Pelt** (N)		**SportsCenter** (N)		**SportsCenter** (N)	
30	ESPN2	30	**ITF Tennis** Australian Open Men's and Women's Third Round Site: Melbourne Park -- Melbourne, Australia (L)											
31	NICK	31	**It's Pony**	**SpongeBob**	**The Casagrandes**	**It's Pony**	**SpongeBob**	**SpongeBob**	**Friends**	**Friends**	**Friends**	**Friends**	**Friends**	(:35) **Friends**
32	DISN	32	(:05) **Gabby Duran**	(:35) **Raven's Home**	(:05) **Raven's Home**	(:35) **Bunk'd**	**Bunk'd**	**G.Duran/ Sydney**	(:15) **Raven's Home**	(:40) **JustRollwIt**	(:05) **Coop & Cami**	**Sydney to the Max**	**Bunk'd/ G. Duran**	(:45) **JustRollwIt**
34	FAM	34	★★ **Mr. Deeds** (2002, Comedy) Winona Ryder, Peter Gallagher, Adam Sandler.				**Grown-ish** (N)	**Everything's** (N)	**BoldType** "Legends of the Fall Issue" (N)		**Grown-ish**	**Everything's**	**The 700 Club**	
35	FMC	35	(4:50) **The Heat** ('13) Sandra Bullock.		(:10) ★★ **The Heat** (2013, Comedy) Melissa McCarthy, Michael McDonald, Sandra Bullock.					★★ **Independence Day: Resurgence** ('16) Maika Monroe, Liam Hemsworth.				(:50) **FXM Presents**
36	LIFE	36	**Wife Swap** "Wiggins/ Felix"		**Supernanny** "Richardson Family"		**Couples Couch** "One Night Spouse" The couples to spend their first night alone. (N)				**Supernanny** "Ostler Family" (N)		(:05) **Supernanny** "Corry Family"	
38	ROOT	38	(5:00) **NCAA Basketball** Vir./L.ville (L)		**NCAA Basketball** Pepperdine at Santa Clara (L)				**Inline Hockey**		**NCAA Basketball** Pepperdine at Santa Clara			
39	FS1	39	(5:30) **NCAA Basketball** Michigan State at Indiana (L)			**Fox College Hoops**	**NCAA Basketball** UCLA at Oregon State (L)				**WWE Backstage**		**NCAA Basketball** Mich. St./Ind.	
43	SPIKE	43	**Two and a Half**	**Two and a Half**	**Two and a Half**	★★★ **Beverly Hills Cop** (1984, Comedy) Judge Reinhold, John Ashton, Eddie Murphy.					★★★ **Beverly Hills Cop** ('84, Comedy) Judge Reinhold, John Ashton, Eddie Murphy.			
44	COM	44	(:15) **The Office**	(:50) **The Office**		(:25) **The Office**	**The Office**	**The Office**	**The Office**	**The Office**	**The Office**	**The Office**	**The Daily Show**	(:35) **Lights Out**
45	HIST	45	**Swamp People** "Legends of the Swamp"		**Swamp** "Rolling With the Punches"		**Swamp People** "Tag Out or Die Trying"		**Swamp People** "Raging Bulls" (SP) (N)		(:05) **Swamp People** "Voodoo Python"		(:05) **Swamp People** "Crocogator"	
46	A&E	46	**The First 48: 15th Anniversary** "Chain of Death"				**The First 48** "The Invader" (N)		**Alaska PD** "Arctic Survival" (N)		**60 Days In** "Program In Peril" (N)		(:05) **The First 48** "Mother of Two"	
47	TLC	47	**Say Yes to the Dress**		**Feet Kill Me** "Mo Toes, Mo Problems"		**Pimple** "Adventures in Pimplepopping"		**Dr. Pimple** "Dr. Lee Nose Best!" (N)		**Feet Kill Me** "All 12 Toes" (N)		**1000-lb Sisters** (N)	
48	DISC	48	**Homestead Rescue** "Moose Mayhem"		**Homestead** "House of 30,000 Tires" (N)		**Homestead** "Cobbers Nightmare" (N)		**Reclaimed** "Cabin in the Sky" (N)		**Building Off the Grid** "Island Getaway"		**Homestead** "The Bears and the Bees"	
49	NGEO	49	**Wild Russia** "East of Eden"		**Wild Russia** "Siberia's Frozen Heart"		**Alaska Troopers** "Asleep at the Wheel"		**State Troop.** "Caught Blue-Handed" (N)		**Alaska State Troopers** "Summer Patrol"		**Alaska Troopers** "Asleep at the Wheel"	
50	TNT	50	(5:00) **NBA Basketball** Los Angeles Lakers at Brooklyn Nets (L)			**NBA Basketball** Dallas Mavericks at Portland Trail Blazers Site: Moda Center -- Portland, Ore. (L)					**Inside the NBA** (L)		**NBA Basketball** L.A. Lakers vs Brooklyn	
51	AMC	51	(5:30) ★★ **Night at the Museum: Battle of the Smithsonian** ('09) Ben Stiller.				★★ **Jack the Giant Slayer** (2013, Fantasy) Ewan McGregor, Stanley Tucci, Nicholas Hoult.					★★★ **X-Men: First Class** ('11) James McAvoy.		
52	USA	52	**Law&Order: SVU** "December Solstice"		**Law & Order: S.V.U.** "Chasing Theo"		**Law & Order: S.V.U.** "No Good Reason"		**Law & Order: S.V.U.** "Dare"		**Modern Family**	**Modern Family**	(:05) **Modern Fam**	(:35) **Modern Fam**
53	FOOD	53	**Beat Bobby Flay**	**Beat Bobby Flay**	**Restaurant** "Going Down With the Ship"		**Restaurant** "Chaos in the Kitchen" (N)		**Rest.** "New Roles, New Results" (N)		(:05) **Beat Flay** (N)	(:35) **Beat Flay**	(:05) **Beat Flay**	**Beat Bobby Flay**
54	HGTV	54	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**	**Christina on** (N)	**Christina on the**	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**	**Flip or Flop**
56	FX	56	(5:00) ★★★★ **War for the Planet of the Apes** ('17) Judy Greer, Andy Serkis.				**Transformers: Age of Extinction** (2014, Action) Nicola Peltz, Jack Reynor, Mark Wahlberg.							**Movie**
57	CNN	57	**Cuomo Prime Time**		**CNN Tonight With Don Lemon**		**CNN Tonight With Don Lemon**		**Anderson Cooper 360**		**Cuomo Prime Time**		**CNN Tonight With Don Lemon**	
58	FNC	58	**Hannity**		**The Ingraham Angle**		**Fox News @ Night**		**Tucker Carlson Tonight**		**Hannity**		**The Ingraham Angle**	
61	CNBC	61	**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Dateline** "A Gathering Storm"	
63	BRAV	63	(5:30) **Below Deck**	**Below Deck** "The Scorpion Queen"		**Project Runway** "There Is Only One You"			**Project Runway** "Project Runway x Ashley Longshore" (N)			**Watch What** (N)	**Enough** (2002, Thriller) Jennifer Lopez.	
64	TCM	64	(5:00) **Imitation of Life** Lana Turner.		★★★★ **Body and Soul** (1947, Sport) Lilli Palmer, Hazel Brooks, John Garfield.				★★★ **Member of the Wedding** ('52) Julie Harris.			(:45) ★★★★ **Intruder In the Dust** ('49) Juano Hernandez.		
65	SYFY	65	(4:25) **King Arthur: Legend of the S...**		(:10) ★★★ **Edge of Tomorrow** (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.					(:40) ★★ **R.I.P.D.** (2013, Action) Jeff Bridges, Mary-Louise Parker, Ryan Reynolds.				(:45) **Gamer** ('09)
162	RFD	162	**Chasing** (N)	**Small Town**	**Rural America 'Live'** (L)		**Steve Lantvit**	**Rural Eve. News**	**Grown**	**Farm Monitor**	**Chasing-Madison**	**Small Town**	**Time Life Library**	

Friday Evening

A - Charter Astoria/ Seaside - L - Charter Long Beach

January 24

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	**KATU News at 6:00 p.m.** (N)		**Jeopardy!** (N)	**Wheel Fortune** (N)	**Am.Housewife** (N)	**Fresh Off-Boat** (N)	**20/20** Interviews and hard-hitting investigative reports.				**News** (N)	(:35) **Jimmy Kimmel**
-	KOMO	4	**KOMO 4 News at 6:00 p.m.** (N)		**Wheel Fortune** (N)	**Jeopardy!** (N)	**Am.Housewife** (N)	**Fresh Off-Boat** (N)	**20/20** Interviews and hard-hitting investigative reports.				**KOMO4News** (N)	(:35) **Jimmy Kimmel**
-	KING	5	**NBC News** (N)	**KING 5 News** (N)	**KING 5 News** (N)	**Evening**	**ISU Figure Skating** U.S. Championship Site: Greensboro Coliseum -- Greensboro, N.C.						**KING 5 News** (N)	(:35) **Tonight Show**
6	KOIN	-	**KOIN Local 6** (N)	**Evening News** (N)	**Extra** (N)	**Ent. Tonight** (N)	**Hawaii Five-0**		**Magnum P.I.** "Blood in the Water"		**Blue Bloods** "The Real Deal"		**KOIN6News** (N)	(:35) **Colbert**
-	KIRO	7	**KIRO 7 News** (N)	**Evening News** (N)	**KIRO 7 News** (N)	**Ent. Tonight** (N)	**Hawaii Five-0**		**Magnum P.I.** "Blood in the Water"		**Blue Bloods** "The Real Deal"		**KIRO 7 News** (N)	(:35) **Colbert**
8	KGW	-	**KGW News at 6:00 p.m.** (N)		**Tonight Cassidy**	**Inside Edition** (N)	**ISU Figure Skating** U.S. Championship Site: Greensboro Coliseum -- Greensboro, N.C.						**News** (N)	(:35) **Tonight Show**
9	KRCW	3	**Modern Family**	**Modern Family**	**The Goldbergs**	**The Goldbergs**	**Charmed** "Curse Words" (N)		**Dynasty** (N)		**KOIN 6 News at 10:00 p.m.** (N)		**Seinfeld**	**Seinfeld**
10	KOPB	10	**Fringe Benefits**	**BBC World News**	**PBS NewsHour** (N)		**Shakespeare** "Toil and Trouble"		**Midsomer M.**	(:45) **Midsomer M.** "The Dark Rider"		(:35) **Masterpiece Classic** "Unforgotten"		
12	KPTV	12	**6 O'Clock News** (N)		**Family Feud**	**Family Feud**	**WWE Smackdown!** WWE superstars do battle in long-running rivalries. (N)				**The 10:00 p.m. News** (N)		**News** (N)	**Big Bang Theory**
13	KPDX	-	**Family Feud**	**Family Feud**	**Big Bang Theory**	**Big Bang Theory**	**8:00 p.m. Prime News** (N)		**9:00 p.m. Prime News** (N)		**The Simpsons**	**Family Guy**	**Bob's Burgers**	**The Game**
-	KCPQ	13	**Modern Family**	**Modern Family**	**Big Bang Theory**	**Big Bang Theory**	**WWE Smackdown!** WWE superstars do battle in long-running rivalries. (N)				**Q13 NEWS AT 10** (N)		**Most Wanted**	**The Simpsons**
20	TBS	20	**Family Guy**	**Family Guy**	**The Legend of Tarzan** (2016, Action) Margot Robbie, Samuel L. Jackson, Alexander Skarsgård.					★★ **Hellboy II: The Golden Army** (2008, Adventure) Selma Blair, Doug Jones, Ron Perlman.				
-	KZJO	22	**Friends**	**Mom**	**Mom**	**Modern Family**	**Q13 News at 8:00 p.m.** (N)		**Q13 News at 9:00 p.m.** (N)		**Big Bang Theory**	**Big Bang Theory**	**Two and a Half**	**Two and a Half**
29	ESPN	29	(5:00) **NBA Basketball** Houston vs Minnesota (L)			(:35) **X Games Aspen 2020** (L)				(:35) **SportsCenter** The day's news in the world of sports. (N)			**SportsCenter** (N)	
30	ESPN2	30	**ITF Tennis** Australian Open Men's and Women's Third Round Site: Melbourne Park -- Melbourne, Australia (L)											
31	NICK	31	(4:30) **Sponge** "Escape from Glove World"		**The Crystal Maze** (N)		**All That**	**SpongeBob**	**Friends**	**Friends**	**Friends**	**Friends**	**Friends**	**Friends**
32	DISN	32	(:05) **Gabby Duran**	(:35) **Raven's Home**	(:05) **Raven's Home**	(:35) **Bunk'd**	**Bunk'd/ G. Duran**	(:45) **Owl House**	(:10) **Bunk'd**	(:40) **Gabby Duran**	(:05) **Coop & Cami**	**Sydney to the Max**	**Bunk'd/ G. Duran**	(:45) **Owl House**
34	FAM	34	★★ **Paul Blart: Mall Cop** ('09, Comedy) Keir O'Donnell, Jayma Mays, Kevin James.				**Family Guy**	**Family Guy**	**FamilyGuy** 1/2	**FamilyGuy** 2/2	**Family Guy**	**Family Guy**	**The 700 Club**	
35	FMC	35	**Movie**	(:40) ★★ **Jack Ryan: Shadow Recruit** ('14) Kenneth Branagh, Chris Pine.				(:35) **Cymbeline** (2014, Drama) Ed Harris, Milla Jovovich, Ethan Hawke.				**Cymbeline** (2014, Drama) Ed Harris, Ethan Hawke.		
36	LIFE	36	(5:00) **Hopelessly in Love**		**Hopelessly in Love** "Anna Nicole Smith and Larry Birkhead"				**Hopelessly in Love** "Lisa 'Left Eye' Lopes and Andre Rison"				(:05) **Hopelessly in Love**	
38	ROOT	38	(4:30) **NCAA Basket.**	**NCAA Hockey** Nebraska-Omaha at Colorado College Site: Broadmoor World Arena (L)					**PBA Bowling** Hall of Fame Classic				**FootballWeek** (N)	**The Shortlist** (N)
39	FS1	39	**NCAA Basketball** Marquette at Butler (L)				**Fox College Hoops**	**Elite Youth** (N)	**PBA Bowling** Hall of Fame Classic				**TMZ Sports** (N)	**NCAA Basketball**
43	SPIKE	43	**Two and a Half**	**Two and a Half**	**Two and a Half**	★★ **Grown Ups** (2010, Comedy) Kevin James, Chris Rock, Adam Sandler.					★★ **Grown Ups** (2010, Comedy) Kevin James, Chris Rock, Adam Sandler.			
44	COM	44	(:15) **South Park**	(:50) **South Park**		(:25) **South Park**	**South Park**	**South Park**	**South Park**	**South Park**	**To Be Announced**		**BurrRingers** (N)	**Stand-Up**
45	HIST	45	**Ancient Aliens** "Aliens B.C."		**Ancient Aliens**		**Ancient Aliens: Declassified** "Secret Alien Codes" Tattoos and piercings may have ancient origins. (N)							
46	A&E	46	(5:00) **Live PD**				**Live PD** /(:05) **Live PD: Rewind** (N)		**Live PD** Live access inside the country's busiest police forces.					
47	TLC	47	**90 Day Fiancé**				**Pimple** "Supersized: Dr. Lee Nose Best!"		**Feet Kill** "Footnotes: All 12 Toes" (N)		**My 600-lb Life** "Supersized: J.T.'s Story" (N)			
48	DISC	48	**Gold Rush** "Nuggets or Bust"		**Gold Rush: Pay Dirt** "Cornered" (N)		**Gold Rush** Men risk everything to strike it rich mining for gold. (N)				**Gold Rush: The Dirt**		**Opal Hunters** "Wild Wild West" (N)	
49	NGEO	49	**Lockup**		**Lockup**		**Lockup**		**CatchSmuggl.** "Cocaine Crackdown"		**Catch a Smuggler** "Search and Seize"		**Lockup**	
50	TNT	50	**Bones** "The Body and the Bounty"		**Bones**		★★★ **Avengers: Age of Ultron** (2015, Action) Scarlett Johansson, Chris Hemsworth, Robert Downey Jr..						**Star Wars: Episode I - The Phantom ...**	
51	AMC	51	(5:30) ★★ **Jack the Giant Slayer** ('13) Ewan McGregor, Nicholas Hoult.				★★★ **I Am Legend** (2007, Sci-Fi) Alice Braga, April Grace, Will Smith.				★★★ **Safe House** ('12, Action) Ryan Reynolds, Robert Patrick, Denzel Washington.			
52	USA	52	**Law & Order: S.V.U.** "Bang"		**Law & Order: S.V.U.** "Smoked"		★★★ **Captain America: Civil War** (2016, Action) Robert Downey Jr., Scarlett Johansson, Chris Evans.						**Modern Family**	**Modern Family**
53	FOOD	53	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners...Dives** (N)	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**
54	HGTV	54	**My Dream Home**	**My Dream Home**	**My Dream Home**	**My Dream Home**	**My Dream Home**	**My Dream Home**	**My Lottery Dream** (N)		**My Dream Home**	**My Dream Home**	**My Dream Home**	**My Dream Home**
56	FX	56	(5:00) ★★★ **The Amazing Spider-Man** ('12) Emma Stone, Andrew Garfield.				★ **Ride Along 2** (2016, Action/Comedy) Kevin Hart, Tika Sumpter, Ice Cube.					★ **Ride Along 2** (2016, Action/Comedy) Kevin Hart, Ice Cube.		
57	CNN	57	**Cuomo Prime Time**		**CNN Tonight With Don Lemon**		**CNN Tonight With Don Lemon**		**Anderson Cooper 360**		**Cuomo Prime Time**		**CNN Tonight With Don Lemon**	
58	FNC	58	**Hannity**		**The Ingraham Angle**		**Fox News @ Night**		**Tucker Carlson Tonight**		**Hannity**		**The Ingraham Angle**	
61	CNBC	61	**Shark Tank**		**Shark Tank**		**The Profit** "Floodtown"		**Listing** "The Marble Monument to Love"		**Listing** "The Cold Box on the Beach"		**Dateline** "Vanished"	
63	BRAV	63	**Below Deck** "Definitely Not Prague"		**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**	**Chrisley Knows**
64	TCM	64	(5:00) **The Wrath of God**		★★★ **Farewell My Lovely** ('75) Charlotte Rampling, Sylvia Miles, Robert Mitchum.				★★ **The Yakuza** (1975, Suspense) Ken Takakura, Brian Keith, Robert Mitchum.				**Scary Movie** (1991) John Hawkes.	
65	SYFY	65	(4:30) **Edge of Tomorrow** Tom Cruise.		★★ **R.I.P.D.** (2013, Action) Jeff Bridges, Mary-Louise Parker, Ryan Reynolds.				★★ **G.I. Joe: The Rise of Cobra** ('09) Adewale Akinnuoye-Agbaje.				**Futurama** Pt. 1 of 4	**Futurama** Pt. 2 of 4
162	RFD	162	**Texas-Reporter**	**FarmHer**	**SF Machinery** (N)	**Statler Brothers**	**Country Legends**	**Rural News** (N)	**C. Reunion** "The Very Best of CFR"		**Texas-Reporter**	**SF Machinery**	**Time Life Library**	

Saturday Evening

A - Charter Astoria/ Seaside - L - Charter Long Beach

January 25

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	(5:30) **NBA Basketball** Los Angeles Lakers at Philadelphia 76ers (L)				**KATU Special**	**Jeopardy!**	**Wheel of Fortune**	**Paid Program**	**Nightline Prime**		**News** (N)	(:35) **HonorWrestle**
-	KOMO	4	(5:30) **NBA Basketball** Los Angeles Lakers at Philadelphia 76ers (L)				**KOMO 4 Primetime News** (N)		**Wheel of Fortune**	**Jeopardy!**	**Nightline Prime**		**KOMO4News** (N)	(:35) **HonorWrestle**
-	KING	5	(5:00) **NHL Hockey** All-Star Game (L)				**Evening**	**Saturday Night Live** (L)			**Saturday Night Live**		**KING 5 News** (N)	**Sat. Night Live**
6	KOIN	-	**KOIN Local 6** (N)	**Weekend News** (N)	**Entertainment Tonight Weekend**		**FBI** "Most Wanted"		**NCIS: New Orleans** "Bad Apple"		**48 Hours**		**KOIN6News** (N)	(:35) **Amer.Ninja**
-	KIRO	7	**Weekend News** (N)	**KIRO 7 News** (N)	**Entertainment Tonight Weekend**		**FBI** "Most Wanted"		**NCIS: New Orleans** "Bad Apple"		**48 Hours**		**KIRO 7 News** (N)	(:35) **Wipeout**
8	KGW	-	(5:00) **NHL Hockey** All-Star Game (L)				**KGW News** (N)	**Saturday Night Live** (L)			**Dateline NBC**		**News** (N)	**Sat. Night Live**
9	KRCW	3	**WHL Hockey** Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre -- Kent, Washington (L)					**Friends**	**Two and a Half**	**Two and a Half**	**KOIN 6 News at 10:00 p.m.** (N)		**Seinfeld**	**Pawn Stars**
10	KOPB	10	**Confucius Was a Foodie** "Cantonese"		**Travel: ArtWolfe**	**Steves' Europe**	**A Place to Call Home** "In Memorian"		**Frankie Drake Mysteries** "Ghosts"		**Jamestown**		**The Bletchley Circle** "Wake"	
12	KPTV	12	★★★ **Short Circuit** (1986, Comedy) Ally Sheedy, Fisher Stevens, Steve Guttenberg.				**Flirty Dancing** "Alex and Navi" (N)		**Flirty Dance** "Khairi and Ashlee" (SF) (N)		**The 10:00 p.m. News** (N)		**Beat Shazam** "Southern Fried Shazam!"	
13	KPDX	-	**Carbonaro Effect**	**People Now**	**Big Bang Theory**	**Big Bang Theory**	**8:00 p.m. Prime News** (N)		**9:00 p.m. Prime News** (N)		**The Listener** "The Bro Code"		**The Listener** "The Shooting"	
-	KCPQ	13	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Flirty Dancing** "Alex and Navi" (N)		**Flirty Dance** "Khairi and Ashlee" (SF) (N)		**News** (N)	**Seahawks**	**Beat Shazam** "Southern Fried Shazam!"	
20	TBS	20	★★★★ **Wonder Woman** (2017, Action) Chris Pine, David Thewlis, Gal Gadot.						**Miracle Workers**	**Miracle Workers**	**Miracle Workers**	**Miracle Workers**	**Miracle Workers**	**Miracle Workers**
-	KZJO	22	**CHL Hockey** Portland Winter Hawks vs. Seattle Thunderbirds Site: Accesso ShoWare Center (L)					**NorthFishReports**	**Q13 News** (N)	**Seahawks**	**Most Wanted**	**Funny Weather**	**Funny Weather**	**For Laughs: Gags**
29	ESPN	29	(5:00) **NCAA Basketball**		**X Games Aspen 2020** (L)				**SportsCenter** (N)		**SportsCenter** (N)		**SportsCenter** (N)	
30	ESPN2	30	**ITF Tennis** Australian Open Men's and Women's Fourth Round Site: Melbourne Park -- Melbourne, Australia (L)											
31	NICK	31	**The Loud House**	**The Loud House**	**The Loud House**	**The Loud House**	**Henry Danger** (N)	**All That** (N)	**CstlMaze** "The Walls Are Closing In!"		**Friends**	**Friends**	**Friends**	**Friends**
32	DISN	32	(:05) **Raven's Home**	(:35) **Raven's Home**	(:05) **Gabby Duran**	(:35) **Gabby Duran**	**Big City Greens**	**BigCity/ BigCity**	(:15) **BigCityGreen**	(:40) **BigCityGreen**	(:05) **Bunk'd**	**Bunk'd**	**G.Duran/ G. Duran**	(:45) **Owl House**
34	FAM	34	(5:10) ★★★ **Hook** (1991, Fantasy) Dustin Hoffman, Julia Roberts, Robin Williams.					★★ **The Jungle Book** (2016, Family) Bill Murray, Ben Kingsley, Neel Sethi.					**Iron Man** ('08, Act) Robert Downey Jr..	
35	FMC	35	(:10) ★ **Bad Moms** (2016, Comedy) Kristen Bell, Kathryn Hahn, Mila Kunis.				(:05) ★★★ **The Mountain Between Us** ('17) Idris Elba, Kate Winslet.				(:20) **Gifted** (2017, Drama) Mckenna Grace, Lindsay Duncan, Chris Evans.			
36	LIFE	36	**Murder in the Suburbs** ('20, Thril) Alexandria Deberry, Trevor Stines, Nicky Whelan.				**Chris Watts: Confessions of a Killer** ('20, Cri) Sean Kleier, Ashley Williams. (P)				(:05) **Beyond** "The Watts Family Tragedy"		(:05) **Chris Watts: Confessions of a Ki...**	
38	ROOT	38	(5:00) **NCAA Basketb.** Boi. St./Fres. St. (L)		**NCAA Basketball** Pacific at Gonzaga (L)				**NCAA Basketball** Boise State at Fresno State				**NCAA Basketball** Pacific at Gonzaga	
39	FS1	39	**NCAA Basketball** Washington at Colorado (L)				**Elite Youth**	**Elite Youth**	**Elite Youth**	**Elite Youth**	**NCAA Basketball** Illinois at Michigan			
43	SPIKE	43	**Movie**	★★★★ **John Wick** (2014, Action) Adrianne Palicki, Bridget Moynahan, Keanu Reeves.					★★★★ **John Wick: Chapter 2** (2017, Action) Common, Ruby Rose, Keanu Reeves.					
44	COM	44	(:15) **To Be Announced**					(:25) **To Be Announced**				**To Be Announced**		
45	HIST	45	**UFOs: Dangerous Encounters Exposed**				**UFO: EvidenceRvld** A look at the top secret manual called SOM 1-01. (N)				(:05) **Aliens** "The Mystery of Nan Madol"		(:05) **Ancient MonsterQuest** "Bigfoot"	
46	A&E	46	(5:00) **Live PD**				**Live PD** /(:05) **Live PD: Rewind** (N)		**Live PD** Live access inside the country's busiest police forces.					
47	TLC	47	**Say Yes to the Dress**		**Say Yes to the Dress**		**Say Yes to the Dress** "America: Do It With Your Boots on!" (N)				**Say Yes** "Not with Those Chubby Arms"		**Say Yes to the Dress** "Bionic Bride"	
48	DISC	48	**Man Vs. Bear** "Basic Instinct"		**Man Vs. Bear** "Boomer vs Millennial"		**Man Vs. Bear** (N)		(:55) **Man Vs. Bear** "Born to Run"		**Man Vs. Bear** "Bart's First Defeat"		**Man Vs. Bear** "Flying Scotsman"	
49	NGEO	49	**Locked up** "Breaking Bad in Britain"		**Locked up** "Caribbean Nightmare"		**Locked Up Abroad** "Pop Star Smuggler"		**The Cave** (2019, Documentary) (P)			(:45) **The Cave** (2019, Documentary)		
50	TNT	50	(4:55) ★★ **Star Wars: Episode III - Revenge of the Sith** ('05) Ewan McGregor.				**Guardians of the Galaxy Vol. 2** (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.						**Star Wars: Episode VI - Return of th...**	
51	AMC	51	(4:30) **I Am Legend**	★★ **Elysium** (2013, Action) Jodie Foster, Sharlto Copley, Matt Damon.					**Seven Worlds, One Planet** "North America"			★★ **Elysium** (2013, Action) Jodie Foster, Matt Damon.		
52	USA	52	(5:00) ★★★ **Captain America: Civil War** ('16) Robert Downey Jr., Chris Evans.				★★ **Doctor Strange** (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.					★★ **Doctor Strange** ('16) Benedict Cumberbatch.		
53	FOOD	53	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**	**Diners, Drive-Ins**
54	HGTV	54	**HomeTown** "Southern Italianate Charm"		**Home Town**		**Bargain Hunt** (N)	**Bargain Hunt** (N)	**Caribbean Life** (N)	**Caribbean Life** (N)	**Bahamas Life** (N)	**Bahamas Life** (N)	**Mexico Life**	**Mexico Life**
56	FX	56	(4:00) **The Amazing Spider-Man 2**		★★★ **Spider-Man: Homecoming** (2017, Action) Robert Downey Jr., Chris Evans, Tom Holland.						★★★ **Kingsman: The Secret Service** ('14) Colin Firth, Taron Egerton.			
57	CNN	57	**Eighties** "Video Killed the Radio Star"		**The Nineties** "Isn't It Ironic?"		**The 2000s** "I Want My MP3"		**The Seventies** "What's Goin' On"		**Eighties** "Video Killed the Radio Star"		**The Nineties** "Isn't It Ironic?"	
58	FNC	58	**Justice With Judge Jeanine**		**The Greg Gutfeld Show**		**Watters World**		**Justice With Judge Jeanine**		**The Greg Gutfeld Show**		**Watters World**	
61	CNBC	61	**Greed** "The Fast and the Fraudulent"		**Greed** "The College Admissions Scandal"		**American Greed** "Paul Manafort"		**Greed** "The Fast and the Fraudulent"		**Greed** "The Fake Prince's Royal Scam"		**Paid Program**	**Paid Program**
63	BRAV	63	(4:00) **Walk the Line** Joaquin Phoenix.		★★★ **Pretty Woman** (1990, Romance) Julia Roberts, Jason Alexander, Richard Gere.					★★★ **Pretty Woman** (1990, Romance) Julia Roberts, Jason Alexander, Richard Gere.				
64	TCM	64	(5:00) **A Warm December** Sidney Poitier.		★★★ **Buck and the Preacher** ('72, Dra) Harry Belafonte, Ruby Dee, Sidney Poitier.				**Try and Get Me** (1950) Kathleen Ryan, Richard Carlson, Frank Lovejoy.				**The Underworld Story** Dan Duryea.	
65	SYFY	65	★★ **G.I. Joe: The Rise of Cobra** ('09) Christopher Eccleston, Adewale Akinnuoye-Agbaje.					★★ **The Hitman's Bodyguard** (2017, Action) Samuel L. Jackson, Gary Oldman, Ryan Reynolds.					**Futurama**	**Futurama**
162	RFD	162	**Opry Encore**	**That Nashville**	**Mollie B Polka Party** (N)		**Larry's Country** "Hot Club of Cowtown"		**C. Reunion** "The Very Best of CFR"		**Hee Haw**		**Time Life Library**	

Sunday Evening

A - Charter Astoria/ Seaside - L - Charter Long Beach

January 26

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	**KATU News at 6:00 p.m.** (N)		**America's Funniest Home Videos**		**America's Funniest Home Videos**		**Shark Tank**		**Shark Tank**		**News** (N)	(:35) **America Week**
-	KOMO	4	**KOMO 4 News Sunday at 6:00 p.m.** (N)		**America's Funniest Home Videos**		**America's Funniest Home Videos**		**Shark Tank**		**Shark Tank**		**KOMO4News** (N)	(:35) **Full Measure**
-	KING	5	**NBC News** (N)	**KING 5 News** (N)	**America's Got Talent** "The Champions Three" Fan favorites perform for the judges.				**American Ninja Warrior** "USA vs. the World" (N)				**KING 5 News** (N)	(:35) **Band Seattle**
6	KOIN	-	(5:00) **The 62nd Annual Grammy Awards** (L)					**The 62nd Annual Grammy Awards** Musical innovators are recognized.						(:35) **Game On!**
-	KIRO	7	(5:00) **The 62nd Annual Grammy Awards** (L)					**The 62nd Annual Grammy Awards** Musical innovators are recognized.						
8	KGW	-	**NBC News** (N)	**Straight Talk**	**America's Got Talent** "The Champions Three" Fan favorites perform for the judges.				**American Ninja Warrior** "USA vs. the World" (N)				**News** (N)	(:35) **Sports Sunday**
9	KRCW	3	**Modern Family**	**Modern Family**	**The Goldbergs**	**The Goldbergs**	**Batwoman** "An Un-Birthday Present" (N)		**Supergirl** (N)		**KOIN 6 News** (N)	**Game On!**	**Seinfeld**	**Pawn Stars**
10	KOPB	10	**Oregon Art Beat**	**Oregon Guide**	**American Masters**		**Masterpiece Classic** "Howards End" (N)		**Masterpiece Classic** "Sanditon" (N)		**Vienna B** "The Queen of the Night" (N)		**Masterpiece Classic** "The Collection"	
12	KPTV	12	**Family Feud**	**People Now**	**Last Man Standng**	**Outmatched**	**The Simpsons**	**Bob's Burgers**	**Family Guy**	**Family Guy**	**The 10:00 p.m. News** (N)		**News** (N)	**In Depth**
13	KPDX	-	**Carbonaro Effect**	**Family Feud**	**Big Bang Theory**	**Big Bang Theory**	**8:00 p.m. Prime News** (N)		**9:00 p.m. Prime News** (N)		**NCIS: New Orleans** "X"		**NCIS: New Orleans** "Radio Silence"	
-	KCPQ	13	**Modern Family**	**Modern Family**	**Last Man Standng**	**Outmatched**	**The Simpsons**	**Bob's Burgers**	**Family Guy**	**Family Guy**	**News** (N)	**Q It Up Sports**	**News** (N)	**The Divide**
20	TBS	20	(5:00) ★★★★ **Wonder Woman** (2017, Action) Chris Pine, David Thewlis, Gal Gadot.				★★ **Justice League** (2017, Action) Ben Affleck, Jason Momoa, Gal Gadot.					★★ **Justice League** (2017, Action) Ben Affleck, Gal Gadot.		
-	KZJO	22	**Black-ish**	**Black-ish**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Big Bang Theory**	**Q13 News** (N)	**Q It Up Sports**	**Mom**	**Mom**	**Two and a Half**	**Two and a Half**
29	ESPN	29	(5:30) **X Games Aspen 2020** (L)				**SportsCenter** The day's news in the world of sports. (N)			**SportsCenter** The day's news in the world of sports.			**SportsCenter**	
30	ESPN2	30	**ITF Tennis** Australian Open Men's and Women's Fourth Round Site: Melbourne Park -- Melbourne, Australia (L)											
31	NICK	31	(5:30) ★★★ **Jumanji** (1995, Fantasy) Bonnie Hunt, Kirsten Dunst, Robin Williams.				**CstlMaze** "The Walls Are Closing In!"		★★★★ **How to Train Your Dragon** (2010, Adventure) Gerard Butler, Craig Ferguson, Jay Baruchel.					**Friends**
32	DISN	32	(:05) **Gabby Duran**	(:35) **Gabby Duran**	(:05) **Raven's Home**	(:35) **Raven's Home**	**Disney Channel Special**		**G.Duran/ Bunk'd**	(:45) **Mickey** (N)	**Star Wars Resistance** "The Escape" (N)		**Bunk'd/ G. Duran**	(:45) **JustRollwIt**
34	FAM	34	(12:00) **The 700 Club Telethon**											
35	FMC	35	(4:35) ★★★ **The Martian** ('15) Jessica Chastain, Matt Damon.			(:25) ★★★ **The Martian** (2015, Adventure) Jessica Chastain, Kate Mara, Matt Damon.					(:15) ★★ **Daybreakers** (2009, Action) Ethan Hawke, Harriet Minto-Day, Jay Laga'aia.			
36	LIFE	36	**The Twisted Son** (2019, Thriller) Eric Osborne, Tygh Runyan, Andrea Roth.				**Adopted in Danger** (2020, Thriller) Tyler Johnson, Christie Burson, Allison Paige. (P)				(:05) **Chris Watts: Confessions of a Killer** ('20, Cri) Sean Kleier, Ashley Williams.			
38	ROOT	38	**DFL Soccer** RB Leipzig at Frankfurt				**Footvolley** 2019 Summer Series		**NCAA Basketball** Xavier at Creighton				**NCAA Basketball** Pacific at Gonzaga	
39	FS1	39	(5:30) **NCAA Basketball** West Virginia vs. TCU (L)			**PBC Countdown** (N)		**PBC Countdown**	**NCAA Basketball** Michigan State at Minnesota				**NCAA Basketball** UCLA at Oregon	
43	SPIKE	43	(4:30) ★★★ **Shooter** ('07, Act) Michael Peña, Mark Wahlberg.			★★★ **White House Down** (2013, Action) Jamie Foxx, Maggie Gyllenhaal, Channing Tatum.						★★★ **Shooter** (2007, Action) Michael Peña, Mark Wahlberg.		
44	COM	44	(:15) **The Office**	(:50) **South Park**		(:25) **South Park**	**South Park**	**South Park**	**South Park**	**South Park**	**South Park**	**South Park**	**South Park**	**South Park**
45	HIST	45	**American Pickers** "The Mother Load"		**Amer. Pickers** "Pickin' for the Fences"		**American Pickers** "Picks of the Sea"		**Auschwitz Untold** Survivors of the Holocaust reflect on the past. (N)				(:05) **American Pickers** "Mike's Big Buy"	
46	A&E	46	(5:30) ★★ **Transporter 3** ('08) Natalya Rudakova, François Berléand, Jason Statham.				★★ **S.W.A.T.** (2003, Action) Colin Farrell, Michelle Rodriguez, Samuel L. Jackson.					★★★★ **Hacksaw Ridge** ('16) Andrew Garfield.		
47	TLC	47	(5:00) **90 Day Fiancé**		**90 Day Fiancé**		**90 Day Fiancé** Four women travel to the US with hopes to get married.				**SisterW.** "A Not So Merry Christmas" (N)		**90 Day Fiancé**	
48	DISC	48	**NakedAfraid** "Man Up or Bow Out"		**NakedAfraid** "Hunted and Haunted" (N)		**Naked and Afraid** A challenge to survive the Costa Rican rainforest.				**Naked and Afraid** (N)		**Naked and Afraid**	
49	NGEO	49	**Gordon Ramsay** "Hawaii's Hana Coast"		**Gordon Ramsay** "Peru's Sacred Valley"		**Gordon Ramsay: Uncharted** (N)		**BrainG.** "Male Brain vs. Female Brain"		**BrainG.** "Ted Danson: Fact or Fiction?"		**BrainG.** "Male Brain vs. Female Brain"	
50	TNT	50	(5:00) ★★★★ **Star Wars: Episode VI - Return of the Jedi** ('83) Mark Hamill.				★★★★ **Guardians of the Galaxy** (2014, Adventure) Zoe Saldana, Lee Pace, Chris Pratt.					**Pirates of the Caribbean: Dead Men Tell No Tales**		
51	AMC	51	(:15) **Breaking Bad** "Over"		(:20) **Breaking Bad** "Mandala"			**Breaking Bad** "Phoenix"		(:35) **Breaking Bad** "ABQ"		(:45) ★★ **Road House** ('89, Action) Sam Elliott, Patrick Swayze.		
52	USA	52	**Law&Order: SVU** "Community Policing"		**Law&Order: SVU** "A Misunderstanding"		**Law & Order: S.V.U.** "Contrapasso"		**Law & Order: S.V.U.** "Complicated"		**Dare Me** "Parallel Trenches" (N)		(:55) **Modern Fam**	(:25) **Modern Fam**
53	FOOD	53	**Challenge** "Monopoly Cakes"		**Guy's Game** "Big Bacon Battle"		**Guy's Grocery Games**		**W.Cooks** "Simple Yet Sophisticated" (N)		**Beat Bobby Flay**	**Beat Bobby Flay**	**Beat Bobby Flay**	**Beat Bobby Flay**
54	HGTV	54	**Love It or List It** "House of Heirlooms"		**Love It or List It** "All Work and No Play"		**To Be Announced**		**To Be Announced**		**To Be Announced**		**To Be Announced**	
56	FX	56	(4:00) **Kingsman: The Secret Service**		★★ **Kingsman: The Golden Circle** (2017, Action) Channing Tatum, Halle Berry, Taron Egerton.						**The Weekly**	**The Weekly** "The Endorsement"		**Movie**
57	CNN	57	**CNN Special Report** (N)		**Anthony Bourdain** "Cuba"		**Anthony Bourdain** "Quebec, Canada"		**Anthony Bourdain** "Oman"		**Anthony Bourdain** "Peru"		**CNN Newsroom**	
58	FNC	58	**The Next Revolution**		**To Be Announced**		**Life, Liberty & Levin**		**The Next Revolution**		**To Be Announced**		**Fox News Sunday**	
61	CNBC	61	**Undercover Boss** "4 Wheel Parts"		**Undercover Boss**		**Under Boss** "The Tilted Kilt Sports Pub"		**Undercover Boss** "Boston Market"		**Undercover Boss** "Budget Blinds"		**Paid Program**	**Paid Program**
63	BRAV	63	**Below Deck** "Au Revior!"		**Below Deck** "Exodus"		**Below Deck** "Witch Hunt"		**Below Deck** "Witch Hunt"		**Shahs of Sunset** "How They Got Here 2020" (N)			
64	TCM	64	**Movie**	(:45) **Every Sunday**	★★★ **It's a Date** (1940, Musical) Walter Pidgeon, Kay Francis, Deanna Durbin.				★★ **The Outlaw and His Wife** (1917, Action) Edith Erastoff, Victor Sjostrom.				**The Night Porter** ('74) Dirk Bogarde.	
65	SYFY	65	★★ **The Hitman's Bodyguard** (2017, Action) Samuel L. Jackson, Gary Oldman, Ryan Reynolds.					★★★★ **xXx: Return of Xander Cage** ('17) Deepika Padukone, Vin Diesel.				★★ **Troy** (2004, Action) Orlando Bloom, Brad Pitt.		
162	RFD	162	**Joey + Rory Show**	**FarmHer**	**SF Machinery**	**This Week in AgriBusiness**		**Farm Monitor** (N)	**Gentle Giants**	**NTPA Pulling**	**Classic Tractor Fever**		**Time Life Library**	