

MONDAY EVENING														A - Charter Astoria/ Seaside - L - Charter Long Beach										JANUARY 13		
A	L	6 PM		6:30		7 PM		7:30		8 PM		8:30		9 PM		9:30		10 PM		10:30		11 PM		11:30		
2	KATU	2	KATU News at 6:00 p.m. (N)			Jeopardy! (N)		Wheel Fortune (N)		The Bachelor (N)								The Good Doctor "Fractured" (N)		News (N)		(:35) Jimmy Kimmel				
3	KOMO	4	KOMO 4 News at 6:00 p.m. (N)			Wheel Fortune (N)		Jeopardy! (N)		The Bachelor (N)								The Good Doctor "Fractured" (N)		KOMO4News (N)		(:35) Jimmy Kimmel				
5	KING	5	NBC News (N)	KING 5 News (N)	KING 5 News (N)	KING 5 News (N)	Evening	America's Got Talent Acts from past seasons and around the globe compete.										Manifest		KING 5 News (N)		(:35) Tonight Show				
6	KOIN	6	KOIN Local 6 (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	The Neighborhood	Bob Hearts	All Rise									Bull "Labor Days"		KOIN6News (N)		(:35) Colbert				
7	KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	The Neighborhood	Bob Hearts	All Rise									Bull "Labor Days"		KIRO 7 News (N)		(:35) Colbert				
8	KGW	8	KGW News at 6:00 p.m. (N)			Tonight Cassidy	Inside Edition (N)	America's Got Talent Acts from past seasons and around the globe compete.										Manifest		News (N)		(:35) Tonight Show				
9	KRCW	3	Modern Family	Modern Family	The Goldbergs	The Goldbergs	The Flash		Crisis Aftermath Pt. 2 of 2									KOIN 6 News at 10:00 p.m. (N)		Seinfeld		Seinfeld				
10	KOPB	10	This Old House	Outside Source	PBS NewsHour (N)		Antiques Roadshow (N)		Ore. Experience	Ore. Experience								Frontline "America's Great Divide: Obama to Trump" 1/2 (N)								
12	KPTV	12	6 O'Clock News (N)			Family Feud	Family Feud	9-1-1 "Fallout"		Prodigal Son "Silent Night"								The 10:00 p.m. News (N)		News (N)		Big Bang Theory				
13	KPDX	13	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)									The Simpsons	Family Guy	Bob's Burgers		The Game				
14	KCPQ	13	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	9-1-1 "Fallout"		Prodigal Son "Silent Night"									Q13 NEWS AT 10 (N)		News (N)		The Simpsons				
20	TBS	20	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy								American Dad!	American Dad!	Conan (N)		Miracle Workers				
21	KZJO	22	Friends Pt. 2 of 2	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)									Big Bang Theory	Big Bang Theory	Two and a Half		Two and a Half				
29	ESPN	29	(5:15) NCAA Football CFP National Championship Clemson vs. Louisiana State University (L)			(:45) Football Bowl		(:55) SportsCenter (N)										SportsCenter (N)				SportsCenter (N)				
30	ESPN2	30	(5:15) NCAA Football CFP National Championship Clemson vs. Louisiana State University (L)			(:45) College Football Final (L)												UFC "246: McGregor vs. Cowboy" (N)		Now or Never (N)		Unlock Victory (N)				
31	NICK	31	The Loud House	The Loud House	The Loud House	The Loud House	Henry Danger	Casa, (N)/(:45) Casa, Friends	Friends	Friends								Friends	Friends	Friends		(:35) Friends				
32	DISN	32	G.Duran/ Raven	(:45) Raven's Home	(:10) Bunk'd	(:35) Bunk'd	Bunk'd	G.Duran/ Sydney	(:15) Raven's Home	(:40) JustRollwit								(:05) Coop & Cami	Sydney to the Max	Bunk'd/ G. Duran		(:45) JustRollwit				
34	FAM	34	★★★ The Flintstones '94, Com) Rosie O'Donnell, Elizabeth Taylor, John Goodman.			★★★ Hook (1991, Fantasy) Dustin Hoffman, Julia Roberts, Robin Williams.																The 700 Club				
35	FMC	35	(5:30) Kung Fu Panda 3 '16, Ani) Angelina Jolie, Jack Black.			(:25) The Peanuts Movie '15) Bill Melendez, Noah Schnapp.		(:10) FXM Presents	★★★ Everest (2015, Adventure) Jason Clarke, Keira Knightley, Jake Gyllenhaal.									(:05) Reckoning "After the Rescue"		(:05) Reckoning "Bring Our Girls Home"		(:50) FXM Presents				
36	LIFE	36	(5:00) Hopelessly in Love		Reckoning "It Hasn't Stopped"		Reckoning "The Settlement Factory"		(:05) Reckoning "Please Come Forward"									(:05) Reckoning "After the Rescue"		(:05) Reckoning "Bring Our Girls Home"						
38	ROOT	38	Mark Few '16) Mariners (N)		Mariners Mondays "Marco and the Explorers" (N)													The Dan Patrick Show (N)		The Immortals (N)		Mariners Access				
39	FS1	39	(5:00) Boxing Classics 2019 Premier Champions				Skip and Shannon: Undisputed Opinions on the biggest sports topics of the day.											TMZ Sports (N)	PBA Bowling 2019 Clash							
43	SPIKE	43	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops								Cops (N)	Cops	Cops		Cops				
44	COM	44	(:15) The Office	(:50) The Office		(:25) The Office	The Office	The Office	The Comedy Central Roast Comedians make fun of a famous celebrity.									Cops (N)	Cops	The Daily Show		(:35) Lights Out				
45	HIST	45	American Pickers "Junkyard Wizard"		American Pickers "Ready to Roar"		American Pickers "Alabama Rolls"		Pickers "The Mysterious Madame X" (N)									(:05) American Pickers "Jolene, Jolene"		(:05) Amer. Pickers "Beg Borrow Pick"						
46	A&E	46	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol (N)	Live PD: Patrol (N)	Live Rescue Rescue workers putting their lives on the line. (N)									America's Top Dog "Raising the Woof"								
47	TLC	47	Say Yes-Dressed "Bedazzled Truck Driver"		Say Yes to the Dress		90 Day Fiancé: Watch Party "Judgement Day" (N)		90 Day Fiancé Four women travel to the US with hopes to get married.									To Be Announced		US with hopes to get married.						
48	DISC	48	To Be Announced		Diesel Bro. "Detroit Diesel Brothers" (N)		Street Outlaws (N)		To Be Announced									To Be Announced		To Be Announced						
49	NGEO	49	Lost Cities "Ancient Cities of Stone"		Running Wild "Joseph Gordon-Levitt"		Running Wild "Shaquille O'Neal"		Gordon Ramsay "Local Delicacies" (N)									Uncharted "The Things I Do for Food" (N)		Gordon Ramsay "Local Delicacies"						
50	TNT	50	(5:00) ★★★ Wonder Woman (2017, Action) Chris Pine, David Thewlis, Gal Gadot.		★★★ Suicide Squad (2016, Action) Margot Robbie, Joel Kinnaman, Will Smith.				★★★ Suicide Squad '16, Act) Margot Robbie, Will Smith.											★★★ Suicide Squad '16, Act) Margot Robbie, Will Smith.						
51	AMC	51	(5:00) ★★★ The Hunger Games: Catching Fire '13) Jennifer Lawrence.		★★ Transformers: Revenge of the Fallen (2009, Action) Megan Fox, Josh Duhamel, Shia LaBeouf.																	(:35) The Punisher				
52	USA	52	Chicago P.D. "She's Got Us"		Chicago P.D. "Start Digging"		WWE Monday Night Raw (N)		Modern Family											Modern Family		Modern Family				
53	FOOD	53	Chopped		Chopped "Whiz Kid Cooks"		Kids Baking "Beyond the Fringe" (N)		Kids Baking "1, 2, 3 Delicious!" (N)									Challenge "Pokemon Cakes" (N)		Challenge "Winter Sports Cakes"						
54	HGTV	54	Love/List "All Work and No Place for It"		Love/List "A Rock Wall and a Hard Place"		Love It/List It "Picture-Perfect Kitchen"		Love It/List It "Lackluster Lake House"									Love It/List It "Lackluster Lake House"		Love It or List It						
55	FX	56	(5:30) ★★★ Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.		★★ Kingsman: The Golden Circle (2017, Action) Channing Tatum, Halle Berry, Taron Egerton.														Kingsman: The Golden Circle							
57	CNN	57	Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Anderson Cooper 360									Cuomo Prime Time		CNN Tonight With Don Lemon						
58	FNC	58	Hannity		The Ingraham Angle		Fox News @ Night		Tucker Carlson Tonight									Hannity		Fox News @ Night						
61	CNBC	61	Greed "The Fake Prince's Royal Scam"		American Greed: Scam		American Greed "Paul Manafort"		American Greed "Prophets of Greed"									American Greed: Scam		Dateline "House of Secrets"						
63	BRAV	63	Below Deck "Yacht-pocalypse Now"		Below Deck "Exodus"		Below Deck "Never Before Scene" (N)		Below Deck (N)									Below Deck		Watch What (N)	Below Deck					
64	TCM	64	(5:00) Search '72, Cri) Hugh O'Brian.		★★★★ The Diary of Anne Frank (1959, Biography) Joseph Schildkraut, Shelley Winters, Millie Perkins.				(:15) ★★ The Juggler (1953, Drama) Paul Stewart, Charles Lane, Kirk Douglas.											Stewart, Charles Lane, Kirk Douglas.						
65	SYFY	65	(4:30) ★★★ Harry Potter and the Order of the Phoenix		★★★ Harry Potter and the Half-Blood Prince (2009, Adventure) Michael Gambon, Bonnie Wright, Daniel Radcliffe.				(:05) Futurama	(:35) Futurama										(:05) Futurama	(:35) Futurama					
162	RFD	162	Rancher (N)	Red Steagall	Steve Lantvit	Horse of the West	Craig Cameron	Rural Eve. News	Rural America "Farm Bureau Bank"		American Rancher	Red Steagall	Product Showcase													

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A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30																
2	KATU	2	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Jeopardy! The Greatest of All Time (N)	Mixed-ish (N)	Black-ish (N)	Emergence "Applied Sciences" (N)	News (N)	(:35) Jimmy Kimmel																		
3	KOMO	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Jeopardy! The Greatest of All Time (N)	Mixed-ish (N)	Black-ish (N)	Emergence "Applied Sciences" (N)	KOMO4News (N)	(:35) Jimmy Kimmel																		
5	KING	5	NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Ellen's Game of Games	This Is Us	New Amsterdam	KING 5 News (N)	(:35) Tonight Show																		
6	KOIN	7	KOIN Local 6 (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	NCIS	FBI	FBI: Most Wanted "Defender" (N)	KOIN6News (N)	(:35) Colbert																		
7	KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	NCIS	FBI	FBI: Most Wanted "Defender" (N)	KIRO 7 News (N)	(:35) Colbert																		
8	KGW	7	KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition (N)	Ellen's Game of Games	This Is Us	This Is Us	New Amsterdam	News (N)	(:35) Tonight Show																		
9	KRCW	3	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Arrow (N)	DC's Legends of Tomorrow (N)	KOIN 6 News at 10:00 p.m. (N)	Seinfeld	Seinfeld																		
10	KOPB	10	Ask-Old House	Outside Source	PBS NewsHour (N)	Your Roots "This Land Is My Land" (N)	A.Exper. "The Secret of Tuxedo Park"	Frontline "America's Great Divide: Obama to Trump" 2/2 (N)																					
12	KPTV	12	6 O'Clock News (N)	Family Feud	Family Feud	The Resident "Best Laid Plans" (N)	To Hell and Back "Blend on Main" (N)	The 10:00 p.m. News (N)	News	Big Bang Theory																			
13	KPDX	13	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	The Simpsons	Family Guy	Bob's Burgers	The Game																	
14	KCPQ	13	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	The Resident "Best Laid Plans" (N)	To Hell and Back "Blend on Main" (N)	Q13 NEWS AT 10 (N)	News (N)	The Simpsons																		
20	TBS	20	Family Guy	Family Guy	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Conan (N)	Miracle Workers																		
21	KZJO	22	Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half																	
29	ESPN	29	NCAA Basketball (L)			SportsCenter (N)	SportsCenter (N)	SportsCenter With Scott Van Pelt (N)	SportsCenter (N)																				
30	ESPN2	30	NCAA Basketball (L)			NCAA Basketball (L)			Around the Horn	Interruption	Now or Never (N)	MMA Show																	
31	NICK	31	The Loud House	The Loud House	The Loud House	The Loud House	SpongeBob	Friends	Friends	Friends	Friends	(:35) Friends																	
32	DISN	32	G.Duran/ Raven	(:45) Raven's Home	(:10) Bunk'd	(:35) Bunk'd	Bunk'd	G.Duran/ Sydney	(:15) Raven's Home	(:40) JustRollwit	(:05) Coop & Cami	Sydney to the Max	Bunk'd/ G. Duran	(:45) JustRollwit															
34	FAM	34	★★★ The DUFF (2015, Comedy) Robbie Amell, Bella Thorne, Mae Whitman.				★★★ Grown Ups (2010, Comedy) Kevin James, Chris Rock, Adam Sandler.						The 700 Club																
35	FMC	35	(2:00) ★★ Sausage Party (2016, Animated) Kristen Wiig, Jonah Hill, Seth Rogen.			(:05) ★★ Daybreakers (2009, Action) Ethan Hawke, Harriet Minto-Day, Jay Laga'aia.	★★★ Daybreakers (2009, Action) Ethan Hawke, Harriet Minto-Day, Jay Laga'aia.	★★★ Daybreakers (2009, Action) Ethan Hawke, Harriet Minto-Day, Jay Laga'aia.				(:55) FXM Presents																	
36	LIFE	36	★★★ Just Wright (2010, Comedy) Common, Paula Patton, Queen Latifah.			★★★ Madea's Family Reunion '06) Maya Angelou, Blair Underwood, Tyler Perry.	(:05) Hopelessly in Love "Faith Evans and Notorious B.I.G."																						
38	ROOT	38	Snow Motion	WLS "WCI: Hawaii Women's Pro"		Footvolley 2019 Summer Series	Footvolley 2019 Summer Series	Footvolley 2019 Summer Series	Red Bull H/L (N)	NCAA Basketball	DePaul vs. Villanova																		
39	FS1	39	(5:30) NCAA Basketball DePaul vs. Villanova (L)		Fox College Hoops	WWE Backstage (L)		WWE Smackdown! WWE superstars do battle in long-running rivalries.		WWE Backstage																			
43	SPIKE	43	Two and a Half	Two and a Half	To Be Announced			Ink Master "Clash of the Colleges" (N)		To Be Announced																			
44	COM	44	(:15) The Office	(:50) The Office		(:25) The Office	The Office	The Office	Tosh.0	Tosh.0	Jim Jefferies Show	The Daily Show	(:35) Lights Out																
45	HIST	45	The Curse of Oak Island "Closing In"		Oak Island "Things That Go Bump-Out"		Curse of Oak Island "Triptych" (N)	Oak Island "An Eye for an Eye" (N)	Kings of Pain "Execution Day" (SF) (N)	(:05) Kings of Pain "Behind the Bites" (N)																			
46	A&E	46	The First 48 "Shattered Glass"		The First 48 "Bad Love"		First 48 "Mr. New Orleans/ No Shelter"	The First 48: Shock "Family First" (N)	The First 48: Shock "Lost Boys" (N)	(:05) The First 48 "Deadly Premonition"																			
47	TLC	47	My Big Fat Fabulous Life "A Tale of Two Whiteys"				My Big Fat Fabulous Life "Whit's New Man" (N)	Hot & Heavy "Ghosts of the Past" (N)	I Am Jazz "Re-evaluation Realness"																				
48	DISC	48	To Be Announced		To Be Announced		Moonshiners: Cuts "Busted by the Law"	Moonshiners (N)	TheGlades "Python Tourniquet" (N)	To Be Announced																			
49	NGEO	49	Life Below Zero "Natural Wonders"		Life Below Zero "Winter's End"		Life Below Zero "Day of Reckoning" (N)	Life Below Zero "Domino Effect" (N)	Running Wild With Bear Grylls (N)	BrainG.G./(:10) RunWild "Julianne Hough"																			
50	TNT	50	Central Intelligence (2016, Comedy) Kevin Hart, Amy Ryan, Dwayne Johnson.			★★ Identity Thief (2013, Comedy) Melissa McCarthy, Amanda Peet, Jason Bateman.	★★★ Home Alone (1990, Comedy) Joe Pesci, Daniel Stern, Macaulay Culkin.	★★★ 27 Dresses '08, Com) James Marsden, Katherine Heigl.																					
51	AMC	51	(4:30) ★★ Transformers: Revenge of the Fallen '09) Megan Fox, Shia LaBeouf.			★★★ Home Alone (1990, Comedy) Joe Pesci, Daniel Stern, Macaulay Culkin.	★★★ Home Alone 2: Lost in New York Macaulay Culkin.																						
52	USA	52	Law & Order: S.V.U. "Imprisoned Lives"	Law&Order: SVU "Wonderland Story"	Law & Order: S.V.U. "Military Justice"	Law&Order: SVU "Psycho/ Therapist"	Law&Order: SVU "Wednesday's Child"	(:05) Law&Order: SVU "Gridiron Soldier"																					
53	FOOD	53	Chopped	Chopped "Battle of the Butchers"	Chopped "Beef Cake Mistakes"	Chopped "Chopped U." (N)	Chopped "Lamb Slam"																						
54	HGTV	54	Fixer "New Chapter: a Family of Four"	Fixer "A Classic, Traditional Beauty"	Home Town "An Old Familiar Place"	Fix to Fab "Historic Home Overhaul" (N)	Move "A Reno With No End in Sight" (N)	House Hunters (N)	House Hunters (N)																				
56	FX	56	(5:00) ★★ X-Men: Apocalypse '16) Michael Fassbender, Jennifer Lawrence.		★★ Transformers: The Last Knight (2017, Action) Anthony Hopkins, Laura Haddock, Mark Wahlberg.			Movie																					
57	CNN	57	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon																					
58	FNC	58	Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle																					
61	CNBC	61	Shark Tank	The Profit "Marijuana Millions"	The Profit in Marijuana Country	The Profit: My Roots	The Profit in Cuba	Dateline "The House on the Lake"																					
63	BRAV	63	Vanderpump R. "Reunion Part Two" 2/3	VanderpumpR "Reunion Part Three" 3/3	Vanderpump Rules	Vanderpump Rules (N)	Watch What (N)	Vanderpump Rules (N)	Housewives NJ																				
64	TCM	64	Movie	(:45) ★★ Weekend With Father '51) Van Heflin.	(:15) ★★ The Breaking Point '50, Dra) Phyllis Thaxter, Patricia Neal, John Garfield.	★★★ Washington Story '52) Van Johnson, Louis Calhern.	Movie																						
65	SYFY	65	(3:50) Harry Potter & the Deathly Hall...	(:10) ★★ Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.	★★★ Captain America: Civil War '16) Robert Downey Jr., Chris Evans.																								
129	RFD	162	(3:30) Cattlemen (N) Jager Pro (N)	Chris Cox	Ken McNabb	Best of America	Rural Eve. News	Ag Phd	Cattlemen to Cattlemen	Jager Pro	Product Showcase																		