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Jessica Mackley placed third in the Bikini Masters over 40 division.

Local bodybuilders place in competition

The Astorian

Local residents Cody McKinney and Jessica Mackley recently competed at the 2019 National Physique Committee Northwest Bodybuilding Championships Nov. 9 at Little Creek Casino in Shelton, Washington. The show is a national-qualifying show, meaning that if competitors win their respective divisions, they can compete in a national competition to earn an International Federation of Bodybuilding pro card. McKinney and Mackley both train at Astoria Full Fitness and were coached by trainer and strength coach Jayme Toyas.

McKinney took fifth place in the True Novice A division. He is a member of the Coast Guard stationed in Astoria. “This is just the beginning of Cody’s bodybuilding career, so expect many more great showings from this young gun,” Toyas said. Mackley placed third in Bikini Masters over 40. She is the mother of four and has competed and placed in the 2017 Northwest Championships (fourth place, Bikini masters over 40), and also in the 2017 Northern Classic (fourth place, same division), and fifth place True Novice at the 2017 Northern Classic as well.



Photos by Mark Mason
Cody McKinney took fifth in the True Novice A division at the recent Northwest Bodybuilding Championships in Shelton, Washington.



Steve Dykes/AP Photo
Oregon State quarterback Jake Luton reacts as time runs out in the team’s game against Arizona State in Corvallis.

BOWL ELIGIBILITY LOOMS LARGE FOR OREGON STATE

By NICHOLAS K. GERANIOS
Associated Press

The winner between Oregon State and Washington State on Saturday will become eligible to continue playing into the postseason, and one Cougar is guaranteeing it will be his team. Running back Max Borghi made the prediction after Washington State’s win last weekend over Stanford. “We just gotta carry it into next week and have a great week of practice and prepare for Oregon State because we’re going bowling, guaranteeing that, because we’re gonna win next week,” said Borghi, who leads the Pac-12 with 6.9 yards per carry and has 60 receptions to lead all running backs nationally. Cougars coach Mike Leach said he wasn’t much for predictions. “We need to focus on our job,” Leach said. “If he does a good job of focusing on his job our chances are better.” Oregon State coach Jonathan Smith said he didn’t take Borghi’s comment that seriously. “We don’t need any extra motivation for this game,” Smith said. “It feels better to be end of the year playing for something.” The Cougars (5-5, 2-5 Pac-12) have a five-game winning streak over Oregon State but the Beavers are the hotter team. Oregon State (5-5, 4-3) is coming off a 35-34 win over Arizona State at home and has won three of its past four games. The Beavers are having their best season since 2014 under second-year coach Smith. Washington State, meanwhile, had lost five of its previous six before routing Stanford. Both teams feature quarterbacks having outstanding seasons. Washington State’s Anthony Gordon leads the nation in passing yards (4,314), passing yards per game (431) and touchdown passes (39). The senior, in his only year as a starter, has thrown

UP NEXT: BEAVERS

- Oregon State Beavers (5-5) at Washington State Cougars (5-5)
- Saturday, 6 p.m. **TV:** PACN

for 400 or more yards in eight games. His 39 touchdown passes broke the team season record of 38 set by Luke Falk and Gardner Minshew. Gordon also has seven receivers with at least 30 catches this season. “It’s been a challenge to get to their quarterback,” Smith said. “They’re not giving up a lot of sacks. And you’ve still got to account for the ground game.” Oregon State quarterback Jake Luton has thrown for 2,306 yards, with 23 touchdowns against only two interceptions. His favorite target is Isaiah Hodgins, who has 73 receptions for 1,021 yards and a league-leading 13 touchdowns. “Big, strong arm. Fires the ball,” Leach said in describing Luton. “He’s key in elevating their offense.” Leach is third in Washington State history with 54 wins. He trails O.E. Hollingberry, who had 93 between 1926 and 1942, and Mike Price, who had 83 between 1989 and 2002. Leach is the first coach to lead the Cougars to four consecutive bowl games. The first 10,000 fans at Saturday’s game will receive a talking Mike Leach head. Saturday is Senior Day at Washington State, which closes the regular season next week at archrival Washington, but don’t expect Leach to get sentimental. “You’ll have journalists and well-wishers get choked up over the deal,” Leach said. “Our head’s focused on going out there and playing a game ... so you guys have fun with your Senior Day and we’ll try to get a first down.” Oregon State averages 34 rushing attempts per game, while Washington State allows 174 rushing yards per game. Oregon State is last in the Pac-12 by allowing 180 rushing yards per game.



Chris Pietsch/AP Photo
Oregon’s Mycah Pittman, right, looks for extra yards against Arizona’s Christian Roland-Wallace after a pass reception during the first half of the game in Eugene.

OREGON DUCKS FACE ARIZONA STATE WITH PLAYOFF HOPES INTACT

By JOHN MARSHALL
Associated Press

TEMPE, Ariz. — Oregon took care of one goal, clinching the Pac-12 North with a blowout win against Arizona last week. Facing another team from the desert in Arizona State, the sixth-ranked Ducks can ill-afford a slip up. At No. 6 in the latest standings, Oregon is still in the mix for a College Football Playoff spot. The Ducks obviously will need to pass two teams to get one of the semi-final spots, but a loss to the Sun Devils on Saturday night will all but knock them out of the playoff picture. Arizona State may have lost four straight, but Oregon will not take the Sun Devils lightly after watching them open the season 5-1. “I see a very experienced, well-coached and very talented football team that plays really good football,” Oregon coach Mario Cristobal said. Oregon (9-1, 7-0 Pac-12) locked up the Pac-12 North title by rolling over Arizona 34-6 last week. The Ducks held steady at No. 6 in the CFP standings and are playing well on both sides of the ball. The defense has held six opponents to less than 10 points, a program first since 1960, and is 10th nationally in scoring defense, allowing 14.8 points per game. Led by prolific quarterback Justin Herbert, Oregon is 14th nationally with 37.9 points and 22nd with 460.4 yards per game. Herbert has been superb after returning for his senior season, throwing for 2,662 yards and 28 touchdowns with three interceptions while completing 70% of his passes. “It’s really simple, you are playing one of the better teams in the country,” Arizona State coach Herm Edwards said. “They are in here trying to present themselves as one of those teams in the playoff situation and we know that.

UP NEXT: DUCKS

- Oregon Ducks (9-1) at Arizona State Sun Devils (5-5)
- Saturday, 4:30 p.m. **TV:** ABC

Our guys are well aware who we are playing and what they bring on both sides of the football.” Arizona State looked to be a lock for a second straight bowl appearance under Edwards after opening the season 5-1. Consecutive losses to No. 8 Utah, UCLA, Southern California and Oregon State have put the Sun Devils in a tough spot. At 5-5, Arizona State needs to beat Oregon or win the Territorial Cup game against Arizona next week to become post-season eligible. “We have talked about it,” Edwards said. “You have an opportunity to get into a bowl that is critical for your program and I think it will be really big for us because we have an opportunity to get into a bowl with all these young guys. It’s huge for our program to get that done and we have two games to try and get that solved.” Herbert will have one less target to throw to after freshman receiver Mycah Pittman broke his arm last week against Arizona. Pittman is expected to miss six weeks and the Ducks already lost starting tight ends Cam McCormick and Jacob Breeland to season-ending injuries. Senior receiver Brenden Schooler also missed time with a foot injury and transferred midseason. The injuries have caused the Ducks to do some shuffling, including moving Daewood Davis back to offense. Arizona State freshman QB Jayden Daniels had another solid game last week against Oregon State, throwing for 334 yards and three TDs for his fourth 300-yard passing game of the season. Daniels has thrown for 2,236 yards and 14 TDs with two interceptions while completing 61% of his passes. He is the first freshman in program history to start a season at quarterback.