

COMMUNITY NOTES

FRIDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Suzanne Bjaranson at 503-861-4202.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Advanced Line Dancing — 1 to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Seaside Duplicate Bridge — 1 to 4:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Come with a partner or call ahead for one at 503-738-7817. Lessons also available.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to astoriaarmory.com

SATURDAY

Seaside Duplicate Bridge — 9:30 a.m. to 1 p.m., Mary Blake Playhouse, 1215 Broadway, Seaside. Come with a partner or call ahead for one at 503-791-9745.

Sit & Stitch — 11 a.m. to 1 p.m., Homespun Quilts & Yarn, 108 10th St. Bring knitting, crochet or other needlework projects to this community stitching time. All skill levels welcome.

Columbia Northwestern Model Railroad Club — 1 p.m., in Hammond. Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

Spinning Circle — 1 to 3 p.m., Astoria Fiber Arts Studio, 1296 Duane St. Bring a spinning wheel. For information, call 503-325-5598 or go to astoriafiberarts.org

Karaoke — 7 to 8 p.m., Seaside Lodge and International Hostel, 930 N. Holladay Drive, Seaside. Free session, all ages, for those who love to sing karaoke. Refreshments served. For information, call 503-738-7911.

SUNDAY

Seniors Breakfast — 9 a.m. to noon, Astoria Moose Lodge, 420 17th St. Cooked to order from menu, includes coffee. Cost is \$5 for seniors 62 and older, \$7.50 for those younger than 62. Breakfasts are open to the public. Proceeds after expenses help support local and other charities.

Angora Hiking Club — 2 p.m., parking lot between Second and Third streets. Fall potluck and elections at the home of George Heintz, 40921 Grandview Lane. For information, call 503-298-1610 or go to angorahikingclub.org

National Alliance on Mental Illness Support Group — 2 to 3:30 p.m., Seaside Public Library, 1131 Broadway. Family to Family Support Group, for anyone with friend or loved one suffering from a serious brain (mental) illness.

For information, contact Myra Kero at 503-738-6165, or k7erowood@q.com, or go to nami.org

Line Dancing — 5:30 to 8 p.m., Seaside American Legion, 1315 Broadway. For information, call 503-738-5111. No cost; suggested \$5 tip to the instructor.

MONDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Senior Lunch — 11:30 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Suzanne Bjaranson at 503-861-4202.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$6 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests always welcome. For information, go to AstoriaRotary.org

Knochlers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

TUESDAY

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch — 11:30 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Suzanne Bjaranson at 503-861-4202.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Authentic Spiritual Conversations — 7 to 8:30 p.m., Activity Center, first floor, CMH-OHSU Knight Cancer Collaborative, 1905 Exchange St. Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome.

For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Chair Exercises for Seniors — 8:45 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies (HEART) — 10 to 11:30 a.m., The Harbor, 1361 Duane St. Open group, covers effects of domestic violence on children, parents and other family members; for females, those who identify as female, anyone in an abusive relationship, or who knows someone who is. For information, call Juli Hol at 503-325-3426, ext. 103.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Suzanne Bjaranson at 503-861-4202.

Senior Lunch — 11:30 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Suzanne Bjaranson at 503-861-4202.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Sit & Stitch — 1 to 3 p.m., Homespun Quilts & Yarn, 108 10th St. Bring knitting, crochet or other needlework projects along to this community stitching time. All skill levels welcome.

Seaside Duplicate Bridge — 1 to 4:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Come with a partner or call ahead for one at 503-738-7817. Lessons also available.

Mahjong for Experienced Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Line Dancing for Seniors — Beginners Line Dancing from 1:30 to 2:30 p.m., Advanced Line Dancing from 2:30 to 3:30 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

THURSDAY

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Suzanne Bjaranson at 503-861-4202.

Senior Lunch — 11:30 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Suzanne Bjaranson at 503-861-4202.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information — Oregon Area Al-Anon website, oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NOWNA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to na.org

Overeaters Anonymous — 1 p.m. Sunday, Suzanne Elise Assisted Living Community library, 101 Forest Drive, Seaside. Call 503-738-0307 for information.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Glennys Sherman at 503-338-8214.

2019-2020 | 30TH SEASON

COLUMBIAFORUM

Tuesday, October 29, 2019

6 pm Appetizers • 6:30 pm Dinner • 7 pm Program

Ten myths about climate change

Are extreme weather events getting more extreme? Do we have 11 years before the window to "solve" climate change closes forever? Is it all just natural variability, with humans playing at most a bit part? And what about the Blob?

Scientists began studying climate change over 100 years ago, and have uncovered many fascinating secrets about the Earth's complex climate system. As heat-trapping gases accumulate, understanding and predicting the behavior of this complex system becomes ever more important, and often the science (sometimes very well-established, sometimes fresh and untested) plays out in the public sphere as never before. Come hear the state of the science of climate change, from the global scale to the Astoria area, from someone who has studied the subject for over 20 years. And bring your own questions.

Philip Mote is vice provost and dean of the Graduate School and remains active in the Oregon Climate Change Research Institute (OCCRI) and the NOAA-funded Climate Impacts Research Consortium (CIRC) for the Northwest. He is very active in leadership of the 60,000-member American Geophysical Union, as President of Global Environmental Change, member of the Council, Vice Chair of the Council Leadership Team, and a member of the Board.

Philip was the founding director (2009-19) of OCCRI and remains involved in communicating climate science within Oregon.

He earned a B.A. in Physics from Harvard University and a Ph.D. in Atmospheric Sciences from the University of Washington.



Philip Mote, Oregon State Climatologist

Columbia Forum Sponsors:

- The Astorian/Coast River Business Journal
- KMUN
- Cannery pier Hotel and spa
- Craft3
- OSU seafood experiment station

COLUMBIAFORUM 2019-20

RSVP by Friday, October 25, 2019

For reservations, to become a member or be added to contact list:

Call 503-325-4955 or email forum@dailyastorian.com



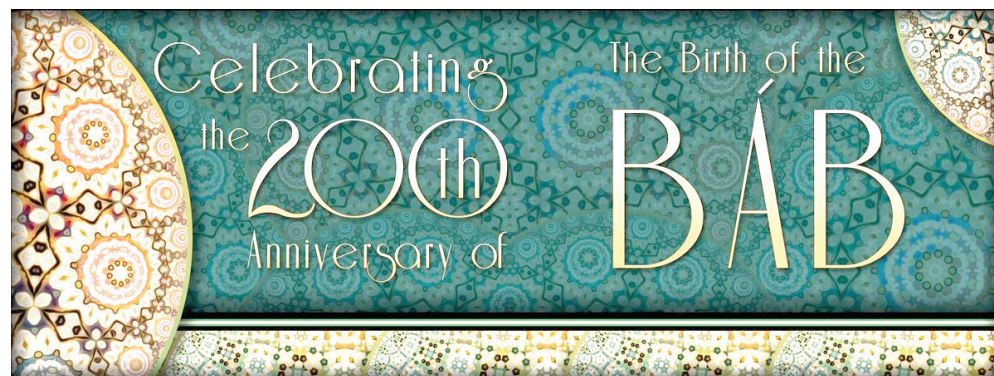
Forum to be held at (new location):
 Chef Chris Holen's
 NEKST EVENT
 175 14th St., Ste 100
 Astoria
 Foot of 12th St.
 Use back-in parking

To Attend:

Members: Dinner & Lecture \$25 each; Lecture only free.

Non-Members: Dinner & Lecture \$35 each; Lecture only \$15 each

Appetizers available at 6pm. Dinner will be served at 6:30pm. Lecture will begin after dinner.



IRAN, that country in the cross hairs of our government and on the lips of pundits across the land. But what do we know about that "land of mystery"? For nearly two hundred and fifty years that land called Persia or Elam in the Old Testament, was the center of human achievement and acknowledged by historians as the cultural center of all civilization. Until Alexander and his hoards sacked the capital city of Persepolis it was the most advanced urban center in all the world.

Sadly, over the centuries Persia languished under the increasing corruption of Islamic rule, a rule that abandoned the teachings of the Prophet Mohammed in favor of materialistic expediency. Life was as difficult as any experienced in the Dark Ages of Europe. Then in the nineteenth century, a fervor spread across much of the land, a fervor associated with the Shiite Muslim prophecies that the "return" was imminent. Just as in the Christian west where Bible scholars were pouring over scripture and concluding that the "return of Christ" was soon to be realized, the "thousand years" since the disappearance of the Twelfth Imam would end in the year 1260 AH or 1844 in the solar calendar.

It was two hundred years ago this month that a child was born of the "pure lineage" that is, a descendant of the Prophet Mohammed, a very special child widely known to be precocious yet strangely pious, gentle and kind. That child three decades later would announce to a small handful of seekers that He was that promised "return" and that He brought a new message that would prepare His followers for the coming of one even greater than Himself. The tumult of this and a subsequent public declaration when challenged by the corrupt clergy, set in motion an upheaval unparalleled in religious history. Eventually martyred by a Muslim firing squad of seven hundred and fifty riflemen, His movement could not be stopped nor His mission stifled. Twenty thousand of his followers were brutally butchered by the fanatical mobs.

The prophet Jeremiah in referring to Persia recalled that the Lord promised to "set his throne in Elam" a statement that has baffled bible scholars for centuries. The story of The Bab, His brief ministry and tragic ending is not an ending at all but the beginning of a new chapter in the book of world religions.

Baha'is all over the world are gathering to celebrate the birth of that Luminous Being and the beginning of their faith in that far off land of Persia, Iran. Knowing that one day, as described in the Baha'i writings, Iran would throw off the shackles of orthodoxy and once again reclaim its role as a leader among nations.

You are warmly invited to join us in celebrating the two hundredth anniversary of the Birth of the Bab on:

Saturday, October 26th
at 3:00 p.m.
Best Western Hotel
Astoria, Or

"Dawn of the Light", a documentary film will be shown followed by refreshments and fellowship.

All are warmly welcome.