

RELIGION BRIEFS

Grace Episcopal

Following the 10 a.m. Sunday service at Grace Episcopal Church, 1545 Franklin Ave., there is a reception for the new art exhibit in the Parish Hall, featuring art by Vicki Baker and Phyllis Taylor. The exhibit hangs until early November, and can be viewed on Sundays and weekday mornings.

The annual Blessing of Animals is at 2 p.m. Sunday on the front grounds of the church. Animals of all shapes, sizes and character are welcome, including assorted reptiles, fish in bowls and stuffed animals. Blessings are offered for both pets and their companions, including cases where the owner is present but has determined it best not to bring their pet.

For information, call the church at 503-325-4691 or go to graceastoria.org

Astoria Church of Christ

The Astoria Church of Christ, 692 12th St., hosts sojourner Don Hindsley in its continuing series of guest speakers at 10:30 a.m. Sunday. His topic is "Trials Opportunity," taken from Luke 21:12-13.

A Bible study offered at 9:45 a.m.

All are welcome. For information, call 503-791-3235.

Calvary Episcopal

SEASIDE — Calvary Episcopal Church, 503 N. Holladay Drive, welcomes the Right Reverend Michael Hanley, Bishop of Oregon, at 9:30 a.m. Sunday. The public is invited and encouraged to participate. Because of this special service, the usual Saturday evening Vigil Mass has been canceled.

During the service, Bishop Hanley will confirm and receive new members, and will also preach and preside at the Holy Eucharist. A reception follows the service. This is his final pastoral visit to Seaside prior to his retirement in 2021.

Bishop Hanley grew up in Oklahoma and in New York City. He earned a bachelor's degree from the University of Oklahoma in 1976, and a master's degree in divinity from Seabury-Western Theological Seminary in Evanston, Illinois, in 1981. He also holds a doctorate in ministry in congregational development from Seabury-Western.

Before being elected Bishop of Oregon, he served parishes in Oklahoma, Missouri and, for 19 years, Minnesota.

First United Methodist

First United Methodist Church, 1076 Franklin Ave., is holding its annual Garage Sale Oct. 4 and 5. Item donations are welcome, and will be accepted by Wednesday. For information, call the church office at 503-325-5454.

Washington parks are free Saturday

The Astorian

ILWACO, Wash. — In honor of National Public Lands Day, a free day is being offered on Saturday by the Washington State Parks and Recreation Commission. This means visitors to state parks will not need a Discover Pass for a day-use visit.

The Discover Pass is required to access lands managed by the Washington Department of Fish and Wildlife and the Department of Natural Resources. For information, go to parks.state.wa.us

CCC Foundation receives grant from TLC



TLC/Fibre Federal Credit Union

TLC, a division of Fibre Federal Credit Union, has partnered with selected colleges and hospitals within its field of membership for a multiyear grant program. From 2018 to 2020, TLC will distribute \$87,000 in grants. Among the recipients is the Clatsop Community College Foundation, which has been awarded a grant of \$2,500. Pictured, from left, Chelsea Eddington, Shelley Pierce, Luke Pannebaker and Shannon Cahoon of TLC, CCC President Chris Breitmeyer and CCC Foundation chairwoman Susan Bartlett. For information, go to tlfcu.org

Sumi ink drawing class offered

The Astorian

SEAVIEW, Wash. — "Drawing As Seeing & The Acceptance of Chaos: A Sumi Ink Workshop with Heather McLaughlin" takes place from noon to 4 p.m. Saturday at the Sou'wester Lodge, 3728 J Place. This workshop focuses on plein air (on-site) observational drawing with sumi ink.

McLaughlin (hardcoremermaid.com) has a bachelor's degree from the Pacific Northwest College of Art, and has managed the

printmaking studio at PNCA, in addition to teaching classes in the continuing education program.

The cost for the workshop is \$40 plus a \$10 materials fee. The materials fee is paid directly to the instructor. Wear comfortable clothes, and bring a snack. Hot tea and coffee are provided. This workshop is for adults, with a 12 student maximum

RSVP to souwesterfrontdesk@gmail.com or call 360-642-2542. For workshop information, go to souwesterlodge.com

The Harbor hosts open house, seeks volunteers

The Astorian

The Harbor is hosting an open house for community members and potential volunteers from 5 to 7 p.m. Oct. 3 at the advocacy center, located at 801 Commercial St., lower level. Enjoy a glass of wine and a snack and find out what the Harbor does for the community, and how to play a role in what they do.

October is Domestic Violence Awareness Month. In 2018, Oregon domestic and sexual violence programs answered 128,786 calls for help; 1,420 of those calls came to the Harbor, and 834 were about domestic violence in Clatsop County.

Volunteering is a good way to make an immediate difference in people's lives. The Harbor is looking for volunteers to fill a wide variety of open slots from office work, fundraising and events to answering the crisis line and working directly with survivors.

Volunteer trainings take place through the month of October. For questions, contact Felicity Green at 503-325-3426 or email felicity@harbornw.org

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information — Oregon Area Al-Anon website, oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWOA) holds meetings in Clatsop County.


For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to na.org

Overeaters Anonymous — 1 p.m. Sunday, Suzanne Elise Assisted Living Community library, 101 Forest Drive, Seaside. Call 503-738-0307 for information.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Glennys Sherman at 503-338-8214.



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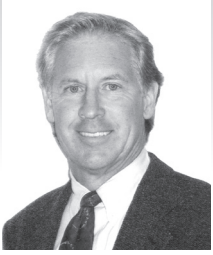
Hear what loyal and new patients alike are saying...

Professional, friendly, put me at ease during a very invasive procedure. Up to date on the latest in technology. I and my family are certainly going back.

I heard Dr. L in the next room with a family, making the children laugh. He was so gentle and kind that the little ones weren't afraid of him or whatever procedure they were having at all.

What a find!

- Anonymous



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2019-2020

Giving Back

a guide to making a difference in Clatsop County

We are working on the 5th annual edition of **Giving Back**

To Submit information about your non-profit

Fill out a form at this link:
<https://tinyurl.com/y5no5nlw>

or email:
Lauren McLean at:
lmclean@dailyastorian.com
to receive a form via mail/email.

Deadline for submissions:
October 4th, 2019

Look for **2019-2020 Giving Back** in the **October 29th** edition of **The Astorian**

Giving Back provides our community nonprofits and corporations that support them, a platform for informing the public about their services and opportunities to donate or volunteer.

Giving Back is a resource for companies and individuals to use in researching information to assist them in their charitable giving plans.

This year we're offering expanded listings to each nonprofit detailing their mission statements, goals, service area, superstar volunteers, events and giving/volunteering opportunities.

