

MONDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach		SEPTEMBER 30	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Dancing With the Stars "Movie Night" (N)	The Good Doctor "Debts" (N)	News (N)	(3:35) Jimmy Kimmel								
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Dancing With the Stars "Movie Night" (N)	The Good Doctor "Debts" (N)	KOMO4News (N)	(3:35) Jimmy Kimmel								
4	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	The Voice "The Blind Auditions, Part 3" (N)	KING 5 News (N)	(3:35) Tonight Show								
5	KOIN	(7) KOIN Local 6 (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	Neighborhood (N) Bob Hearts (N)	All Rise (N)	(3:35) Colbert								
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	Neighborhood (N) Bob Hearts (N)	All Rise (N)	(3:35) Colbert								
7	KGW	(7) KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition (N)	The Voice "The Blind Auditions, Part 3" (N)	Bluff City Law (N)	News (N)	(3:35) Tonight Show								
8	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	News (N)	King of Queens	Two and a Half								
9	KOPB	(10) This Old House	Business (N)	PBS NewsHour (N)	Antique "Salt Lake City (Hour Three)"	News (N)	King of Queens	Two and a Half								
10	KPTV	(12) 6 O'Clock News (N)	Family Feud	Family Feud	9-1-1 "Sink or Swim" (N)	Prodigal Son "Annihilator" (N)	News (N)	Big Bang Theory								
11	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	The Simpsons								
12	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	9-1-1 "Sink or Swim" (N)	Prodigal Son "Annihilator" (N)	News (N)								
13	TBS	(20) Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Final Space								
14	KZJO	(22) Friends	Mom	Modern Family	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Big Bang Theory								
15	ESPN	(29) (5:15) NFL Football Cincinnati Bengals at Pittsburgh Steelers (L)	SportsCenter	SportsCenter With Scott Van Pelt (N)	NFL PrimeTime	SportsCenter With Scott Van Pelt (N)	The Greatest	Now or Never (N)								
16	ESPN2	(30) (5:00) UFC 236	College Football Final	Champ.Drive (N)	SportsCenter With Scott Van Pelt (N)	The Great	Friends	(3:35) Friends								
17	NICK	(31) The Loud House	The Loud House	Smarter-5th Grad	Smarter-5th Grad	To Be Announced	Friends	(3:35) Friends								
18	DISN	(32) Jessie	Jessie	Bunk'd	Bunk'd	Raven's Home	Coop & Cami	Sydney to the Max								
19	FAM	(34) (4:30) Willy Wonka & the Chocolate Factory	*** Tarzan (99, Animated) Voices of Minnie Driver, Glenn Close, Tony Goldwyn.	*** Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	*** Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	*** Monsters, Inc. (2001, Animated) Voop of Billy Crystal, Mary Gibbs, John Goodman.	*** Sicario (2015, Crime Story) Josh Brolin, Benicio del Toro, Emily Blunt.	(4:00) FXM Presents								
20	LIFE	(36) The Christmas Gift (2015, Drama) Rick Fox, Michelle Trachtenberg.	The Light Before Christmas (15) Ryan McPartlin, Mayim Bialik.	(0:05) Christmas in Mississippi (2017, Romance) Wes Brown, Faith Ford,	Seahawk Press (N) NCAA Football	Skip and Shannon: Undisputed Opinions on the biggest sports topics of the day.	Cops (N)	Cops								
21	ROOT	(38) Mariners Access	NCAA Football Montana at UC Davis Site: Aggie Stadium -- Davis, Calif.	Speak for Yourself	TMZ Sports (N)	Fair Game	Cops (N)	Cops								
22	F51	(39) (5:00) Boxing	Boxing Classics	Perfect Game (N)	MLB's Best (N)	Speak for Yourself	TMZ Sports (N)	Fair Game								
23	SPIKE	(43) Cops	Cops	Cops	Cops	Cops	Cops (N)	Cops								
24	COM	(44) (5:45) The Office	The Office	The Office	The Office	The Office	The Office	The Office								
25	HIST	(45) (5:00) Aliens "The Artificial Human"	Ancient Aliens "The Druid Connection"	Ancient Aliens: Alien Invasion (N)	Hunting UFOs "Investigating Alien Hotspots" (N)	(0:05) Aliens "The Alien Protocols"										
26	A&E	(46) Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol	Live PD: Patrol								
27	TLC	(47) 90 Day Fiance "Fool's gold"	90 Day Fiance "Shattered Dreams"	90 Day Fiance "More to Love: Torn" (N)	90 Day Fiance: The Other Way	Toilet Paper Dress (P) (N)	(0:05) 90 Day Fiance: Before the 90 Days	To Be Announced								
28	DISC	(48) To Be Announced	MemphisFullThrottle (N)	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced								
29	NGEO	(49) DrainOcean "Pacific War Megawrecks"	Drain "Secrets of the Spanish Armada"	DrainOcean "Hitler's Killer Warships"	Drain the Oceans "Lost Giants" (N)	The Last Tomb of Alexander the Great	Drain the Oceans "Lost Giants"	Drain the Oceans "Lost Giants"								
30	TNT	(50) (5:15) *** Battleship (2012, Sci-Fi) Alexander Skarsgard, Rihanna, Taylor Kitsch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	*** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.								
31	AMC	(51) (5:5) *** Cast Away (2000, Drama) Helen Hunt, Nick Searcy, Tom Hanks.	Chicago P.D. "Homecoming"	Chicago P.D. "New Normal"	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)								
32	USA	(52) Chicago P.D. "Homecoming"	Chicago P.D. "New Normal"	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)	WWE Monday Night Raw (N)								
33	FOOD	(53) Halloween "Halloween Time Travel"	Halloween Wars "Outbreak!"	HBC Spooky "Halloween Invasion" (N)	Halloween Baking Championship (N)	Halloween Cake-Off "Cursed!" (P) (N)	Halloween "Most Monstrous Scars"	Halloween "Most Monstrous Scars"								
34	HGTV	(54) Love It or List It "Pond Paradise"	Love/List "The Impossible Dream House"	A Very Brady Renovation	A Very Brady Renovation (N)	One of a Kind (N) House Hunters (N)	House Hunters	House Hunters								
35	FX	(56) *** Ride Along 2 (2016, Action/Comedy) Kevin Hart, Tika Sumpter, Ice Cube.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.	*** The Hangover Part III (13, Com) Zach Galifianakis, Ed Helms, Bradley Cooper.								
36	CNN	(57) Anderson Cooper 360	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon								
37	FNC	(58) Hannity	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Fox News @ Night	Fox News @ Night	Fox News @ Night								
38	CNBC	(61) American Greed "Fraud Collectors"	Amer. Greed "Baby-faced Drug Lord"	Amer. Greed "Wine, Women and Fraud"	Amer. Greed "Scam"	Amer. Greed "Fraud Collectors"	Amer. Greed "Scam"	Amer. Greed "Fraud Collectors"								
39	BRAV	(63) Below Deck "Holy Ship!"	Below "Sweet White Glove O' Mine"	Below Deck "Love, Love Me Steew"	Below "Au Revoir, Sirocco" (SF) (N)	Below Deck "Wine, Women and Fraud"	Below Deck "Au Revoir, Sirocco" (SF) (N)	Below Deck "Wine, Women and Fraud"								
40	TCM	(64) (5:00) *** The Best Years of Our Lives (1946) Fredric March, Myrna Loy.	CinemAbility: The Art of Inclusion (Doc)	Bryan Cranston, Ben Affleck.	*** Children of a Lesser God (86) Marlee Matlin, Piper Laurie, William Hurt.	*** Children of a Lesser God (86) Marlee Matlin, Piper Laurie, William Hurt.	*** Children of a Lesser God (86) Marlee Matlin, Piper Laurie, William Hurt.	*** Children of a Lesser God (86) Marlee Matlin, Piper Laurie, William Hurt.								
41	SYFY	(65) (5:30) The Hitman's Bodyguard (17) Samuel L. Jackson, Ryan Reynolds.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.	*** Beetlejuice (1988, Comedy) Geena Davis, Alec Baldwin, Michael Keaton.								
42	RFD	(162) Rancher (N)	Red Steagall (N)	Steve Lantvit	Horse of the West	Craig Cameron	Rural Eve. News	Best of Farm Progress 2019								

TUESDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach		OCTOBER 1	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	The Conners (N)	Bless This Mess (N)	Mixed-ish (N)	Black-ish (N)	Emergence (N)	News (N)	(3:35) Jimmy Kimmel					
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	The Conners (N)	Bless This Mess (N)	Mixed-ish (N)	Black-ish (N)	Emergence (N)	KOMO4News (N)	(3:35) Jimmy Kimmel					
4	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	The Voice "The Blind Auditions, Part 4" (N)	This Is Us "The Pool: Part 2" (N)	New Amsterdam "The Big Picture" (N)								
5	KOIN	(7) KOIN Local 6 (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	NCIS "Into the Light" (N)	FBI "The Lives of Others" (N)	NCIS: New Orleans (N)								
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	NCIS "Into the Light" (N)	FBI "The Lives of Others" (N)	NCIS: New Orleans (N)								
7	KGW	(7) KGW News at 6:00 p.m. (N)	Tonight Cassidy	Inside Edition (N)	Voice "The Blind Auditions, Part 4" (N)	This Is Us "The Pool: Part 2" (N)	New Amsterdam "The Big Picture" (N)	News (N)								
8	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Pandora (N)	King of Queens	Two and a Half								
9	KOPB	(10) Ask-Old House	Business (N)	PBS NewsHour (N)	Secret Dead "Scanning the Pyramids"	Frontline "The Crown Prince of Saudi Arabia" (N)	NorthKorea	Two and a Half								
10	KPTV	(12) 6 O'Clock News (N)	Family Feud	Family Feud	The Resident "Flesh of My Flesh" (N)	Empire "Got on My Knees to Pray" (N)	10 O'Clock News (N)	Big Bang Theory								
11	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	The Simpsons								
12	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	The Resident "Flesh of My Flesh" (N)	Empire "Got on My Knees to Pray" (N)	News (N)								
13	TBS	(20) (5:00) MLB Baseball National League Wild Card (L)	Card (L)	Inside MLB	American Dad!	American Dad!	Family Guy	Conan								
14	KZJO	(22) Friends	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Big Bang Theory	Big Bang Theory								
15	ESPN	(29) (5:00) WNBA Basketball Playoffs (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter With Scott Van Pelt (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)								
16	ESPN2	(30) Poker	Poker	Poker	UFC "243: Whittaker vs. Adesanya" (N)	Baseball Tonight	Unlocking Victory	Interruption (N)								
17	NICK	(31) The Loud House	The Loud House	Smarter-5th Grad	Smarter-5th Grad	To Be Announced	Friends	(3:35) Friends								
18	DISN	(32) Jessie	Coop & Cami	Jessie	Sydney to the Max	Sydney to the Max	Friends	(3:35) Friends								
19	FAM	(34) Movie	(4:5) *** Monsters, Inc. (01) Voices of Billy Crystal, Mary Gibbs, John Goodman.	(5:0) *** Hocus Pocus (1993, Comedy) Sarah Jessica Parker, Kathy Najimy, Bette Midler.	(5:0) *** Independence Day (1996, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.	(5:0) *** Independence Day (1996, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.	(5:0) *** Independence Day (1996, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.	(5:0) *** Independence Day (1996, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.								
20	LIFE	(36) Wife Swap "Boyd/ Milorey"	Wife Swap "Rowland and Rivera"	When the Bough Breaks (2019, Thriller) Romany Malco, Regina Hall, Morris Chestnut.	When the Bough Breaks (2019, Thriller) Romany Malco, Regina Hall, Morris Chestnut.	When the Bough Breaks (2019, Thriller) Romany Malco, Regina Hall, Morris Chestnut.	When the Bough Breaks (2019, Thriller) Romany Malco, Regina Hall, Morris Chestnut.	When the Bough Breaks (2019, Thriller) Romany Malco, Regina Hall, Morris Chestnut.								
21	ROOT	(38) Mariners Access	Mariners Spotlight	Seahawk Press	NCAA Football Montana at UC Davis Site: Aggie Stadium -- Davis, Calif.	Seahawk Press	NCAA Football Montana at UC Davis Site: Aggie Stadium -- Davis, Calif.	Seahawk Press								
22	F51	(39) WWE Special	WWE Special	Speak for Yourself	TMZ Sports (N)	Fair Game	Skip and Shannon: Undisputed Opinions on the biggest sports topics of the day.	Skip and Shannon: Undisputed Opinions on the biggest sports topics of the day.								
23	SPIKE	(43) Mom	Mom	Mom	London Has Fallen	(2016, Action) Morgan Freeman, Aaron Eckhart, Gerard Butler.	Ink Master: Grudge Match (N)	London Has Fallen								
24	COM	(44) (5:45) The Office	The Office	The Office	The Office	Tosh.0	Tosh.0	Jim Jefferies (N)								
25	HIST	(45) Ancient Aliens "Return to Mars"	KdsBhdBarsLifeProle "Ronald"	The First 48 "Bloodline"	The First 48 "End of the Road"	Daughter "Foumado Warning" (N)	To Be Announced	Kate Plus 8 (SP) (N)								
26	A&E	(46) KdsBhdBarsLifeProle "Brandon"	OutDaughtered (N)	Dredged Up "Unleash the Beast" (N)	Sea Gold "Clash of the Titans" (N)	Escobar Millions "Bring In the DEA" (N)	To Be Announced	Life Below Zero "Darkness Approaches"								
27	TLC	(47) To Be Announced	To Be Announced	Life Below Zero "Arctic Super Moon"	All Elite Wrestling "Countdown to AEW" (N)	Independence Day (96) Will Smith.	Independence Day (96) Will Smith.	Independence Day (96) Will Smith.								
28	DISC	(48) Life Below Zero "Burn the Midnight Oil"	Life Below Zero "Arctic Super Moon"	All Elite Wrestling "Countdown to AEW" (N)	Independence Day (96) Will Smith.	Independence Day (96) Will Smith.	Independence Day (96) Will Smith.	Independence Day (96) Will Smith.								
29	NGEO	(49) (5:30) *** Kong: Skull Island (17) Samuel L. Jackson, Tom Hiddleston.	*** X-Men United (03) Hugh Jackman, Ian McKellen, Patrick Stewart.	Law&Order: SVU "Girls Disappeared"	Law&Order: SVU "American Disgrace"	Law & Order: S.V.U. "Revenge"	Law & Order: S.V.U. "Accredo"	Law & Order: S.V.U. "Exile"								
30	AMC	(51) (5:00) *** X-Men United (03) Hugh Jackman, Ian McKellen, Patrick Stewart.	Law&Order: SVU "Girls Disappeared"	Law&Order: SVU "American Disgrace"	Law & Order: S.V.U. "Revenge"	Law & Order: S.V.U. "Accredo"	Law & Order: S.V.U. "Exile"	Modern Family								
31	USA	(52) Law&Order: SVU "Girls Disappeared"	Law&Order: SVU "American Disgrace"	Law & Order: S.V.U. "Revenge"	Law & Order: S.V.U. "Accredo"	Law & Order: S.V.U. "Exile"	Modern Family	Modern Family								
32	FOOD	(53) Chopped "Fright Bites"	Chopped "Oktoberfest!"	Chopped "Spooked"	Chopped "Extreme Halloween"	House Hunters (N) House Hunters (N)	House Hunters	House Hunters								
33	HGTV	(54) Fixer Upper "New Chapter, New House"	Fixer "Big Budget for a Big House"	Fixer Upper	Stay or "More Baby, More Space" (N)	House Hunters (N) House Hunters (N)	House Hunters	House Hunters								
34	FX	(56) (5:30) *** The Hangover Part III (13) Bradley Cooper.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.	*** Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.								
35	CNN	(57) Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon								
36	FNC	(58) Hannity	The Ingraham Angle	F												