

RELIGION BRIEFS

Community HU sing

SEASIDE — A Sound Of Soul Event, Singing HU (Hue), an ancient name for God, takes place at 3 p.m. Sunday at the Seaside Public Library, 1131 Broadway, sponsored by ECKANKAR, The Path Of Spiritual Freedom. For information, contact Seann Valen at eckcoast@gmail.com

Cannon Beach Community

CANNON BEACH — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome.

Evensong features Wes Warhmund (guitar, flute and clarinet) and meditative songs, Psalms, readings, candle-light and time for quiet reflection.

For information, call the church at 503-436-1222.

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., hosts an art reception for Jane McGeehan at 11:30 a.m. Sunday. This exhibit of watercolors and acrylics can be viewed from 9 a.m. to noon Monday through Friday until Aug. 9.

The annual Grace Rummage Sale takes place Aug. 15, 16 and 17. Donations are being accepted, and may be dropped off at the church from 9 a.m. to noon Monday through Thursday.

For information, call the church at 503-325-4691 or go to graceastoria.org

Cheerleaders raise funds for cheer camp



Sue Cody

Astoria High School cheerleaders raised money for cheer camp at a car wash Saturday. The students got home at midnight from a performance, then were up early for the fundraiser, Coach Mariah Collins said. The energetic cheer squad will attend cheer camp at Oregon State University in August.

Telling partial truths

Dear Annie: My husband constantly lies by omission of details of what he has done.

He has had two affairs with other women — that I know of. He thinks if he tells part of the truth, it is OK. That is how his mind works, and he doesn't care what I think.

What is wrong with him? His mother was the same way. — *Questioning in PA*

Dear Questioning: No matter what sort of mental gymnastics your husband engages in to convince himself he's not a bad guy, a half-told truth is a lie. If he wants to make things right, he'll agree to go to marriage counseling with you. A counselor might help uncover whatever deep-seated issues drive him toward cheating and lying, and there you two can work together to build a new foundation, because his past actions have put a rot in the old one. Taking things apart and building your relationship anew is your best hope at having a healthy married life.

Dear Annie: I am "Time Capsule in My Attic," who wrote to you earlier this year about finding a 50-year-old box of letters written to me by my high school boyfriend during his first year of college at a prestigious Ivy League school. I was wondering what I should do with them. Back then, I considered your response that I should contact my former boyfriend and send him these letters because he might be interested in reading about his life back then. Your column today featured a letter from Kathi, the retired special manuscripts librarian, who suggested that his college would likely be interested in these letters for research purposes into the day-to-day life of a fresh-

man in 1969. I chose to ignore your advice — and now Kathi's — and I disposed of the letters. I will explain why that was the right decision for me.

First of all, I would never send those letters to a college library without first contacting my old boyfriend to ask permission; to do otherwise would be a huge invasion of his privacy and my own. So why did I not take your advice two months ago and contact him to ask if he wanted the letters? I was mostly thinking about him and his family when I decided not to reach out. What if he and his wife are currently going through a rough patch in their relationship and she is a jealous sort who might be threatened by old letters with at least a bit of romance in them? What if curious grown children cannot resist the urge to read these letters and — God forbid — they chose to contact me for "old times' sake"? Indeed, a box of old letters could turn into a can of worms, and I was not willing to let that happen.

I threw the letters into our town's recycle bin, almost 3,000 miles from the fancy college where he penned his thoughts 50 years ago. I was grateful to have known him, but even more grateful for the full, wonderful life I found for myself without him. I did not want to risk any ill feelings or awkwardness by suddenly reaching out after all these years with that box of letters. — *Right Decision for Me*

Dear Right: I'm glad you made the right decision for you. And I'm always interested to hear from previous letter writers about what solutions they tried and how they worked out. So, thanks for sharing!

Astoria Regatta seeks old photos, memorabilia



Astoria Regatta Association

Calling all past Astoria Regatta and Anchor members, and all members of the community: Old Regatta photos and memorabilia are needed for the special Astoria Regatta 125th anniversary celebration Aug. 7 to Aug. 11. Examples would be items or photos about Regatta history, the float and court, and waterfront events such as fishing, boat races, etc. The submission deadline is July 26. Pictured, a vintage photo of the Anchors marching in a Regatta parade. For questions or information, call Nancy Kennell at 503-325-5219 or 503-440-7336. Digital files can be emailed to nancyk06@yahoo.com

VOLUNTEER NOTES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

American Red Cross — Needs registration volunteers (donor ambassadors) in Clatsop County to provide customer service and enhance the blood donor experience. For information, call Angela Basurto at 503-528-5430.

Angels for Sara Senior Dog Sanctuary — Needs volunteers to help care for elderly dogs who are unable to stay with their owners. Anyone interested in fundraising, yard maintenance, spending quality time with the dogs or fostering a senior dog, short or long term, contact Jacque Pressly at angelsforsara@gmail.com or call 503-325-2772.

Astoria Column — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — 1111 Exchange St. To volunteer, call Larry Miller at 503-325-3231.

Astoria Warming Center — 1076 Franklin Ave. Winter overnight emergency shelter for homeless persons needs volunteers for three-hour shifts from evening through the night to help with welcoming guests, serving dinner, cleaning the kitchen, monitoring the sleeping area overnight, and closing the shelter in the morning. Volunteers also needed for weekly litter patrols in the neighborhood. To volunteer, email astoriawarmingcenter@gmail.com

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

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Camp Kiwanilong — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to campkiwanilong.org

Cannon Beach Academy — 3781 S. Hemlock St., Cannon Beach. Volunteers needed for breakfast or lunch preparation and cleanup, reading groups, math groups, lunch/recess duty and housekeeping. Shifts are 1.25 hours or longer. For information, call 503-298-5245.

Cannon Beach Library — 131 N. Hemlock, Cannon Beach. Volunteers needed for a variety of tasks and time commitments, including alphabetizing bookshelves, covering books, doing minor building maintenance, helping with a speakers' series, and participating in annual book sales and other events. For information email info@cannonbeachlibrary.org or call 503-436-1391.

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dogsn-cats.org or call 503-861-0737.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community Action Regional Food Bank — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and house-keeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

Clatsop Community College Outreach Literacy — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Clatsop Cruise Hosts — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to clatsopcruisehosts.org

Coast Community Radio — Volunteers needed for a variety of opportunities and time commitments including weekday front desk, music library digital conversion, graphic and sign making, booths at farmers markets and special events, landscaping, and mailing parties. For information, email janet@coastradio.org or call 503-325-0010.

Columbia Memorial Hospital — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to columbiame-morial.org. To schedule an interview, call 503-325-4321.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Diners — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Victims' services grant fund applications sought

The Astorian

The Clatsop County Public Safety Coordinating Council is requesting proposals for justice reinvestment grant money for victims' services.

The amount available for the 2019-2021 biennium is \$52,500. Nonprofits can request all or a portion of the allotment.

The nonprofits selected will be required to submit annual progress reports about how the funding is used.

Applications must be submitted via email to kxanthorn@co.clatsop.or.us no later than 12 p.m. on Aug. 2. A decision will be made at the Public Safety Coordinating Council on Aug. 2.

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information — Oregon Area Al-Anon website, oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (purelifefalliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

La Voz de la Comunidad helps maintain historic garden



Lower Columbia Hispanic Council

La Voz de la Comunidad (The Voice of the Community), a branch of the nonprofit Lower Columbia Hispanic Council, has voted to help maintain the Tidal Rock Garden, adopted by local artist Jessica Schlieff, as their summer community project. On Saturday, an excited group showed up to help maintain the park and learn more about the area. The Blue Scorchers Bakery and Fort George provided snacks and drinks for the volunteers.