

SPORTS

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Gary Henley | Sports Reporter
 ghenley@dailyastorian.com

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The big swing of Seaside's Alyssa Goin landed her on the first team.



Seaside catcher Erin Owsley was one of three Gulls on the first team.



Brianna Hill, who plays third base for Seaside, landed on the first team following her senior season.



Astoria's Julia Norris was named the Cowapa League's Pitcher of the Year.



Astoria infielder Lexxis Lyngstad was named first team all league in her senior year.



Kayla Helligso, Astoria's all-star catcher.

Astoria, Seaside players earn all-league honors

The Astorian

Astoria will likely be the team to beat in Cowapa League softball next season, as the Lady Fishermen landed seven players on this year's all-league squad, five of whom will return next year.

This season's Cowapa all-League team included a Player of the Year (senior Hannah McCourt of Banks), a Pitcher of the Year (Astoria junior Julia Norris) and a Designated Player of the Year

(Tillamook's Miya Stahle). Rosi Contri of Banks was the only Coach of the Year.

In addition to Norris, the Lady Fishermen had four other first team selections: junior catcher Kayla Helligso, senior infielder Lexxis Lyngstad, junior infielder Hailey O'Brien and sophomore outfielder Halle Helmersen.

Senior Jenna Barendse and freshman Tenley Matteucci were named honorable mention.

Defending league cham-

pion Banks will lose four first-team players to graduation, including McCourt and pitcher Kaylin Hernandez.

Seaside came up short of the playoffs, but the Gulls had more than half their starters on the all-league team.

Seniors Alyssa Goin and Brianna Hill were both selected to the first team, as was freshman catcher Erin Owsley.

Junior Emma Brown and sophomore Kandice Flaigg were both honorable mention.

COWAPA ALL-LEAGUE SOFTBALL TEAM

Player of the Year: Hannah McCourt, Banks

Pitcher of the Year: Julia Norris, Astoria

Designated Player of the Year: Miya Stahle, Tillamook

Coach of the Year: Rosi Contri, Banks

P: Julia Norris, Jr., Astoria

P: Kaylin Hernandez, Sr., Banks

P: Torrin Richardson, Fr., Tillamook

C: Kayla Helligso, Jr., Astoria

C/3B: Hannah McCourt, Sr., Banks

C: Erin Owsley, Fr., Seaside

1B/SS: Natilee Dentel, Jr., Tillamook

1B: Madison Graham, Sr., Banks

2B: Lexxis Lyngstad, Sr., Astoria

2B/OF: Maddison Reeves, Sr., Tillamook

3B: Brianna Hill, Sr., Seaside

3B: Hailey O'Brien, Jr., Astoria

3B: Allison VanLoo, Sr., Banks

SS/C: Nessa Hurliman, So., Tillamook

OF/C: Abby Campbell, Jr., Banks

OF: Alyssa Goin, Sr., Seaside

OF: Halle Helmersen, So., Astoria

OF/P: Halle Vandomelen, Jr., Banks

Honorable mention

Jenna Barendse, Sr., Astoria

Emma Brown, Jr., Seaside

Kandice Flaigg, So., Seaside

Noel Herb, Jr., Banks

Makinley Johnson, Sr., Tillamook

Laci Lourenzo, Sr., Tillamook

Tenley Matteucci, Fr., Astoria

Haelee Saunders, Sr., Banks

SCOREBOARD

SUMMER SPORTS SCHEDULE

Junior baseball (at Warrenton HS)

Sunday's schedule
 10 a.m.: Astoria vs. Santiam Christian

12:30: Santiam Christian vs. Warrenton

3 p.m.: Knappa vs. Astoria
 5:30 p.m.: Knappa vs. Warrenton

SOFTBALL

Class 3A all-state

Player of the Year: Shelby Blodgett, Clatskanie

Coach of the Year: Kevin Sprague, Clatskanie

First team

P: Shelby Blodgett, So., Clatskanie

P: Tayah Kelley, Sr., South Umpqua

C: Sofia Cicerone, Jr., Dayton

C: Olivia Zeiher, Sr., Scio

1B: Taytum Hughes, Sr., Harrisburg

1B: Alexys Rodgers, Jr., Vale

Inf: Shalyn Gray, Jr., South Umpqua

Inf: Alexis Smith, So., Clatskanie

Inf: Lacey Smith, Fr., Dayton

Inf: Olivia Sprague, So., Clatskanie

OF: Taylor Bennett, Jr., Harrisburg

OF: Emily Elliott, Sr., Dayton

OF: Maris Jackson, Sr., Clatskanie

OF: Gracie Jacobs, Sr., Vale

U: Kasidee Parazoo, Sr., Scio

U: Syriah Trujillo, Jr., Nyssa

Second team

P: Savannah Barchus, Jr., Blanchet Catholic

P: Emma Coulter, Jr., Taft

C: Hailee Danneker, Jr., Taft

C: Aaliyah Rudy, Sr., South Umpqua

1B: Catie Jacks, Sr., Dayton

Inf: Cynthia Downs, Jr., Harrisburg

Inf: Paige Kellar, Jr., Rainier

Inf: Katie Mann, Sr., South Umpqua

Inf: Reese Schimmel, So., Rainier

OF: Aubrey Hatch, Sr., Creswell

OF: Camille Kern, Sr., Yamhill-Carlton

OF: Hannah Lowell, Jr., South Umpqua

OF: Audrey Quast, Sr., Cascade Christian

U: Shea Carley, Jr., Santiam Christian

U: Ally Jones, Sr., Blanchet Catholic

Honorable mention

P: Destiney Black, So., Creswell

P: Maddie Fluke, So., Dayton

P: Demia Hardin, Jr., Vale

P: Katelyn Willard, So., Cascade Christian

C: Kailey Gurr, Fr., Santiam Christian

C: Trinity Hamm, Jr., Clatskanie

C: Brenda Trujillo, Jr., Nyssa

1B: Mallory Mellicke, Sr., Cascade Christian

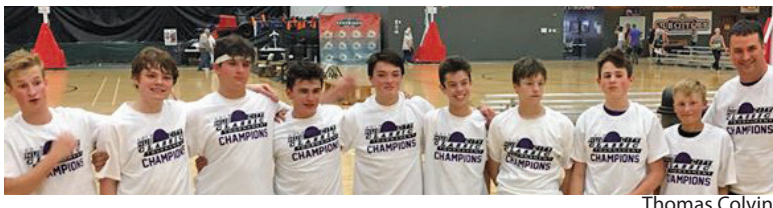
Inf: Aliyah Atkins, Jr., Santiam Christian

Inf: Clair Farwell, So., Enterprise/Wallowa/Joseph

Inf: Josie Sibert, Sr., Yamhill-Carlton

Inf: Kati Slater, Fr., Yamhill-Carlton

U: Amelia Ferguson, So., South Umpqua



Thomas Colvin

The Astoria youth basketball team, coached by Kevin Goin, has won two tournaments in two weeks.

Riverside camp runs next week

The Astorian

The annual Riverside Basketball Camp is scheduled for next week, Monday through Thursday.

The camp will be split into two sessions, one for boys entering grades 1-4, and another for boys entering grades five through 12. Both sessions take place at Astoria Middle School.

Cost of the camp is \$35, or free for members of the Astoria High School summer league. The camp is open to all kids, including non-Astoria residents. A T-shirt is included.

Session 1 (grades 5-12) takes place from 8:30 to 10:30 a.m. each day, followed by Session 2 (grades 1-4) from 11 a.m. to

1 p.m.

The camp is run by Astoria High boys coach Kevin Goin and his coaching staff.

Registration is at the door, with checks made payable to Astoria High School.

For more information, contact Goin at 503-949-2810 or kgoin@astoria.k12.or.us.

An Astoria youth basketball squad coached by Goin has won two off-season tournaments in two weeks, including a championship in a 16-team tournament at Hub City in Centralia, Washington last week.

The Astoria team went 4-0 to win the team title, and the previous week won a tournament in South Bend, Washington.

Mullins hired as girls hoops coach at Warrenton

The Astorian

Jake Mullins has been hired as the new varsity girls basketball coach at Warrenton High School, athletic director Ian O'Brien announced Friday.

In a shake-up earlier in the week, Robert Hoepfl stepped down as the girls basketball coach and athletic director, and O'Brien moved into his former role as the Warrenton athletic director.

Hoepfl and his family will be moving to the east coast, where his wife has accepted a teaching position in New Jersey. He had served as the Warrenton coach for the last four years.

O'Brien will remain as the school's head football coach, in addition to his duties as athletic director.

A 2004 graduate of Warrenton High School, Mul-

lins has been the varsity assistant and head junior varsity coach for the Warrenton boys program for three years. He also worked in the same role at Kennedy High School in Mt. Angel.

Hoepfl took over as the Warrenton girls basketball coach in 2015-16, and led the Warriors to season records of 8-16, 16-9, 19-8 and 21-9 in his four-year span as coach (64-42 overall, fourth on the school's list of coaching victories for girls basketball). He was the league's Coach of the Year in 2018.

Warrenton reached the 3A state tournament last season, for the first time since 2010.

"What he's done with our girls basketball program is awesome," O'Brien said of Hoepfl. "We haven't had that kind of success in a long time."



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