

SEE+DO



Thursday, April 25

Zumba With Joy

8:30 a.m. Astoria Arts and Movement Center, 342 10th St., Astoria. 503-791-5657. Ditch the workout and join the party!! These high-energy, all-level classes incorporate hip-hop, soca, samba, merengue and mambo and are meant to get everybody moving.

Free Weekly Art Circle

1:45 p.m. CMH-OHSU Knight Cancer Collaborative, 1905 Exchange St., Astoria. 503-338-4520. Art as Therapy for those living with cancer or chronic illness and/or their support person.

D.B. Cooper & the Exploding Whale: Folk Heroes of the Northwest

4 p.m. Cannon Beach History Center & Museum, 1387 South Spruce St., Cannon Beach. 503-436-9301. Sold out! Oregon author Bill Sullivan. Sullivan is an acclaimed author, historian and

adventurer who has an uncanny way of discovering history that even the experts didn't know.

No Homework Book Club

5 p.m. Ilwaco Timberland Regional Library, 151 First Ave. North, Ilwaco, Wash. 360-642-3906. Expand your reading habits and discover exciting new works.

History and Hops

6 p.m. Seaside Brewing Co., 851 Broadway, Seaside. 503-738-7065. Meteorologist George Miller has researched the last 200 years of Pacific Northwest weather patterns and events.

Wit and Wisdom: Conversing About Conversation

7 p.m. Fort George Brewery, 1483 Duane St., Astoria. 503-325-7468. Free. Speakers are John Nygaard and Seth Tichenor.



Submitted
Lewis and Clark National Historical Park Ranger Sally Freeman with a statue of Sacagawea.

History & Hops: Women of the Lewis and Clark Expedition

6 p.m. Seaside Brewing Co, 851 Broadway, Seaside. 503-738-7065. Free. Countless women and girls must have contributed to this Voyage of Discovery.

Friday, Apr 26

Smartphone Basics

10 a.m. Clatsop Community College, 1651 Lexington Ave, Astoria. 503-338-2408. \$20. This hands-on, two-hour crash course in smartphones basics introduces students to their smartphones. Class held in Towler Hall, Room 207.

Self-Guided Chakra Balancing Aromatherapy

10 a.m. Sou'Wester Lodge, 728 J Place, Seaview, Wash. 360-642-2542. All are invited into our cozy Velvet Lounge in the lodge to choose a chakra that you would like to work on.

Astoria Warrenton Crab, Seafood and Wine Festival

4 p.m. Clatsop County Fair & Expo Center,



File photo by Lori Assa.

Crusty critters like these are the star of the show at the annual Crab and Seafood Festival.

92937 Walluski Loop, Astoria. 800-875-6807. Adults: \$15; children (age 5-12): \$5 kids age 4 and under: Free. Features coastal cuisine, arts, and crafts vendors, live music, wine, beer & spirits

tasting and more.

Wise Women Gatherings With Melissa

6:30 p.m. Astoria Arts and Movement Center, 342 10th St., Astoria. 503-791-5657. \$20 suggested donation.

On the fourth Friday, female/female identified and no children, please.

Clue: On Stage

7 p.m. Hilltop Auditorium, 442 Brumbach Ave. N.E., Ilwaco, Wash. 360-642-3731. \$10. A murder mystery based on the board game and movie. This is a production of Ilwaco High School.

Coast Weekend editor suggested events

COAST WEEKEND CALENDAR

Saturday, April 27



Larkin Stentz is the owner and steward of Green Angel Gardens, an organic farm in Long Beach. He leads a guided group meditation every Saturday.

Guided Group Meditation

10 a.m. Sou'Wester Lodge, 728 J Place, Seaview, Wash. 360-642-2542. Join Larkin Stentz every Saturday.

Astoria-Warrenton Crab, Seafood & Wine Festival

10 a.m. Clatsop County Fair & Expo Center, 92937 Walluski Loop, Astoria. 800-875-6807. Adults: \$15 Children (Age 5-12): \$5 Kids Age 4 & under: Free. Features coastal cuisine, arts and crafts

vendors, live music, wine, beer and spirits tasting and more.

Art Demonstration

11 a.m. Tillamook Forest Center, 45500 Wilson River Hwy, Tillamook. 503-815-6800. Get a sneak peek at how Martin Conley brings new life to old logs.

Biomass and Our Low-Carbon Future

11 a.m. Tillamook Forest Center, 45500 Wilson River Hwy, Tillamook. 503-815-6800. A Fresh Brewed Forest-

ry presentation where scientists will show guests a behind-the-scenes look at how forests are managed.

Troll Radio Revue

11 a.m. Fort George Brewery, 1483 Duane St., Astoria. 503-325-7468. Featuring the Beerman Creek String Band, the Troll, Stinky Toadwort, the Troll Radio Theater Troupe, plus special guests.

Sit & Stich

11 a.m. Hometown Quilts and Yarn, 108

10th St, Astoria. 503-325-3300. Community knitting/crochet/spinning/needlework. All skill levels and crafts welcome.

Writing a Great First Chapter

1 p.m. CCC South County Center, 1455 N Roosevelt Drive, Seaside. 503-338-2408. \$20. Students will learn the Dos and Don'ts of writing a captivating first chapter.

Wildflower Walk

1:30 p.m. Tillamook

Forest Center, 45500 Wilson River Hwy., Tillamook. 503-815-6800. Naturalists will share some of the beautiful wildflowers found in the forest now that spring has sprung.

Clue: On Stage

3 p.m. Ilwaco High School, 404 School Road, Ilwaco, Wash. 360-642-3731. \$10. A murder mystery based on the board game and movie. Directed by Rachel Lake with a student cast.

Sou'wester Lodge 7th Anniversary Party

5 p.m. Sou'Wester Lodge, 728 J Place, Seaview, Wash. 360-642-2542. Free. Music, festivities, and cheer to celebrate seven years of Sou'wester Wonder. Performing will be: Party Witch, Arch Cape (Rachel Blumberg), VooVol.

Clue: On Stage

7 p.m. Hilltop Auditorium, 442 Brumbach Avenue N.E., Ilwaco, Wash. call 360-642-3731. \$10.

Sunday, April 28



Fire Mountain Celebration of spring/open house

11 a.m. Fire Mountain School, 6505 Elk Flat Road., Arch Cape. www.firemountain-school.org.

Astoria Warrenton Crab, Seafood and Wine Festival

11 a.m. Clatsop County Fair & Expo Center, 92937 Walluski Loop, Astoria. 800-875-6807. Adults: \$10 Seniors (Age 60+): \$5 Military (with Military ID): \$5 Children Age 12 & under: Free

Wildflower Walk

1:30 p.m. Tillamook Forest Center, 45500 Wilson River Hwy., Tillamook. 503-815-

6800. Come along for an easy, guided walk to look for trilliums, wood violets, candy flowers, sour grass, and much more.

Clue: On Stage

2 p.m. Ilwaco High School, 404 School Road, Ilwaco, Wash. 360-642-3731. \$10

An Afternoon With the Peninsula Poets

3 p.m. Peninsula Performing Arts Center, 504 Pacific Ave. N., Long Beach, Wash. 360-901-0962. Featured poets are Cate Gable, Pamela Saige Gibson, and Tony Pfannenstiel. With guitar accompaniment by George Coleman. An open mic begins at 3 p.m.

Monday, April 29

Juice & Smoothie Bar

9:30 a.m. Sou'Wester Lodge, 728 J Place, Seaview, Wash. 360-642-2542. \$3 suggested donation. A flight of three full-bodied, fresh-squeezed fruit and vegetable juices from Roots in Ilwaco.

Q Choir Rehearsals

7 p.m. Liberty Theatre, Studio A, 1203 Com-

mercial St, Astoria. www.lowercolumbia-center.org. All are welcome and encouraged to join!

Texas Hold'em

Seaside American Legion. 7 p.m. Seaside Chamber of Commerce, 7 N. Roosevelt Drive, Seaside. 503-738-5111

ON YOUR PHONE

Check out the Coast Weekend calendar, and other great content at CoastWeekend.com

Tuesday, April 30

Zumba With Joy

8:30 a.m. Astoria Arts and Movement Center, 342 10th St, Astoria. 503-791-5657. These high energy, all level classes incorporate hip-hop, soca, samba, merengue and mambo and are meant to get every body moving.

Garden Startup Day

9 a.m. Alder Creek Farms, 35955 Underhill Lane, Nehalem. 503-368-3203. Learn about organic gardening.

Free Weekly Art Circle / Art as Therapy

1:45 p.m. CMH-OHSU Knight Cancer Collaborative, 1905 Exchange St., Astoria. 503-338-

4520. For those living with cancer or chronic illness and/or their support person.

Yoga for All

2 p.m. Pioneer Presbyterian Church, 33324 Pioneer Way, Warrenton. 503-861-2421. Kristin Kabanuk of Seaside Yoga will teach yoga. Cost is by donation

Golden Milk

4 p.m. Sou'Wester Lodge, 728 J Place, Seaview, Wash. 360-642-2542. Suggestion Donation: \$3 Try an age-old healing drink made with coconut milk and oil, turmeric, cinnamon, nutmeg, ginger, and black pepper.

Wednesday, May 1

Children's Story Time

11 a.m. North Tillamook Library, 571 Laneda, P.O. Box 147, Manzanita. 503-842-4792. Mr. Bill will present stories, songs with guitar, fingerplays and more.

Sit & Stich

1 p.m. Hometown Quilts and Yarn, 108 10th St., Astoria. 503-325-3300. Come for help, show and tell or just to hang out! All skill levels and crafts welcome.

Bowling

5:30 p.m. Clatsop Community College,

1651 Lexington Ave., Astoria. 503-338-2408. \$45. This hands-on, five-week beginning bowling course will introduce students to the basics of bowling. Free Cooking Classes and more.

Natural Healthcare Series: Herbal Medicine Workshop

6 p.m. Clatsop Community College, 1651 Lexington Ave., Astoria. 503-338-2408. \$20 You will learn how to use Chinese herbal formulas at home to safely address many common conditions for both yourself and your children.

Thursday, May 2

Zumba With Joy

8:30 a.m. Astoria Arts and Movement Center, 342 10th St., Astoria. 503-791-5657.

Local Comics Showcase

7:30 p.m. Labor Temple Bar, 934 Duane, Astoria. 503-325-0801. Free. Local comics take the stage.

Coast Weekend welcomes comments and contributions from readers. New items for publication consideration must be submitted by 10 a.m. Tuesday, one week and two days before publication.