

# Fido needs to lose weight

**Dear Annie:** I just adopted a dog who's quite overweight. Right now, he's about 24 pounds, and the vet wants him to be about 17 to 18 pounds. I have instructions from the adoption agency on what to feed him and how much, but getting him to exercise has been a struggle. When I take him for walks, he gets tired quickly and plops down on the ground, refusing to get up. Are there ways to get an overweight dog to be more willing to exercise? I can tell the excess weight makes him lethargic and uncomfortable. I was hoping to find a gym for dogs and their owners but haven't had luck. — *Dad of a Dieting Doggo*

## DEAR ANNIE



ANNIE LANE  
Creators  
Syndicate Inc.

to find a swimming pool for dogs. Aqua therapy for dogs helps them lose weight. Swimming can encourage better digestion and help with overall health. Swimming for both humans and dogs is a great form of low-impact exercise. Some pools even have underwater treadmills for dogs. The walking and swimming will gradually help Doggo shed those few unwanted pounds.

Lastly, try to find a friend who has an overweight dog or an older dog to take walks with. Dogs are pack animals, so if your dog were to see a buddy walking a little farther, maybe that would serve as motivation for him to take a few more steps before plopping down.

**Dear Annie:** How do you feel about hairdressers who, as they are coloring and cutting your hair, talk on their cellphones? Often, while mine is trying to cut, the phone is propped between his shoulder and ear.

Part of the reason I feel this way is I am old and can remember the day when there were no distractions for services of any type. Cellphones are appendages these days, but I'd like to know whether I'm just getting cranky or others are bothered by their ubiquitous use. — *Put Down the Phone*

**Dear Put Down the Phone:** Age has nothing to do with it. For old and young alike, rude is rude and unprofessional.

Unless there's a family emergency or he warns you ahead of time that he's expecting an important call, your hairdresser should not be talking on his cellphone when cutting your hair. The fact that he has scissors in his hand and is not 100 percent focused on the task at hand is a safety issue. The scissors or color brush should be the only thing in your stylist's hands. Next time you go to your salon, kindly ask your stylist to put down the phone. If you don't feel comfortable speaking with him directly, you could tell management.

## TOMORROW'S HOROSCOPE

By Holiday Mathis, Creators Syndicate Inc.

**ARIES (March 21-April 19).** To need attention isn't weakness. Though when you admit this need, even to yourself, it may feel like weakness if you've been conditioned to think so. Recognize this for the brainwashing it is. Everyone needs attention.

**TAURUS (April 20-May 20).** You're afraid you may lack the self-discipline to move forward on a path that clearly goes to your desired destination. But go forward anyway. Even if it doesn't work this time, you'll get a better feel for exactly what's needed.

**GEMINI (May 21-June 21).** The desire to be controlled and the desire to be controlling are two sides of the same coin. It's distrust in one's own abilities and in the workings of life. Bravery is the salt that melts this cold fear. Take courage.

**CANCER (June 22-July 22).** There are things you want so much you're willing to go to great lengths to make them happen. Why apologize? You're not hurting anyone. And you certainly shouldn't be sorry for not conforming. Nonconformity is your duty.

**LEO (July 23-Aug. 22).** Your creative projects often get put on hold because they don't fit other people's idea of "work." You can't expect everyone to understand what you understand. Defend your own interests. If not you, who?

**VIRGO (Aug. 23-Sept. 22).** These days, quality help is considered a luxury because so many people do not understand the nuances of excellent service. Those who teach others how to treat them will live in luxury without paying big bucks for it.

**LIBRA (Sept. 23-Oct. 23).** This is a rare phenomenon and definitely shouldn't be attempted on

most days, but believe it or not, there's going to be a way to please everyone today.

**SCORPIO (Oct. 24-Nov. 21).** Are you being assertive enough? If they're responding at all, then the answer's yes. If they're not, your approach may be too timid. If they are responding but not the way you want them to, more research is in order.

**SAGITTARIUS (Nov. 22-Dec. 21).** It's said that what you seek is seeking you. If that's true, then what you need is a meeting point, and an open line of communication to establish and agree on it.

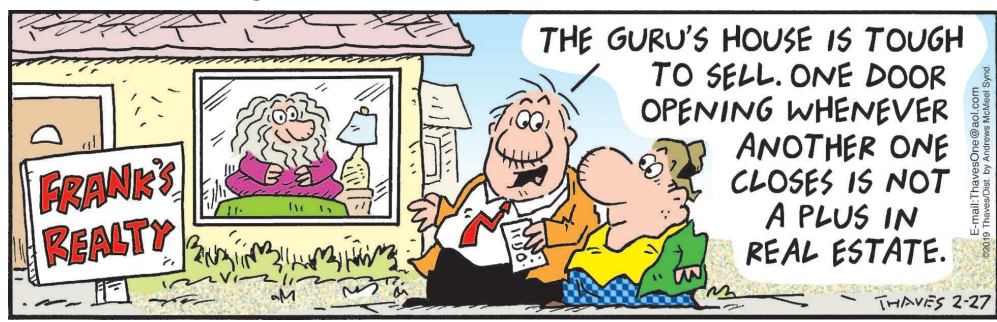
**CAPRICORN (Dec. 22-Jan. 19).** Greatness doesn't happen overnight — almost nothing does. "Overnight" is just a term people use when they're working so hard on something that they hardly notice the passage of time.

**AQUARIUS (Jan. 20-Feb. 18).** While you don't want to put undue pressure on yourself, some amount of pressure is warranted — a reminder, at the very least. A lack of urgency can lead to laziness.

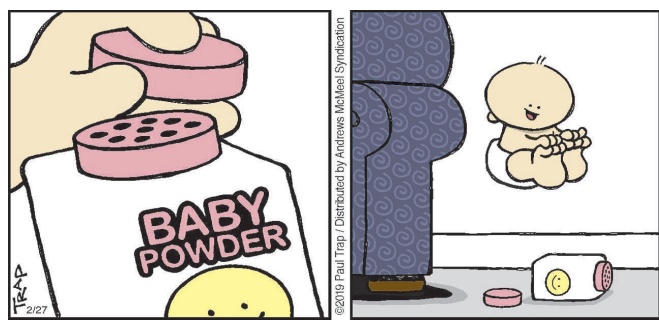
**PISCES (Feb. 19-March 20).** Minor wins are wins. Small steps are steps. Pennies add up, and so do incremental successes. You're going to accomplish big things by starting small and building consistently and gradually.

**TOMORROW'S BIRTHDAY (Feb. 28).** Stay aware of what keeps you wondering. Curiosity is your main compass. It will lead you to where you can blossom your secret talents and formulate the new wishes that will help you fulfill your destiny. Also, if ever there were a year to keep a diary, this is it. Writing will embolden you, give you clarity and open worlds. Aries and Scorpio adore you. Your lucky numbers are: 9, 40, 21, 5 and 16.

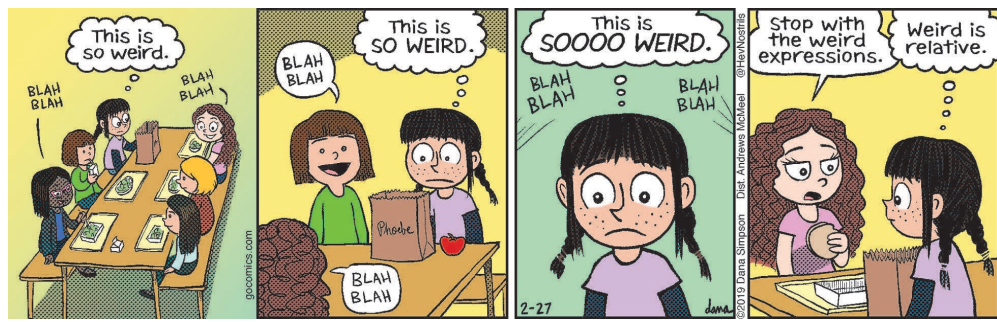
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## THATABABY



## PHOEBE AND HER UNICORN



## LOLA



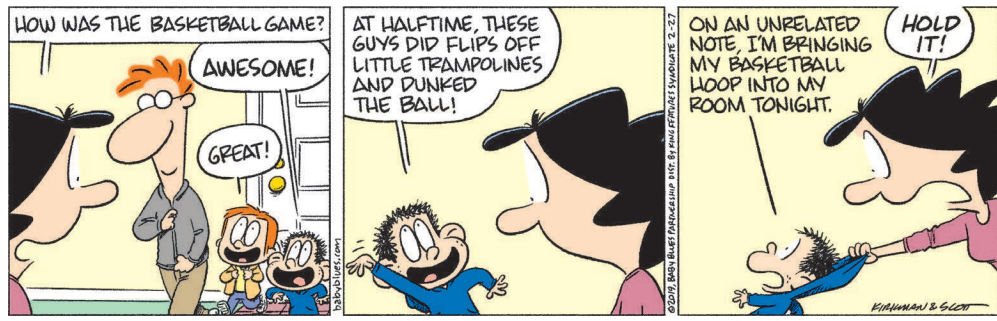
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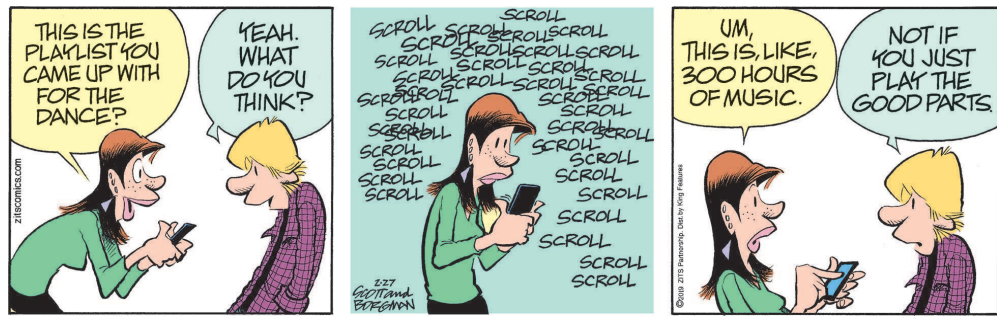
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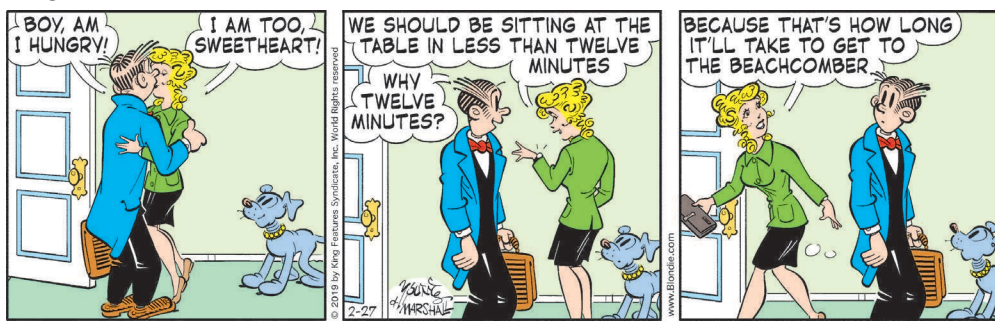
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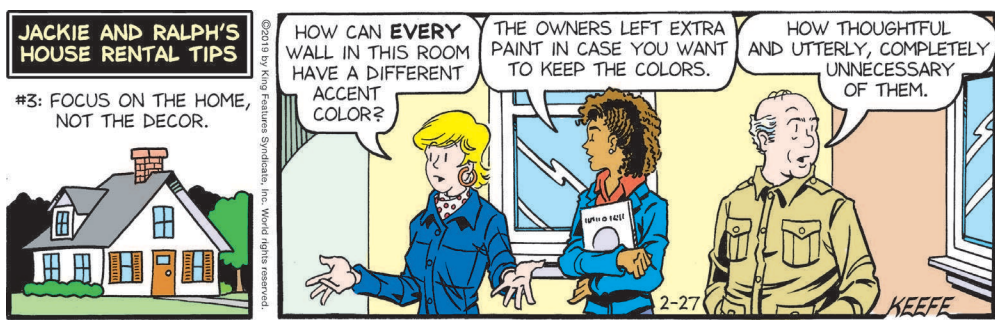
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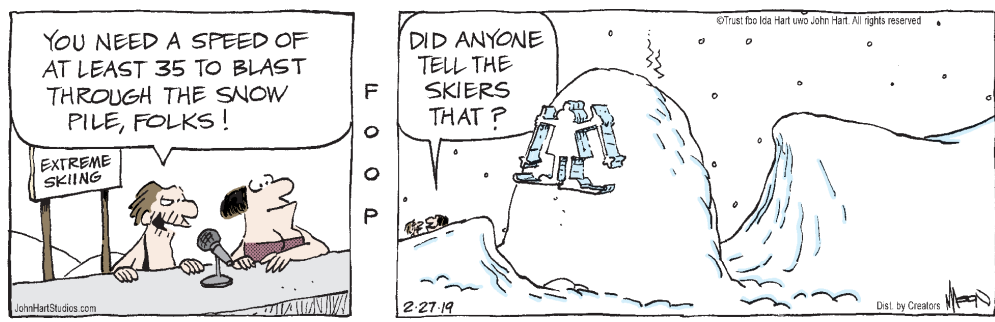
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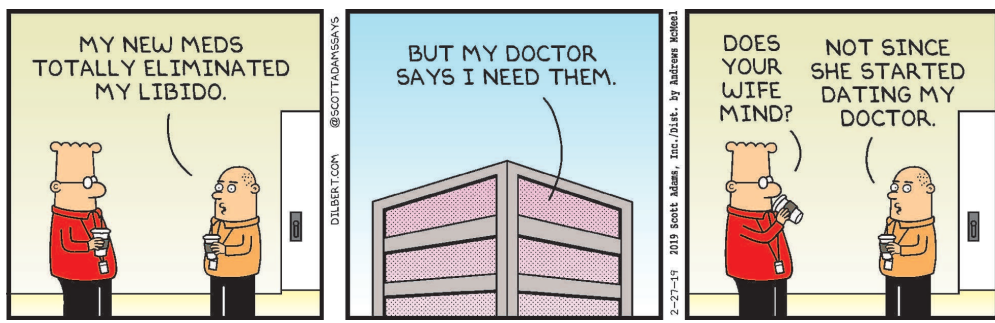
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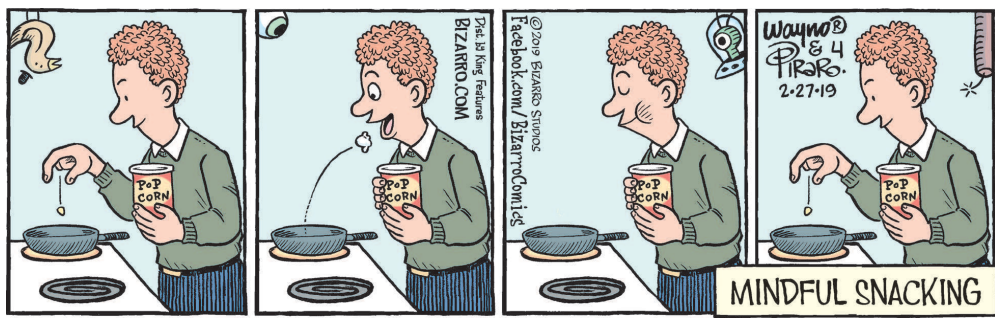
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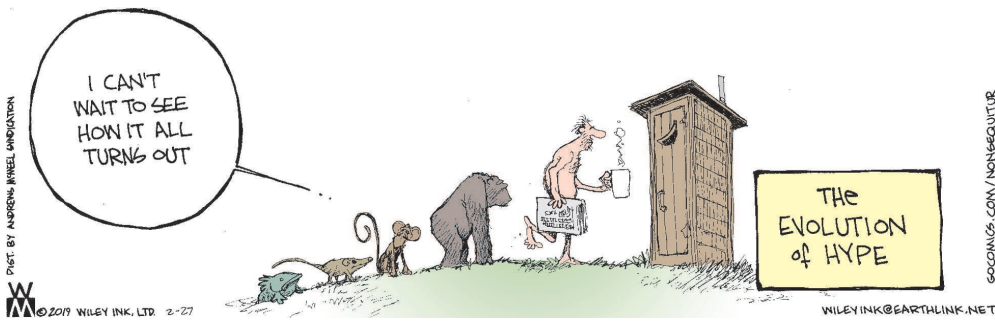
## DILBERT



## BIZARRO



## NON SEQUITUR



## WIZARD OF ID



## ROSE IS ROSE

