

Fay and Rascoe named Students of the Month

The Daily Astorian

The Astoria Rotary honored two Astoria High School juniors, Rowan Fay and Kegan Rascoe, as Students of the Month for January.

Students of the Month are selected from the junior and senior classes at Astoria and Knappa high schools; they must be in good standing in school, and involved in school and community activities.

Fay, the daughter of Jon Fay and Laura Des- sen, maintains a 4.0 grade point average, participates in robotics and the music program, and is the drum major for the AHS Marching Band.

She plans to attend Oregon State University and pursue a degree in environmental engineering.

Rascoe, the son of



Kegan Rascoe, Student of the Month, with Peter Roscoe, Astoria Rotary.

Deanna and Sam Rascoe, also maintains a 4.0 grade point average. He has taken every honors or advanced placement course at AHS, as well as classes at Clatsop Community College, and has been involved in the music program through-

out his high school career. Outside of school he is involved with the Astoria Library Foundation, YES For Astoria Kids Committee and the Maritime Memorial Board.

He plans to earn an associate's degree from CCC by



Peter Roscoe, Astoria Rotary, with Rowan Fay, Student of the Month.

the end of his senior year in high school, then plans to attend a four-year university to study policy-making and music.

Students of the Month receive a leadership book selected by Astoria Rotary members, an applica-

tion for a Rotary Scholarship, an inspirational letter from a local Rotarian, a gift card to a local coffee establishment and a Rotary certificate.

Astoria Rotary meets at noon Mondays at the Elks Lodge in Astoria.

Seaside High presents 'Little Shop of Horrors'

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SEASIDE — The Seaside High School Drama Department presents "Little Shop of Horrors" at 7 p.m. today, Saturday, Sunday, Feb. 28, March 1 and 2, in the SHS cafeteria.

Tickets are available at the door, beginning at 6:15 p.m. The doors open at 6:30 p.m., and the show runs approximately two hours, with intermission.

Directed by Ann Susee, the play features Seth Trevino as Seymour

Krelborn, Holly Snook as Audrey, Sam Henderson as Orin Scrivello DDS, Jack Stapleton as Mr. Mushnik, and Chance Giguere (voice) and Hailey Smith (puppeteer) as Audrey II.

Susee said that the hardest part of the play was the Audrey II puppets.

"My husband, Jerry, is very creative and offered to create the puppets." He also helped design and construct most of the stage and props.

Other cast members include Gretchen Hoekstre, Frida Huff,

Emma Brown, Crystal Rouse and Ella Jarsberger as the Doo Wop Girls; and Sophia Reynolds, Andrew Loke, Emma Harsch, Olivia Mayhugh, Miya Adams and Hayden Spratt as Skid Row residents.

Crew members include John Messinger, Dylan Hanson and Raymond Bidema on lights and sound; Chelsee Fenton as stage director; Harmony Brady as assistant stage manager; and Chris Avery and Wesley Corliss as stage "ninjas."

Music for the show is conducted by Seaside High School music teacher Kimber Parker and performed by Julie Smith (piano), Drew Weil (drums) and Bill Siewert (bass).

The cost for the show is \$10 for adults, \$8 for students and seniors, and \$6 for SHS students with Associated Student Body (ASB) cards and children under 12.

There is no reserved seating, but patrons with special needs can call Susee at 503-396-9790, and specific seats can be saved.

Coast Community Radio receives grants toward new transmitter

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Coast Community Radio has received a \$15,000 grant from Templin Foundation. Station Manager Graham Nystrom wrote the grant for money toward the purchase and installation of a new 5,000-watt transmitter to replace the transmitter atop Megler Mountain, KMUN's primary broadcast site.

A grant from the Templin Foundation last year funded the replacement of three vital but aging pieces of equipment related to the transmitter, that provided the stimulus for a capital campaign to overhaul the station's entire

broadcast chain.

The campaign is a three-year plan; the first year's goal is to obtain at least \$25,000 from local foundations. This year's Templin Foundation grant provides a jump-start toward meeting or exceeding that goal.

On Dec. 6, the Clatsop County Cultural Coalition, funded by the Oregon Cultural Trust, awarded the Tillicum Foundation/Coast Community Radio a \$2,000 grant earmarked for the Remote Broadcasting in the Community project, which will allow the station to broadcast remotely from anywhere with an internet connection.

Silver Salmon holds annual coloring contest

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The Silver Salmon Grille, 1105 Commercial St., presents its 18th annual Coloring Contest and open house from 2 to 8 p.m. Tuesday. Hosted appetizers are offered throughout the evening.

All entrants receive a 20-by-20-inch sheet of white paper, a pencil and a new box of 24 color crayons. These are all that can be used to create the entry. Contestants have from 2 to 8 p.m. to produce their work. All entries turned in for

judging become the property of the Silver Salmon Grille. Judging is at 8 p.m., with winners announced directly following judging. The judges' decisions are final.

The first-place winner receives \$300 in cash; second place gets a \$150 gift certificate to the Silver Salmon; and third place gets a \$50 gift certificate to the Silver Salmon. The winning entries will be framed and displayed in the Silver Salmon Grille.

For information, call 503-338-6640.

SENIORS

Alzheimer's Association Oregon Chapter — Information, referral and counseling services for families and caregivers of people with Alzheimer's, dementia and other related disorders. For information, call 800-272-3900 (24 hours a day).

Astoria Alzheimer's & Other Dementia Family Support Group — 2 to 3:30 p.m. third Monday, Clatsop Care Center, 646 16th St., first floor conference room. Open to all family members of people with dementias. For information, call Rosetta Hurley at 503-325-0313, ext. 216, or email support@clatsop-care.org

Clatsop Behavioral Health After Hours Crisis Line — 503-325-5724.

Clatsop Community Action — 503-325-1400. Respite care services, low-income energy assistance, emergency food assistance, housing information, emergency personal care items.

Columbia Senior Dinners — 11:30 a.m. weekdays, 1111 Exchange St., Astoria Senior Center. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Exploring New Concepts of Retirement Education (ENCORE) — 503-338-2408. Provides a wide assortment of educational experiences for individuals older than 50.

Elder Friendship Line — 800-971-0016. Available from 8 a.m. to 11 p.m.; crisis calls taken 24/7.

Food Pantries — 503-325-1400. Clatsop Community Action serves six food pantries in Clatsop County through the Oregon Food Bank Network. Call for area locations and hours.

Grief Support Group, Seaside — 2 to 4 p.m. first Thursday, Bob Chisholm Community Center, Meeting Room 1, 1225 Avenue A, Seaside. For information, call Lower Columbia Hospice at 503-338-6230.

Lifespan Respite — 503-325-1400. Provides information, referral, training and paid respite for family caregivers.

National Suicide Prevention Lifeline — 800-273-TALK (8255). A 24-hour, toll-free suicide prevention service for anyone in a suicidal crisis. TTY users should dial 800-799-4TTY (4889).

National Alliance on Mental Illness — 800-950-NAMI (6264) or locally, 503-717-1835. Separate support groups for people with mental illness and families of those with mental illness are available.

Northwest Oregon Housing Authority — 503-861-0119. Rent assistance based on income.

NorthWest Senior and Disability Services — 503-861-4202 or 800-442-8614. Medicaid services, food stamps, information and assistance, family caregiver support services, Medicare choice assistance, home deliv-

ered meals, senior meal sites and senior peer counseling.

Oregon Aging and Disability Resource Connection — 855-ORE-ADRC (673-2372), adrcforegon.org. Information and services for older adults, people with disabilities, their caregivers and families.

Oregon Home Care Commission Registry and Referral System — 877-867-0077, or-hcc.org. Provides lists of home care workers available to hire.

Oregon Law Center — 877-296-4076. Provides free services in civil cases to low income people. Partners with Clatsop Community Action (CCA), Community Action Resource Enterprises Inc. (CARE), and the Bob Chisholm Community Center to provide in-person clinics in Astoria, Tillamook and Seaside each month.

Partners for Seniors — 503-717-7174. Serves South Clatsop County

seniors with volunteer visits, transportation, light housekeeping, yard work, minor home repairs, daily phone calls.

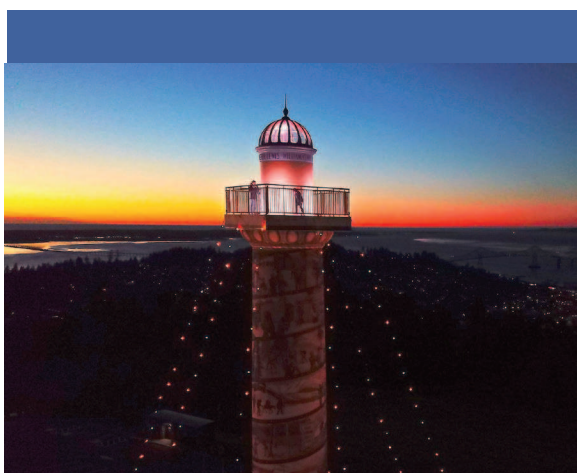
Senior Center, Astoria — Astoria Senior Center, 1111 Exchange St., 503-325-3231.

Senior Center, Seaside — Bob Chisholm Community and Senior Center, 1225 Avenue A, Seaside, 503-738-7393.

Senior Center, Warrenton — Warrenton Community and Senior Center, 170 S.W. Third St, Warrenton, 503-861-3502 Mondays and Thursdays.

Senior Peer Mentor Program — Free assistance to seniors, age 60 and older, who are struggling with mild to moderate depression and/or anxiety in Clatsop and Tillamook counties, offered by NorthWest Senior & Disability Services. For information, call 503-861-4210.

Veteran Benefits — 800-827-1000.



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SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. FCall 503-325-1087.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. Call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway Call 503-810-5196.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863.

Al-Anon Family Groups information — Oregon Area Al-Anon website, oregonal-anon.org
Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. Call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NwONA) holds meetings in Clatsop County. Call 503-717-3702, or go to na.org

Overeaters Anonymous — 1 p.m. Sunday, Suzanne Elise Assisted Living Community library, 101 Forest Drive, Seaside. Call 503-738-0307.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. Call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. Call Marilyn Barnard 503-861-2918 or Glennys Sherman at 503-338-8214.