

Friday, Feb. 15

SEE+DO

Thursday,  
Feb. 14**Women's Healthy Heart Tea**

2 p.m., Providence Seaside Hospital, 725 S. Wahanna Road, Education Room A, Seaside, 503-717-7060, no cover. Cardiology nurse practitioner Carly Haas offers informative discussion on helping women, especially those 40 to 60, understand heart disease risks and actions you can take to protect your heart health. Refreshments and door prizes.

**Tech Tutoring**

3:30 p.m., Ilwaco Timberland Regional Library, 151 First Ave. North, Ilwaco, Wash., 360-642-3906. Bring your technology questions for a one-on-one help session with a volunteer Teen Tech Tutor. Use library computers or your own devices to get an email address, browse the internet, download books and more.

**Invasive Weeds**

7:10 p.m., Lower Nehalem Watershed Council, 532 Laneda Ave., Manzanita, 503-368-7424. Troy Abercrombie presents "A Marginally Comprehensive Overview of Invasive Weeds Management."



Bob Kroll

**From left: Gigi Chadwick, Daric Moore, Rick Grey and Sheila Shaffer run through a scene from 'Vanya and Sonia and Masha and Spike.'**

**"Vanya and Sonia and Masha and Spike"**

7:30 p.m., Coaster Theatre, 10 N. Hemlock St., Cannon Beach, 503-436-1242, \$20-\$25, tickets available online or at the door. Christopher Durang's Tony Award-winning comedy about life choices and family connections.

**Backyard Bird Count**

9 a.m., Lewis & Clark National Historical Park, 92343 Fort Clatsop Road, Astoria, 503-861-2471, park entrance fee. From Friday, Feb. 15, through Monday, Feb.

18, visitors to Lewis and Clark National Historical Park, Fort Clatsop can join in the count by recording bird observations in

the park and make plans to count birds in their own backyards. A "great pink heron scavenger hunt" will be on-going using

the Netul Trail along the Lewis and Clark River.

**"Beer for Breakfast"**

7 p.m., Tillamook Association for the Performing Arts (TAPA), 1204 Ivy Ave., Tillamook, 503-812-

0275, \$15 tickets available online or at the door. A group of middle-aged buddies reunite for a "guys' weekend" in a snowed-in cabin to eat chili, drink beer, and relive the good old days.



*Coast Weekend editor suggested events*

*Coast Weekend welcomes comments and contributions from readers. New items for publication consideration must be submitted by 10 a.m. Tuesday, one week and two days before publication.*