

Women, register now for free WINGS conference

ASTORIA — The Astoria and Seaside Branches of American Association of University Women (AAUW) and Clatsop Community College are again offering women in our area the opportunity to attend a free award-winning conference about returning to education. The 2019 WINGS Conference is 8 a.m.-3:30 p.m. Saturday, Feb. 9, in Columbia Hall, 1651 Lexington Ave.

The daylong conference

is free to all women wanting to return to school to gain skills to enrich their lives. Women may return to earn their GED, to start or finish vocational certificates or college degrees, to develop new job skills or train for a new career. College staff will provide information about admissions, scholarships, financial aid, support programs, career planning, nontraditional careers, conquering math anxiety, distance learning and more.

Gudelia Contreras will offer real-time Spanish translation with earphones for our Latina attendees.

Free breakfast and lunch is included. Free day care is provided on-site for children under 12.

In its 17th year, WINGS has helped over 800 local women return to school.

For more information or to register, go to www.clatsopcc.edu or call Pat at 503-717-1852. Preregistration is required.

Paint and practice good eating at Sou'wester in February

SEAVIEW, Wash. — Saturdays in February offer four workshops at The Sou'wester Lodge, 3728 J Place in Seaview. Learn more at <http://bit.ly/2HnDEHy>

From 11 a.m.-4 p.m., Saturday, Feb. 2, Portland-based painter Kristen Flemington leads an experiential painting workshop exploring the fundamentals of still-life painting. She will review the basics of color theory and painting techniques, practice a few brief painting exercises, then complete a small still-life painting using acrylics that you can take home. This workshop is a great introduction to painting or an excellent opportunity to flex well-formed artistic skills. Supplies will be provided, but if you would like to bring your own sup-



Submitted photo
Portland-based painter Kristen Flemington leads an experiential painting workshop exploring the fundamentals of still-life painting.

plies, then you can.

Flemington paints what's around her: her friends and family, flowers, sometimes just the fruit off her countertop. She tries to capture these things simply, in honest and ordinary moments, hoping

that, seen in this natural way and with the heart, something of their power or beauty might stand out. Flemington studied painting at Herron School of Art in Indianapolis, and now works in her studio in Portland.

Trail's End offers artist groups, classes

GEARHART — Trail's End Art Association offers a variety of artist groups and classes to both members and non-members. Winter offerings begin the first week of February. To join, come to a group or class, get more information from www.trailsendart.org or call 503-717-9458. Trail's End is located at 656 A St., in Gearhart.

There are four groups and one class beginning in February. Groups are free to members and have a \$5 fee per day for non-members.

They include Drawing for Beginners to Pros facilitated by Claire McIntyre, who will focus the use of graphite, marker and colored pencil on paper. It

takes place 10 a.m.-3 p.m. Mondays. Intermediate and Advanced Pastels is facilitated by Kathy Moberg and meets 10 a.m.-3 p.m. Tuesdays.

A watercolor group meets every Wednesday from 11 a.m.-3 p.m., facilitated by Suzanne King and Judy Madson. The group is for all levels of artists who wish to paint with others.

Inspiration is a leaderless group meeting on 12:30-3 p.m. Thursdays, and is for anyone who has taken a course from artist Shirley Dahlsten or has an intense interest in inspirations for the artistic experience. Group members will take turns bringing inspirational presentations to other artists.

One six-week class is offered. Gheri Fouts will be teaching Beginning and Intermediate Watercolor. It is a great way to either start or get back into painting and interact with other artists. It is offered on Fridays from Feb. 1 through March 8. It offers a review and practice of the basics of color mixing; perspective; and experimentation with doing sky, trees, small people, florals, and urban scenes. Fouts will also show ways to frame for gallery shows. The fee is \$30 for members and \$38 for non-members for all six weeks, or can also be joined at any time for \$5 a session for TEAA members and \$8 per session for non-members.

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