

## Weekend pantry benefits furloughed federal employees

The Daily Astorian

A "Be The Light Pop-Up Pantry," to benefit local Coast Guard and federal government furloughed neighbors, takes place from 11 a.m. to 3 p.m. Saturday and Sunday at the Masonic Lodge, 1572 Franklin Ave., sponsored by the Moms Offering Moms Support (MOMS) Club of Astoria and Boy Scout Troop 211.

Fresh produce, pantry foods, gas cards and grocery gift cards will be provided (bring a government ID). MOMS Club of Astoria will cover the PayPal service fee.

To donate money for gift cards, go to paypal.me/momsclubastoria. For a tax receipt, or information, email AstoriaMCTreasurer@gmail.com. Any leftover items will be donated to the Clatsop County Food Bank.

## Enjoy Washington State Parks for free on Monday, Martin Luther King Jr. Day

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ILWACO, Wash. — The Washington State Parks and Recreation Commission is offering a free day on Monday, in honor of the holiday celebrating Martin Luther King Jr.'s birthday. This means visitors to state parks will not need a Discover Pass for a day-use visit.

The Discover Pass is still required to access lands managed by the Washington Department of Fish and Wildlife and the Department of Natural Resources, and free days do not apply to Sno-Parks. For information, go to parks.state.wa.us



Karl Girardi

Whales can sometimes be spotted just off the North Jetty in Cape Disappointment State Park.

## VOLUNTEER NOTES

**4-H** — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

**American Red Cross** — Needs registration volunteers (donor ambassadors) in Clatsop County to provide customer service and enhance the blood donor experience. For information, call Angela Basurto at 503-528-5430.

**Angels for Sara Senior Dog Sanctuary** — Needs volunteers to help care for elderly dogs who are unable to stay with their owners. Anyone interested in fundraising, yard maintenance, spending quality time with the dogs or fostering a senior dog, short or long term, contact Jacque Pressly at angelsforsara@gmail.com or call 503-325-2772.

**Astoria Column** — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

**Astoria Riverfront Trolley Association** — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

**Astoria Senior Center** — 1111 Exchange St. To volunteer, call Larry Miller at 503-325-3231.

**Astoria Veteran Van Drivers** — Volunteer drivers needed for the Disabled American Veterans van for one or more trips per month. The van leaves Astoria at 7 a.m. for the Portland Veterans Administration Hospital and returns in the early afternoon. To volunteer, contact Dick Lang, Astoria DAV van coordinator, at 503-298-8757 or dicklang@charter.net. Drivers receive free breakfast and lunch vouchers for the hospital canteen on every trip.

**Astoria Warming Center** — 1076 Franklin Ave. Winter overnight emergency shelter for homeless persons needs volunteers for three-hour shifts from evening through the night to help with welcoming guests, serving dinner, cleaning the kitchen, monitoring the sleeping area overnight, and closing the shelter in the morning. Volunteers also needed for weekly litter patrols in the neighborhood. To volunteer, email astoriawarmingcenter@gmail.com

**Astoria-Warrenton Area Chamber of Commerce** — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

**Camp Kiwanilong** — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to campkiwanilong.org

**Cannon Beach Academy** — 3781 S. Hemlock St., Cannon Beach. Volunteers needed for breakfast or lunch preparation and cleanup, reading groups, math groups, lunch/recess duty and housekeeping. Shifts are 1.25 hours or longer. For information, call 503-298-5245.

**Cannon Beach Library** — 131 N. Hemlock, Cannon

Beach. Volunteers needed for a variety of tasks and time commitments, including alphabetizing bookshelves, covering books, doing minor building maintenance, helping with a speakers' series, and participating in annual book sales and other events. For information email info@cannonbeachlibrary.org or call 503-436-1391.

**Caring Adults Developing Youth (CADY) Mentoring Program** — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

**Clatsop Animal Assistance Inc.** — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dogscats.org or call 503-861-0737.

**Clatsop Care Center** — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

**Clatsop County Animal Shelter** — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

**Clatsop Community Action Regional Food Bank** — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

**Clatsop Community College Outreach Literacy** — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

**Clatsop County Public Works** — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

**Clatsop Cruise Hosts** — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to clatsopcruisehosts.org

**Coast Community Radio** — Volunteers needed for a variety of opportunities and time commitments including weekday front desk, music library digital conver-

sion, graphic and sign making, booths at farmers markets and special events, landscaping, and mailing parties. For information, email janet@coastradio.org or call 503-325-0010.

**Columbia Memorial Hospital** — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to columbiamemorial.org. To schedule an interview, call 503-325-4321.

**Columbia River Maritime Museum** — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

**Columbia Senior Diners** — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

**Community Emergency Response Team** — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at khansen@astoria.or.us or leave a voicemail at 503-325-4411.

**Friends of Seaside Library** — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

**Haystack Rock Awareness Program** — Needs volunteers for general office assistance and to assist lead interpreters on the beach with signage, ropes and set up during low tides and talking to visitors about the rock and the local flora and fauna. Must pass a basic background test. Children are always welcome; must be supervised by a parent. For information, contact Lisa Habecker at 503-436-8064 or habecker@ci.cannon-beach.or.us

**Knappa Rural Fire Protection District** — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olhiser at 503-458-6610.

**Long-Term Care Ombudsman** — Certified ombudsman volunteers advocate for the rights, care and dignity of the elderly and disabled living in licensed long-term care facilities. Many residents have no one to watch out or speak up for when things go wrong. Volunteer Ombudsmen talk to the residents, investigate complaints, and work to resolve problems. Flexible schedule, four hours a week, mileage reimbursement available. Training is provided. For information, call 800-522-2602 or go to oregon.gov/lto

**Lunch Buddy Mentoring Program** — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call (219) 331-6427 or go to bit.ly/2u3KpWe

**NorthWest Senior & Disability Services** — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers

for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

**Providence Seaside Hospital** — Needs volunteer drivers for Community Connections, a free program that transports people to services and appointments related to health and well-being in the Portland-Metro area. Mileage reimbursement available. For information, call 503-717-7171 or email Alana.Kujala@providence.org

**Providence Seaside Hospital** — Needs volunteers who enjoy meeting, interacting with and helping people. Opportunities are available in the hospital gift shop, café, and as greeters and for spiritual integration. For information, call 503-717-7171 or email Alana.Kujala@providence.org

**River Song Foundation** — Looking for people to assist with Trap/Neuter/Release/Feed (TNRF), especially in the Seaside and Knappa/Svensen areas. TNRF involves setting and/or monitoring traps, and daily feeding of cats and maintenance of any shelters, and is a proven, science-based method that along with spay/neuter programs is the only effective and humane way of ending cat homelessness and suffering. Call 503-741-7369 for information and to volunteer.

**Seaside American Legion Veterans' Assistance & Rehabilitation** — Volunteers needed to help knit/crochet items for hospitalized vets and cut coupons for military families. Donations of fabric/yarn especially welcome. Group meets from 10 a.m. to 2 p.m. second Tuesday of the month at 1315 Broadway, Seaside. For information, call 503-738-5111 and leave a message for Marilyn Faulkner.

**Seaside Downtown Development Association** — Volunteers needed to help with local events happening throughout the year. For information, call Sarah Dailley at 503-717-1914 or email director@seasidedowntown.com

**Seaside Museum and Historical Society** — Volunteers needed to help as docents, maintaining and creating exhibits, and various events throughout the year. Small and large projects available. Any amount of time will be greatly appreciated. Call the museum at 503-738-7065 or email seasidemuseum@hotmail.com

**Senior Peer Mentor Program** — Volunteers, age 45 or older, needed in Clatsop County to help mentor seniors coping with mild/moderate depression and/or anxiety. Program participants utilize workbook model that teaches proven strategies for positive change. For information, contact Chad Cox at chad.cox@nwdsds.org or 503-304-3414.

**Start Making a Reader Today** — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to getsmartoregon.org

**Svensen Congregate Meal Site** — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-7298 or

503-861-4202.

**Titanic Lifeboat Academy** — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

**Tri-City Spay and Neuter Thrift Store** — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

**U.S. Coast Guard Auxiliary** — Uniformed civilian volunteer branch provides boating education courses, vessel inspections to public; offers chance to learn new skills and qualifications. No former military or boating experience needed. Meetings 7 p.m. first Wednesday of the month. For information, call Della Wilson at 360-244-7062 or email wilsonkate@gmail.com

**Warrenton Senior Lunch Program** — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays or Thursdays. For information, contact Barb Balensifer at 503-861-1341.

**Wildlife Rehab Center of the North Coast** — Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call 503-338-0331 or go to coast-wildlife.org

## RELIGION BRIEFS

**Community HU sing SEASIDE** — A Seaside Community Eckankar HU Sing takes place at 3 p.m. Sunday at the Seaside Public Library, 1131 Broadway. Regardless of one's beliefs or religion, anyone can sing HU (pronounced hue), an ancient name for God; it is for the spiritual upliftment of those who come, and is not directed to any other purpose. For information, call Seann Valen at 503-717-5485, email access49@gmail.com or go to eckankar.org

**Cannon Beach Community CANNON BEACH** — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome.

Evensong features Wes Warhmund (guitar, flute and clarinet) and meditative songs, Psalms, readings, candlelight and time for quiet reflection.

For information, call the church at 503-436-1222.

**Grace Episcopal A Concert for Two** is being presented at 3 p.m. Sunday at Grace Episcopal Church, 1545 Franklin Ave. Ray Utterback and Vincent Centeno are playing pieces on the piano and the Kimball organ, which was dedicated in 1905. There is no cost for admission, but donations will be gratefully accepted for the Grace Organ Fund.

For information, call the church at 503-325-4691 or go to graceastoria.org

**St. Mary, Star of the Sea Parish**

The St. Mary, Star of the Sea parish office is closed Monday for Martin Luther King Jr. Day, and reopens Tuesday.

**Astoria Church of Christ**

The Astoria Church of Christ, 692 12th St., hosts guest speaker Fred Reimer at the 10:30 a.m. Sunday service. His topic is "Understanding the Holy Spirit," taken from John 16:13-16. All are welcome. For information, call 503-791-3235.

### Phone and Internet Discounts Available to CenturyLink Customers

The Oregon Public Utility Commission designated CenturyLink as an Eligible Telecommunications Carrier within its service area for universal service purposes. CenturyLink's basic local service rates for residential voice lines are \$15.80-\$17.55 per month and business services are \$23.00-\$28.00 per month. Specific rates will be provided upon request.

CenturyLink participates in a government benefit program (Lifeline) to make residential telephone or broadband service more affordable to eligible low-income individuals and families. Eligible customers are those that meet eligibility standards as defined by the FCC and state commissions. Residents who live on federally recognized Tribal Lands may qualify for additional Tribal benefits if they participate in certain additional federal eligibility programs. The Lifeline discount is available for only one telephone or qualifying broadband service per household, which can be either a wireline or wireless service. Broadband speeds must be 18 Mbps download and 2 Mbps upload or faster to qualify.

A household is defined for the purposes of the Lifeline program as any individual or group of individuals who live together at the same address and share income and expenses. Lifeline service is not transferable, and only eligible consumers may enroll in the program. Consumers who willfully make false statements in order to obtain Lifeline telephone or broadband service can be punished by fine or imprisonment and can be barred from the program.

If you live in a CenturyLink service area, please call 1-888-833-9522 or visit centurylink.com/lifeline with questions or to request an application for the Lifeline program.