

Seaside AAUW holds panel; joins conference

The Daily Astorian

SEASIDE — The Seaside American Association of University Women (AAUW) is holding a public meeting, at 10 a.m. Jan. 19 in the loft of Beach Books, 616 Broadway. Three panelists will share their expertise on the housing crisis and homelessness: Alan Evans, founder of the Helping Handing outreach program; Tita Montero, a Seaside City Council member; and a representative from the Seaside School District. All are welcome.

The Seaside AAUW branch sponsors three local scholarships for women and will be joining the Astoria AAUW to present its 17th annual Women Interested in Going to School (WINGS) conference at Clatsop Community College on Feb. 9.

The daylong conference is free to women interested in returning to school to complete their GEDs, start or finish certificates or degrees, or develop or update job skills. For information about the conference, go to clatsopcc.edu or call 503-717-1852.

Astoria Regatta prepares for 125th anniversary

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This year, the Astoria Regatta celebrates its 125th year. The 2019 officers and board of directors are: Paul Winiarz and Erik Thorsen, co-presidents; Melissa Grothe, secretary; and Hillary Danner, treasurer. Board members are Irene Baltimore, Julie Flues, Amber Hill, Megan Hutchinson, Nancy Kennell, Kevin Leahy and Josh

McConnell.

Designated a Historic Cultural Tradition by the Oregon State Historic Commission, the Astoria Regatta has long relied on volunteers to make this festival and leadership development program successful.

To volunteer for one of the committees, or for information, email astoriaregattaassociation@gmail.com

Theater offers creative movement performance

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Pier Pressure Productions offers its fourth presentation in its Ten-Fifteen series, "Two-Step Twosday," an hour-long performance of creative movement and dance in the round, at 10:15 a.m. and 8:45 p.m. Tuesday at 1015 Commercial St., the future home for Astoria's black box theater.

The performance features Rhonda Alderman, Ann Branson, Gigi Chadwick, Julie Gingerich, Katrina Godderz, Jessamyn Grace, Rick Gray, Brandy and Jason Hussa, Julie Kovatch, Andrea Mazzarella, Daric Moore, Celeste Olivares, Estelle Oliveras and Sheila Shaffer. This is a one-day-only event. Donations are welcome.

COMMUNITY NOTES

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Illness (NAMI) Support Group — 2 to 3:30 p.m., Seaside Public Library, 1131 Broadway. Family to Family Support Group, for anyone with friend or loved one suffering from a serious brain (mental) illness. For information, contact Myra Kero at 503-738-6165, or k7erowood@q.com, or go to nami.org

Line Dancing — 5:30 to 8 p.m., Seaside American Legion, 1315 Broadway. For information, call 503-738-5111. No cost; suggested \$5 tip to the instructor.

MONDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. Repeats Wednesday For information, call 503-325-3231.

Astoria High School Class of 1970 — 11 a.m., Koffee Klatch at Rod's Bar and Grill, 45 N.E. Skipanon Drive, Warrenton. For information, call ShawnAnn Hope at 503-791-1231.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. Repeats Tuesday through Friday. For information, call 503-861-4202.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693. Repeats Tuesday-Friday.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. Repeats Thursday. For information, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — noon, Astoria Elks Lodge, 453 11th St. Guests welcome. For information, go to AstoriaRotary.org

Parkinson's Support Group — 1 p.m., Peace Lutheran Church library, 565 12th St. For information, call 503-440-1970 or 503-440-1985.

Peninsula Quilt Guild — 1 p.m., Peninsula Church

Center, 5000 N Place, Seaview, Wash. Newcomers welcome. Bring nonperishable food donation. For information, call Janet King at 360-665-3005.

Knocklers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Game is designed for players 55 and older, but all ages are welcome.

Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231. Repeats Wednesday.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

Seaside Lions Club — 5 p.m., West Lake Restaurant & Lounge, 1480 S. Roosevelt Drive, Seaside. For information, call 503-738-7693.

Clatsop Rental Owners Association — 6 p.m., Golden Star Restaurant, 599 Bond St.

TUESDAY

Stewardship Quilting Group — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — noon, El Tapatio, 229 W. Marine Drive. For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Bras2Moms Fitting — 1 to

3 p.m., Columbia Memorial Hospital Family Birthing Center, 2111 Exchange St. Free nursing bras and/or tanks to mothers. A \$5 donation is requested, not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-338-7581.

Warrenton Caregiver Support Group — 1:30 to 3 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support, information and resources for caregivers. For information, call Grace Bruseth at 503-738-6412.

Lower Columbia Hospice Bereavement Support Group — 4:30 to 6 p.m., Columbia Memorial Hospital Community Center, Chinook Conference Room, 2021 Marine Drive. Open to age 18 or older. For information, call 503-338-6230.

North Coast Chapter, ABATE of Oregon — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. For information, call 503-791-7253.

Peninsula Arts Association — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Washington. All are welcome. For information, call 360-665-6041 or go to beachartist.org

Authentic Spiritual Conversations — 7 to 8:30 p.m., Activity Center, first floor, CMH-OHSU Knight Cancer Collaborative, 1905 Exchange St. Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Help Ending Abusive Relationship Tendencies (HEART) — 10 to 11:30 a.m., The Harbor, 1361 Duane St. Open group, covers effects of domestic violence on children, parents and other family members; for females, those who identify as female, anyone

in an abusive relationship, or who knows someone who is. For information, call Juli Hol at 503-325-3426, ext. 103.

Astoria Chapter Daughters of the American Revolution — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Road, Warrenton. Speaker is Rosemary Johnson; topic is "Adopt a Memorial." Members and women wishing to join are invited to attend. RSVP to Sue Glen at 503-861-0574 by Monday.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call 503-861-4202.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

North Coast Multiple Sclerosis Care and Share Help Group — noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

Cannon Beach Garden Club — noon, Tolovana Hall, 3779 S. Hemlock St., Cannon Beach. Visitors are welcome. To reserve a seat, call Pam Chater at 503-436-2331 or email pamchater@msn.com

Sit & Stitch — 1 to 3 p.m., Homespun Quilts & Yarn, 108 10th St. Bring knitting, crochet or other needlework along to this community stitching time. All skill levels welcome.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Stroke Support Group — 3:30 to 4:30 p.m., Providence Seaside Hospital Education Center, Room B, 725 S. Wahanna Road, Seaside. Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781.

Write Astoria — 5 to 7 p.m., Astoria Library Flag Room, 450 10th St. Free, open forum; writers read from works in progress, offer each other constructive feedback.

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