

COAST WEEKEND CALENDAR



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SEE+DO



Thursday, Jan. 10

Grant Writing
2 p.m., Cannon Beach History Center & Museum, 1387 South Spruce St., Cannon Beach, 503-436-9301. Sometimes a face-to-face workshop is the best way to gain a new skill.

Yacht Club
6:30 p.m., Port of Astoria West Boat Basin, Chinook Building, 300 Industry St., Astoria. Diesel mechanic Mark Woolsey of Coast Diesel covers basic troubleshooting and maintenance of marine diesel engines.

Geology Talk
7 p.m., Pine Grove

Community House, 225 Laneda Ave., Manzanita. Lower Nehalem Watershed Council presents geologist Tom Horning who will discuss the formation of the Nehalem Alps and Rain Forest Reserve Project.

Reader's Theatre
7 p.m., Liberty Theatre's McTavish Room, 1203 Commercial St., \$15. Presenting "The Fourposter, The Case for The Double Bed," a three-act comedy highlighting the hills and valleys in the long marriage.



Lewis and Clark National Historical Park
Horticulturist Jessica Schleif.

Nature Matters
7 p.m., Fort George Lovell Showroom, 1483 Duane St., 503-861-2471. Horticulturist Jessica Schleif introduces the Tidal Rock Project, artist environmental installation in downtown Astoria.

Friday, Jan. 11



Sou'wester Lodge

Artist Andie Sterling.

Artist Reception

6 p.m., Sou'wester Lodge, 3728 J Place, Seaview, Wash. The opening reception of Andie Sterling's new exhibition in the Art Trailer Gallery. The show features collected sound, abstract water-scapes, drifting velella.

Yarn Crafts and Open Sewing

9 a.m., Peninsula Senior Activity Center, 21603 O Ln, Ocean Park, Wash., 360-665-3999. Join us for yarn crafts and open sewing with a group. For more information, visit peninsulaseniorcenter.com.

Gentle Yoga

9:30 a.m., Astoria Arts and Movement Center, 342 10th St., Astoria, 503-791-5657. Classes are a floor-based practice for students of all ages wanting a slower paced, gentle practice of traditional yoga.

Miniature Artwork

2 p.m., Picture Attic, 711 Pacific North, Long Beach, Wash. The opening of a unique exhibition; local artists

are excited to show their skills in the tiny world.

Artist Reception/ Open House

6 p.m., Duane and 10th streets, Astoria. Come celebrate AVA's member-artists and the opening of the new AVA Gallery with an evening of art, music, conversation, food, beer and wine.

Climate Change Talk

7 p.m., Clatsop Community College, Columbia Hall, room 219, 1651 Lexington Ave., Astoria, free. Environmental economist John Talberth and climate justice advocate Daphne Wysham discuss potential correlations between forest management practices and climate changes.

Saturday, Jan. 12

Astoria Flea Market

10 a.m., Astoria First Presbyterian Church, 1103 Grand Ave., 503-325-1702. Retta Christie has recruited a group of local vendors and invited them to make their arts, crafts, lightly used seconds and some throwaways for sale. Come discover the treasure you've been looking for. For more information, visit www.fpcastoria.org.

Group Meditation

10 a.m., Sou'wester Lodge, 728 J Place, Seaview, Wash., 360-642-2542. Join Larkin Stentz every Saturday morning for a guided group meditation in our beautiful wellness trailer 360-642-2542.

Lutefisk Dinner

1 p.m., Suomi Hall, 244 W. Marine Drive, Astoria, 503-791-7805, tickets are \$25 for adults, \$20 for seniors and \$15 for anyone 12. Join Astoria Finnish Brotherhood Auxiliary for all-you-can-eat dinner of lutefisk and/or meatballs with all the trimmings.

Astoria Art Walk

5 p.m., downtown Astoria. Enjoy the first Astoria Art Walk of 2019 by popping into galleries, chatting with artists and partaking of refreshments.

Astoria Visual Arts
'Bruised Girl,' by Teresa Robinett, on view in the new AVA Gallery space.

Coast Weekend editor suggested events



Monday, Jan. 14

Chakra Balancing

10 a.m., Sou'wester Lodge, 728 J Place, Seaview, Wash., 360-642-2542. Come into our cozy Velvet Lounge in the lodge to choose a chakra that you would like to work on. Make your own chakra-balancing aromatherapy spritzer to take home.

Baked Bingo

7 p.m., Merry Time Bar & Grill, 995 Marine Drive, Astoria, free, 503-468-0852. Win fun prizes including baked goods. Sometimes we even have homemade pies! Participants must be 21+ with valid ID.

Modern and Tap Classes

7:30 p.m., Monday, Jan. 14, Astoria Arts and Movement Center, 342 10th St, Astoria, 503-791-5657, \$10 suggested. Learn modern tap techniques and dance with Marco Davis.

Tuesday, Jan. 15

Zumba With Joy

8:30 a.m., Astoria Arts & Movement Center, 342 10th St., 503-440-2547. High-energy, all-level classes incorporate hip-hop, soca, samba, merengue and mambo get every body moving.

Variety Show

10:15 a.m. / 8:45 p.m., 1015 Commercial St., Astoria, donations welcome. Pier Pressure Productions presents an hour-long performance of creative movement and dance.

Golden Milk

4 p.m., Sou'wester Lodge, 728 J Place, Seaview, Wash., 360-642-2542. Start your day by sipping warm and nourishing golden milk, an age-old healing drink made with coconut milk and oil, turmeric, cinnamon, nutmeg, ginger, and black pepper.



Columbia River Maritime Museum

Christopher Dewey, president and founder of the Maritime Archaeological Society.

Shipwreck Archaeology

10:30 a.m., Columbia River Maritime Museum, 1792 Marine Drive, Astoria, 503-325-2323. Chris Dewey, president/founder of Maritime Archaeological Society talks shipwreck archaeology. Lecture followed by 15-minute Q-and-A.

Coast Weekend welcomes comments and contributions from readers. New items for publication consideration must be submitted by 10 a.m. Tuesday, one week and two days before publication.

Wednesday, Jan. 16

Juice & Smoothie Bar

11 a.m., Sou'wester Lodge, 728 J Place, Seaview, Wash., 360-642-2542. Taste a flight of fresh, whole-food juices and fruit smoothies from, Roots, a healthy drive-thru.

Bingo!

12:30 p.m., Bob Chisholm Community Center, 1140 Broadway St, Seaside, Ore., 503-738-3311, 10 cents per

card, \$2.40 to play all games.

Belly Dance Basics

6 p.m., Astoria Arts & Movement Center, 342 10th St, Astoria, 503-791-5657, \$10. Jessamyn Grace teaches technique, accents, drills, layering, safe posture, core strengthening, rhythms, and movements such as turns, traveling steps, shimmies, undulations, and more.



Katie Voelke, director of the North Coast Land Conservancy.

Nature Talk

6 p.m., Seaside Public Library, 1131 Broadway St., Seaside. Katie Voelke, executive director of the North Coast Land Conservancy, discusses how to balance the need to conserve land with the need to allow public access.

Thursday, Jan. 17



Alex Pajunas photo

FisherPoets Jon Broderick, left, and Jay Speakman.

FisherPoets

7 p.m., Cannon Beach Library, 131 N. Hemlock St., free. North Coast fisherpoets Jon Broderick, Dave Densmore, Geno Leech, Rob Seitz and Jay Speakman will read original poetry and sing some tunes.

Tech Tutoring

3:30 p.m., Ilwaco Timerland Regional Library, 151 First Ave. North, Ilwaco, Wash., 360-642-3906. Bring your technology questions for a one-on-one help session with a volunteer Teen Tech Tutor. Use library computers or your own devices.

Salmon Enhancement

6:30 p.m., Ilwaco Salt Hotel & Pub, 147 Howerton Ave., free. Salty Talk presentation features fishing guide Butch Smith, who will discuss salmon enhancement on the Lower Columbia River.