

# Kid Scoop

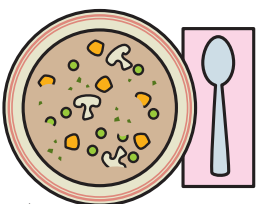
THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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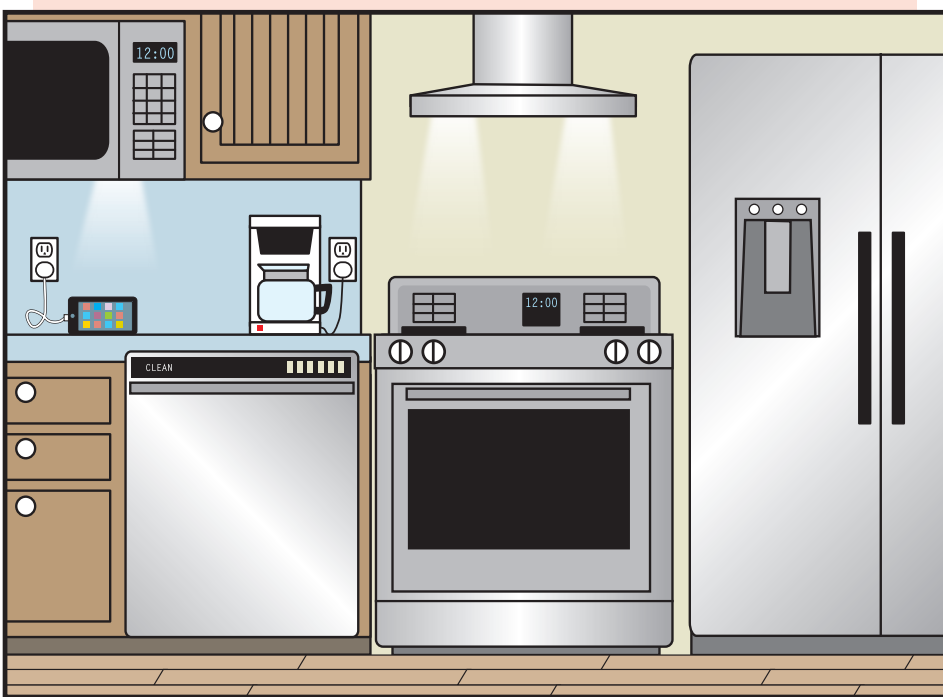
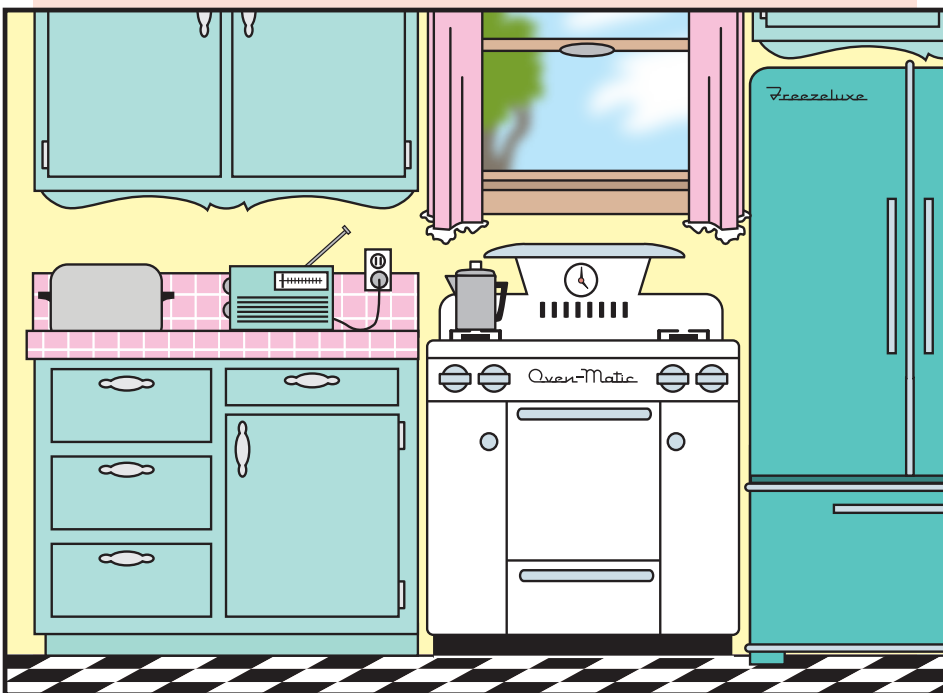
## Eat Your Way Through Family History

Sometimes you may feel like you are very different from your parents, grandparents and other ancestors. But one thing all generations have in common is the love of food. Ask your parents and/or grandparents the following questions:



### Kitchens Today and Yesterday

Look at the pictures of the two kitchens. How many differences can you find? Are there some things in grandma's kitchen (top) that you have never seen? Ask your parents and grandparents what these are.



**Q: What was your favorite food when you were my age?**

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**Q: What food does our family cook today that was cooked by your grandparents?**

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**Q: What food dish does our family eat today that has been eaten by our ancestors for the longest time?**

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### Favorite Family Recipes

Ask members of your family to write down their favorite recipes. Copy these and make little recipe books. Be sure to include a recipe for your favorite recipe.

These recipe books make gifts that your family members will treasure for years to come.



### Grandma's Lentil Soup

Grandma made this during cold winter months.

- 1 gallon water
- 3-4 carrots, chopped
- 3 stalks celery, chopped
- 1 lb. lentils
- 3 leeks, chopped
- 4-5 potatoes
- 1/4 cup white vinegar
- salt & pepper to taste

Add lentils, carrots, leeks, celery and vinegar to pot of boiling water. After 10 minutes, lower heat and allow to simmer 2 hours, stirring often.

Add peeled diced potatoes and return to boil for 10 minutes. Simmer one more hour, stirring regularly, and serve.

### Food Groups

Look through the newspaper and cut out pictures of food. Put the foods into groups that you think go together. Give each group a name.

Standards Link: Reading Comprehension: Follow simple written directions.

### Kid Scoop Puzzler

#### What comes next?

Draw the food in each row that continues the pattern.

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Standards Link: Follow simple written directions.

### Double Double Word Search

- FAVORITE
- TREASURE
- ANCESTOR
- KITCHEN
- HISTORY
- LONGEST
- RECIPE
- FAMILY
- GIFTS
- FOOD
- DISH
- COOK
- EAT
- AGE

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

T	Y	H	I	E	G	A	S	T	R
R	R	O	K	I	T	C	H	E	N
E	O	R	F	Y	O	D	C	N	L
A	T	T	D	L	O	I	T	Y	O
S	S	H	S	O	P	S	E	L	N
U	I	F	F	E	O	H	T	I	G
R	H	K	O	O	C	A	O	M	E
E	D	P	L	A	E	N	T	A	S
E	E	T	I	R	O	V	A	F	T

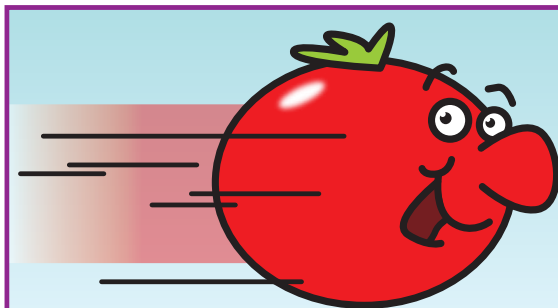
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

#### Party Budget

Look through the newspaper for the foods you would like to buy for a party with some friends. Figure out what it would cost to buy everything you want.

Standards Link: Research: Use the newspaper to locate information.



Why can't you ever run faster than a tomato?

ANSWER: They always ketchup.

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