

Michelle Obama begins arena tour in talk with Oprah



Rob Grabowski/Associated Press
Michelle Obama, right, is greeted by Oprah Winfrey to discusses Obama's new book, 'Becoming,' at the United Center in Chicago.

By MICHAEL TARM
Associated Press

CHICAGO — Michelle Obama began her 12-stop book tour Tuesday by sitting with Oprah Winfrey before an audience at the home arena of the Chicago Bulls, speaking on everything from piano lessons and washing socks to crying on a plane the day her family moved out of the White House and President Donald Trump moved in.

The crowd of 14,000 roared as the former first lady stepped onto a stage at the sold-out United Center event, which felt part talk show, part political rally and part rock concert, complete with \$35 Michele Obama T-shirts emblazoned with her face

and the title of her just-released memoir, "Becoming." Family pictures of Barack Obama and their children flashed on a screen over her shoulder as she spoke.

During the more than 90-minute conversation under Bulls' NBA championship banners in Obama's home city, she never directly criticized Trump. Crying on the plane leaving Washington on Inauguration Day 2017, she explained, had nothing to do with Trump.

"When I got on the plane, I sobbed for 30 minutes," she said. "I think it was just the release of eight years trying to do everything perfectly."

Obama turned to her husband, who had just become a former president. "I said to Barack, 'That was so hard,

what we just did. That was so hard." She said she didn't mention that episode in her book.

She didn't criticize Trump directly at the event despite direct criticism of him in her book.

She writes in "Becoming" that Trump's "loud and reckless innuendos" about her husband's birth certificate stirred people up and put "my family's safety at risk." And for this," she adds, "I'd never forgive him."

Trump responded last week, saying Michelle Obama "got paid a lot of money" to write that book and they always expect a little controversy." The current president said that he'd never forgive his predecessor for making the coun-

try "very unsafe."

When Winfrey, who selected "Becoming" for her influential book club, introduced Obama she referred to the divisive political climate, also without directly naming Trump.

"So many people are feeling uneasy ... afraid of the impending darkness," Winfrey told the audience. "But you all being here tonight is a testament to the light."

"Becoming" describes Obama's upbringing on Chicago's South Side and her transition to college at Princeton University. As she does in her book, she recounted Tuesday being raised in a family that struggled economically — but with parents who encouraged her to be successful.

THE DAILY ASTORIAN														TV SCHEDULE														Evening listings FRIDAY—SUNDAY			
A - Charter Astoria/ Seaside - L - Charter Long Beach														NOVEMBER 16																	
FRIDAY EVENING																															
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30																		
2	KATU	(2) KATU News at 6 (N)		Jeopardy! (N)	Wheel of Fortune	Fresh Off-Boat (N)	Speechless (N)	Child Support (N)		20/20		News (N)	(35) Jimmy Kimmel																		
6	KOMO	(4) KOMO 4 News (N)		Jeopardy! (N)	Wheel of Fortune	Fresh Off-Boat (N)	Speechless (N)	Child Support (N)		20/20		KOMO 4 News (N)	(35) Jimmy Kimmel																		
6	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Blindspot (N)		Midnight "I Put a Spell on You" (N)		Dateline NBC		KING 5 News (N)	(35) Tonight Show																		
6	KOIN	(5) KOIN Local 6 (N)	Evening News (N)	Extra	Ent. Tonight (N)	MacGyver (N)		Hawaii 5-0 "Lele Pu Na Manu Like" (N)		Blue Bloods "Stirring the Pot" (N)		News (N)	(35) Colbert																		
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	MacGyver (N)		Hawaii 5-0 "Lele Pu Na Manu Like" (N)		Blue Bloods "Stirring the Pot" (N)		KIRO 7 News (N)	(35) Colbert																		
6	KGW	(5) KGW News at 6:00 p.m. (N)		Tonight Cassidy	Inside Edition	Blindspot (N)		Midnight "I Put a Spell on You" (N)		Dateline NBC		News (N)	(35) Tonight Show																		
9	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Dynasty "That Witch" (N)		Crazy Ex-Girlfriend "I See You" (N)		News (N)	Friends	Two and a Half	Two and a Half																		
10	KOPB	(10) Curious Traveler	Business (N)	PBS NewsHour (N)		Great Performances "The Sound of Music" (N)		A new UK production about the von Trapp Family Singers.		Making a New American Nutcracker		BSO 360																			
12	KPTV	(12) News (N)	Timbers in 30	Family Feud	Family Feud	Last Man St. (N)	The Cool Kids (N)	Hell's Kitchen "Last Chef Standing" (N)		10 O'Clock News (N)		News (N)	Page Six TV																		
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	Prime News (N)		Prime News (N)		Big Bang Theory	Family Guy	American Dad!	The Game																		
13	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Last Man St. (N)	The Cool Kids (N)	Hell's Kitchen "Last Chef Standing" (N)		Q13 NEWS AT 10 (N)		Talkin' Huskies	Most Wanted																		
20	TBS	(20) Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	*** Batman v Superman: Dawn of Justice (2016, Action) Henry Cavill, Gal Gadot, Ben Affleck.						ELeague (N)																			
2	KZJO	(22) Black-ish	Black-ish	Mom	Modern Family	Mom	Modern Family	Q13 News at 9 (N)		Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half																		
29	ESPN	(29) (4:15) NBA Basketb.	(35) NBA Basketball	Chicago Bulls at Milwaukee Bucks Site: Fiserv Forum -- Milwaukee, Wis. (L)		Boxing Top Rank (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)																			
30	ESPN2	(30) NCAA Football Memphis at Southern Methodist University Site: Gerald J. Ford Stadium -- Dallas, Texas (L)				SportsCenter With Scott Van Pelt (N)		ESPN FC (N)	Earn Everything	NBA Basketball Chicago vs Milwaukee		Friends	Friends																		
31	NICK	(31) The Loud House	The Loud House	Lip Sync (N)	Double Dare (N)	iCarly	SpongeBob	*** The SpongeBob SquarePants Movie (04) Tom Kenny.		Raven's Home (N)	Raven's Home	Coop & Cami	Raven's Home																		
32	DISN	(32) Bunk'd	Bunk'd	Andi Mack	Andi Mack	Andi Mack (N)	Coop & Cami	*** Toy Story (1995, Animated) Voices of Tim Allen, Don Rickles, Tom Hanks.		*** Ouija (2014, Horror) Shelley Hennig, Olivia Cooke.		The 700 Club																			
34	FAM	(34) *** Mrs. Doubtfire (1993, Comedy) Sally Field, Pierce Brosnan, Robin Williams.						(55) Ouija (2014, Horror) Shelley Hennig, Olivia Cooke.		(05) The Flight Before Christmas (15) Ryan McPartlin, Mayim Bialik.																					
35	FMC	(35) Movie		(45) *** 10 Cloverfield Lane (16, Dra) John Goodman, John Gallagher Jr., Mary Elizabeth Winstead.																											
36	LIFE	(36) Wish Upon a Christmas (2015, Drama) Larisa Oleynik, Alan Thicke, Aaron Ashmore.																													
38	ROOT	(38) Rodeo Chase Hawks Rough Stock		NCAA Hockey Miami at Colorado College Site: Broadmoor World Arena -- Colorado Springs, Colo. (L)		FootballWeek (N)		The Fantasy Football Hour		NCAA Football N. Colo./Mon.																					
39	FS1	(39) NASCAR Racing Ford EcoBoost 200	Post Race Show	NFL Turning Point	UFC Weigh-In "Magny vs. Ponzinibbio"			Magnify "They Fight"		TMZ Sports (N)		The Ultimate Fighter "Made for This"																			
43	SPIKE	(43) Mom	*** The Wedding Singer (1998, Comedy) Drew Barrymore, Christine Taylor, Adam Sandler.			Mixed Martial Arts Bellator 209 (L)						(15) The Wedding Singer																			
44	COM	(44) (15) The Office	(50) The Office	(25) The Office	The Office	The Office	The Office	The Office		Kevin Hart: I'm a Grown Little Man		ComedyCellar	Kevin Hart																		
45	HIST	(45) Ancient Aliens "Circles From the Sky"		Ancient Aliens "The Alien Agenda"		Ancient Aliens: Declassified "Alien Influences"						(05) Ancient Aliens "Aliens in America"																			
46	A&E	(46) (5:00) Live PD				Live PD (05) Live PD "Rewind"		Live PD Live access inside the country's busiest police forces. (L)																							
47	TLC	(47) Four Weddings		Four Weddings "...and a Candle Bar"		90 Day Fiancé: Extended "I Know What You Did" (N)		To Be Announced				To Be Announced																			
48	DISC	(48) Gold Rush "Gods and Monsters"		Gold Rush "Durt Reynolds"		Gold Rush: Pay Dirt (N)		Gold Rush "Hoffman's Ghosts" (N)		Master of Arms "Joan of Arc Sword" (N)		Master/ Arms "American Long Rifle" (N)																			
49	NGEO	(49) The National Hall (N)		Extreme Alaska "Denali National Park"		Life Below Zero "Cold Habits"		Life Below Zero "Blown Away" (N)		Live Free or Die "Eating the Wild"		Life Below Zero "A Lesson Learned"																			
50	TNT	(50) Bones "The Finder"		Bones "The Feet on the Beach"		*** Sully (2016, Drama) Aaron Eckhart, Laura Linney, Tom Hanks.		*** Act of Valor (2012, Action) Roselyn Sanchez, Nestor Serrana, Alex Veadov.																							
51	AMC	(51) (3:30) The Dark Knight Christian Bale.		*** Escape Plan (2013, Action) Arnold Schwarzenegger, Jim Caviezel, Sylvester Stallone.				(35) *** Under Siege (1992, Action) Tommy Lee Jones, Gary Busey, Steven Seagal.																							
52	USA	(52) Law & Order: S.V.U. "Decline and Fall"		Law & Order: S.V.U. "Gone Baby Gone"		Law & Order: S.V.U. "Pathological"		Law & Order: S.V.U. "Info Wars"		Modern Family	Modern Family	Modern Family	Modern Family																		
53	FOOD	(53) Diners...Dives "Guy's Hometown Tour"		Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins "Ultimate Turkey Fest"		Diners...Dives (N)	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins																		
54	HGTV	(54) My Dream Home	Guy's Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	Dream Home (N)	My Dream Home	House Hunters (N)	House Hunters	House Hunters	House Hunters																		
56	FX	(56) (5:00) Turbo Voices of Ryan Reynolds.		*** The Secret Life of Pets (16, Ani) Eric Stonestreet, Kevin Hart, Louis C.K..		*** The Secret Life of Pets (16, Animated) Eric Stonestreet, Kevin Hart, Louis C.K..		*** The Secret Life of Pets (16, Animated) Eric Stonestreet, Kevin Hart, Louis C.K..				Spider-Man (02, Action) Tobey Maguire.																			
57	CNN	(57) Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight With Don Lemon																			
58	FNC	(58) Hannity		The Ingraham Angle		Fox News @ Night		The Five		Hannity		The Ingraham Angle																			
61	CNBC	(61) Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Paid Program	Paid Program																		
63	BRAV	(63) Buying It Blind "Jennifer and Eric"		Buying It Blind "Gigi and Adrian"		Buying It Blind (N)		Get a Room (N)		Sweet Home (N)		Buying It Blind																			
64	TCM	(64) Movie	(45) Let George Do It (40) Phyllis Calvert, George Formby.	(15) Keep Your Seats, Please! (36) George Formby.				(45) No Limit (35, Mus) Florence Desmond, George Formby.				(15) Sisters (73, Thriller) Margot Kidder.																			
65	SYFY	(65) *** Harry Potter and the Order of the Phoenix (2007, Adventure) Rupert Grint, Emma Watson, Daniel Radcliffe.		Z Nation "Doc's Stoned History" (N)		Z Nation "Doc's Stoned History" (N)		Van Helsing "Hunted Down" (N)				Z Nation "Doc's Stoned History"																			
69	RFD	(69) County Report (N)	FarmHer (N)	Chasing (N)	The Jimmy Dean Show	Rural News (N)		Country's Family Reunion		County Reporter	Chasing-Madison	Time Life Library																			
SATURDAY EVENING														NOVEMBER 17																	
A - Charter Astoria/ Seaside - L - Charter Long Beach																															
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30																		
2	KATU	(2) (5:00) NCAA Football (L)					Jeopardy!	Wheel of Fortune	Paid Program	Nightline Prime		News (N)	(35) HonorWrestle																		
6	KOMO	(4) (5:00) NCAA Football (L)					KOMO 4 News	Seattle Refined	Jeopardy!	Nightline Prime		KOMO 4 News (N)	(35) HonorWrestle																		
6	KING	(5) NBC News (N)	KING 5 News	Consumer 101 (N)	Naturally (N)	Evening Evergreen	Saturday Night Live (L)			Saturday Night Live		KING 5 News (N)	Sat. Night Live																		
6	KOIN	(5) KOIN 6 News (N)	Weekend News (N)	Entertainment Tonight Weekend		Bull "A Business of Favors"		48 Hours		48 Hours		News (N)	(35) Amer.Ninja																		
6	KIRO	(7) Weekend News (N)	KIRO 7 News (N)	Steve Raible	Right This Minute	Bull "A Business of Favors"		48 Hours		48 Hours		KIRO 7 News (N)	(35) Wipeout																		
6	KGW	(5) NBC News (N)	Naturally (N)	Vets Saving (N)	Champion (N)	Paid Program	Saturday Night Live (L)			Saturday Night Live		News (N)	Sat. Night Live																		
9	KRCW	(3) WHL Hockey Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre --		Kent, Washington (L) Friends		Two and a Half	Two and a Half	News (N)	Seinfeld	News (N)		Seinfeld	Impractical Jokers																		
10	KOPB	(10) Great British Baking "Pastry"	Travel: Thunderbolts	Stevens' Europe		Doc Martin "Rescue Me"		Brown "The Wrath of Baron Samedi"		A Chef's Life: The Final Harvest		Masterpiece Classic "Poldark"																			
12	KPTV	(12) (4:30) NCAA Football (L)				*** Airplane II: The Sequel (82, Com) Julie Hagerty, Lloyd Bridges, Robert Hayes.		10 O'Clock News (N)		Hell's Kitchen "Last Chef Standing"		West Coast Wrestling Connection																			
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	Prime News (N)		NCIS: New Orleans "The Insider"		Hell's Kitchen "Last Chef Standing"		Full Frontal	Movie																		
13	KCPQ	(13) (4:30) NCAA Football (L)				Seahawks	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory		Full Frontal	Movie																		
20	TBS	(20) An Elf's Story	Save Christmas (N)	Grinch Christmas	An Elf's Story	Save Christmas	How the Grinch	Q13 News at 9 (N)	Seahawks	Most Wanted		Bones "The But in the Joke"	Person of Interest																		
2	KZJO	(22) CHL Hockey Seattle Thunderbirds vs. Portland Winter Hawks (L)				Save Christmas	Pawn Stars																								
29	ESPN	(29) (4:00) NCAA Football (L)		Football Score.	NCAA Football (L)			SportsCenter (N)		SportsCenter (N)		SportsCenter The day's news in the world of sports. (N)																			
30	ESPN2	(30) (4:00) NCAA Football (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		ESPN FC (N)		College Football Final (N)	SportsC Featured																		
31	NICK	(31) The Loud House	The Loud House	The Loud House	The Loud House	Henry Danger "Thumb War" (N)		SpongeBob		Friends		Friends	(35) Friends																		
32	DISN	(32) Teen Beach Movie (2013, Family) Maia Mitchell, Ross Lynch.		(45) Teen Beach Movie 2 (2015, Family) Maia Mitchell, Grace Phipps, Ross Lynch.		*** Coop & Cami		(05) Coop & Cami		Raven's Home		Raven's Home	Andi Mack																		
34	FAM	(34) (4:50) Toy Story 2 Voices of Tom Hanks.	(55) *** Toy Story 3 (2010, Animated) Tim Allen, Tom Hanks.			(25) *** Wreck-It Ralph (12, Animated) Jane Lynch, John C. Reilly, Jack McBrayer.		(40) FXM Presents (04) Pride and Prejudice and Zombies (16) Sam Riley, Jack Huston, Lily James.		(05) It's a Wonderful Lifetime		(05) Dear Santa (11, Dra) Amy Acker.	NCAA Football																		
35	FMC	(35) (5:00) *** Rio (11) Jesse Eisenberg.		(45) *** Rio (11, Ani) Voices of Anne Hathaway, George Lopez, Jesse Eisenberg.																											
36	LIFE	(36) Twelve Men of Christmas (09) Anna Chlumsky, Aaron Abrams, Kristin Chenoweth.		Dear Santa (2011, Drama) Gina Holden, Emma Duke, Amy Acker.																											
38	ROOT	(38) (5:00) NCAA Football Utah State at Colorado State Site: Sonny Lubick Field at Colorado State Stadium		NCAA Football																											
39	FS1	(39) (5:00) UFC UFC Fight Night 140 (L)		UFC UFC Fight Night 140 Site: Mary Terán de Weiss Stadium (L)						Postshow "Magny vs. Ponzinibbio" (L)		UFC Fight Post "Magny vs. Ponzinibbio"																			
43	SPIKE	(43) (5:00) Friday After Next (02) Ice Cube.		*** Friday (1995, Comedy) Chris Tucker, Nia Long, Ice Cube.				*** Next Friday (2000, Comedy) Mike Epps, Justin Pierce, Ice Cube.				Friday After Next																			
44	COM	(44) Movie	That's My Boy (2012, Comedy) Andy Samberg, Leighton Meester, Adam Sandler. After years of no visits, a father resurfaces just before his now grown son's wedding.									You Don't Mess With the Zohan																			
45	HIST	(45) Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars: Supercharged Episodes of "Counting Cars" with bonus footage. (N)				(05) Counting Cars	(35) Counting Cars																				
46	A&E	(46) (5:00) Live PD				Live PD (05) Live PD "Rewind"		Live PD Live access inside the country's busiest police forces. (L)																							
47	TLC	(47) Wedding "Big Dreams, Bigger Problems"		My Big Fat American Gypsy Wedding		My Big Fat American Gypsy Wedding		Gypsy Wedd "Gypsy Mamas Gone Mad"		American Gypsy Wedd (N)		Mama Medium "Where There's Smoke"																			
48	DISC	(48) Alaska/Frontier "Thanksgiving"		Alaska: The Last Frontier		Alaska: The Last Frontier		To Be Announced		To Be Announced		Alaska/Frontier "A Bridge and a Bear"																			
49	NGEO	(49) Animal Fight "Cheating Death" (N)		Animal Fight "How We Stand" (N)		Yellowstone Wolf Dynasty "The Pack"		Wild Yellowstone "Land of Extremes"		Amazing Planet "Lava Driven World"		Mars "We Are Not Alone"																			
50	TNT	(50) *** Sully (2016, Drama) Aaron Eckhart, Laura Linney, Tom Hanks.		*** Shooter (2007, Action) Michael Peña, Danny Glover, Mark Wahlberg.		*** Jurassic Park (1993, Sci-Fi) Laura Dern, Jeff Goldblum, Sam Neill.				(45) *** The Lost World: Jurassic Park (97) Jeff Goldblum.																					
51	AMC	(51) (4:30) Escape Plan Sylvester Stallone.		NCIS "Grounded"		NCIS "Blood Brothers"		NCIS "Enemy Combatant"		NCIS "Ready or Not"		Modern Family	Modern Family																		
52	USA	(52) NCIS "Shell Shock" Pt. 2 of 2		Pioneer Woman	Pioneer Woman	Barefoot Contessa (N)		Chopped "Turkey Day Heroes"		Chopped "Thankful Siblings"		Chopped "Thanksgiving Soup-er Stars"																			
53	FOOD	(53) Southern Kitchen	Southern Kitchen	Fixer Upper	Fixer Upper	Love It or List It "Design Indecision"		Love It or List It "Community Calling"		Reno. "A Renovation in the Clouds" (N)		Restored																			
54	HGTV	(54) Fixer Upper		*** Ghostbusters (16) Kristen Wiig, Kate McKinnon, Melissa McCarthy.		*** Deepwater Horizon (2016, Action) Kurt Russell, John Malkovich, Mark Wahlberg.		*** Deepwater Horizon (2016, Action) Kurt Russell, John Malkovich, Mark Wahlberg.																							
56	FX	(56) (4:30) *** Ghostbusters (16) Kristen Wiig, Kate McKinnon, Melissa McCarthy.		CNN Films "The End: Inside the Last Days of the Obama White House"		Watters World		Justice With Judge Jeanine		The Greg Gutfeld Show		Watters World																			
57	CNN	(57) We Will Rise		Undercover Boss "Utah Jazz"		Undercover Boss "Loehmann's"		Boss "Kendall-Jackson Wine Estates"		Boss "Madison Resorts International"		Paid Program	Paid Program																		
58	FNC	(58) Justice With Judge Jeanine		Married to Medicine "Trouble in Paradise"		Married to Medicine		Medic. "Heavenly's Second Chance" (N)		*** Men in Black (1997, Sci-Fi) Tommy Lee Jones, Vincent D'Onofrio, Will Smith.		The Seven-Ups (73, Act) Roy Scheider.																			
61	CNBC	(61) Undercover Boss "Hamburger Mary's"		*** Harry Potter and the Half-Blood Prince (09) Daniel Radcliffe.		*** Harry Potter and the Deathly Hallows: Part 1 (2010, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		*** Harry Potter and the Deathly Hallows: Part 1 (2010, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Hee Haw		(20) Futurama	(50) Futurama																		
63	BRAV	(63) Married to Medicine "Black Love"																													
64	TCM	(64) (5:00) Here Comes Mr. Jordan																													
65	SYFY	(65) (4:30) *** Harry Potter and the Half-Blood Prince (09) Daniel Radcliffe.																													