

VOLUNTEER

Continued from Page 2B

fall, about 20 ships each year. Work all the ships or part of them. For information, go to clatsopcruisehosts.org

**Coast Community Radio** — Volunteers needed for a variety of opportunities and time commitments including weekday front desk, music library digital conversion, graphic and sign making, booths at farmers markets and special events, landscaping, and mailing parties. For information, email janet@coastradio.org or call 503-325-0010.

**Community Emergency Response Team** — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at khansen@astoria.or.us or leave a voicemail at 503-325-4411.

**Friends of Seaside Library** — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-

6742 or stop by the library.

**Knappa Rural Fire Protection District** — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call 503-458-6610.

**Long-Term Care Ombudsman** — Certified ombudsman volunteers advocate for the rights, care and dignity of the elderly and disabled living in licensed long-term care facilities. Flexible schedule, training is provided. For information, call 800-522-2602 or go to oregon.gov/ltc

**Lunch Buddy Mentoring Program** — Adults needed to mentor

elementary and middle school students once a week during lunch. For information, call (219) 331-6427 or go to bit.ly/2u3KpWe

**River Song Foundation** — Looking for people to assist with Trap/Neuter/Release/Feed (TNRf), especially in the Seaside and Knappa/Svensen areas. TNRf involves setting and/or monitoring traps, and daily feeding of cats and maintenance of any shelters, and is a proven, science-based method that along with spay/neuter programs is the only effective and humane way of ending cat homelessness and suffering. Call 503-861-2003.

**Seaside American Legion Veterans’ Assistance & Rehabilitation** — Volunteers needed to help knit/crochet items for hospitalized vets and cut coupons for military families. Donations of fabric/yarn especially welcome. Group meets from 10 a.m. to 2 p.m. second Tuesday of the month at 1315 Broadway, Seaside. Call 503-738-5111.

**Start Making a Reader Today** — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to getsmartoregon.org

**Svensen Congregate Meal**

**Site** — Wickiup Grange Hall, 92683 Svensen Market Road. Call Debbie Dunaway at 503-791-7298 or 503-861-4202.

**Titanic Lifeboat Academy** — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

**Tri-City Spay and Neuter Thrift Store** — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

COMMUNITY NOTES

Continued from Page 1B

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. Repats Tuesday-Friday; lunch is noon on Thanksgiving. For information, call 503-861-4202.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Warrenton Caregiver Support Group** — 1:30 to 3 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support, information and resources for caregivers. Call 503-738-6412.

**Lower Columbia Hospice Bereavement Support Group** — 4:30 to 6 p.m., Columbia Memorial Hospital Community Center, Chinook Conference Room, 2021 Marine Drive. Open to age 18 or older. For information, call 503-338-6230.

**Chair Exercises for Seniors** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Help Ending Abusive Relationship Tendencies** — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members. Open group for females, those who identify as female, anyone in an abusive relationship, or who knows someone who is. For information, call Juli Hol at 503-325-3426, ext. 103.

**Cannon Beach Garden Club** — noon, Tolovana Hall, 3779 S. Hemlock St., Cannon Beach. Visitors are welcome. Call 503-436-2331 for reservations or email pam-chater@msn.com

**Sit & Stitch** — 1 to 3 p.m., Homespun Quilts & Yarn, 108 10th St. Bring knitting, crochet or other projects to this community stitching time. All skill levels welcome.

**WomenHeart of North Oregon Coast** — 6:30 p.m., Coho Room, Duncan Law Building, 2021 Marine Drive. Peer support group for women living with, or at risk of heart disease. Call 503-338-8435 or WH-NorthOregonCoast@womenheart.org

**Seaside Elks Lodge No. 1748** — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

**Maple Chapter No. 95, Order of the Eastern Star** — 7:30 p.m., Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

call 541-969-2976 or go to tinyurl.com/CCRRepublican

**FRIDAY**

**AAUW Walking Group** — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. Call 503-325-9693.

**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Astoria Rotary Club** — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests always welcome. For information, go to AstoriaRotary.org

**North Coast Chapter, ABATE of Oregon** — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. Call 503-791-7253.

**Peninsula Arts Association** — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Wash. All are welcome. For information, call 360-665-6041 or go to beachartist.org

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. Call 503-861-4202.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. Call 503-325-9693.

**Mahjong for Experienced Players** — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Beginner Line Dancing for Seniors** — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Stroke Support Group** — 3:30 to 4:30 p.m., Providence Seaside Hospital Education Center, 725 S Wahanna Road, Seaside. Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781.

**Write Astoria** — 5 to 7 p.m., Astoria Library Flag Room, 450 10th St. Free, open forum; writers read from works in progress, offer each other constructive feedback.

**THURSDAY — THANKSGIVING DAY**

**Wickiup Senior Lunches** — Lunch not served today

**Senior Lunch** — Free community Thanksgiving dinner served from noon to 2:30 p.m., Bob Chisholm Community Center 1225 Avenue A, Seaside.

**Warrenton Senior Lunch Program** — Free community Thanksgiving dinner served from noon to 3 p.m., Warrenton Community Center, 170 SW. Third St.

**Community Skate Night** — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to astoriaarmory.com

**OTHER**

**Quilting Project Needs Fabric** — Our Saviour’s Lutheran Church, Seaside. Needs polyester/cotton fabric, 1/2 yard or larger, and clean sheets (queen or king size) for group that makes quilts for those in need. For information, or to donate, call 503-738-5895.

**Blankets Needed** — Columbia Veterinary Hospital, 576 31st St. Needs blanket donations. Anything is helpful, even the stained or frayed. Donations can be dropped off during business hours (closed for lunch from noon to 1:30 p.m.) Monday through Saturday.

**Knocklers Pinochle Group** — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per session per person. Game is designed for players 55 and older, but all are welcome.

**Mahjong for Experienced Players** — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Authentic Spiritual Conversations** — 7 to 8:30 p.m., Activity Center, first floor, CMH-OHSU Knight Cancer Collaborative, 1905 Exchange St. Open dialogue about spiritual issues. All faiths, including “spiritual but not religious” welcome. For information, email info@cgifellowship.org or call 916-307-9790.

**WEDNESDAY**

**Warrenton Sunrise Rotary Club** — 7 a.m., Dooger’s Seafood

**North Coast Multiple Sclerosis Care and Share Help Group** —

**Astoria Alzheimer’s & Other Dementia Family Support Group** — 2 to 3:30 p.m., first-floor conference room, Clatsop Care Center, 646 16th St. Open to all family members of people with dementias. For information, call Rosetta Hurley at 503-325-0313, ext. 222, or email support@clatsopcare.org

Dear HEART

You can try, but you can’t quit me. Providence has made sure of that for 55 years and counting.

Staying the course, Bob

PROVIDENCE

Seaside Hospital

PROVIDENCEOREGON.ORG/DEARNORTHCOAST

**Line Dancing for Seniors** — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

**Astoria Toastmasters** — 6:30 p.m., Hotel Elliot, 357 12th St. Visitors welcome. For information, go to toastmasters.org or call Christa Svensson at 206-790-2869.

**TUESDAY**

**Stewardship Quilting Group** — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

**Do Nothing Club** — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men’s group. For information, call 360-665-2721.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. Call 503-325-9693.

**Astoria Lions Club** — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

**Astoria Kiwanis Club** — noon, El Tapatio, 229 W. Marine Drive. For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

**Astoria-Warrenton Duplicate Bridge Club** — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

**Bras2Moms Fitting** — 1 to 3 p.m., Columbia Memorial Hospital Family Birthing Center, 2111 Exchange St. Free nursing bras and/or tanks to mothers. A \$5 donation is requested, not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-338-7581.