Just call it Fresh B Cuz

Desshia Duffey opens Seaside micro-restaurant

By EVE MARX COAST WEEKEND

S earching for delicious, nutritious, gluten-free, dairy-free, no-meat food to go? Look no further than Fresh B Cuz, a spanking new micro-restaurant just opened in Seaside.

"As much as possible, our food is locally sourced," said Desshia Duffey, the proprietor. "That also helps keep the farmers in business over the winter months."

A 20-year Seaside resident and Nebraska native, Duffey is a familiar face to many as, with a partner, she was a longtime owner and operator of the coffee hut Divine Grounds. Inspired by the acai bowls she fell in love with during family vacations to Hawaii, Duffey said she was inspired to opened Fresh B Cuz because she was craving that kind of food.

"There aren't a lot of places in Seaside offering meat-free, gluten-free, dairy-free choices," Duffey said.

Fresh B Cuz occupies a tiny 9-foot-by-9-foot structure on the corner of Holladay Drive and 11th Avenue. In time, Duffey expects to be joined at the location by two other micro restaurant establishments.

Featuring smoothies, acai bowls, protein bowls, avocado toast, soup

and Sleepy Monk coffee, Fresh B Cuz is already shaping up as a popular destination for clean, healthy eating.

How did Duffey come up with the name?

"At first I was just going to call it 'Fresh,' but I couldn't get that name," Duffey said. "Then I was going to call it 'Fresh by Dessh,' because that is my name. Then I hired Amanda McKimmey to help out and she's my 'cuz," Duffey said.

Fresh B Cuz is located at 1115 N. Holladay Drive in Seaside. Hours of operation are 7 a.m. to 4 p.m., Monday through Saturday. Drive up or walk up; there are two windows. Call or text your order to 503-298-7903.



EVE MARX PHOTOS

ABOVE: Desshia Duffey and Amanda McKimmey of Fresh B Cuz. **BELOW:** Fresh B Cuz just opened at 1115 N. Holladay. Drive up or walk up for healthy meals and snacks.

