

SPORTS

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SPORTS IN BRIEF

Uncertainty about Carson will test Seahawks running depth

RENTON, Wash. — It's become clear through the first half of this season the Seattle Seahawks offense functions best when running back Chris Carson is getting the bulk of the carries.

Yet it's also becoming clear that Carson may be a spectator on Sunday when the Seahawks face the Los Angeles Rams as he deals with a hip injury that could keep him sidelined for the second time this season.

Seattle coach Pete Carroll said Wednesday that Carson would not practice and his status for Sunday's NFC West matchup was uncertain. Carson started last Sunday's 25-17 loss to the Chargers and averaged 5.0 yards per carry, but did not play the final 2½ quarters after a lingering hip issue flared up.

While there is a chance Carson could be ready by Sunday, the Seahawks (4-4) also turn around and play a Thursday night game against Green Bay next week. And playing Carson on Sunday may make him unavailable against the Packers, which could end up being a more important game for Seattle's playoff hopes.

"The soft tissue thing is kind of hanging with him a little bit," Carroll said of Carson. "This hip thing is still kind of there and we've got to wait and see how it comes out at the end of the week."

Pac-12 Freshman of the Year? Look to the Pacific Northwest

The Pacific Northwest appears to be leading the way in the Pac-12 for freshmen running backs who are having an impact.

A trio of talented backs, Oregon State's Jermar Jefferson, Oregon's CJ Verdell and Washington State's Max Borghi, are all taking on notable roles on their offenses as either true or redshirt freshmen.

Meanwhile, Arizona State seems to have cornered the market on freshman defenders. And there's USC's still-could-be-in-high-school quarterback JT Daniels.

Among the Pac-12 freshmen making a mark this season:

JERMAR JEFFERSON, Oregon State: Jefferson has rushed for 1,092 yards and 12 touchdowns this year. He's had five games with 100-plus yards rushing. But his progress was slowed a bit by injury that kept him sidelined for most of the Beavers' game against California, and USC was able to hold him to 58 yards rushing last weekend.

He ranks seventh in the nation for rushing yards, averaging 121.3 per game.

CJ VERDELL, Oregon: Verdell leads the Ducks with 690 yards rushing with five touchdowns. He's notable as the Ducks look to re-establish their running game: In the team's loss to Washington State, the Ducks rushed just 58 yards, then in the loss to Arizona they managed just 84. The team vowed to be more physical up front before last Saturday's 42-21 victory over UCLA, where they ran for 200.

"We made a decision," coach Mario Cristobal said. "The guys, we talked about it and it was about enough is enough; we are going to put our foot on the ground and we are going to recommit ourselves to being the physical team that we started the season as."

— Associated Press

HOMETOWN REPORT



Seattle Pacific

Ex-Astoria athlete Kaylee Mitchell (289) helped her team to a third-place finish in a conference meet last weekend.

Mitchell takes third in championship meet

By GARY HENLEY
The Daily Astorian

MONMOUTH — Former Astoria High School athlete Kaylee Mitchell finished third individually, helping the Seattle Pacific women's cross-country team to a third-place finish at the Great Northwest Athletic Conference championships, held Saturday at Western Oregon University.

The 13th-ranked Falcons finished with 64 points in the 6-kilometer race that featured four nationally ranked teams, Seattle Pacific among them.

The 64 points was Seattle Pacific's best GNAC total since 2009. Alaska Anchorage, ranked No. 10 nationally, won with 49, ahead of No. 8 Simon Fraser (60) and Seattle Pacific (64).

In her freshman year at SPU, Mitchell went out hard with the leaders in Saturday's race. Anchorage's Emmanuelah Chelimo and Central Washington's Alexa Shindruk eventually opened up some space, with Chelimo winning the 6K race in 21 minutes, 15.5 seconds, followed by Shindruk (21:25.5) and Mitchell (21:35.2).

"There was a girl in third (Anchorage's Nancy Jeptoo), and Chris (Reed, SPU coach) told me, 'Kaylee, go catch her right now, and you'll thank yourself later,'" said Mitchell, who earned the GNAC Freshman of the Year award by being the first freshman across the line. "I caught up and I did thank myself later."

Mitchell was a three-sport star at Astoria High before transferring to Sprague High School in Salem.

She and her teammates will run again in the NCAA West Region championships Nov. 17 in Billings, Montana.

Hunt helps lead Geoducks to playoffs

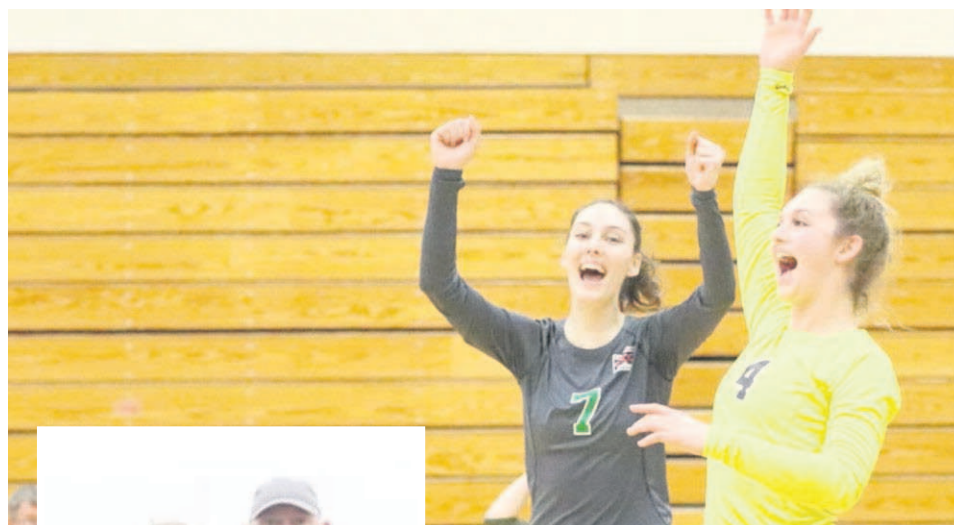
Another ex-Astoria Fisherman helped the Evergreen State College volleyball team to an historic finish, as junior Chloe Hunt played a key role in leading the Geoducks to their first postseason conference appearance in 15 years.

Evergreen saw its season come to an end Tuesday night in the quarterfinal round of the Cascade Collegiate Conference tournament, as No. 16-ranked College of Idaho defeated the Geoducks, 25-15, 25-20, 25-22. A middle blocker for Evergreen, Hunt had seven hills in the loss.

Area athletes competing in fall sports at the collegiate or professional levels:

Astoria

Trevor Byrd, Fr., SW Oregon soccer



Evergreen State College

Astoria's Chloe Hunt (7) celebrates a point in a recent Geoduck match.



Seattle Pacific

Kaylee Mitchell receives the meet's Freshman of the Year award from GNAC commissioner Dave Haglund.

Chloe Hunt, Jr., Evergreen volleyball
Madi Landwehr, Fr., Clackamas CC volleyball
Lexis Law, Fr., Multnomah soccer
Keldon Littell, RS-Fr., Oregon State football
Kaylee Mitchell, Fr., Seattle Pacific cross country
Jeremy Poyer, Jr., Dickinson (ND) State football
Jordan Poyer, Buffalo Bills

Seaside

Lizzy Barnes, So., Guilford soccer
Sam Hinton, Sr., Willamette golf
Jackson Kunde, Fr., SW Oregon golf

Warrenton

Michelle Arney, Fr., Mt. Hood volleyball

Ilwaco

Eliza Bannister, Fr., Saint Martin's cross-country
Kenneth Sheldon, Sr., Willamette golf

Banks

Grace Buchanan, Mt. Hood volleyball

Megan Bunn, Eastern Oregon volleyball
Kimberly Jordan, Clackamas CC soccer
Twister McComas, Western Oregon football
Ellie Nieland, Centralia soccer
Samantha Pestner, Lower Columbia soccer
Mary Schorn, Clark volleyball
Trevor Thiessen, George Fox football

Gaston

Zach Kress, Linfield football
Caedan Martin, Linfield football

Nestucca

Tea Chatelain, Northwest Christian cross-country

Rainier

Dawson Carr, Portland State football
Breana Edwards, U. Indiana volleyball

Johnathan Guisinger, George Fox cross-country
Scappoose (former Cowapa League athletes)

Derek Anderson, Buffalo Bills
Alyssa Bakkensen, Linfield soccer

Dan Carrier, Northwest Christian cross-country
Lucy Davidson, U. Portland soccer

Tevin Jeannis, Oregon football
Eleanor Jones, Western Oregon soccer

James Jones, Eastern Oregon football
John Kavulich, U. Portland cross-country

Linnaea Kavulich, Portland State cross-country
David Mayo, Carolina Panthers

Emily Muth, Linfield soccer
Natalie Muth, U. Portland soccer

Jerad Toman, Portland State football

Tillamook

Phoebe Brown, Portland State cross-country
Andrew Jenck, U. Portland cross-country

Zachary Macias, Pacific football
Seth Martin, Clackamas CC cross-country

Kaler Moore, Eastern Oregon football
Kara Putman, Pacific cross-country

Jordan Zweifel, Pacific volleyball

Valley Catholic

Regan Dean, Linfield volleyball
Taylor Menkens, Seattle Pacific soccer

Jakob Pruitt, Western Oregon football
Ben Robbins, Southern Oregon football

Theresa Shew, U. Portland rowing
Maddie Vinson, Oregon State rowing

SCOREBOARD

PREP SPORTS SCHEDULE
FRIDAY

Football — OSAA 4A quarterfinal: Estacada at Seaside, 7 p.m.; WIAA 1B district playoff: Taholah at Naselle, 7 p.m.

SOCCER
State playoff results
4A girls semifinals

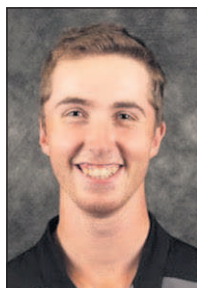
Hidden Valley 1, Marist Catholic 0
Valley Catholic 4, La Grande 2

4A boys semifinals

North Marion 1, Phoenix 0
Woodburn 6, Madras 0



Lizzy Barnes,
Guilford soccer



Sam Hinton
Willamette golf



Jackson Kunde,
Southwestern
Oregon golf



Lexis Law,
Multnomah
soccer



Keldon Littell,
Oregon State
football



Jeremy Poyer,
Dickinson State
football



Kenneth Sheldon,
Willamette golf