

COMMUNITY NOTES

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Center, 1111 Exchange St. For information, call 503-325-3231.

Scandinavian Workshop — 10 a.m., First Lutheran Church, 725 33rd St. Needlework and quilting. All are welcome. For information, call 503-325-1364 or 503-325-7960.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. Call 503-861-4202. Monday-Friday.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. Cost is \$6. Call 503-325-9693. Monday-Friday.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors

and \$7 for younger than 60. Call 503-861-3502. Repeats Thursday.

Astoria Rotary Club — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests welcome. AstoriaRotary.org

Knochlers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per session per person. Game is designed for players 55 and older, but all ages are welcome.

Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. Call 503-325-3231. Repeats Wednesday.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. Call 503-325-3231.

Astoria Toastmasters — 6:30 p.m., Hotel Elliot, 357 12th St. Visitors welcome. Toastmasters.org or call 206-790-2869.

TUESDAY Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. Call Jack McBride at 360-665-2721.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. Call 503-325-0590.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a partner, call 503-325-0029. Repeats Thursday.

WEDNESDAY Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, 103 S. U.S. Highway 101, Warrenton. Call 503-325-4030.

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. Call 503-325-3231. Repeats Thursday.

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HCall Juli Hol at 503-325-3426, ext. 103.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for older than 60 (\$3 suggested donation), \$6.75 for younger than 60. Call 503-861-4202. Repeats Thursday.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Sit & Stitch — 1 to 3 p.m., Homespun Quilts & Yarn, 108 10th St. Bring projects to this community stitching time. All skill levels welcome.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

THURSDAY North Coast Republican Women — 11:30 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane, Warrenton. Call 503-738-8695

Seaside Rotary Club — noon, Outlet Mall, 1111 N. Roosevelt Drive, No. 206, Seaside. Lunch costs \$15. All are welcome. For information, go to seasiderotary.com

Survivors Circle — noon to 1 p.m., The Harbor, 1361 Duane St. Group for survivors of sexual assault. Call 503-325-3426 ext. 106.

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

Lower Columbia Danish So-

ciety — 7 p.m., First Lutheran Church, 725 33rd St. Group hosts its annual St. Martin's Day Danish Bingo, with a chance to win prizes. Snacks are provided. The public is welcome. Being or speaking Danish not required; only need an interest in Danish heritage and traditions. Call 503-325-2612.

FRIDAY AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly group walk, followed by coffee. Call 503-738-7751.

Ostomy Support Group — noon to 1 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, 2265 Exchange St. Call 503-338-4523.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals for \$3; roller blades available. Call 503-791-6064 or go to astoriaarmory.com



Table with columns for time slots (6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30, 11 PM, 11:30) and rows for various TV channels (KATU, KOMO, KING, KOIN, KIRO, KGW, KRCW, KOPB, KPVT, KPXD, KCQP, TBS, KZJO, ESPN, ESPN2, NICK, DISN, FAM, FMC, LIFE, ROOT, FS1, SPIKE, AMC, HD, HGTV, CNN, FNC, CNBC, BRAV, TCM, SYFY, RFD).

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