



Columbia Memorial Hospital

Pictured, from left, Linda Jones, Laura Parvi and Dr. Jennifer Lycette were honored at the Columbia Memorial Hospital Foundation's 2018 Celebration of Giving for their contributions to the hospital and to the community.

Hospital foundation hosts tribute to giving

The Daily Astorian

On Oct. 11, at the Columbia Memorial Hospital Foundation's annual Celebration of Giving, Knight Cancer Collaborative Director Chris Laman reported that the new center has saved people with cancer 3,700 trips out of the area to receive radiation therapy in its first year.

The evening culminated with the presentation of three awards that honor extraordinary leadership that embodies the spirit of philanthropy, both at the hospital and in the community.

Laman presented Dr. Jennifer Lycette, medical director of CMH's medical oncology clinic, with the Caduceus Award, which recognizes a physician or provider who has gone above and beyond to advance philanthropy at CMH and in the community.

Both Laman and CMH CEO Erik Thorsen credited her for inspiring the creation of the Cancer Collaborative.

Bill Garvin, chairman of the foundation, presented the Terry Award to Linda Jones.

This award recognizes a volunteer leader who has gone above

and beyond to advance philanthropy at the hospital and in the community.

The President's Award recognizes a hospital employee. The 2018 recipient was nurse Laura Parvi. She was recognized for her tireless work with the Clatsop County Relay for Life.

Penny Cowden, executive director of CMH Foundation said, "People who donate their time, treasure and talent make great things possible now and for future generations. It's a privilege to be able to take an evening to just say, 'Thanks.'"

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information, Oregon Area Al-Anon website. oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not required. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWOANA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to nworegonna.org

Overeaters Anonymous — 1 p.m. Sunday, Suzanne Elise Assisted Living Community library, 101 Forest Drive, Seaside. Call 503-738-0307 for information.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For

information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Glennys Sherman at 503-338-8214.

Pacific Power donates funds to further 13th Street Alley project

The Daily Astorian

The Pacific Power Foundation awarded a grant of \$2,000 to the Astoria Downtown Historic District Association for its 13th Street Alley Activation project.

The alley connects Duane and Commercial streets; the project, estimated to cost approximately \$12,500, is now almost 50 percent funded.

ADHDA Executive Director Sarah Lu Heath, who has helped lead the effort to pursue a permanent lighting and art installation

for the alley, said the first phase of the lantern installation will be created over the next several weeks.

A request for proposals from regional artists will be issued this winter if funding is completed.

An additional \$6,000 is needed to fully fund the 13th Street Alley project. Contributions may be made online at astoriadowntown.com, mailed to ADHDA, P.O. Box 261, Astoria, OR 97103, or delivered to Old Town Framing, 1287 Commercial St.

For questions, email Heath at sarah@astoriadowntown.com.

GED classes offered at CCC

The Daily Astorian

General Educational Development (GED) orientation takes place from 10 a.m. to 1 p.m. Oct. 26 in Room 114, Columbia Hall, Clatsop Community College, 1651 Lexington Ave.

Those who are younger than 18 should bring a parent or guardian.

GED classes are free, and take place at various times and locations throughout the week. For information, call Vanessa Garner at 503-338-2347.

Artisan market set for Saturday and Sunday in Seaside

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SEASIDE — The second annual Harvest Moon Artisan Market takes place from 10 a.m. to 6 p.m. Saturday, and 10 a.m. to 3 p.m. Sunday, in the gymnasium at Broadway Middle School, 1120 Broadway in

Seaside. Most of the vendors are from the Astoria Sunday Market.

This market benefits arts enrichment at Seaside High School. Last year's event helped send a group of students to the Cowboy Poetry Gathering in Elko, Nevada.

Safe learning environments discussion set for Sunday

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The Lower Columbia Diversity Coalition and the Lower Columbia Q Center are co-hosting a discussion, "Safe Learning Environments," about bullying and discrimination, from 1 to 4 p.m. Sunday in Room 219, Columbia Hall, Clatsop Community College,

1651 Lexington Ave. All are welcome.

Facilitating the discussion is CCC Board member and Diversity Coalition/Q Center Board member Tessa Scheller, and Diversity Coalition member and college student Andy Marshall.

Refreshments will be provided. Parking is available behind the building.

Four Shillings Short performs at PAC



Four Shillings Short

Four Shillings Short presents a Samhain/Halloween Concert, from 7 to 9 p.m. Thursday at the Clatsop Community College Performing Arts Center, 588 16th St. Pictured, the members of Four Shillings Short, Christy Martin and Aodh Og O'Tuama, a married couple who play traditional and original music from the Celtic lands, medieval and Renaissance Europe, India and the Americas on an array of instruments. Tickets cost \$15 for general admission, \$10 for seniors and students, and free admission for those younger than 13. For information, call 503-338-2369.



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