

SPORTS

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Athletes of the Week



FERNANDA ALVAREZ
 Warrenton

Warrenton Warrior volleyball

The senior middle blocker has helped the Warriors back into the league title race, with wins last week over Clatskanie and Willamina. Against the Tigers, she had seven of Warrenton's 26 ace serves. She was also 14-for-14 hitting, with five kills. In the Warriors' win over first-place Willamina, she was 36-for-40 on attacks with 17 kills. She was also 17-for-17 passing with nine digs and nine blocks, and seven block kills.



JACOB MORROW
 Warrenton

Gary Henley/The Daily Astorian

After a two-week layoff, the junior quarterback led the Warriors back into the win column in a 42-18 victory over Vernonia. Morrow rushed for 299 yards and four touchdowns on just 18 carries (16.6 yards per run). He had the first four scores for the Warriors, who led 35-6 at halftime. He had touchdown runs of 55, 27, 15 and nine yards for a 28-0 lead. He had 179 yards rushing and 96 yards passing in the first half.

Lillard and McCollum look to erase last season's playoff exit

By ANNE M. PETERSON
 Associated Press



AP Photo/Scott Threlkeld

Portland Trail Blazers guard Damian Lillard, left, restrains guard CJ McCollum during Game 4 of last year's first-round playoff series against the New Orleans Pelicans.

PORTLAND — There's a big difference between comfort and complacency for Damian Lillard.

Yes, the Portland Trail Blazers return all five starters from a team that finished third in the Western Conference. So there's a level of ease among the players.

But their season went sideways in the first round of the playoffs, when Portland was swept by New Orleans. Lillard said the Blazers have to guard against allowing that to happen again.

"I don't see how we could be complacent about anything," he said. "I think it's a level of comfort with each other we've you know been teammates for a few years now we know each other pretty well so I think there is comfort. But I don't think we're in a position to be complacent."

And certainly this is true in the loaded West, with the defending champion Warriors, talented Rockets, as the LeBron James-led Los Angeles Lakers.

The Blazers went 49-33 last season and secured the third seed in the conference, earning a trip to the playoffs for

the fifth straight season. Portland was boosted by a 13-game winning streak that started with a victory over Golden State just before the All-Star break.

But the stumble against the Pelicans in the playoffs was unexpected, and still clearly stings Lillard.

"Just going out like that," he said. "I think we were riding high — we had a great season, we got home court for the first time since I've been here. I think everybody had great expectations you know

for the postseason, and they just fell apart."

The Blazers made few changes during the offseason. Ed Davis, the team's spark of the bench, went to the Brooklyn, while guard Shabazz Napier, who spelled Lillard, also went to the Nets.

Portland added Seth Curry, Steph's younger brother, who didn't play last season because of a leg injury but averaged 12.8 points and 2.7 assists in 70 games with the Dallas Mavericks the year before.

Oregon women picked to repeat as Pac-12 champions

Associated Press

SAN FRANCISCO — Kelly Graves began his afternoon address at Pac-12 media day describing the expectations for his talented, favored Oregon team for the "2019 and '20" season ahead.

The good-natured coach could only chuckle once he

was politely corrected that it's 2018-19 then recovered beautifully, noting the following year should be just as special given that two of the Ducks' biggest stars — Sabrina Ionescu and Ruthy Hebard — are juniors.

"That might work out, too," he quipped Wednesday.

Yes, this upstart program has big plans for years to come.

The Ducks have been picked to repeat as Pac-12 women's basketball champions. Last season, Oregon made the regional final of the NCAA Tournament after winning the conference regular-season and tournament titles. But this is the first time in program history that conference coaches have picked Oregon to come out on top.

SCOREBOARD

PREP SPORTS SCHEDULE

TODAY
Volleyball — Tillamook at Astoria, 6:45 p.m.; Warrenton at Nestucca, 6 p.m.; Knappa at Vernonia, 6:30 p.m.; Crosshill Christian at Jewell, 6 p.m.
Girls soccer — Banks at Astoria, 6 p.m.; Valley Catholic at Seaside, 7:15 p.m.
Boys soccer — Astoria at Banks, 4:15 p.m.; Seaside at Valley Catholic, 7:15 p.m.
FRIDAY
Football — Astoria at Molalla, 7 p.m.; Banks at Seaside, 7 p.m.; Knappa at Gaston, 7 p.m.; Warrenton at Neah-Kah-Nie, 7 p.m.; Jewell at Gilchrist, 1 p.m.
SATURDAY
Volleyball — Astoria at Marshfield tournament, TBA; Seaside tournament, 7 a.m.; Knappa at City Christian, 2:30 p.m.

RANKINGS

4A Football coaches poll
 First-place votes in parentheses
1. Seaside (12) 127
 2. Banks 109
 3. Marshfield (1) 105
 4. Mazama 90
 5. Gladstone 85
 6. Estacada 47
 7. Newport 44
 8. Marist Catholic 40
 9. La Grande 26
 10. Sweet Home 16

2A Football coaches poll
 First place votes in parentheses
 1. Monroe (6) 152
 2. Santiam (11) 149

3. Neah-Kah-Nie	125
4. Sheridan	109
5. Knappa	92
6. Coquille	55
7. Jefferson	49
8. Heppner	46
9. Kennedy	36
10. Glide	31
10. Colton	31

STANDINGS

Football		
Cowapa 4A League		
League	Overall	
Seaside	3-0	6-0
Banks	3-0	5-1
Astoria	1-2	2-4
Molalla	1-2	2-4
Tillamook	1-2	3-3
Valley Catholic	0-3	2-4

Northwest 2A League		
Neah-Kah-Nie	4-0	5-1
Knappa	2-1	5-1
Nestucca	2-1	3-2
Warrenton	2-1	3-2
Gaston	1-2	2-4
Vernonia	1-3	1-5
Portland Chr.	0-4	2-4

Pacific 2B Coastal		
Ilwaco	4-0	5-1
Willapa Valley	3-0	4-2
Raymond	3-1	3-3
Ocosta	2-1	4-1
North Beach	0-3	0-5
Chief Leschi	0-4	0-6
South Bend	0-4	1-5

Northwest 1B North		
Naselle	3-0	3-0
Neah Bay	3-1	3-3
Lummi Nation	1-2	3-2
Darrington	0-3	2-4

Volleyball		
Cowapa 4A League		
League	Overall	
Valley Catholic	5-0	12-3
Tillamook	3-2	12-6
Banks	3-3	10-9
Astoria	2-4	9-8
Seaside	1-5	10-11

Coastal Range 3A League		
Willamina	5-1	7-10
Warrenton	5-2	9-3
Rainier	4-2	5-10
Taft	1-5	2-14
Clatskanie	1-6	1-11

Northwest 2A League		
Portland Chr.	10-0	15-3
Vernonia	9-1	19-4
Gaston	8-1	15-5
Nestucca	7-3	12-7
Knappa	5-5	8-9
Faith Bible	2-7	3-11
Columbia Chr.	2-8	4-13
Neah-Kah-Nie	1-9	2-12
City Christian	0-10	0-15

Boys Soccer		
Cowapa League		
League	Overall	
Seaside	5-0	8-3
Valley Catholic	3-1	7-3
Tillamook	3-2	7-4
Astoria	1-4	3-7
Banks	0-5	1-9

Girls Soccer		
Cowapa League		
Valley Catholic	4-0	6-2-2
Banks	4-1	7-1-2
Astoria	2-3	4-5-2
Tillamook	1-4	5-6
Seaside	1-4	3-7-1

2018-19 | 29TH SEASON

COLUMBIAFORUM

October 16, 2018 • 6 p.m.

Who You Going to Trust?

In an era of turmoil in both national politics and journalism, citizens from coast to coast doubt what they read and hear in the news. Restoring trust in the media is job one for journalists, but it also requires the support of citizens who prize truth and fairness.

Les Zaitz
 Editor and Publisher of the Malheur Enterprise and Salem Reporter

Editor and publisher of the weekly Malheur Enterprise newspaper, based in Vale, Oregon, Les Zaitz is a two-time Pulitzer finalist and Oregon native. He has won state, regional and national journalism awards for 40 years and is a five-time solo winner of Oregon's Bruce Baer Award, the state's top award for investigative reporting.

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COLUMBIAFORUM 2018-19
 Next: What just happened? The November 6, 2018 General Election: Nov. 13

For reservations, to become a member or be added to contact list:
 Contact Holly Larkins
 at 503-325-3211x227
 or forum@dailyastorian.com

Forum to be held at (new location):
 Chef Chris Holen's NEKST EVENT
 Next to Baked Alaska
 at the foot of 12th St.
 Use back-in parking

To Attend:
 Members: Dinner & Lecture \$25 each; Lecture only free.
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 Appetizers available at 6pm. Dinner will be served at 6:30pm. Lecture will begin after dinner.

RSVP by October 12