

Registration is open now for ENCORE’s variety of fall classes

The Daily Astorian

Exploring New Concepts of Retirement Education’s (ENCORE) fall quarter is from Monday through Nov. 16. A variety of classes is being offered, with a special emphasis on the Forestry Issues in Oregon class, which includes a three-day field trip to Shore Acres State Park near Coos Bay, and visits to local

wood processing operations. A closely related theme looks at Common Birds of Clatsop County. Stretch Yoga for seniors emphasizes the body, whereas the mind is stimulated with a book discussion of “The Putin Interviews.” Eric Anderson’s Writing Exchange provides for creative writing and immediate critique. Another class, Literary

Sharing, is offered in Seaside. Aquanastics is offered twice a week, and Senior Stitchery only once per week. The ever-popular Science Exchange is again offered on Wednesday mornings. Nonmembers of ENCORE may make two class sessions without joining. For class descriptions, specific dates and times, go to ENCORElearn.org or call Leah Olson at 503-338-2408.

VOLUNTEERS

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Knappa Rural Fire Protection District — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olheiser at 503-458-6610.

Long-Term Care Ombudsman — Certified ombudsman volunteers advocate for the rights, care and dignity of the elderly and disabled living in licensed long-term care facilities. Many residents have no one to watch out or speak up for when things go wrong. Volunteer Ombudsmen talk to the residents, investigate complaints, and work to resolve problems. Flexible schedule, four hours a week, mileage reimbursement available. Training is provided. For information, call 800-522-2602 or go to oregon.gov/lcso

Lunch Buddy Mentoring Program — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call (219) 331-6427 or go to bit.ly/2u3KpWe

NorthWest Senior & Disability Services — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

Providence Seaside Hospital — Needs volunteer drivers for Community Connections, a free program that transports people to services and appointments related to health and well-being in the Portland-Metro area. Mileage reimbursement available. For information, call 503-717-7171 or email Alana.Kujala@providence.org

Providence Seaside Hospital — Needs volunteers who enjoy meeting, interacting with

and helping people. Opportunities are available in the hospital gift shop, café, and as greeters and for spiritual integration. For information, call 503-717-7171 or email Alana.Kujala@providence.org

River Song Foundation — Looking for people to assist with Trap/Neuter/Release/Feed (TNRF), especially in the Seaside and Knappa/Svensen areas. TNRF involves setting and/or monitoring traps, and daily feeding of cats and maintenance of any shelters, and is a proven, science-based method that along with spay/neuter programs is the only effective and humane way of ending cat homelessness and suffering. Call 503-861-2003 for information and to volunteer.

Seaside American Legion Veterans’ Assistance & Rehabilitation — Volunteers needed to help knit or crochet items for hospitalized veterans and cut coupons for military families. Donations of fabric and yarn are especially welcome. The group meets from 10 a.m. to 2 p.m. second Tuesday of the month at 1315 Broadway, Seaside. For information, call 503-738-5111 and leave a message for Marilyn Faulkner.

Seaside Downtown Development Association — Volunteers needed to help with local events happening throughout the year. For details or more information, call Sarah Dailey at 503-717-1914 or email director@seasidedowntown.com

Seaside Museum and Historical Society — Volunteers needed to help as docents, maintaining and creating exhibits, and various events throughout the year. Small and large projects available. Any amount of time will be greatly appreciated. Call the museum at 503-738-7065 or email seasidemuseum@hotmail.com

Start Making a Reader Today — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to getsmartoregon.org

Svensen Congregate Meal Site — Wicki-up Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-7298 or 503-861-4202.

Titanic Lifeboat Academy — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

Tri-City Spay and Neuter Thrift Store — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

U.S. Coast Guard Auxiliary — Uniformed civilian volunteer branch provides boating education courses, vessel inspections to public; offers chance to learn new skills and qualifications. No former military or boating experience needed. Meetings 7 p.m. first Wednesday of the month. For information, call Della Wilson at 360-244-7062 or email at wilsontekart@gmail.com

Warrenton Senior Lunch Program — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays or Thursdays. For information, contact Barb Balensifer at 503-861-1341.

Wildlife Rehab Center of the North Coast — Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call 503-338-0331 or go to coastwildlife.org

WEDDING

Kahn — Forrester



Harrison and Lisa Forrester

Lisa Kahn, daughter of Robert and Cindy Kahn of Santa Fe, New Mexico, exchanged wedding vows with Harrison Forrester, son of Steve Forrester and Brenda Penner of Astoria, on Saturday, Sept. 15, 2018, in a meadow at Benton Hot Springs, California, near Yosemite National Park, where the couple works. The bride is a graduate of Colorado College. She is a backcountry ranger at Yosemite. The groom is a graduate of Astoria High School and Humboldt State University. He earned a master’s degree from the University of Nevada

in Reno. He is a hydrologist at Yosemite and a director of the EO Media Group. The couple’s honeymoon was a four-day backpacking trip over Harrison and Forrester passes in the southern Sierra Mountains.

SELF-HELP GROUPS

Al-Anon Family Groups information, Oregon Area Al-Anon website. oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not required. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Men’s Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance ([\[alliance.org\]\(http://alliance.org\)\) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.](http://purelifeal-</p></div><div data-bbox=)

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous holds meetings in Clatsop County. For schedules, as well as upcoming events, call 503-717-3702, or go to nworegonna.org

Overeaters Anonymous — 1 p.m. Sunday, Suzanne Elise Assisted Living Community library, 101 Forest Drive, Seaside. Call 503-738-0307 for information.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call 503-861-2918 or 503-338-8214.





TICKETS \$28

GENERAL ADMISSION

SATURDAY, OCTOBER 13TH 2018

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