Lots of experience on the field for Seaside

By GARY HENLEY The Daily Astorian

struggling program looks for positives wherever it can find them — and there weren't many for the Seaside girls soccer team in 2017.

Over their first six games last year, the Lady Gulls were 0-6 and had been outscored

Still, Seaside managed to find a positive with a strong finish, as the Gulls had just one loss over the final four games, with three ties.

In addition, they had four players on the all-league team, and three of those four return.

That has the Seaside girls soccer team thinking positive as the Gulls enter a new season, the third under head coach Josh Garhofer.

THE COWAPA

The defending league champion is gone, but the defending state champion is still there, as the "Conference of Champions" gears up for another season.

Scappoose — which was 10-0 in league games last year — has moved to the Class 5A level, leaving the Cowapa with just five teams.

Valley Catholic finished second in the league standings last season, but got hot in the playoffs and won the state title, defeating Hidden Valley 1-0 in the championship game, giving the Valiants their third title in the last five years.

Valley Catholic had seven players on the all-league team, including five juniors.

"Valley has a new coach (Kibwe Cuffie), but they always have a solid program,' Garhofer said. "I have this theory, where I don't like one program holding everyone back. But we've really had some tough opponents the last few years in the Cowapa League."

Banks finished 4-6-3 overall last year — below par for the Braves — but Garhofer said, "Banks is back, and Tillamook's been putting a lot of summer work in ... it's really interesting right now, because everything is up in the air."

THE LADY GULLS

No one was happier than Garhofer when the Gulls showed up at preseason practices with one of the largest turnouts in years.

"This is the biggest turnout I've ever been a part of," Garhofer said. "Our freshman class is our biggest, which is the first time we've ever had that."

Seaside only lost three seniors off last year's team, but all three (Bryre Babbitt, Corrie Falleur, Sonoma Moon) were significant.

"Each one played defense," Garhofer said. "But we have



Gary Henley/The Daily Astorian

Chloe Bartel enters her fourth varsity season.

SEASIDE GIRLS SOCCER

Coach: Josh Garhofer, 3rd year

2017: 1-9-3 (1-6-3 league) All-league loss: Bryre

All-league returners: Jessica Angulo-Joli, Sr., Chloe Bartel, Sr., Corrie Falleur, So.

a lot of young girls coming up with a lot of experience there. So as much as I miss the seniors, at least these girls will

take some of the pressure off." The Gulls have a whopping nine seniors on this year's roster.

Among those, "we have Chloe Bartel, Audrey Kunde, Katie Zagata and Maddy Brown — four seniors who have been varsity for all four vears," Garhofer said. "When they go, it will be a huge blow to the program. They know a lot about ball movement and they understand the game. They communicate well — it sounds like they're teachers out there."

Seaside's starting goalkeeper also did not return, but "we have a lot of players in training, and they're getting a crash course in keeping," Garhofer said. "Taylor Carson (senior) has a lot of JV keeping experience, so she might be there. She's really athletic and strong.

'We also have some others, including Jihre Lopez (freshman) and Annaka Garhofer (coach Garhofer's younger sister), who will be a senior. It's also nice that we have Jessica Angulo-Joli (senior). She had to play keeper the last half of last season, when we lost our keeper to a concussion. Having her up top full-time now will be a huge relief."

There's also some youthful talent on the way.

"We have a young freshman defender, Suzy Velasquez, and she looks real strong and aggressive right out of the gate. It's really something when a freshman can come out looking that good."

Whether the Gulls can add numbers to the win column, only time will tell.

"It's really up to these girls," said the coach. "They have the tools now, they have the group, and there's a lot of young, athletic people coming up. It's just how bad they want it. I just want to see that aggression, that 'no fear' attitude.'

Assisting Garhofer will be a supporting cast that includes Matt Johnson, Dave Rouse, Peter Shepherd and Andrew Walker.

Lofty goals for Seaside boys soccer

By GARY HENLEY The Daily Astorian

he 2018 Seaside boys soccer program is on a mission: The Gulls are out to get what they didn't get last year.

Ranked No. 1 for much of the season, the Gulls lost in the Class 4A state quarterfinals a year ago, a 2-1 heartbreaker to Newport, which scored a late goal to escape Broadway Field on its way to a state championship.

Had they beaten Newport, the Gulls would have had the home field advantage in the semifinals.

Seaside lost a few seniors here and there, but for the most part, the Gulls are back and stronger than before.

Clatsop County has never produced a high school soccer state championship team. The 2018 Gulls — who were ranked No. 1 to end last season — are hoping to be the

THE COWAPA

It was no contest last year. The Gulls and their 9-0-1 league record finished well ahead of second-place Valley Catholic (6-2-2), while Astoria (the team that managed a 2-2 tie against the Gulls) finished 5-3-2.

It may be even less of a contest this year. The Gulls have had problems in the past with Scappoose, but the Indians are no longer there, having moved to the 5A level.

"If we don't win (the league title) clearly, I've got a problem," Chapman said. "I think we'll be fine."

In fact, Chapman is more worried about the Oregon

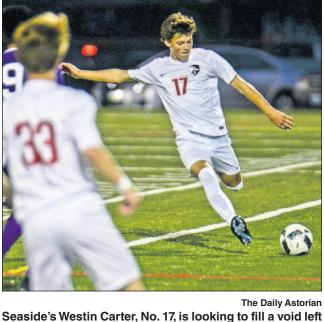
West Conference. Woodburn drops down to 4A after winning the last two state titles at the 5A level, and five championships since 2010. Also in the Oregon West is defending 4A champion Newport, which features two-time all-state goalkeeper Luis Reves.

"Any of the teams playing in that league with Woodburn, their league season is almost like a playoff tournament, with how good they are," he said. "They will have challenging games week in and week out.

"And if we make it into the playoffs — which I anticipate we will — if we meet any of those teams, they're going to be firing on all cylinders."

Originally, the Gulls had Stayton and Woodburn on their preseason schedule. But the Oregon West ended up with seven schools, which added games to their league season. As a result, Woodburn and Stayton had to cancel their nonleague games with Seaside.

By contrast, teams in the



by his older brother Colton, the Cowapa League's Player of the Year in 2015, '16 and '17.

SEASIDE BOYS SOCCER

Coach: John Chapman, 6th year

2017: 13-2-1 (9-0-1 league)

Playoffs: Defeated Philomath (1-0) in first round, lost to Newport (1-2) in state quarterfinals.

All-league losses: Colton Carter (MVP), Ashton Boyd, Henry Chapman, Rafi Sibony.

All-league returners: Westin Carter, So., Parker Conrad, Sr., Chase Januik, Sr., Irving Contreras, Sr.

Cowapa League may take a hit in the RPI rankings, with Scappoose no longer there.

The Fishermen, Valiants and Gulls were the only three teams that had winning records in the Cowapa League last year, and the only three to finish ranked in the

It all adds up to another league title this year for Seaside, which should have no problem in repeating as the Cowapa champions.

THE GULLS

For the first time since 2014, the Cowapa League will have a Player of the Year other than Seaside's Colton Carter, who was league MVP in 2015, '16 and '17.

The likely candidate would be Carter's younger brother, Seaside sophomore Westin Carter, who was a first-team all-league defender last year.

However, "Westin is out injured at the moment," Chapman said. "If he had been playing against Newport, I think we would have put that one away. But he strained his hip playing against Roosevelt in the summer, and will be out a couple weeks."

Even with Carter not in the lineup, the Gulls should be strong on both ends of the field, and Chapman isn't worried.

'We have a good team," he said, following Seaside's opener Tuesday against Newport. "Natanael Conrad (junior) had a great game. Samson Sibony (senior) had an unbelievable night in goal for his first game. He's earning that spot. He's got good field knowledge.

"And the defensive backs did a great job — didn't let a shot get in," he said. "With Parker Conrad (senior) on the back line, Irving Contreras (senior), Chase Januik (senior) and Bryce DeWinter (senior), we're strong there.

"Josue Sanchez has stepped up as a junior, Natanael has stepped in to take one of those spots on the back line, and Luke Verley, an incoming freshman, has taken over for Henry (Chapman). He's not as quick, but definitely has some talent on the ball. Stephan Snyder (sophomore) is another who has stepped up. "We're pretty loaded up

front, for a change," Chap-"We just have to man said. learn to finish now." A large turnout should

ensure further winning in the years to come.

'We're just under 40 players," Chapman said. "We have a very solid underclassmen and JV team, with a lot of freshmen and sophomores."

Prediction: A league championship is pretty much a given. Seaside is hoping to challenge Woodburn for a 4A state title.

"They've been in the (5A) final seven of the last 10 years," Chapman said. "They lost two guys last year, so they'll be big-time favorites. We'll see. We'll take 'em on. We're ready for it."

Gary Henley/The Daily Astorian Senior Ana Rojas was the top finisher for the Seaside girls in last year's Cowapa League championship meet.

Seaside runners hope to lead Gulls back to glory

The Daily Astorian

Seaside cross country endured a rare "rebuilding year" in 2017, under first-year coach Frank Januik.

The Seaside boys, fresh off a state championship in 2015 and a runner-up state finish in '16, ended up fourth in the Cowapa League meet last year, while the Seaside girls did not have enough runners to qualify for team scoring.

The good news — the Seaside boys only lost one senior, while the Lady Gulls have some experienced runners who could chase down top 10 finishes in the league meet.

Seaside's big loss to graduation was Rafi Sibony, who took third in the league meet as a senior last year.

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That leaves three runners with varsity league meet experience on the Seaside roster (as of Aug. 29): seniors Mathew Carpenter and Sam Henderson, and sophomore Cameron Lippert.

Leading the Lady Gulls are a trio of senior returners, including Ana Rojas, Hayley Rollins and Katie Zagata.

Rojas placed 26th in last

year's league meet. Other runners

adding depth to the Seaside lineup include junior Jacie Gregory, sophomore Brooke Blakenhorn, and freshmen Grace Landaker, Kimmberly Rodriguez and Elise Seppa for the Running for the Seaside

boys will be juniors Nick Mace and Luis Moreno, and sophomores Sean Barnett, Henry Garvin, Jude Gomez, Francisco Rojas and Hayden Spratt.

The Seaside roster will be subject to change as the Gulls approach their season opener, today in Hillsboro at the Bill Chapman Invitational. Seaside also runs Sept. 8 in the Jewell "Elk Run" at Teevin Ranch.



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