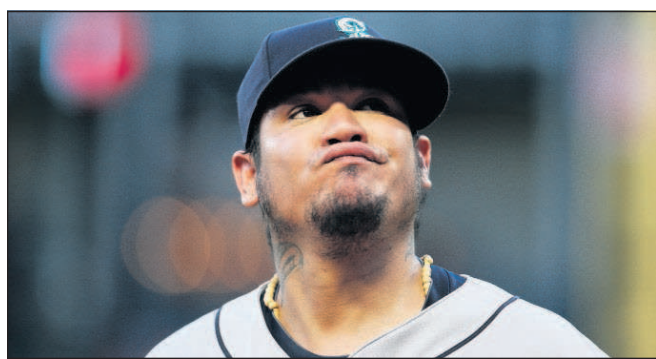


SPORTS

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AP Photo/Brandon Wade

Seattle Mariners starting pitcher Felix Hernandez reacts during Tuesday's game against the Rangers.

King Felix falters again for Mariners against Rangers

By **STEPHEN HAWKINS**
Associated Press

ARLINGTON, Texas — Felix Hernandez briefly looked like the ace he used to be for the Seattle Mariners, even playfully pointing former teammate Adrian Beltre back to the dugout after striking out baseball's active career hits leader.

After getting through the first two innings unscathed Tuesday night, including another entertaining on-field exchange with his friend, the struggles returned for the former AL Cy Young Award winner.

Beltre grounded into a dou-

ble play to end the third, but only after the Texas Rangers had scored four runs that inning to put them ahead to stay. And when Beltre homered to straightaway center in the sixth, it marked the most runs Hernandez has ever given up in his career.

"Yeah, I'm frustrated. What can I say? What can I say?" Hernandez said after giving up all the runs in six innings of an 11-4 loss.

Hernandez (8-10) is 0-4 in his last five starts for the play-off-contending Mariners. This was the only time in that span he pitched more than five innings.

Luck to make start, may play most of 1st quarter at Seattle

Associated Press

WESTFIELD, Ind. — Andrew Luck spent two straight offseasons contemplating how it would feel to play football again. He'll find out Thursday night.

Coach Frank Reich announced Tuesday that Luck would start and could play most of the first quarter in the Indianapolis Colts' preseason opener at Seattle.

"I'll be excited and a little nervous," Luck acknowledged after practice. "There were one or two moments where I wondered if, 'Am I ever going to be able to do this again?'"

He wasn't the only one asking that question during a nearly 600-day wait between starts. And he's not the only one who will be nervous lining up against the Seahawks' traditionally strong defense.

Swimmers flock to Astoria to beat the heat

The Daily Astorian

One way to beat the summer heat? Jump in a pool. Which is exactly what dozens of young swimmers did over the weekend, in the "Beat the Summer Heat" meet, held Saturday and Sunday at the Astoria Aquatic Center.

The North Coast Swim Club (the "Dolphins") served as the host for the meet, which included swimmers representing clubs from St. Helens to Eugene to Kelso, Washington, with several clubs from the Portland area. Age divisions included those from 8-and-under to 15-and-over.

The number of races and events topped out at 48, making for two days of swimming at the Aquatic Center.

Swimmers from Tualatin Hills won several events, as did athletes from the Blue Crush Athletic Club of Portland. Other clubs that scored well included the Sea Lions of St. Helens and the Killer Whales of Beaverton, along with club swimmers from Forest Grove and Lake Oswego.

The host team had its own share of success in the pool, with several victories.

The North Coast's Jacob Peeler won the boys age 11-12 100-yard breaststroke, finishing in 1 minute, 35.29 seconds. He added a win in the 50 backstroke (37.71).

Relay teams were allowed to combine different age groups, as the North Coast did in the girls' 200-yard medley, where the foursome of Brooke O'Connor



North Coast Swim Club

Three North Coast swimmers watch the action during last weekend's 'Beat the Heat' meet.



North Coast Swim Club

From left to right, North Coast club swimmers Riley Cameron, Christian Womack, Trevor Newman and Kevin Loyola.

(age 13) teamed with Everett Towsey-French (14), Tori Smith (15) and Jordan Admire-Novak (15) to win in 2:38.75.

Other top-three finishes for the girls came from Hannah Daniels, 11, second in the 100 backstroke (1:18.81).

Towsey-French placed second in the 200 backstroke (2:45.06), and third in both the 100 backstroke (1:16.48) and 200 freestyle (2:34.68).

Paige MacLean, 12, was second out of 14 entries in the 50 freestyle (30.19), and also took second in the

50 butterfly (36.10) and 50 backstroke (37.17). She added a third (out of 12 swimmers) in the 200 freestyle (2:25.57).

Smith finished third in the 100 breaststroke (1:12.64), and third in the 200 individual medley (2:37.34).

Out of nine entries in the 12-and-under 200-yard medley relay, the North Coast's Finley Cameron and Marlee Both teamed with Daniels and MacLean to place third in 2:42.17.

On the boys' side, Orrick Evans, 9, took second in both the 50 freestyle (33.84) and the 50 breaststroke (45.76). Riley Cameron, 16, placed second in the 100 (55.73) and 200 freestyles (2:04.91), and third in the 50 freestyle (25.58).

Bird becomes WNBA's minutes leader, Storm beat Fever 94-79

Associated Press

INDIANAPOLIS — Natasha Howard had 19 points, eight rebounds and four assists, Sue Bird became the WNBA leader in minutes played and the Seattle Storm beat the Indiana Fever 94-79 on Tuesday night.

Breanna Stewart added 17 points and 12 rebounds for Seattle (23-7), which won back-to-

back games in Indiana for the first time in franchise history. Bird scored 16 points with eight assists, passing Tina Thompson (1997-13) at 16,090 minutes.

Stewart had 12 points, seven rebounds and four assists in the first half to help Seattle to a 51-44 lead. Seattle scored 14 of the game's first 19 points.

Bird's no-look pass to a cutting Howard gave Seattle a

61-50 advantage. Howard's drive and spin in the lane made it 76-60 at the end of the third quarter.

Candice Dupree had 22 points and eight rebounds for Indiana (5-24), which was coming off its first two-game winning streak of the season. Victoria Vivians scored all 15 of her points in the first half on five 3-pointers.

Going to the Dogs!



Welcome to **THE DAILY ASTORIAN'S**

National Dog Day Photo Contest!

Grab your collars and your cameras, National Dog Day is Aug. 26 and we are on the prowl for the bestest, cutest, snuggliest pups on the coast.

In 2016, we fetched 103 photos; last year we romped home with 207 shots of more than 230 critters.

According to www.nationaldogday.com, the day celebrates all dogs, mixed breed and purebred, and works to promote the many dogs that need to be rescued.

Submit your photo(s) before midnight Sunday, Aug. 12. Then, come back and visit the pooches all that next week and vote on your favorite **before midnight Saturday, Aug. 18.** Vote once a day.

The top vote-getters will be featured on the front page of the annual **Going to the Dogs** section on **Friday, Aug. 24.**

Share with your friends and family: **#Going2TheDogsNW**

Now, who's a good boy? Who's a good girl?

For more information, call The Daily Astorian at (800) 781-3211 or send a message through Facebook.

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