

# Summer movie matinées at CCC

ASTORIA — Join the Clatsop Community College Library for our lunchtime movie matinées — bring your lunch and enjoy a fascinating film!

The library will screen each movie twice, once at noon Tuesday, and again at 1 p.m. Thursday.

Each screening is about an hour long and will be held in the library lounge. For more information, visit [lrc.clatsopcc.edu](http://lrc.clatsopcc.edu) or call 503-338-2462.

## July 17 and 19

“Digital Addicts” (54 minutes)

Kids as young as 3 are becoming addicted to mobile phones, harming their development and possibly causing longterm damage. Follow some of the youngest cases and hear how our brains are affected by exposure to screens. We also learn how platforms like Snapchat and Facebook are engineered to make them hyper-addictive.

## July 24 and 26

“Weird Wonders of the World” — series 2, episode 6 (50 minutes)

Chris Packham unravels some of nature’s oddest creatures: a deep-sea blob spotted in the Gulf of Mexico that mystified oil rig workers and sent the Internet into frenzy; the washed-up remains of a gargantuan creature that baffled scientists for decades; and a stow-away spider with a set of unfathomable feet.

## July 31 and Aug. 2

“Body Language Decoded” (53 minutes)

How can we read the signals others give us involuntarily? This film takes us into the mysterious world of nonverbal communication, what we say without realizing it. We look at the science of body language and its practical applications in law enforcement, romance, commerce, national security and more.

## Aug. 7 and 9

Double feature: “The Island” (21 minutes) and “Resist!” (30 minutes)

“The Island”: On Christmas Island, 50 million crabs make their slow and ancient migration from the jungle to the ocean’s edge, while thousands of people seeking asylum are indefinitely held in a high security detention facility.

“Resist!”: It’s famed as the city of peace and love, but San Francisco is digging in for a fight over President Trump’s order to expel millions of undocumented migrants.

## Aug. 14 and 16

“Clean Eating: The Dirty Truth” (52 minutes)

Imagine if the food you choose to eat could “clean” your body and make you feel healthier. This film separates fact from pseudo-scientific fiction to unravel the diet conspiracy gripping the West: clean eating. In the world of clean eating, not everything is as it seems. Rather than improve wellbeing, does it actually do the opposite?



Sandra Goodin  
PHOTOGRAPHY

COURTESY KALA

Myshkin and the Ruby Warblers

# A true story, a true love, set to music

ASTORIA — KALA welcomes folk-jazz singer-songwriter Myshkin Warbler at 8:30 p.m. Friday, July 13. From the Joshua Tree community in Southern California, Myshkin performs with cellist Jenny Q. and drummer Scott Magee in a special music and storytelling performance, “Trust Together.”

Doors open at 8 p.m. Tickets are \$15 and available in advance at [libertyastoria.org](http://libertyastoria.org). There will be a full bar.

New Orleans-schooled, gypsy-spirited, endlessly curious, Myshkin Warbler creates darkly joyous, compellingly complex songs: literate, political, heartbreaking, soul-building. Her nine solo records travel through raw-folk, gypsy-swing, torch jazz, punk poetry, desert blues and electronic post-rock.

In late 2013 Myshkin left Oregon for the desert to join her new love, herbalist Jenny

Q., in the artists’ hideout of Joshua Tree, where Jenny had built her apothecary, Grateful Desert.

In January of 2014, Jenny fell into septic shock. During her six days in a coma and six months in the ICU, Myshkin held Jenny’s home, business and daughter, wrote spells for songs, and helped channel the community’s potent energies toward her healing.

Four years later, Jenny

has re-learned to walk — and dance — on prosthetic legs and has completed “Held Together,” an experimental book providing a raw, revealing look at her journey and community.

Myshkin’s new record, “Trust and the High Wire,” released by DoubleSalt in June, covers the same story in dialects of soul, jazz and indie rock.

KALA is located at 1017 Marine Drive.



COURTESY ALEX AVERY  
Comedian Alex Avery

# Whiskey and laughter to warm your heart

ASTORIA — Whiskey pairs well with many things: Plain ice. A good beer. Even Coke, if you want to cover up the jet-fuel aftertaste of Old Crow.

At the Labor Temple Bar at 8 p.m. Friday, July 13, we’re delivering another whiskey pairing that warms

our hearts: laughter!

Cheap Whiskey and Dirty Jokes is hosted by Oregon comedian Alex Avery, voted “Acme’s Funniest Person” in 2016. Avery is joined by headliner Steven Tye with support from Nathan Hart, two hilarious Portland comics dishing up

the quips and puns you’re looking for.

A \$5 cover gets you in to enjoy gut-busters and boilermakers galore. As whiskey does not pair well with children, this is a 21-and-older event.

The Labor Temple is located at 934 Duane St.