146TH YEAR, NO. 1

DailyAstorian.com // MONDAY, JULY 2, 2018

ONE DOLLAR



Photos by Colin Murphey/The Daily Astorian

Taylor Ballard is crowned Miss Oregon 2018 at the pageant held in Seaside Saturday.

Ballard wants to help people 'feel comfortable in their own skin'

By BRENNA VISSER The Daily Astorian

EASIDE — For Taylor Ballard, the road to the Miss Oregon crown has been one of personal growth.

The Portland woman rose above 23 contestants from across the state Saturday in the 71st annual Miss Oregon Scholarship Pageant at the Seaside Civic and Convention Center.

She will compete in the Miss America pageant this

September in Atlantic City.

Ballard, who was Miss Northwest Wonderland of Portland, was inspired to start competing in 2014 on the suggestion of a friend. She saw the pageant as a way to get scholarship money for her

public relations degree at Portland State University, improve her communication skills and hone her dance

After her first competitions, Ballard took a year off to reflect and work through body insecurity issues. It was a year of struggling to find a balance in her own daily eating and exercise habits, which she said swung between "diets and binge eating" — but also a year that provided mental clarity.

Her platform, "confidence under construction," was inspired by her time both in and out of pageants. "I wanted to work on myself to turn those insecurities into strengths," she said. "I wanted to feel confident in my

See MISS OREGON, Page 7A



Hannah Garhofer performs a dance routine at the Miss Oregon pageant.

## Bacteria spikes in Cannon Beach outfalls

Higher levels at Chisana Creek, Ecola Court

> By BRENNA VISSER The Daily Astorian

CANNON BEACH — Bacteria levels last week at the Chisana Creek outfall near Tolovana State Park measured more than three times what is considered safe by the U.S. Environmental Protec-

tion Agency. Routine sampling conducted through the Oregon Beach Monitoring Program found readings at two freshwater outfalls to exceed the state's recreational water standard of 130 mpn, or most probable number, a testing method used to estimate the number of colony forming units of bacteria in water samples.

The Chisana Creek outfall registered at 465 mpn. The Ecola Court outfall pipe hit 134 mpn.

The cause of the spike is unknown. The city is in contact with the state Department of Environmental Quality and is conducting additional in-house tests to identify the problem, City Manager Bruce St. Denis said.

"This has been an ongoing situation that has resulted in extensive testing (including DNA testing) and research in the past," St. Denis wrote in an email. "Numerous projects have been undertaken to address isolated contributing sources but the overall situation keeps reoccurring. This is common for municipal beach outfalls.'

Cannon Beach has a history of high bacteria test results, especially after rain washes waterways out and during the height of tourism season when public infrastructure is heavily used. In July 2015, a sewage leak led to a spike in bacteria readings in the Ecola Creek watershed.

In general, sources of contamination to surface waters include wastewater treatment plants, septic systems, domestic and wild animal manure, and storm runoff, according to the EPA. Ingesting bacteria contaminated water can result in illness, according to the Oregon Health Authority.

See BACTERIA, Page 7A



Brenna Visser/The Daily Astorian A sign at the Chisana Creek outfall at Tolovana State Park warns people on the beach about possible contamination in the water.

Hannah Sievert/The Daily Astorian

commits to wellness Oien rebounds from thyroid cancer

By HANNAH SIEVERT

The Daily Astorian

Cara Oien's life was busy enough. She and her husband, Chris, have two young boys and triplet girls. She was teaching social studies full time at Astoria High

Her life felt like spinning on a hamster wheel. There was always something to do and not a lot of time to rest. Then, last summer, she found out she had cancer.

A small bump Oien found in her neck turned out to be papillary carcinoma, a common type of thyroid cancer.

After health scare, teacher

"It was a surreal experience to navigate your normal life, but also know you have this really scary diagnosis," she said.

With the bad news came an outpouring of support from educators. The well-wishes, posters and dinners given to her by fellow teach-



ers, students and neighbors was a huge help during a difficult time.

Oien had a thyroidectomy in November, and has been cancer-free for the past seven months.

See OIEN, Page 7A



Sara Oien is an Astoria High School teacher.