Tattoos: Make sure your decision to get a tattoo is informed

Continued from Page 1C

"Nick was able to find the Lucero family crest, so that is one of his tattoos. He also has the entire boot of Italy, and Family First tattooed in Italian," she said.

'My daughter, Christina, has plans for her first tattoo," she continued. "She was very close to my father, who passed away. Christina wants to get a tattoo of her grandfather's dog

Lucero's husband, Tony, had several tattoos done by a famous Bay Area artist when he met Cathy. As happens with tattoos over time, Tony's began to fade, so he visited a tattoo parlor and asked if someone could touch up the

"The art on Tony's arms was immediately recognized by the people in the parlor," Lucero said. "Tony was told they would put a frame around the tattoos, but they wouldn't do anything to alter the previous artist's work.'

Tanner Scanlan, from Lacey, Washington, was 21 when he got his tattoo, a black tribal armband on his upper right arm. It was free, done by a tattoo artist while Scanlan was in the Army and deployed to Tonga.

"I think a tattoo should

THE DAILY

ASTORIAN



Colin Murphey photo

Kevin Fink tattoos his apprentice, Daniel Valdez.

have a special, significant meaning," Scanlan said. "That way you're not stuck with a barbed wire tattoo you got when you were in your 20s because it was 'cool' to have."

Not as easy as it looks

Kevin Fink, owner of Ocean Park Tattoo, is in his 31st year of tattooing. "I started on the East Coast — New Orleans and South Beach in Miami," he said.

Giving back to the community is important to Fink. "Once a month I do a free cover-up of a racist or gang-related tattoo," he said.

When he can't tattoo anymore, he wants to write a book about the art.

Fink has an apprentice, Daniel Valdez.

"I got into tattooing by accident," Valdez said. "I'm from California, and I'm a 49ers fan. I made a bet with Kevin that the '9ers would do better than the Seahawks one season. I lost the bet and got a Seahawk tattoo done in 49ers

colors.' Fink asked Valdez if he was interested in being his apprentice when he found out Valdez could draw. "I agreed, not sure at all that I would like it," Valdez said. "The first tattoo I did was on my wife, and after that I was addicted."

Valdez has a great deal

of respect for tattoo artists. Tattooing is not as easy as it looks," he said.

Some people get grief from family and friends about their tattoos while others, like Tanner Scanlan, don't.

Fink's wife, Candi, said her parents hated her tattoos.

Barry Coleman, from Ocean Park, didn't get any negative responses about his tattoos, while his wife, Jeannie Dolby, said her mother couldn't understand why she wanted to do that to her body.

On the inside of her right arm, Dolby has four stars silhouetted and shaded in four different colors. Originally she had planned to have the colors go all the way around her arm.

"My mom passed away three years ago, and I had a dream that she was mad about me getting the color bands done," she said.

Think before you ink

People get tattoos for different reasons: memorializing a lost loved one, marking a significant point in life or symbolizing their heritage perhaps.

On the downside, sometimes a person may end up with a tattoo after a night on the town. This could lead to wondering if a tattoo can be removed. The answer is yes,

but the removal process isn't easy.

Tattoo removal has come a long way from the days when some tattoos were surgically removed. Before laser removal was developed, tattoos were removed by dermabrasion, application of an acid that removed the top layer of skin, or salabrasion (scrubbing the skin with salt).

A couple of options now are covering a bad or undesirable tattoo with one more appropriate or acceptable.

There is also laser surgery removal, in which the laser breaks up the pigments of the tattoo. The body then absorbs the loosened pigments. However, the surgical option takes place over several months, depending on the size and colors.

"Laser removal is expensive," Lee said, "and it is realistic to expect to need a cover-up tattoo after the removal."

This cover-up tattoo would serve to minimize any skin color differences and/or scarring after the laser surgery.

So make sure your decision to get a tattoo is an informed one. Talk to people whose tattoos you admire. Visit tattoo parlors, and ask lots of questions.

And remember: One tattoo may very well lead to another.

SCHEDULE

Evening listingsFRIDAY—SUNDAY

FRIDAY EVENING A - Charter Astoria/ Seaside - L -						oria/ Seaside - L - Ch	arter Long Beach	MARCH 16				
Α	L 6 РМ	6:30	7 PM	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 рм	11:30
2 KATU	(2) KATU News at 6 (N)	Jeopardy! (N)	Wheel Fortune (N)	Once Upon a Time	"Knightfall" (N)	Agents of SHIELD	"Principia" (N)	20/20	•	KATU News (N)	(:35) Jimmy Kimme
Комо	4 KOMO 4 News (N)	,	Wheel Fortune (N)	Jeopardy! (N)	Once Upon a Time	"Knightfall" (N)	Agents of SHIELD	"Principia" (N)	20/20		KOMO 4 News (N)	(:35) Jimmy Kimm
KING	5 NBC News (N)	KING 5 News	KING 5 News	Evening	Blindspot "Deducti	ons" (N)	Taken "Invitation C	Only" (N)	Dateline NBC		KING 5 News (N)	(:35) Tonight Shov
6 KOIN	- (4:00) NCAA Basket.						To Be Announced		Blue Bloods		KOIN 6 News (N)	(:35) Colbert
KIRO	(4:00) NCAA Basket.	NCAA Basketball D	ivision I Tournament	(L)			KIRO 7 News (N)		Be a Millionaire?		KIRO News (N)	(:35) Colbert
8 KGW	- KGW News at 6:00				Blindspot "Deducti		Taken "Invitation C		Dateline NBC		KGW News (N)	(:35) Tonight Shov
KRCW					Dynasty "Our Turn	Now" (N)	JaneVirgin "Chapte	er Seventy-Seven" (N)	News at 10 (N)	Friends	Two and a Half	Two and a Half
(IO) KOPB	10 Places to Love		PBS NewsHour (N)		Viewer's Choice							
	12 6 O'Clock News (N				MasterChef "Amer		9-1-1 "Karma's a B		10 O'Clock News (Page Six TV
⚠ KPDX			Big Bang Theory		FOX 12's News (N)		9 O'Clock News (N		Family Guy			The Game
			Big Bang Theory		MasterChef "Amer	ican Classics" (N)	9-1-1 "Karma's a B		Q13 News at 10 (N			The Simpsons
20 TBS	20 (4:15) NCAA Basket.							The Detour	The Detour		Seinfeld	Seinfeld
KZJO					Mom	Modern Family	Q13 News at 9 (N))	Big Bang Theory			Two and a Half
29 ESPN	29 (5:00) NCAA Wrestli				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
	30 (4:30) NCAA Basket.					nis Garden Indian V					First Take (N)	
(31) NICK	31 LoudH. (N)		ALVIN (N)/ Sponge			/impy Kid ('10) Rober			Full House			Friends
32 DISN	32 Jessie			Bunk'd	Stuck Middle (N)		Andi Mack	Raven's Home	Gravity Falls		Stuck in Middle	Bizaardvark
34 FAM	(5:40) ★★ Definitely	(20) ★★ Georgia Rule (2007, Comedy) Jane Fonda, Lindsay Lohan, Felicity Huffman.					The 700 Club :10) FXM Presents ★★ R.I.P.D. (2013, Action) Jeff Bridges, Ryan Reynolds.					
35 FMC	(4:30) Man of Steel					Shannon, Henry Cavill						
36 LIFE	36 I Survived "John			n't Stand the Heat"			Bring It! (N)		Laurieann Gibson		Laurieann Gibson "	
38 ROOT	38 (5:30) UEFA Soccer (UEFA Soccer Champ			I			UCL Magazine (N)		
39 FS1		UFC Tonight		UFC Unleashed "Al			TMZ Sports (N)			s on the biggest sport	s topics of the day.	UFC Tonight
43 SPIKE	43 ★★★ The Lost Wo							k (1993, Sci-Fi) Laura I				
44 COM	(:20) The Office "The					edy) Rob Corddry, Sel		sack.	★★ Hot Tub Time	Machine 2 ('15, Com)	Craig Robinson, Clar	k Duke, Rob Corddr
45 HIST	45 Ancient Aliens "Th	e Visionaries"	Ancient Aliens "For		Ancient Aliens: De		To Be Announced			,		
46 A&E	46 (5:00) Live PD		I= 1 a 100 11					inside the country's b			- I a lluc II .	
47 TLC	47 Say Yes to the Dre			on, D.C: Acker Place"	Trade S. "California				Trading Spaces "O		Trade S. "Washingto	
48 DISC	48 Gold Rush: White \		Gold Rush: Pay Dir		T	Gold Rush (N)	Gold Rush "Americ		White Water "End		Gold Rush "America	
49 NGEO	49 Border Wars "Chec		Border Wars "Smug	ggler's Tunnel"	Alaska Troopers "		Alaska State Troo			pers "Smell of Death"		
50 TNT	(:15) NCAA Basketb		1	1.1 (2.2.5 1 .1)		The Alienist "Silver	Smile"	(:25) Alienist "These		Supernatural "Live		Supernatural
61 AMC	(2:30) Titanic ('97) Lo			mith (2005, Action) A			Ic . 1:5 (b) (1)			medy) Anne Hathawa		
52 USA					Modern Family	Modern Family		Secret Life Kids (N)				Modern Family
63 FOOD								est Coast Cookin'" (N)				Diners, Drive-Ins
54 HGTV	54 My Dream Home				My Dream Home					House Hunters (N)		House Hunters
56 FX	56 (5:00) ★★ Furious 7							n Csokas, Denzel Wash		200		The Equalizer ('14
G7 CNN	57 Anderson Cooper 3		CNN Tonight With		CNN Tonight With		Anderson Cooper	300	Anderson Cooper		CNN Tonight With	
58 FNC	58 Hannity The Ingraham Ang					The Five Lives-Super Rich Lives-Super Rich				The Ingraham Angl	e	
	61 Shark Tank		Shark Tank		Back in the Game						Paid Program	
			rotection (2012 Con	neav) Fuaene Levy. De	enise Richards, Tyler l	erry.		"Reunion Part 2" (N)			Madea's Witness P	
63 BRAV	(5:30) MarriedMed				/40C7 D \ F!! !	d T I D' W H						
61 CNBC 63 BRAV 64 TCM	64 (5:00) Suddenly, Las	t Summer	(:15) ★★★ Reflection	ons in a Golden Eye		eth Taylor, Brian Keith		★★ The Only Gam				Movie
63 BRAV		t Summer lation	(:15) ★★★ Reflection ★★ Lara Croft: Tor		Jon Voight, Iain Glen		, Marlon Brando. Futurama Country's Family F	Futurama	Futurama		Futurama	Movie Futurama

SATURD	ΑY	EVENING			A - Charter Asto	oria/ Seaside - L - Ch	arter Long Beach					MARCH 17
Α	L	6 PM 6:3	0 7 рм	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 PM	11:30
2 KATU	(2)	KATU News (N) Paid Progra	am Jeopardy!	Wheel of Fortune	20/20 "Roseanne: T	he Return"	Deception "Pilot"		For the People "Pi	lot"	KATU News (N)	(:35) HonorWrestle
КОМО		KOMO 4 News (N)	Wheel of Fortune		20/20 "Roseanne: T		Deception "Pilot"		For the People "Pi			(:35) HonorWrestle
KING		NBC News (N) KING 5 Nev	vs L.M. Traveler (N)	Raw Travel	Will & Grace	Saturday Night Liv	e (N)		Saturday Night Liv	re	KING 5 News	Sat. Night Live
6 KOIN		(4:30) NCAA Basketball	Entertainment Tor		To Be Announced		NCIS: New Orleans	5	48 Hours		KOIN 6 News (N)	(:35) Amer.Ninja
KIRO	(7)	(4:30) NCAA Basketball	KIRO 7 Game Day	Right This Minute	Right This Minute	Right This Minute	Entertainment Ton	ight Weekend	48 Hours		KIRO News (N)	(:35) Scandal
8 KGW	(-)	(5:00) To Be Announced		NBC News (N)	Will & Grace	Saturday Night Liv	e (N)	•	Saturday Night Liv	/e	KGW News (N)	Sat. Night Live
(9) KRCW	(3)	WHL Hockey Portland Winter Ha	wks at Seattle Thunderbirds S	ite: ShoWare Centre	Kent, Washington	Friends	Seinfeld	Seinfeld	News at 10 (N)	Pawn Stars	Impractical Jokers	Bones
		Viewer's Choice			<u> </u>	•	Viewer's Choice			•		
E2 KPTV	(12)	★★ Secret Window (2004, Thril	ler) John Turturro, Maria Bello	, Johnny Depp.	Chef "The Boys Are	Back in Town"	Showtime at the A	pollo "Week 3"	10 O'Clock News (N)	Love Conn. "Beaut	y and the Geek"
(13) KPDX	<u>-</u>	Mike & Molly Mike & Mo	lly Big Bang Theory	Big Bang Theory	Rizzoli "Two Shots:	Move Forward"	FOX 12's 9 O'Clock	News on PDX-TV	The X-Files "Redux	" Pt. 2 of 3	West Coast Wrest	ing Connection
KCPQ	(13)	Big Bang Theory Sounders F	C Big Bang Theory	Big Bang Theory	Chef "The Boys Are	Back in Town"	Showtime at the A	pollo "Week 3"	Q13 News (N)	Most Wanted	Love Conn. "Beaut	y and the Geek"
(20) TBS	20	(4:00) NCAA Basket. NCAA Bask	etball Division I Tournament	(L)			March Madness	Drop the Mic	Full Frontal	The Detour	Final Space	Big Bang Theory
⊕ KZJO	22	WHL Hockey Portland Winter Ha	wks at Seattle Thunderbirds S	ite: ShoWare Centre	Kent, Washington (L)	Pawn Stars	Q13 News at 9 (N)	Most Wanted	Bones "The Doctor	in the Photo"	The X-Files "Geths	emane" Pt. 1 of 3
		(5:00) Boxing Top Rank (L)	SportsCenter (N) SportsCenter (N)			SportsCenter (N)		SportsCenter (N)				
		(5:00) NCAA Wrestling Division I			Kickboxing Glory 5				College Gameday		Boxing Top Rank	
		The Loud House Knight Squ		Henry Danger			Full House	Full House	Full House	Full House	Friends	Friends
32 DISN	(32)	Bunk'd Bunk'd	Bunk'd	Bunk'd		e Irish ('01) Henry Gi			Stuck in Middle	Stuck in Middle	Bunk'd	Bunk'd
			Toy Story ('95, Ani) Voices					of Tim Allen, Kelsey Gr				
35 FMC		(5:50) Penguins of Madagascar		(:35) FXM Presents						idance ('12) Marisa T		(:55) FXM Presents
		Mommy's Little Girl ('16) Emma				ngel (2018, Drama) M				le Boy ('17) Peter DaC		
		MLB Baseball Spring Training Lo	s Angeles Angels of Anaheim	at Seattle Mariners Sit				. Open Slopestyle Fina			Snowboarding U.S	. Open
39 FS1		(5:00) AMA Supercross (L)			NHRA Auto Racing		UFC UFC 205 Site: I	Madison Square Garde	n			
		(4:30) The Goonies ('85, Adv) Sea									s ('85, Adv) Corey Felo	
44 COM		(5:25) ★★ Horrible Bosses ('11,						udeikis, Jason Batema	n.		t ('12, Com) Brittany S	
		Ancient Aliens "The Next Huma	ns" Ancient Aliens "Th	e Pharaohs' Curse"		995, Docu-Drama) Bill					(:05) History (N)	(:35) Pawn Stars
		(5:00) Live PD						inside the country's bu				
		Say Yes-Dress Say Yes-Dr		SS	Say Yes to the Dre	ess (N)	(:05) Dress "Ginger,	Rebekah, and Chic"	(:05) Hear Me, Love	Me, See Me (N)	(:05) Say Yes to the	
		Motor Week "Fast N' Loud: Rev									Twin Turbos "Back	
		American Mob "Rise and Fall of	Gotti" Inside the America	n Mob "End Game"					JFK: The Lost Bulle			s: The Assassination
50 TNT		(5:30) NCAA Basketball			The Alienist "Hilde		The Alienist "Ascer		(:55) ★★ Why Did I	Get Married? ('07) S		
		(5:30) ★★★ Fantastic Four (200)		vans, Ioan Gruffudd.		(2007, Action) Kirsten			lati a a mini		Green Lantern ('11	
		Chicago "You Never Know Who'			Chicago P.D. "Forg		Chicago P.D. "Mad		Chicago P.D. "All C		Unsolved "The Ma	
53 FOOD		Diners, Drive-Ins "Hometown H			Diners, Drive-Ins "		Diners, Drive-Ins "		Diners, Drive-Ins "		Diners, Drive-Ins "	
		Flip or Flop Flip or Flop		Flip or Flop	Fixer Upper "Retiri		Fixer "A Modern Ca		Reno. "So Long Mo	m, Hello DIY" (N)	Log Cabin Living	
56 FX		(5:00) ★★ White House Down (wkins, Jason Mitchell,			Gianni Versace "C	
		Amer. Dynasty "The Power of W			Anthony Bourdain	"Tokyo"	Anthony Bourdain		Sex and Love "Tok		Anthony Bourdain	"Okinawa"
58 FNC		Justice With Judge Jeanine	The Greg Gutfeld		Watters World	ID . F'	Justice With Judge	Jeanine	The Greg Gutfeld		Watters World	
		Undercover Boss "Mood Media			Undercover Boss "		Undercover Boss "	American Seatoods"	Back in the Game		Paid Program	an Candra Dullad
		(4:30) To Be Announced		de (2009, Sport) Tim N			1 1 1 1 6 6 6 6 7	147. C::\ D + N4':		de (2009, Sport) Tim I		
		(5:00) Flight of the Doves Jack V		, Musical) Pinky Tomli		Glennascaul		'47, Cri) Robert Mitchu				n Hedaya, John Getz.
		Leprechaun in the Hood (2000,				93, Horror) Jennifer An				(1994, Horror) Sandy		vvarwick Davis.
162 RFD	(162)	Opry Encore Dailey and	Vincent Mollie B Polka Par	ty (N)	Larry's Country Di	ner The isaacs	Country's Family R	eunion	Hee Haw		Time Life Library	

SUNDAY EVENING A - Charter Asto								ria/ Seaside - L - Ch	arter Long Reach					MARCH 18	
A	IIDA	L	6 РМ	6:30	7 PM	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 PM	11:30	
2	KATU	2	KATU News at 6 (N	(N) America's Funniest Home Videos (N)			American Idol "Aud	•				Deception "Forced Perspective" (N) KATU News (N)			
0	комо	4	KOMO 4 News (N)	ews (N) America's Funniest Home Videos (N)		American Idol "Auditions" (N)			Deception "Force		Perspective" (N)	KOMO 4 News (N)	(:35) Full Measure		
0	KING	(5)	NBC News (N)	KING 5 News	BigShot "Third Time	e's a Charm" (SP) (N)	BigShot "We're in L		Genius Junior (N)		Timeless "The Darli	ngton 500" (N)	KING 5 News (N)	(:35) In Depth	
6	KOIN	0	KOIN Local 6 (N)	Weekend News (N) 60 Minutes		Instinct "Pilot" (P) (N)		NCIS: Los Angeles "Liabilities" (N)		Madam Secretary "Refuge" (N)		KOIN 6 News (N)	(:35) Game On		
0	KIRO	7	Weekend News (N)	KIRO 7 News (N)	60 Minutes		Instinct "Pilot" (P)	(N)	NCIS: Los Angeles	"Liabilities" (N)	Madam Secretary '	'Refuge" (N)	KIRO 7 News (N)	KIRO 7 News (N)	
8	KGW	0	NBC News (N)	Straight Talk	BigShot "Third Time	e's a Charm" (SP) (N)	BigShot "We're in L	a La Land" (N)	Genius Junior (N)		Timeless "The Darli	ngton 500" (N)	KGW News (N)	(:35) Sports Sunday	
9	KRCW	3	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Two and a Half	Two and a Half	Two and a Half	Two and a Half	News at 10 (N)	Pawn Stars	Pawn Stars	Elementary	
(10)	KOPB	(10)	Oregon Art Beat	Oregon Guide	Place Call Home "L	iving in the Shadow"	The Queen's Garden		Maigret "Maigret Sets a Trap" Maigret ha		as to trap a killer. (:25) Maigret "Maigr		ret's Dead Man"		
12	KPTV	12	Family Feud	Family Feud	Bob's Burgers	Bob's Burgers (N)	The Simpsons (N)	Brooklyn 99 (N)	Family Guy (N)	Last Man-Earth (N)	10 O'Clock News (I	N)	News (N)	In Depth	
13	KPDX	<u>-</u>	Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's 8 O'Clock	News on PDX-TV	FOX 12's 9 O'Clock	News on PDX-TV	Rookie Blue "Deal '	With the Devil"	Blue Bloods "Blast	From the Past"	
0	KCPQ	(13)	Modern Family	Modern Family	Bob's Burgers	Bob's Burgers (N)	The Simpsons (N)	Brooklyn 99 (N)	Family Guy (N)	Last Man-Earth (N)	Q13 News (N)	Q It Up Sports	Q13 News (N)	Elementary	
20	TBS	20	(4:00) NCAA Basket.	1:00) NCAA Basket. NCAA Basketball Division I Tournament (L)					March Madness	Final Space	Final Space	Final Space	Red Dawn ('12, Act	Chris Hemsworth.	
0	KZJO	22	Friends	Friends	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Q13 News at 9 (N)	Q It Up Sports	Mom	Mom	Anger Manage	Anger Manage	
29	ESPN	29	NCAA Basketball Division I Tournament (L)				SportsCenter The day's news in the world of sports. (N) SportsCenter				College Gameday (L) SportsCenter				
30	ESPN2	30	NCAA Basketball Division I Tournament (L)			Nine for IX "Pat Xo" ESPN		ESPN FC (N)		College Gameday (L)		30 for 30 "The '85 Bears"			
31	NICK	31	Henry Danger	Henry Danger	Game Shakers	School of Rock (N)	Full House	Full House	Full House	Full House	Full House 1/2	Full House 2/2	Friends	Friends	
32	DISN	(32)	Bizaardvark	Bizaardvark	Zombies (2018, Mus	sical) Emilia McCarthy	, Meg Donnelly.	(:45) Bizaardvark	(:15) Stuck Middle	(:45) Andi Mack	(:10) Andi Mack	(:35) Bizaardvark	Bunk'd	Bunk'd	
34	FAM	(34)	(4:35) Toy Story	(:35) ★★★ Toy Stor	y 2 ('99, Ani) Voices o	of Tim Allen, Kelsey Gr	ammer, Tom Hanks.	(:45) ★★ The Karate	Kid (2010, Action) J	ackie Chan, Taraji P. F	ienson, Jaden Smith.				
35	FMC	(35)	(5:45) The Peanuts I	Movie ('15) Bill Melen	dez. Noah Schnapp.	Anchorman 2: The	Legend Continues (13) Steve Carell, Will	Ferrell.	(:50) FXM Presents	** Contraband (2)	012. Action) Giovann	i Ribisi, Kate Beckinsa	le. Mark Wahlberg.	

The Midwife's Deception ('18) Penelope Mitchell, Billy Armstrong, Katie Savor

The Other Mother ('17) Kimberley Crossman, Tyler Christopher, Annie Wersching.

MLS Soccer Seattle Sounders FC at FC Dallas

NASCAR Auto Racing Auto Club 400 Monster Energy Cup Series Site: Auto Club Speedway -- Fontana, Calif

| Signature | Sign