



'Megler Bridge' by Sam Sadler

Silver Salmon Grille

Silver Salmon Grille announces coloring contest winners

The Daily Astorian

The Silver Salmon Grille had 60 entries in its annual coloring contest, which took place Feb. 27, including members of

the Astoria High School art class. More than 140 attended the event and enjoyed the free appetizers and refreshments.

The first-place winner was Sam Sadler, with "Megler

Bridge." He won a \$300 Silver Salmon gift certificate. Second-place winner Cory Logan, received a \$150 Silver Salmon gift certificate for "Slug Rider." Third place went to

Danielle Schmidt, for "Never Alone." She who was awarded a \$50 Silver Salmon gift certificate. Honorable mention goes to Tristan Bostick for "Afro Guy."

RELIGION BRIEFS

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship holds a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. The topic is "What do Women Want?" The Rev. Kit Ketcham speaks after conducting some research of her own.

Near the beginning of the service, religious education for the children is available following the "Moment with the Children." The monthly potluck lunch is at the Masonic Hall after the service. Everyone is welcome.

For information, call 503-325-5225, email pacuuf@gmail.com or go to pacuuf.org

Religious Society of Friends

ILWACO, Wash. — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N. All are welcome to visit and participate. For information, go to lowercolumbiaquakers.org

Common Ground Interspiritual

A Celebration of Spirit, sponsored by Common Ground Interspiritual Fellowship, meets from 9:30 to 10:30 a.m. Sunday in the Wesley Room at the Astoria First United Methodist Church, 1076 Franklin Ave. Use the 11th Street building entrance. This morning gathering is not defined by any particular belief system, and is intended for the "spiritual but not religious," as well as those who draw from more than one faith tradition. For information, go to cgifellowship.org, email info@cgifellowship.org or call 916-307-9790.

Grace Episcopal Church

A reception for Kimberly Hale's art

show takes place following the 10 a.m. Sunday service in the Parish Hall at Grace Episcopal Church, 1545 Franklin Ave. The exhibit features her watercolors of landscapes, animals and people, some inspired by a recent trip to Africa.

The monthly Second Sunday Soup-Supper meal is at 4 p.m. Sunday, also in the Parish Hall. Those willing to help should come at 3 p.m. to set up, or 5 p.m. to help clean up.

A Taizé Prayer & Song service is offered at 7 p.m. Wednesday, featuring songs for Lent. Musicians include Jennifer Goodenberger (piano), Shelley Loring (flute), and Erik Utterback (cello). The service consists of simple repeated chants, periods of silence, prayers individual and communal, and the lighting of candles. All are welcome.

During Lent, the noon series "Fridays in Lent" offers contemplative music for listening or for self-guided Stations of the Cross walk, beginning at 12:10 p.m. Laurie Drage (piano and voice) with Kristi Kienberger (bassoon) are featured March 16.

For information, call the church at 503-325-4691 or go to graceastoria.org

First Presbyterian

First Presbyterian Church of Astoria, 1103 Grand Ave., meets at 10 a.m. Sunday. The Rev. Bill Van Nostran's sermon topic is "A Fox in the Hen House." Denise Reed provides musical accompaniment on organ and piano.

A Women's Bible Study is scheduled in the Parlor (in Fellowship Hall) at 6:30 p.m. today and March 16.

Fellowship Hall is the site of the "Second Saturdays Market" from 10:00 a.m. to 3:00 p.m. Saturday. Arts, crafts and

specialty food are offered. There is no cost for admission.

The church is hosting Bowling Night on at 6:30 p.m. Monday at Lower Columbia Bowl, 826 Marine Drive.

Guided Meditation is offered at 6:30 p.m. every Thursday in the Marcotte Room, led by Sumedha Murdock.

A Seder Supper, marking the beginning of Passover will be held March 29 in the Fellowship Hall. The public is welcome to participate. For details, call the church office.

For more information, call 503-325-1702, email pastorbill@fpcastoria.org or go to fpcastoria.org

Calvary Episcopal

SEASIDE — Calvary Episcopal Church, 503 N. Holladay Drive, presents music offered by Susan Buehler, Calvary's organist, at 12:15 p.m. March 16. This is one of a series of "Moments for Meditation" for the season of Lent, half-hour music offerings providing an opportunity to enjoy thoughtful music and perhaps take time for personal meditation and reflection.

Calvary also offers the Holy Eucharist at 5 p.m. Saturdays and 9:30 a.m. Sundays

First United Methodist

Astoria First United Methodist Church, 1076 Franklin Ave., holds Sunday worship at 11 a.m. Pastor Carol Prichard's sermon title for Stewardship Sunday is "Wise Investments." The children enjoy working on art projects at their special table, while staying in the service.

For information, call the church office at 503-325-5454.

Regional student poetry contest winners announced

The Daily Astorian

WESTPORT, Wash. — Twenty-eight participants from Warrenton, Oregon, to Aberdeen, Washington, entered the Westport Maritime Museum Kids' Poetry Contest, with the theme of "Winter on Our Coast."

First-prize winners in each category were awarded \$25, second place received \$15, and third place received \$10. Because there were only two middle school entries, another the remaining third place prize of \$10 was given to an elementary school student. All participants received two

tickets to the Westport Maritime Museum. The winners in each category are as follows:

Elementary school: first place, Creedence Thurman, Aberdeen; second place, Gabriel Matthews, Westport; third place, Swift Blackstock, Astoria and Connor Davis, Tokeland.

Middle school: first place, Kyra Manke, Naselle; second place, Savannah Scott, Aberdeen.

High school: first place, Evening Lyric, Raymond; second place, Brianna Quashnick, Warrenton; third place, Jayden Matthews, Westport.

Dementia caregivers can learn Positive Approach at workshops

The Daily Astorian

Oregon Care Partners is offering Positive Approach to Alzheimer's and Dementia Care (PAC) workshops in Seaside and Astoria, presented by an Oregon Care Partners PAC certified trainer. These workshops are free to those who live or work in Oregon, and each workshop is worth 2.5 Continuing Education Units (CEUs) for qualified professionals.

The first training is from 1 to 4 p.m. Monday at the Best Western Plus Ocean View Resort, Lewis and Clark 1 Meeting Room, 414 N. Prom in Seaside. Check-in starts at

12:30 p.m. To register, go to bit.ly/2oV0h9M. The second workshop is from 9 a.m. to noon Tuesday at the Holiday Inn Express & Suites, 204 W. Marine Drive in Astoria. Check-in begins at 8:30 a.m. To register, go to bit.ly/2oKyNV7. The Positive Approach teaches hands-on skills and will help caregivers understand and connect more effectively with people living with dementia who are experiencing changing abilities. These newly learned skills will enable caregivers to shift from simply "dealing with the behaviors" to creating a positive and caring environment.

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Alateen (Tillamook) — 6:30 p.m. Thursday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not re-

quired. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NwONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to nworegonna.org

Overeaters Anonymous Women's Meeting — noon to 1 p.m. Thursday, 1218 Avenue A., Seaside.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Glennys Sherman at 503-338-8214.

Easter

COLORING CONTEST

Look in the **March 14th** edition
THE DAILY ASTORIAN
 for the **EASTER COLORING CONTEST.**

Mail or drop off entries by
5pm
March 23rd

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