

He's regretting retirement

Dear Annie: I am a 67-year-old man who has extreme seller's remorse and have slipped into depression from selling my business two years ago. The reason I am writing is to caution the 10,000 baby boomers a day who are turning 65. After retiring, I was caught completely off guard by the fact that my entire identity was my business. I have also discovered how quickly the many business friends you have start drifting away. Out of sight, out of mind. Two years after retirement, I have gone through some of the stages of grieving and am still struggling to find my new identity and fill my days with meaningful activities. I have entered counseling to help me make the adjustment. This is a huge adjustment and should be taken very seriously. In the next three years, there will be 10 million baby boomers retiring. — *Still Grieving*



Annie Lane
Creators
Syndicate Inc.

— how excited and scared you were. Why not find something new that you can start, without risking your retirement money? Even if it is on a small scale, you will be so much happier if you get excited about a new business or project and dive into it wholeheartedly. You did a great job building a business and selling it, so stop feeling sorry for yourself and get back to work, if only part time. I'm glad you are getting counseling, which can help immeasurably as you try to figure out the next exciting phase of your life.

Dear Annie: This is in response to "Adopt or Shop." Our first dog was an American Eskimo spitz puppy, who died when she was only 2 1/2 years old from myriad congenital disorders resulting from a puppy mill.

We have had many doggy children since then, all mixed-breed and healthy — living longer, happier lives than our first one. One of these dogs was a Siberian husky/Australian

shepherd mix. She was the most laid-back and friendliest dog we have ever had, even with children and other pets, including cats. She always seemed to just go along with whatever came her way — friendly and always happy. We rescued her from our veterinarian. She was left behind and near death as the runt of the litter. Once he was sure she was going to survive, our kind vet contacted us, as he was certain she was just what we needed at that time. She was so small and scared when I brought her home, but soon, she grew and played and became a true joy to my husband and me for 12 years. — *Happy Dogs in Indiana*

Dear Happy Dogs: I'm glad you've provided a happy home for so many dogs. The story of your American Eskimo puppy is sad but, sadly, not uncommon. Puppy mills often cause serious health and behavioral problems for dogs, even if the problems aren't immediately apparent. For further information, I encourage readers to visit the ASPCA webpage on the issue, at <https://www.aspc.org/animal-cruelty/puppy-mills>.

TOMORROW'S HOROSCOPE

By Holiday Mathis, Creators Syndicate Inc.

ARIES (March 21-April 19). Why does it have to make sense to be valid? It doesn't! "Making sense" isn't a universal law like gravity or motion. In fact, much of what works won't make sense today, and much of what makes sense won't work.

TAURUS (April 20-May 20). In the way that big moves require the packing and transfer of many small boxes, big projects will have you working in a world of details. By the day's end, you'll have "packed" about a hundred "boxes."

GEMINI (May 21-June 21). The omens say your energy increases as you trust your inner light. The more practical voices are pretty sure it's dark inside of your body, as it should be, but you can get your energy going with exercise under the outside light.

CANCER (June 22-July 22). You have a gift for discerning between what's necessary and what's not. This will be valuable to you and perhaps even more valuable to others who are struggling with focusing on the wrong things. Don't hesitate to help them out.

LEO (July 23-Aug. 22). Success is not an achievement. Success is a feeling. If you don't allow yourself to feel successful until a certain metric has been met, that's a choice and not a fact based on the rules of success. Feelings don't follow rules.

VIRGO (Aug. 23-Sept. 22). Your life could take many different directions from here. As you entertain possibilities (even just in your imagination) you'll be joined by flashes of memory and ghost guides from the past.

LIBRA (Sept. 23-Oct. 23). You don't have to believe in reincarnation to understand that you've already lived many lives in this lifetime and you will live many more. So what do you

need to do to become your next version? Don't worry. You'll become it.

SCORPIO (Oct. 24-Nov. 21). There are amazing talents around you and here's hoping you'll use them as inspiration instead of comparison. You are quite capable of your own kind of greatness, and that's a very good place to put your focus.

SAGITTARIUS (Nov. 22-Dec. 21). And your picture of life won't look anything like your neighbor's because even though you connected the very same dots, you didn't do it in the very same order.

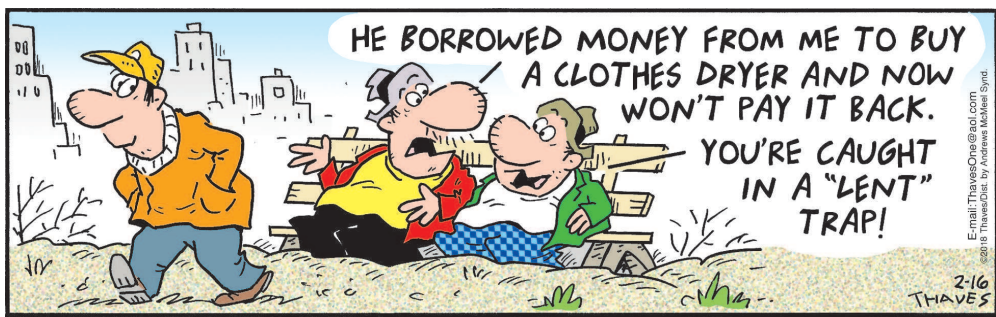
CAPRICORN (Dec. 22-Jan. 19). Respect lasts longer than attention. Those who make a grab for the spotlight without delivering something of real value soon lose their audience and their credibility with you.

AQUARIUS (Jan. 20-Feb. 18). Anyone exerting pressure on you to make the best choice (most likely you're the guilty party here) simply doesn't realize that there is no best choice. Many are good. All will lead to the future.

PISCES (Feb. 19-March 20). It's said that you can never be overeducated, and yet you wonder if you'd be better off not knowing some things. What's there to do is to learn even more about it. Because the wider picture will be somehow more palatable.

TOMORROW'S BIRTHDAY (Feb. 17). Love will have a daily impact on your life. You'll make sacrifices for your people and your interests will get served, too. Being redirected will bring wonderful results in the spring, so respect obstacles and take detours. There's a payout in May. What you spend to get business going will come back to you. Virgo and Taurus adore you. Your lucky numbers are: 30, 8, 44, 28 and 11.

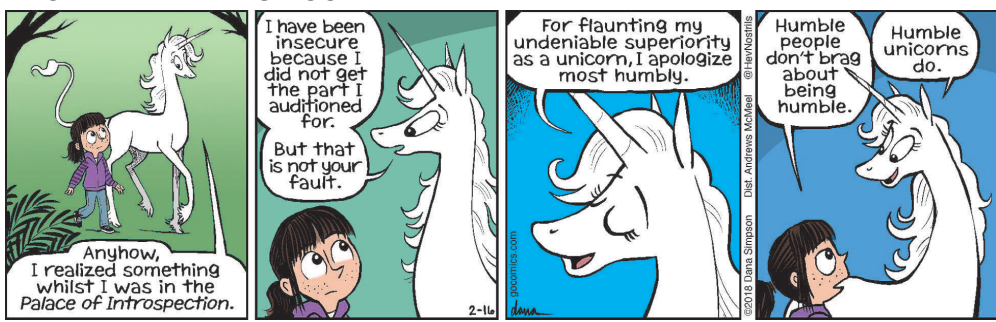
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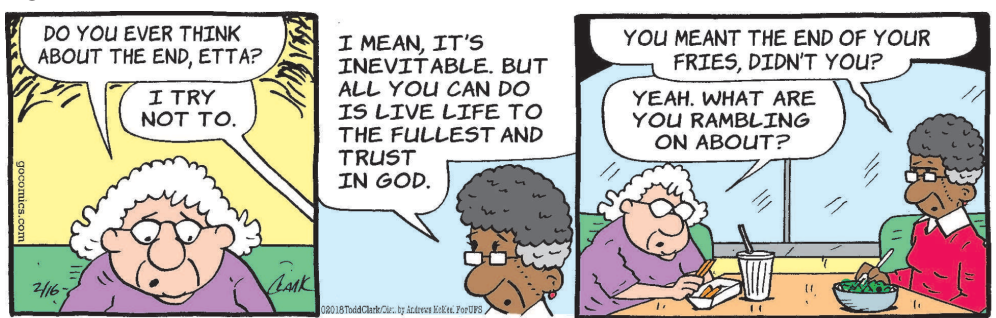
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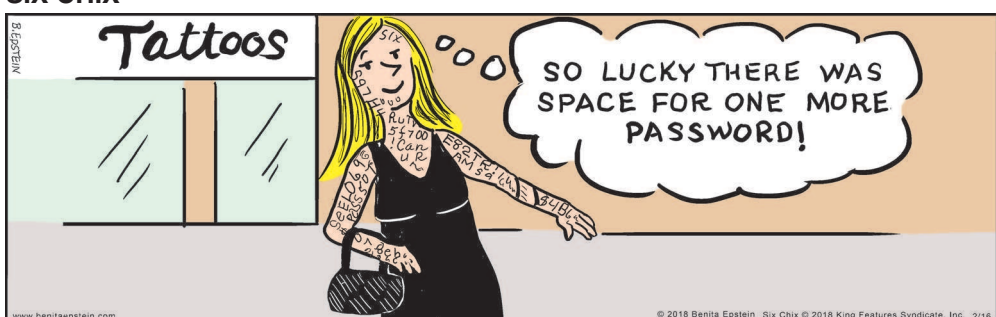
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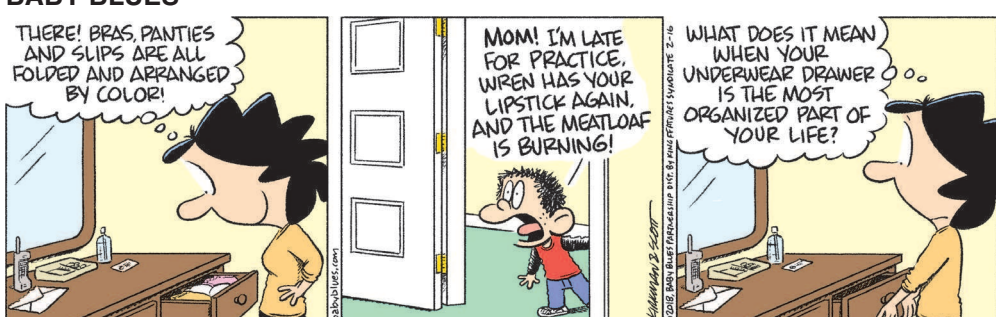
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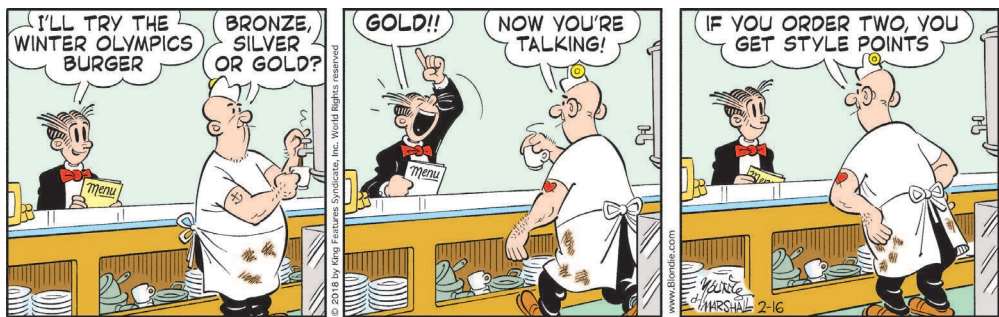
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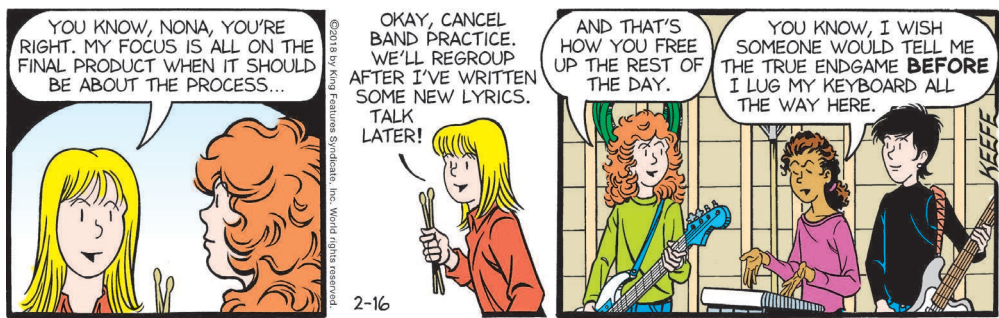
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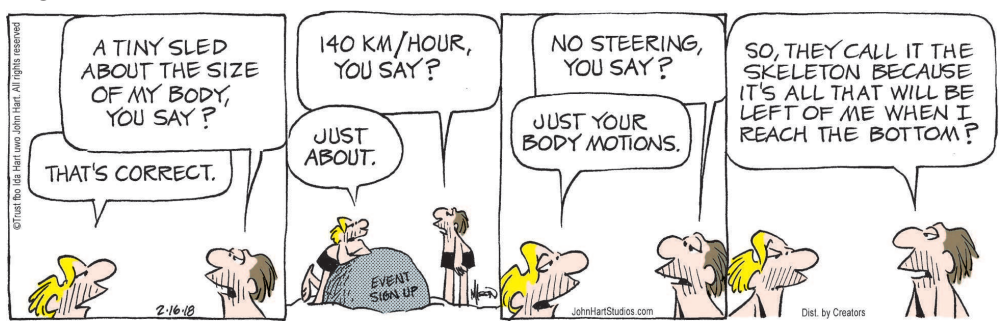
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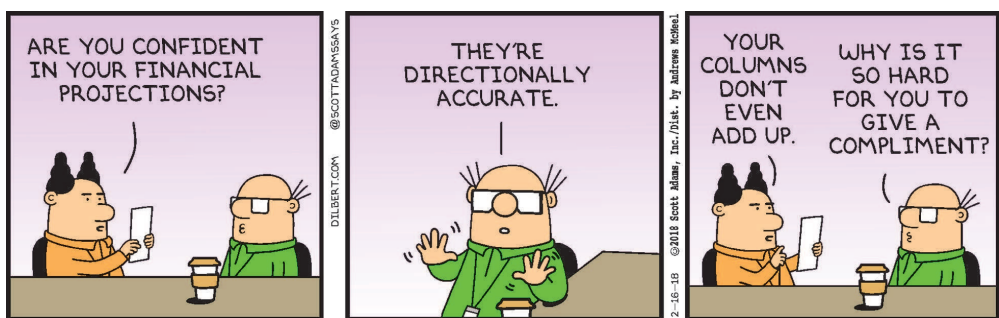
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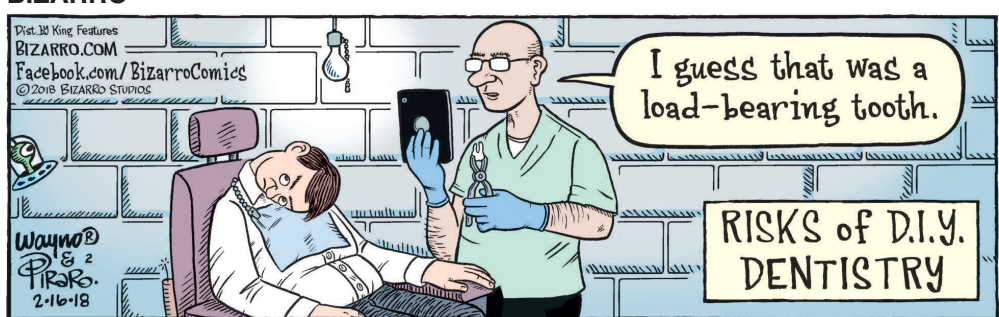
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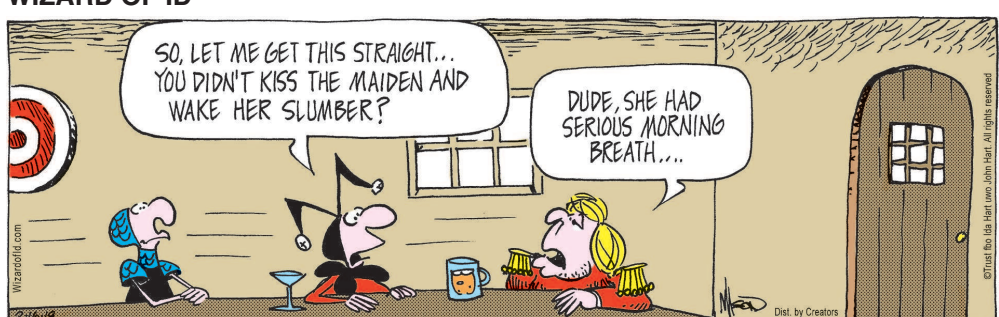
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