

Senegal: We must constantly question our beliefs

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contain any parallel fourths or fifths (intervals that are part of the scales of western music), though they are regularly used in the harmonic progressions of Africa and elsewhere.

Pursue the truth

I had numerous experiences during my short trip to Senegal, but one of the most profound was a brief trip by ferry to Gorée, an island off the Senegal coast.

From this location, Africans were taken to the Americas to be sold as slaves. In Gorée, these inhabitants were held in a building known as the “slave house” that opened to waiting ships, which would cross the ocean with their human cargo. Men, women and children were separated into rooms,



Denise Reed photos

ABOVE: Senegal chorus with traditional instruments. **RIGHT:** Denise Reed at the “slave house” in Gorée, an island off the Senegal coast.

sometimes packed so tightly they couldn't sit down.

Trying to imagine myself in their place, I thought maybe I could end the experience for a day or two. Then I learned that the slaves were sometimes kept in those small rooms for

up to three months. My knees buckled and my colleague had to keep me from falling.

The limited and selective information found in our history books reinforces my fears that man's inhumanity to man will continue unless we

actively work to broaden our knowledge and prevent such things from taking place.

Our only recourse for avoiding these atrocities is to question what we are told, and seek out the truth however we can. There is so much we don't know but merely believe, and not for good reasons. We must constantly question our beliefs and pursue the truth, painful as the process might be.

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THE DAILY ASTORIAN TV SCHEDULE														Evening listings FRIDAY—SUNDAY	
FRIDAY EVENING														FEBRUARY 2	
A - Charter Astoria/ Seaside - L - Charter Long Beach															
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
2	KATU	(2) KATU News at 6 (N)		Jeopardy! (N)	Wheel Fortune (N)	Child Support (N)		Agents of SHIELD "Past Life" (N)	20/20			KATU News (N)	(35) Jimmy Kimmel		
3	KOMO	(4) KOMO 4 News (N)		Jeopardy! (N)	Wheel Fortune (N)	Child Support (N)		Agents of SHIELD "Past Life" (N)	20/20			KOMO 4 News (N)	(35) Jimmy Kimmel		
5	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Blindspot "Two Legendary Chums" (N)		Taken "OPSEC" (N)	Dateline NBC			KING 5 News (N)	(35) Tonight Show		
6	KOIN	(3) KOIN Local 6 (N)	Evening News (N)	Extra	Ent. Tonight	MacGyver "Murdoc + Handcuffs" (N)	Hawaii Five-0 "He Puko'a Kani'aina" (N)	Blue Bloods "School of Hard Knocks" (N)	KOIN 6 News (N)			KOIN 6 News (N)	(35) Colbert		
7	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	MacGyver "Murdoc + Handcuffs" (N)	Hawaii Five-0 "He Puko'a Kani'aina" (N)	Blue Bloods "School of Hard Knocks" (N)	KIRO News (N)			KIRO News (N)	(35) Colbert		
9	KGW	(3) KGW News at 6:00 p.m. (N)		Live at 7 (N)	Inside Edition	Blindspot "Two Legendary Chums" (N)	Taken "OPSEC" (N)	Dateline NBC	KGW News (N)			KGW News (N)	(35) Tonight Show		
9	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Crazy Ex-Girlfriend (N)	JaneVirgin "Chapter Seventy-Three" (N)	News at 10 (N)	Friends			Two and a Half	Two and a Half		
10	KOPB	(10) Travels Darley	Business (N)	PBS NewsHour (N)		Doc Martin "Listen With Mother" (N)	The Inspector Lynley Mysteries "Natural Causes" (N)	10 O'Clock News (N)	Friends			News (N)	Page Six TV		
12	KPTV	(12) 6 O'Clock News (N)		Family Feud	Family Feud	Hell's Kitchen "Final Three" (N)	Hell's Kitchen "All-Star Finale" (SF) (N)	10 O'Clock News (N)	American Dad!			The Game	The Game		
13	KPDX	(3) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's News (N)	9 O'Clock News (N)	Family Guy	Q13 News at 10 (N)			Most Wanted	The Simpsons		
13	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Hell's Kitchen "Final Three" (N)	Hell's Kitchen "All-Star Finale" (SF) (N)	Q13 News at 10 (N)				Most Wanted	The Simpsons		
20	TBS	(20) Family Guy	Family Guy	Brooklyn 99	Brooklyn 99	*** Rush Hour (1998, Action) Chris Tucker, Tom Wilkinson, Jackie Chan.		*** Rush Hour 3 (2007, Action) Jackie Chan, Roman Polanski, Chris Tucker.				Two and a Half	Two and a Half		
22	KZJO	(22) Friends	Friends	Mom	Modern Family	Mom	Q13 News at 9 (N)	Big Bang Theory	Big Bang Theory			Two and a Half	Two and a Half		
29	ESPN	(29) (5:00) NBA Basketball Miami Heat at Philadelphia 76ers (L)		NBA Basketball	Golden State Warriors at Sacramento Kings Site: Golden 1 Center (L)			SportsCenter (N)				SportsCenter (N)			
29	ESPN2	(30) H.S. Football All-Star Challenge				SportsCenter (N)		SportsCenter (N)				SportsCenter (N)			
31	NICK	(31) The Loud House	The Loud House	SpongeBob	SpongeBob	To Be Announced		Super Bowl	Super Bowl			NBA Basketball Miami vs Philadelphia			
32	DISN	(32) Jessie	Jessie	Bunk'd	Andi Mack	Andi Mack	Stuck in Middle	Bunk'd	Andi Mack			Stuck in Middle	K.C. Undercover		
34	FAM	(34) (5:30) *** National Treasure (2004, Adventure) Diane Kruger, Justin Bartha, Nicolas Cage.				*** Captain America: The First Avenger (2011, Action) Hugo Weaving, Hayley Atwell, Chris Evans.						The 700 Club			
35	FMC	(35) (5:35) *** Hancock (2008, Action) Charlize Theron, Will Smith. (1:25) *** The Equalizer (2014, Action) Chloë Grace Moretz, Marton Csokas, Denzel Washington.				Chloë Grace Moretz, Marton Csokas, Denzel Washington.									
36	LIFE	(36) Bring It! "Stand Battle Shake-Up"		Bring It! "Doll Meet World"		Bring It! Chat (N) (1:50) Bring It! (N)	Bring It! "National Pressure" (N)	The Rap Game "Don't Hold Back" (N)				(10) Da Brat (N) (1:15) To Be Announced			
38	ROOT	(38) NCAA Basketball Oregon State at Stanford				UFC UFC 199 Middleweight Luke Rockhold fights Michael Bisping. Luke Rockhold vs. Michael Bisping 2 Site: The Forum						Fight Sports MMA			
39	FS1	(39) NCAA Basketball Utah at Colorado (L)				UFC FN Weigh-In "Machida vs. Anders"	TMZ Sports (N)	Skip and Shannon: Undisputed Opinions on the biggest sports topics of the day.				Speak for Yourself			
43	SPIKE	(43) Friends	Friends	Friends	Friends	Friends	Friends	*** Road House (1989, Action) Sam Elliott, Ben Gazzara, Patrick Swayze.							
44	COM	(44) (1:15) The Office 2/2 (1:50) South Park "South Park Is Gay!" (1:25) South Park				South Park	South Park	South Park	South Park	South Park		Roy Wood Jr.: Father Figure			
45	HIST	(45) Ancient Aliens "The Prototypes"		Aliens "Return to Gobekli Tepe"		Ancient Aliens: Declassified "Aliens Above and Below" Underwater cities and caverns hold alien mysteries. (N)									
46	A&E	(46) (5:00) Live PD				Live PD: Roll Call (1:05) Live PD: Rewind		Live PD Live access inside the country's busiest police forces. (L) (N)							
47	TLC	(47) Untold Stories "Deadly Sore Throat"		Untold Stories "Hockey Player Down"		Untold Stories "Can't Stop Itching"	Untold Stories of the ER "Blackout" (N)	Untold Stories "Creepy Crawlies"				Untold Stories of the ER "Blackout"			
48	DISC	(48) Gold Rush "Lost Gold"		Gold Rush		Gold Rush: Pay Dirt "Broken" (N)	Gold Rush "Of Monsters and Men" (N)	Gold Rush WhiteWater "Dredge Down"				Gold Rush "Of Monsters and Men"			
49	NGEO	(49) Alaska State Troopers "Hairy Threat"		Alaska Troopers "One in the Chamber"		Alaska State Troopers	Alaska State Troopers "Knife Fight"	State Troop. "Grizzly-pendence Day"				Alaska State Troopers "Ice Patrol"			
50	TNT	(50) Bones "The Soldier on the Grave"		Bones "The Woman in Limbo"		*** American Sniper (2014, War) Sienna Miller, Luke Grimes, Bradley Cooper.						The Alienist "The Boy on the Bridge"			
51	AMC	(51) (5:00) *** Independence Day '96, Sci-Fi) Bill Pullman, Jeff Goldblum, Will Smith.				*** X-2: X-Men United (2003, Sci-Fi) Hugh Jackman, Ian McKellen, Patrick Stewart.						300 (2006, Epic) Gerard Butler.			
52	USA	(52) Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family		
53	FOOD	(53) Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	The Grill Dads	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins		
54	HGTV	(54) Fixer "Austin Couple Finds Waco Charm"		Fixer "Family Seeks Spacious Upgrade"		My Dream Home	My Dream Home	Dream Home (N)	My Dream Home	House Hunters (N)	House Hunters (N)	House Hunters	House Hunters		
56	FX	(56) (5:00) *** 21 Jump Street (2012, Action)		Channing Tatum, Ice Cube, Jonah Hill.		*** Maze Runner: The Scorch Trials (2015, Sci-Fi) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.						The Maze Runner "14) Dylan O'Brien.			
57	CNN	(57) Anderson Cooper 360		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Anderson Cooper 360				CNN Tonight With Don Lemon			
58	FNC	(58) Hannity		The Ingraham Angle		Special Report With Bret Baier	The Five	Hannity				The Ingraham Angle			
61	CNBC	(61) Shark Tank		Shark Tank		Billion Buyer "Hanley's and Pasturebird"	Married to Medicine (N)	Billion Buyer "Loweco and Bella Breeze"				Paid Program			
63	BRAV	(63) The Real Housewives of Atlanta		*** Next Friday (2000, Comedy) Mike Epps, Justin Pierce, Ice Cube.		Married to Medicine (N)		Married to Medicine				Next Friday (2000, Comedy) Ice Cube.			
64	TCM	(64) (5:00) *** Limelight '52) Claire Bloom, Charlie Chaplin.		*** Fiddler on the Roof (1971, Romance) Norma Crane, Leonard Frey, Chaim Topol.								(45) *** Yankee Doodle Dandy '42) James Cagney.			
65	SYFY	(65) (5:30) *** Blade (1998, Action) Stephen Dorff, Kris Kristofferson, Wesley Snipes.				Futurama	Futurama	Futurama	Futurama	Futurama		Futurama	Futurama		
162	RFD	(162) County Report (N)	FarmHer	Chasing-Madison	The Jimmy Dean Show			Country's Family Reunion		County Reporter	Chasing-Madison	Time Life Library			
SATURDAY EVENING														FEBRUARY 3	
A - Charter Astoria/ Seaside - L - Charter Long Beach															
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
2	KATU	(2) (5:30) NBA Basketball Houston Rockets at Cleveland Cavaliers (L)		Jeopardy!	Wheel of Fortune	Paid Program	Paid Program	20/20				KATU News (N)	(35) HonorWrestle		
3	KOMO	(4) (5:30) NBA Basketball Houston Rockets at Cleveland Cavaliers (L)		Jeopardy!	Wheel of Fortune	Jeopardy!		20/20				KOMO 4 News (N)	(35) HonorWrestle		
5	KING	(5) NBC News (N)	KING 5 News	Journey	Naturally, Danny	Sat. Night Live "Sports Spectacular"	NFL Honors Awards are given to the best players and performances. (L)					KING 5 News (N)	Sat. Night Live		
6	KOIN	(3) KOIN 6 News (N)	Weekend News (N)	Entertainment Tonight Weekend		Bull "Dressed to Kill"	48 Hours	48 Hours				KOIN 6 News (N)	(35) Amer.Ninja		
7	KIRO	(7) Weekend News (N)	KIRO 7 News (N)	Entertainment Tonight Weekend		Bull "Dressed to Kill"	48 Hours	48 Hours				KIRO News (N)	(35) Scandal		
9	KGW	(3) NBC News (N)	Naturally, Danny	Champion Within	Give	Sat. Night Live "Sports Spectacular"	NFL Honors Awards are given to the best players and performances. (L)					KGW News (N)	Sat. Night Live		
9	KRCW	(3) Modern Family	Modern Family	Last Man Standing	Last Man Standing	Friends	Friends	Seinfeld	Seinfeld	News at 10 (N)	Pawn Stars	Practical Jokers	Bones		
10	KOPB	(10) Great British Baking "Botanical"		Travel: Art Wolfe	Steves' Europe	Trekker "Art Trails of the French Riviera"	Father Brown "The Eve of St. John"	Doctor Blake "The Open Road"				Afterlife "More Than Meets the Eye"			
12	KPTV	(12) *** Young Adult '11, Com/Dra) Patrick Wilson, Patton Oswalt, Charlize Theron.		Big Bang Theory	Big Bang Theory	The Resident "Pilot"	The Resident "Independence Day"	10 O'Clock News (N)				Hell's Kitchen "Families Come to Hell"			
13	KPDX	(3) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	Rizzoli & Isles "A Bad Seed Grows"	The X-Files	CSI: Miami "A Few Dead Men"				West Coast Wrestling Connection			
13	KCPQ	(13) Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Resident "Pilot"	The Resident "Independence Day"	Q13 News (N)	Most Wanted	Big Bang Theory	Big Bang Theory	Hell's Kitchen "Families Come to Hell"			
20	TBS	(20) Brooklyn 99	Brooklyn 99	Brooklyn 99	Brooklyn 99	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Q13 News at 9 (N)	Most Wanted	Full Frontal	The Detour		
22	KZJO	(22) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Modern Family	Modern Family	Q13 News at 9 (N)	Most Wanted	Bones		X-Files "Jose Chung's From Outer Space"			
29	ESPN	(29) (5:15) NCAA Basketball (L)		(15) Boxing Top Rank Gilberto Ramirez vs. Habib Ahmed Site: American Bank Center (L)				SportsCenter The day's news in the world of sports. (N)				SportsCenter (N)			
29	ESPN2	(30) (5:00) NCAA Basketball Iowa/Bay. (L)		NCAA Basketball BYU at Gonzaga (L)				SportsCenter (N)				Super Bowl XLII HL	Super Bowl		
31	NICK	(31) To Be Announced				To Be Announced						Friends	Friends		
32	DISN	(32) Bizaardvark	Bizaardvark	Raven's Home	Raven's Home	*** Spy Kids 4: All the Time in the World '11) Jessica Alba. (1:35) Stuck Middle		Full House	Full House			Bunk'd	Bunk'd		
34	FAM	(34) Movie (1:35) *** Captain America: The First Avenger '11, Action) Hugo Weaving, Hayley Atwell, Chris Evans. (1:15) *** The Goonies (1985, Adventure) Corey Feldman, Josh Brolin, Sean Astin.				*** The Day After Tomorrow (2004, Action) Jake Gyllenhaal, Ian Holm, Dennis Quaid.									
35	FMC	(35) (5:00) *** The Equalizer (2014) Denzel Washington.				(1:45) *** Pacific Rim (2013, Action) Charlie Hunnam, Rinko Kikuchi, Idris Elba.									
36	LIFE	(36) Madea's Witness Protection '12, Com) Eugene Levy, Denise Richards, Tyler Perry.				The Simone Biles Story: Courage to Soar (2018, True Story)						Biography Presents "Simone Biles" (N) The Simone Biles Story: Courage to ...			
38	ROOT	(38) NCAA Basketball St. Mary's College at San Diego (L)				NCAA Basketball San Francisco at Santa Clara (L)						NCAA Basketball Clemson at Wake Forest			
39	FS1	(39) (4:00) AMA Supercross (L)		UFC UFC FN 125 Machida and Anders headline this event. Lyoto Machida vs. Eryk Anders Site: Arena Guilherme Paraense (L)				UFC Fight Post "Machida vs. Anders" (L) UFC Fight Post "Machida vs. Anders"				UFC Fight Post "Machida vs. Anders"			
43	SPIKE	(43) (5:30) Concussion (2015, Drama) Gugu Mbatha-Raw, Alec Baldwin, Will Smith.				*** Forrest Gump (1994, Comedy/Drama) Sally Field, Gary Sinise, Tom Hanks.									
44	COM	(44) (5:20) *** Office Space '99) Ron Livingston.		*** Tammy (2014, Comedy) Susan Sarandon, Sarah Baker, Melissa McCarthy.		*** Office Space (1999, Comedy) Jennifer Aniston, Gary Cole, Ron Livingston.									
45	HIST	(45) Forged in Fire "Khandia"		Forged in Fire "The Cinquedea"		*** Apollo 13 (1995, Docu-Drama) Bill Paxton, Kevin Bacon, Tom Hanks.						(1:05) The Days That Shaped			
46	A&E	(46) (5:00) Live PD				Live PD (1:05) Live PD "Rewind"		Live PD Live access inside the country's busiest police forces. (L) (N)							
47	TLC	(47) Say Yes-Dress	Say Yes-Dress	Say Yes-Dress "I'm Having a Moment"		Say Yes-Dress "Coco is Not Impressed"	Mariah is looking for a princess dress. (N)	(1:05) Say Yes to the Dress				(1:05) Yes Dress "Coco is Not Impressed"			
48	DISC	(48) Street Outlaws "Outlaw Armageddon"		Street Outlaws "Outlaw Armageddon to the End"		Street Outlaws: Full Throttle (N)	Street Outlaws	Street Outlaws				Street Outlaws "Midnight Riders"			
49	NGEO	(49) Bloods and Crips: L.A. Gangs		Miami Drug Cartel		Life Below Zero "To Catch a King"	Life Below Zero "The Intruder"	Life Below Zero "Heavy Load"				Life Below Zero "To Catch a King"			
50	TNT	(50) (5:30) The Intern (2015, Comedy) Anne Hathaway, Adam DeVine, Robert De Niro.				*** The Hunger Games (2012, Action) Josh Hutcherson, Liam Hemsworth, Jennifer Lawrence.						The Hunger Games: Catching Fire			
51	AMC	(51) (4:30) The Book of Eli		*** The Day After Tomorrow (2004, Action) Jake Gyllenhaal, Ian Holm, Dennis Quaid.		*** The Book of Eli (2009, Adventure) Gary Oldman, Mila Kunis, Denzel Washington.									
52	USA	(52) (4:30) Remember the Titans		*** The Blind Side (2009, Sport) Tim McGraw, Quinton Aaron, Sandra Bullock.				Falling Water "Promotion" (N)				The Blind Side '09, Spt) Sandra Bullock.			
53	FOOD	(53) Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins		
54	HGTV	(54) House Hunters	House Hunters	House Hunters	House Hunters	Property Bros. "									