

Seaside Heights Elementary students win Elks essay contest

The Daily Astorian

SEASIDE — The Elks’ Americanism Essay Contest theme for students this year was “Why Our Veterans are America’s Heroes.” First-place winner Patrick Benjamin Rainey received \$75; second-place winner Jaya Homan received \$25; and third-place winner Lauren Kropf received \$15. All three students attend Seaside Heights Elementary School.

Their essays have been forwarded to the Northwest District contest for consideration of additional awards. Also sent to the district contest were essays by Maggie Goin, Dylan Phipps and Landin Haustein, all students at Broadway Middle School.

For information about other programs for youth supported by Elks, call 503-738-6651 or email seasideelks@yahoo.com

Conference offers women a chance to return to school

The Daily Astorian

The American Association of University Women, Seaside and Astoria chapters, and Clatsop Community College, invite Women Interested in Going to School to attend the 2018 WINGS Conference from 8 a.m. to 3:30 p.m. Feb. 10 in Columbia Hall at the college, 1651 Lexington Ave.

The conference is free to all women wanting to return to school to gain skills to enrich their lives. Women may return to earn their GED, to start or finish vocational certificates or college degrees, to develop new job skills and to train for a new career. College staff are on hand to provide information about admissions, scholar-

ships, financial aid, career planning, nontraditional careers, conquering math anxiety and support services for the transition to college and success as a student.

A half-day program, WINGS Latina, is also available for women who wish to attend CCC’s classes, including those offered in Spanish.

Participants in the WINGS conference receive educational benefits, as well as free lunch. Professional day care is provided on site at no cost for children younger than 12.

Preregistration is required. For information, or to register, go to www.wings-clatsop.com, or call 503-717-1852. To register for WINGS Latina, call 503-338-2379.

Transit district seeks volunteers for its budget committee

The Daily Astorian

The Sunset Empire Transportation District Board of Commissioners is seeking volunteers, who are registered voters and residents of Clatsop County, who would like to serve on the district’s Budget Committee, which is comprised of seven SETD Board members and seven community members who are appointed by the board.

Budget meetings are held

up to three times a year in the spring, and members serve a three-year term. To be considered, send a letter of interest by email to jeff@ride-thebus.org, or mail it to, or dropped it off at, the Sunset Empire Transportation District, 900 Marine Drive Astoria, OR 97103. Applications are being accepted until Feb. 28.

For information, call Jeff Hazen at 503-861-5399 or email jeff@ridethebus.org

Astoria Lions assist at food bank, donate check for \$1,000



Mitch Eckhardt

After their December meeting, the Astoria Lions Club took a trip to do volunteer work at the Clatsop Community Action Regional Food Bank. Their sorting, counting and weighing skills were put to work sorting cereal boxes from pallets into boxes to be distributed to the 30-plus area food pantries and feeding sites. The group also presented the food bank with a check for \$1,000. Pictured, from left, Astoria Lions members Lavina Jones, Ray Montgomery, Ron Larsen, Russ Thompson, Donna Thompson and Charlene Larsen, Grace Taylor and Dustin Martin of CCA, and Astoria Lions Nancy Lockett and Tom Gill. Not pictured, but also helping, Lions member Lenard Hansen.

Cotte and Grauff named Astoria Students of the Month for January

The Daily Astorian

The Astoria Rotary honored two Astoria High School students, Alexandra Cotte and Matthew Grauff, as Students of the Month for January. Students of the Month are selected from the junior and senior classes at Astoria and Knappa high schools; they must be in good standing in school, and involved in school and community activities.

Cotte, a junior, is the daughter of Malcolm and Darcy Cotte. She holds a parliamentary position with the AHS Associated Student Body, takes honors and advanced placement classes, is on the honor roll, and is a member of the National Honor Society. She plans to attend college and work toward degrees in business and math.



Alexandra Cotte



Matthew Grauff

Grauff, a senior, is the son of Peter and Christina Grauff. He has helped organize the new Robotics Club at AHS, is the piano accompanist for the music program at the school, as well as at his church, and

takes honors classes. He plans to attend college to study both physics and music, as well as attain a degree in engineering.

Astoria Rotary meets on Mondays at noon at the Elks Lodge in Astoria.

GRADUATE

The following student graduated from college:

Eastern Oregon University La Grande
Warrenton: Denise Babawale, bachelor’s degree, integrative studies.

HONOR ROLL

The following students have qualified for the honor roll by earning a 3.5 grade point average or higher at school.

Eastern Oregon University La Grande
Astoria: Denise Babawale.
Warrenton: Abby Mathews, Noni Webster.

SELF-HELP GROUPS

- Al-Anon (Astoria)** — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information, Oregon Area Al-Anon website. or egonal-anon.org
- Alateen (Tillamook)** — 6:30 p.m. Thursday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not required. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Men’s Sexual Purity Recovery Group — Tuesday nights. Part of the
- Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to nworegonna.org

Overeaters Anonymous Women’s Meeting — noon to 1 p.m. Thursday, 1218 Avenue A., Seaside.

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.



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 - Tai Chi **503-338-7564**

- Find Your Group**
- WomenHeart support group **503-338-7564**
 - Understanding Your Grief group **503-338-6230**
 - Breast Cancer Support group **503-338-4589**

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Learn More:
columbiamemorial.org/resolutions

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**Saturday, February 10
11:00 a.m.**

AAA North Coast
153 South Highway 101
RSVP: 503.861.3118
NORTHCOAST@AAAOREGON.COM

