

Tongue Point students collect items for homeless



United Way of Clatsop County

The Youth2Youth: Partners for Peace leaders and Student Government Association officers at Tongue Point Job Corps Center got together on Martin Luther King Day for a service project to benefit United Way of Clatsop County. Forty kits containing useful personal care items purchased by the SGA for the local homeless population will be distributed through UWCC's partner agency, Clatsop Community Action. Over 100 pounds of food was also collected and donated. Pictured, from left, Taylor Daffern; Anthony Marabella; Sarah Phillips; Matthew Sutterer; Jennifer Holen, UWCC director; Toni Lopez, acting SGA president; Dylon Koehler; Viviana Matthews, CCA deputy director; Trent Thomas; and Brittany Campbell.

RELIGION BRIEFS

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship (PUUF) holds a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. Rev. Kit Ketcham and several PUUF members are addressing "My UU Journey." Religious education for the children is available each week following the "Moment with the Children" near the beginning of the service.

For information, call 503-325-5225, email pacuuf@gmail.com or go to pacuuf.org

Common Ground Interspiritual

A Celebration of Spirit, sponsored by Common Ground Interspiritual Fellowship, meets from 9:30 to 10:30 a.m. Sunday in the Wes-

ley Room at the Astoria First United Methodist Church, 1076 Franklin Ave. Use the 11th Street building entrance. This morning gathering is not defined by any particular belief system, and is intended for the "spiritual but not religious," as well as those who draw from more than one faith tradition. For information, go to cgifellowship.org

Religious Society of Friends

ILWACO, Wash. — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N. All are welcome to visit and participate. For information, go to lowercolumbiaquakers.org

First Lutheran Church

First Lutheran Church (FLC),

725 33rd St., is holding one service on Sunday at 10 a.m., followed by the annual meeting and potluck. All members are encouraged to attend.

The First Lutheran Church Youth Club is forming for youths who are 10 to 13 years old, or close to those ages, depending on the maturity of the individual. The group meets twice a month from 4 to 6 p.m. on Sundays for fellowship, food and activities based on a biblical or seasonal theme. The first meeting is Feb. 4.

For information about the youth group, call Trisha Dunn or Rev. Steve Kienberger at the church at 503-325-6252, or email flcastoria@gmail.com

Grace Episcopal Church

Grace Episcopal Church, 1545

Franklin Ave., holds its 154th Annual Meeting Sunday, beginning with a single 9 a.m. combined service.

Sunday is Hunger Awareness Sunday, with an ingathering at the service for the Hunger Ministries at the church. Both monetary and non-perishable food items are requested. Loaves of bread, canned corn and crackers are especially needed.

Following the service, a meal is being shared, then reports from the various ministries and committees are presented. The first annual meeting of Grace was held in 1846, even before the original Grace Church building was completed in 1867.

The monthly Community Dinner is served in the Parish Hall at 4 p.m. Sunday. Those willing to help should come at 3 p.m. to set up and at 5 p.m. to clean up.

For information, call the church at 503-325-4691 or go to graceastoria.org

First Presbyterian

First Presbyterian Church of Astoria, at 1103 Grand Ave., meets Sunday at 10 a.m. Rev. Bill Van Nostran's sermon topic is "The State of Communion." Denise Reed provides musical accompaniment on organ and piano.

Guided Meditation is offered every Thursday night in the Marcotte Room (behind the sanctuary), led by Sumedha Murdock. Those new to meditation have an instructional session at 6:30 p.m.; meditation begins at 7 p.m.

For information, call 503-325-1702, email pastorbill@fpcastoria.org, or go to fpcastoria.org

VOLUNTEER OPPORTUNITIES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

American Red Cross — Needs registration volunteers (donor ambassadors) in Clatsop County to provide customer service and enhance the blood donor experience. For information, call Angela Basurto at 503-528-5430.

Astoria Column — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — 1111 Exchange St. To volunteer, call Larry Miller at 503-325-3231.

Astoria Veteran Van Drivers — Volunteer drivers needed for the Disabled American Veterans van for one or more trips per month. The van leaves Astoria at 7 a.m. for the Portland Veterans Administration Hospital and returns in the early afternoon. To volunteer, contact Dick Lang, Astoria DAV van coordinator, at 503-298-8757 or dicklang@charter.net. Drivers receive free breakfast and lunch vouchers for the hospital canteen on every trip.

Astoria Warming Center — 1076 Franklin Ave. Winter overnight emergency shelter for homeless persons needs volunteers for three-hour shifts from evening through the night to help with welcoming guests, serving dinner, cleaning the kitchen, monitoring the sleeping area overnight, and closing the shelter in the morning. Volunteers also needed for weekly litter patrols in the neighborhood. To volunteer, email astoriawarmingcenter@gmail.com

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

Camp Kiwanilong — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to campkiwanilong.org

Cannon Beach Academy — 3781 S. Hemlock St., Cannon Beach. Volunteers needed for breakfast or lunch preparation and cleanup, reading groups, math groups, lunch/recess duty and housekeeping. Shifts are 1.25 hours or longer. For information, call 503-298-5245.

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dognscats.org or call 503-861-0737.

Clatsop Care Center — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community Action Regional Food Bank — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

Clatsop Community College Outreach Literacy — Needs volun-

teer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Clatsop Cruise Hosts — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to clatsopcruise-hosts.org

Coast Community Radio — Volunteers needed for a variety of opportunities and time commitments including weekday front desk, music library digital conversion, graphic and sign making, booths at farmers markets and special events, landscaping, and mailing parties. For information, email janet@coastradio.org or call 503-325-0010.

Columbia Memorial Hospital — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to columbiamemorial.org. To schedule an interview, call 503-325-4321.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Diners — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Community Emergency Response Team — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control.

See **VOLUNTEER**, Page 3B

Cartwheels for Canned Food event set for Saturday

The Daily Astorian

GEARHART — Encore Dance Studio, 3631 U.S. Highway 101 in Gearhart, holds its annual Cartwheels for Canned Food event from 11 a.m. to noon Saturday.

The occasion — which includes an hour of tumbling

fun that is focused on cartwheel technique — is open to the public, and no membership is required. All participants must be at least 4 years old and all abilities and levels are welcome. The clinic is free with a nonperishable food donation to help the local community.

AARP offers seniors and others help with income taxes

The Daily Astorian

AARP provides assistance with income taxes for those who have simple tax returns, including seniors and others with low income. Tax help is available on Saturdays, beginning Feb. 3, at the Astoria Senior Center, 1111 Exchange

St.; and on Mondays, beginning Feb. 5, at the Bob Chisholm Community Center, 1225 Avenue A in Seaside. Appointments are required at both locations. For Astoria, call 503-325-3231; for Seaside, call 503-738-3348.

For information or questions, call Ron Crandall at 503-738-0355.

Free bus rides, open house on Ridership Appreciation Day

The Daily Astorian

The Sunset Empire Transportation District has announced that its annual Ridership Appreciation Day is Tuesday. It is scheduled to coincide with, and offer free bus service to Project Homeless Connect being held from 10 a.m. to 3 p.m. at the Seaside Convention Center.

Also on Tuesday, as part of Ridership Appreciation Day, an open house is held from 8 a.m. to 6 p.m. at the Astoria Transit Center, 900 Marine Drive, with free refreshments, gifts, prizes and travel and transit information.

For questions, contact Mary Parker at 503-861-5370 or go to ridethebus.org

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What are your goals this year?

Get Fit

- Cardiac/Pulmonary Rehab **503-338-4052**
- A Matter of Balance class **503-338-7564**
- Strong Women, Strong Bones class **503-338-7564**
- Tai Chi **503-338-7564**

Find Your Group

- WomenHeart support group **503-338-7564**
- Understanding Your Grief group **503-338-6230**
- Breast Cancer Support group **503-338-4589**

Be Healthier

- Diabetes Education **503-338-4012**
- Living Well/Self-Management class **503-338-7564**
- Cancer
- Chronic Conditions
- Chronic Pain
- Diabetes
- Tobacco Cessation **503-338-7564**

Help Others

- Volunteer **503-325-3208**

Learn More:
[columbiamemorial.org/
resolutions](http://columbiamemorial.org/resolutions)

2111 Exchange Street, Astoria, Oregon • 503-325-4321
www.columbiamemorial.org