Pick up a brush!

SEAVIEW, WASH. — The Sou'wester Lodge (3728 J Place, Seaview, Washington) will host a workshop on still-life painting 10 a.m. to 4 p.m. Saturday, Jan. 20.

Portland-based painters Jeremy Okai Davis and Kristen Flemington will lead an informative and experiential painting workshop inclusive to painting-curious folks, from advanced painters to artistic newbies.

We will review the basics of color theory and painting techniques, practice a few brief painting exercises, then complete a small still-life painting that participants can take home with them.

This workshop is a great introduction to painting and an excellent opportunity to flex well-formed artistic skills. We will be painting with acrylic paint. Supplies will be provided, but if participants would like to bring their own supplies, they are more than welcome to do so.

The cost is \$30, plus a \$10 material fee paid directly to the instructors.

Wear comfortable clothes that are OK to get paint on. Please bring a sack lunch and/or snack (hot tea and coffee will be provided).

This workshop is geared toward adults. Students 12 and up are welcome.

All workshops are open to the public, and all skill levels are welcome. RSVP via souwesterfrontdesk@gmail.com or 360-642-2542.

This class is part of the Sou'wester's fall and winter 2017-18 workshop series. Visit souwesterlodge.com/calendar to see the entire schedule of artist-led workshops.



COURTESY SOU'WESTER LODGE



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A painting by Kristen Flemington

How do you share nature?

SEAVIEW, WASH. — A workshop titled "How We Share Nature" with instructors Pete Brook, Dicky Dahl and Melissa Laurie will take place at the Sou'wester Lodge (3728 J Place, Seaview, Washington) 10 a.m. to 3 p.m. Sunday, Jan. 21

Join writer, activist and Pacific Crest Trail thru-hiker Pete Brook and the creators of "Crazy Possible," a webseries about rebooting your life on the Continental Divide Trail, for a guided hike (likely in the rain); a lively workshop about viewing and sharing nature; and some great food.

Workshop participants will reflect on how they share nature through words and images.

We'll make art to explore the motivations that draw us to the wilderness, our experiences there and how we communicate these things. We will close with practical hiker tips (secret camp sites, backpacking gear and how to poop in the woods), answer questions about the Continental Divide Trail and Pacific Crest Trail.

Participants will leave with new outdoor skills, new eyes for the images they see on social media, and new considerations for their own storytelling. Hopefully, too, we'll all leave with that fine sense of good that can only come from time spent outdoors.

Brook is an independent writer and curator focused on prisons, photos and power. Dahl is the co-founder of Great Notion Creative/Collective, a Portland-based filmmaker cooperative and creative services agency. Laurie, prior to becoming a full-time "Crazy Possible" dreamer, was a public health practitioner.

The cost is \$15, plus a \$5 material fee paid directly to the instructors.

All participants are asked to bring five pictures of nature with them (those



COURTESY SOU'WESTER LODGE

The creators of the webseries "Crazy Possible" (from left): Melissa Laurie, Dicky Dahl and Pete Brook

registering the day of will be provided with images to select from); shoes, coats, etc. for rain; and to email ahead if there are dietary restrictions.

For lunch we want to make soup and traditional thru-hiking snacks (think pop-tarts, snickers and tuna in pouches). Instructors will provide the snacks and soup. Hot tea and coffee will be provided.

All skill levels are welcome. We will plan for hikes that accommodate a leisurely stroll and a brisk stride. We can come up with other activities if that isn't a fit for you. Children are welcome on the hike and in the workshop, but could also be quite bored by the event.

If you have question, please email us. Only 14 students will be allowed. RSVP via souwesterfrontdesk@gmail.com or 360-642-2542.

This class is part of the fall and winter 2017-18 workshop series at the Sou'wester. Visit souwesterlodge.com/calendar to see the entire schedule of workshops.

Film screening

A screening of "Crazy Possible" will take place 6 to 8 p.m. Saturday, Jan. 20.

"Crazy Possible" is a fivepart wilderness series about a couple who trade in security and comfort for three months in the wilderness of the Continental Divide National Scenic Trail. Told with candor and wit, it invites viewers to join in the adventure of remaking their lives.

The screening will include the entire series. The run time will be a less than 90 minutes and feature never-before-seen material just for the Sou'wester audiences. The filmmakers will be present for a Q-and-A afterward.

This event is free and open to the public.

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