

Astor Place honored for senior, assisted living



Colin Murphey/The Daily Astorian

Residents and staff members bake sweets at Astor Place. The facility was recently honored by senior and assisted living review site SeniorAdvisor.com

The Daily Astorian

Astor Place has been named one of the 2018 Best of Assisted Living Award winners by review site SeniorAdvisor.com

The annual awards tabulate more than 150,000 reviews by seniors and their families to find the highest-quality care pro-

viders. Of the nearly 45,000 communities listed on SeniorAdvisor.com, just over 1,600 were recognized with the award. Astor Place was the only winner in Clatsop County.

To qualify, care providers must have maintained an average overall rating of at least 4.5 stars while receiving four or more new reviews over the past year. For more information, visit tinyurl.com/ybtencyf

Summit focuses on democracy and civic engagement

The Daily Astorian

“Turn the Tide 2018,” an Indivisible North Coast Oregon (INCO) regional summit, is held from 8:30 a.m. to 4:30 p.m. on Jan. 20 at the Fort George Lovell Showroom, 426 14th St. The event is open to anyone interested in strengthening democracy and promoting civic engagement. Come for one session or stay for the day. There is no cost, but donations are welcome.

The summit includes small group discussions, a panel and guest speakers Jen Hoffman, Americans of Conscience blog and checklist writer; Linai Vaz, former

Olympic trainer and OR-1 Indivisible leader; and Lindsay Hessel, election strategist and OR-3 Indivisible leader.

“Run for Something,” hosted by INCO’s Vote the Future Team for potential political candidates, is from 4:30 to 6 p.m., and includes information about open positions and how to run, campaign and enjoy the process

The event concludes with a Rock the Resistance Dance from 8 to 10 p.m. with DJ Joey Altruda.

For information about INCO and the full day’s schedule, go to indivisible-northcoastor.blogspot.com

Free youth theater workshop held at Fort Columbia Theater

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CHINOOK, Washington — The Peninsula Association of Performing Artists hosts a free youth theater workshop on Monday. The three-hour event begins at 1 p.m. at the Fort Columbia Theater in Chinook. It is intended for youth in grades nine through 12. There is no charge for participating.

Organizer Brooke Flood said that while learning how to be present in

the moment, students will build acting, design and communication skills in a spirited and supportive environment.

PAPA stages a full musical production on the Long Beach Peninsula each year, and hosts a visit of a professional big band in the fall to celebrate veterans. Flood said other training workshops are being considered.

Details will be announced. For information, go to papatheater.com

RELIGION BRIEFS

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship holds a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. Rev. Kit Ketcham’s topic is “Our Great Covenant.” Religious education for the children is available each week following the “Moment with the Children” near the beginning of the service.

The monthly potluck is at the Masonic Temple across the street after the service.

For information, call 503-325-5225, email pacuuf@gmail.com or go to pacuuf.org

Common Ground Interspiritual

A Celebration of Spirit, sponsored by Common Ground Interspiritual Fellowship, meets from 9:30 to 10:30 a.m. Sunday in the Wesley Room at the Astoria First United Methodist Church, 1076 Franklin Ave. Use the 11th Street building entrance. This morning gathering is not defined by any particular belief system, and is intended for the “spiritual but not religious,” as well as those who draw from more than one faith tradition.

For information, go to <http://cgfellowship.org>

Religious Society of Friends

ILWACO, Washington — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N. All are welcome to visit and participate. For information, go to <https://lowercolumbiaquakers.org>

Interfaith Partnership

SEASIDE — The South County Interfaith Partnership meets at 8:30 a.m. Tuesday at the Pig ‘N Pancake, 323 Broadway, to foster better understanding among faith practitioners and to nurture one another in spirit. All faiths are welcome. For information, call Ann Souvenir at 503-738-0200.

First Lutheran

First Lutheran Church, 725 33rd St., holds 8:30 and 11 a.m. Sunday worship services. Sunday School is around 8:45 a.m., after the children’s message during the early service.

Between services at 9:45 a.m., a

budget meeting is held to outline the proposed budget for 2018. Discussion and ideas regarding the budget are encouraged. The budget will be voted on at the annual meeting the last Sunday of January.

On Monday, Sea Scouts meet at 5:30 p.m.

Bible Studies are held at 10 a.m. and 6 p.m. Wednesday in the Fireside room with choir practice to follow at 7 p.m.

The Endowment Committee has announced that the Evangelical Lutheran Church in America (ELCA) Pooled Trust has made funds available for grants in 2018. The deadline for grant requests is Jan. 31. New this year are grant request forms, available on the Welcome Center at the church. For questions, contact Frank Kemp at 503-325-4268.

The Crab Dinner is at 6 p.m. Jan. 25 if crab is available. The dinner includes a full crab, coleslaw, bread, cake and coffee. The cost is \$15, and sign-ups are due by 1 p.m. Jan. 21.

St. Mary, Star of the Sea

On Sunday, after all of the Masses at St. Mary, Star of the Sea Catholic Church, the Catholic Daughters

of America, Court 151, oversees the collection of items needed for newborn babies in the Star of the Sea School auditorium, 1411 Grand Ave., for the annual Baby Shower Fundraiser. Cash donations will also be accepted. Cake and a light brunch will be served.

An Infant Jesus Feast Celebration takes place at the 10:30 a.m. Mass Jan. 21 at St. Mary, Star of the Sea. Lunch is served in the auditorium following the Mass; bring a favorite dish. The event is sponsored by the Filipino community.

The archdiocese offers training on using the Formed.org program, to which the parish subscribes, and is used to teach sacramental preparation, youth and adult faith formation, parish outreach and small group ministry. The training is from 9 a.m. to 4 p.m. Wednesday at Mount Angel Abbey. The archdiocese will also be live streaming much of the training. For questions, contact Tammy Loughran at 503-325-4062.

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., holds an Artist Reception on Sunday following the 10 a.m.

service. The photographs of Virginie Trubiano will hang in the Parish Hall through January.

The Community Soup Supper is served at 4 p.m. in the Parish Hall for any who would like a warm meal. Those willing to help should come at 3 p.m. to set up or at 5 p.m. to help clean up.

For information, call the church at 503-325-4691 or go to graceastoria.org

First Presbyterian

First Presbyterian Church of Astoria, 1103 Grand Ave., meets Sunday at 10 a.m. Guest pastor Rev. Jerry O’Neill delivers the sermon.

Fellowship Hall is the site of the “Second Saturdays Market” from 10 a.m. to 4 p.m. Saturday. Arts, crafts and specialty items are offered. There is no fee for attendance.

Guided Meditation is offered every Thursday night in the Marcotte Room, led by Sumedha Murdoch. Those new to meditation have an instructional session at 6:30 p.m.; meditation begins at 7 p.m.

For information, call 503-325-1702, email pastorbill@fpcastoria.org, or go to fpcastoria.org

VOLUNTEER OPPORTUNITIES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

American Red Cross — Needs registration volunteers (donor ambassadors) in Clatsop County to provide customer service and enhance the blood donor experience. For information, call Angela Basurto at 503-528-5430.

Astoria Column — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — 1111 Exchange St. To volunteer, call Larry Miller at 503-325-3231.

Astoria Veteran Van Drivers — Volunteer drivers needed for the Disabled American Veterans van for one or more trips per month. The van leaves Astoria at 7 a.m. for the Portland Veterans Administration Hospital and returns in the early afternoon. To volunteer, contact Dick Lang, Astoria DAV van coordinator, at 503-298-8757 or dicklang@charter.net. Drivers receive free breakfast and lunch vouchers for the hospital canteen on every trip.

Astoria Warming Center — 1076 Franklin Ave. Winter overnight emergency shelter for homeless persons needs volunteers for three-hour shifts from evening through the night to help with welcoming guests, serving dinner, cleaning the kitchen, monitoring the sleeping area overnight, and closing the shelter in the morning. Volunteers also needed for weekly litter patrols in the neighborhood. To volunteer, email astoriawarmingcenter@gmail.com

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers need-

ed at the chamber and for events. For information, call 503-325-6311.

Camp Kiwanilong — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to campkiwanilong.org

Cannon Beach Academy — 3781 S. Hemlock St., Cannon Beach. Volunteers needed for breakfast or lunch preparation and cleanup, reading groups, math groups, lunch/recess duty and housekeeping. Shifts are 1.25 hours or longer. For information, call 503-298-5245.

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter’s dogs and cats. For information, email info@dogsncats.org or call 503-861-0737.

Clatsop Care Center — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Branchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community Action Regional Food Bank — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds

maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

Clatsop Community College Outreach Literacy — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Clatsop Cruise Hosts — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to clatsopcruisehosts.org

Coast Community Radio — Volunteers needed for a variety of opportunities and time commitments including weekday front desk, music library digital conversion, graphic and sign making, booths at farmers markets and special events, landscaping, and mailing parties. For information, email janet@coastradio.org or call 503-325-0010.

Columbia Memorial Hospital — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to columbiamemorial.org. To schedule an interview, call 503-325-4321.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Dinners — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.



we are family



Introducing Dung (Dee) Nguyen DO, Family Medicine

Dee Nguyen earned her medical degree from Nova-Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida. She completed her residency at Christus Santa Rosa Family Medicine in San Antonio, Texas. She is board-certified in family medicine. She volunteered with AmeriCorps, and has worked with HIV/AIDS patients and in women’s health. In her free time, she enjoys backpacking, hiking, traveling, thrifting, remodeling, and snorkeling.

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