With North Coast Chorale, sing, play and donate to food banks

ASTORIA — Many in our community find it difficult to stay warm, and countless others don't have enough to eat this time of year. For more than 10 years, the North Coast Chorale has sponsored the community Messiah Sing-Along and Play-Along to benefit local food banks.

This year's event will be held 4 p.m. Sunday, Nov. 26, in the Performing Arts Center (588 16th St.) in Astoria.

There are several ways to enjoy this afternoon of musical enchantment.

You can simply listen to the choruses and arias sung by the Chorale and soloists. Or, if you're inclined to join in and sing, scores will be available in the lobby. Instrumentalists are also invited. Bring an instrument and "Play Along" with the accompanist to create a delightful afternoon for everyone.

Though the event is free, donations of unperishable food or money are requested. Last year alone, more than 96 pounds of food and \$1,250 were raised! Everything received will go directly to Clatsop Community Action's Regional Food Bank, which distributes to local food banks.

'Mysteries of the Stars'

North Coast Chorale will present its winter concert, "Mysteries of the Stars," Friday, Dec. 8, and Sunday, Dec. 10.

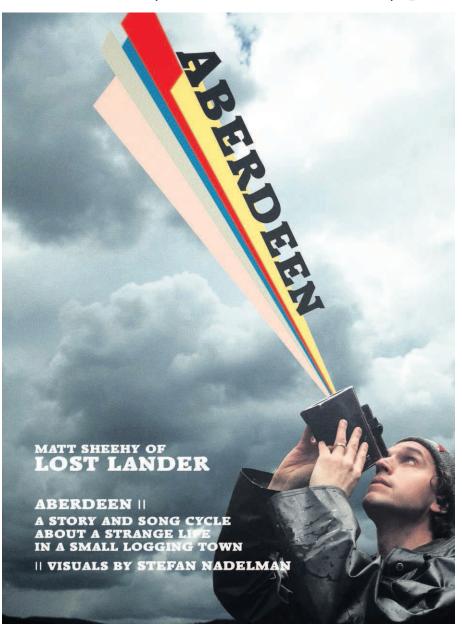
Featuring watercolors by Jo Pomeroy-Crockett and original poetry by Karin Temple, the concert will enchant the audience with songs such as "Twinkle, Twinkle Little Star," "Catch a Falling Star" and "Rise Up Shepherds and Follow."

This musical production will be held at the Performing Arts Center. Tickets are \$10 at the door, with children under 12 free when accompanied by an adult.

North Coast Chorale receives support from the Oregon Arts Commission, an agency funded by the state of Oregon.



Musical storyteller Matt Sheehy performs 'Aberdeen'



COURTESY ASTORIA VISUAL ARTS

ASTORIA — Portland musician Matt Sheehy of Lost Lander will present his show "Aberdeen" at KALA (1017 Marine Drive) 7:30 p.m. Saturday, Nov. 25. Doors open at 6:30 p.m.

The show, co-presented by Astoria Visual Arts, is free for AVA members, \$10 for nonmembers. Seating is limited. There will be a no-host bar.

"Aberdeen" is a live blurred-reality musical storytelling performance inspired by Sheehy's travels as a forester in rural areas of Oregon and Washington. The story recalls his attempt to restart his life in the rainy, iconic logging town of Aberdeen, Washington, and his entanglements with an eccentric family next door.

Characters examine cultural isolation, rural gender roles, and the sacrifice of individuality for a greater good. Casey, the family's young mother, is a logger and breadwinner. Flood, the father, is obsessed with proving his manhood despite his fragile disposition and increasing paranoia about mysterious events in Aberdeen.

Sheehy's efforts to help result in discoveries about the nature of the multiverse and reveal hidden motives.

"Aberdeen" is produced and performed by Sheehy and Stefan Nadelman, a visual artist and animator. A Q-and-A will follow the performance

Please note: This performance is a workshop. The finished version is scheduled to premiere in late 2018. For more information about AVA, or to become a member, visit astoriavisualarts.org/.





COURTESY ASTORIA VISUAL ARTS

Matt Sheehy, a Portland-based musician