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Seattle hosts Washington after making trade for OL

By TIM BOOTH Associatd Press

SEATTLE — Urgency is rarely the overwhelming feeling within the Seattle Seahawks. It's usually a calm confidence surrounding them.

This year is a bit different. There is some urgency built not out of worry but of opportunity, realizing Seattle can again be the class of the NFC and possibly find its way back to another Super Bowl.

The latest example was this week's trade for left tackle Duane Brown, a move to solidify the biggest issue for the Seahawks moving forward beginning with Sunday's game against Washington.

When personnel issues have arisen in the past, the Seahawks (5-2) haven't been this aggressive in trying to find fixes. The first move came before the season even began when Seattle acquired defensive tackle Sheldon Richardson from the New York Jets when there was a need on the defensive line. Seattle also grabbed Justin Coleman from New England, a move that seemed like another transaction but has proven vital as Coleman has become the Seahawks nickel cornerback.

And then came the move for Brown, yet another sign of how serious the Seahawks are approaching this opportunity.

"It says a lot about what our front office thinks of our team right now and what they think of us moving forward," Seattle cornerback Richard Sherman said. "I think they think this is our window, this is our chance to take it by the reigns and they are doing everything they can to put us in position to be successful and make us a championship team. Any perceived weaknesses, they are doing their best to shore up."

UP NEXT: SEAWHAWKS

Washington (3-4)
at Seattle Seabawks



Astoria's Madi Landwehr, right, had a big senior season for the Lady Fishermen, capped by a first-team all-league selection.

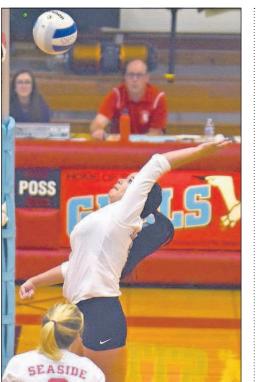
Astoria, Seaside players NAMED ALL-LEAGUE

The Daily Astorian

he Valley Catholic volleyball team — currently in Forest Grove for the Class 4A state tournament capped a great regular season with all six starters being selected to the Cowapa All-League team, released this week.

As voted on by the league's coaches, Valley Catholic senior Lizzy Osborn was named the Cowapa's Player of the Year, while the Valiants' Becky Kemper was Coach of the Year.

Valley Catholic had four first-team selections and two honorable mentions. Tillamook also had six all-league selections three first-team and three honorable mention.



COWAPA ALL-LEAGUE VOLLEYBALL

Player of the Year: Lizzy Osborn, Valley Catholic Coach of the Year: Becky Kemper, Valley Catholic

FIRST TEAM

Lizzy Osborn, Sr., Valley Catholic Lindsey Beck, So., Banks Kamryn Erickson, Sr., Scappoose Hannah Galey, Sr., Scappoose Haley Gentry, So., Valley Catholic **Alyssia Gonzales, Sr., Seaside** Makayla Hopkes, Sr., Tillamook Isabel Hurliman, Jr., Tillamook

• Sunday, 1:05 p.m. **TV:** FOX

Texans' Watson out for season with ACL tear

Associated Press

HOUSTON — Texans quarterback Deshaun Watson sustained a season-ending knee injury in practice on Thursday, two people familiar with the situation told The Associated Press.

The rookie suffered a torn anterior cruciate ligament in one of his ______ knees and will



go on injured reserve. The people spoke on the condition of anonymity because the team hadn't

Deshaun Watson

His injury is

announced the

the latest blow to a team that lost three-time NFL Defensive Player of the Year J.J. Watt and linebacker Whitney Mercilus to season-ending injuries on Oct. 8.

injury.

The former Clemson standout had been a bright spot in a challenging season for the Texans (3-4). The 12th overall pick in this year's draft was the AFC offensive player of the month after throwing for 1,171 yards with 16 touchdowns and running for 145 yards and another score.



PREP SPORTS SCHEDULE

Friday Football — Class 4A State Playoff: Henley at Seaside, 7 p.m. Saturday Football — Class 2A State Playoff: Bandon vs. Knappa, at CMH Field, 1 p.m. Boys Soccer — Class 4A State Quarterfinal: Newport at Seaside, TBA Wednesday Astoria was rewarded for a six-win league season with four players on the allleague team — senior Madi Landwehr and sophomore Julia Norris to the first team, and seniors Chelsea Christensen and Corrin Howard honorable mention.

Seaside senior Alyssia Gonzales was the lone Gulls' selection to the first team, while junior Anna Huddleston was named honorable mention.

Scappoose, Tillamook and Valley Catholic are three of the eight teams competing in the 4A state tournament, which begins this morning at Forest Grove High School. The Daily Astorian Seaside senior Alyssia Gonzales was the Ione Gulls' selection to the first-team Cowapa All-League team. Junior Anna Huddleson was named honorable mention. Madi Landwehr, Sr., Astoria Allie Merz, So., Valley Catholic Julia Norris, So., Astoria Kayla Robbins, Jr., Valley Catholic Megan Stevens, Sr., Tillamook

HONORABLE MENTION

Chelsea Christensen, Sr., Astoria Charlotte Feige, Jr., Scappoose Corrin Howard, Sr., Astoria Anna Huddleston, Jr., Seaside Dani Neuman, Sr., Banks Megan O'Donnell, Sr., Valley Catholic

Anna Oldenkamp, Sr., Tillamook Ellie Schmidlin, Sr., Banks Shaylan Smith, Jr., Scappoose Zoey VanVleet, So., Valley Catholic Chloe Weber, Sr., Tillamook

Lillard's 3 gives Blazers win over Lakers

By ANNE M. PETERSON Associated Press

PORTLAND — Damian Lillard didn't really need to gesture to his wrist. The crowd already knew it was Lillard Time.

The star guard made a 3-pointer with 0.7 seconds left and the Portland Trail Blazers extended their winning streak over the Los Angeles Lakers to 13 games with a 113-110 victory Thursday night.

Lillard finished with 32 points, and Portland snapped a two-game skid. Jusuf Nurkic added 28 points.

Lillard was 1 of 5 from 3-point range before the game-winner. The crowd roared when the shot fell, and Lillard nodded and pointed to his wrist.

"I felt good. The ball was coming off my hands good all night, even the ones that I didn't make. In those moments, you don't think about what happened before. It's a chance to rise to the occasion. You're 0 for 0 in that moment," Lillard said. "I go back to my very first game-winner against New Orleans my rookie year. I had a terrible shooting game but I was able to block that out. All that mattered was that moment. No different tonight."



AP Photo/Steve Dykes

Portland Trail Blazers guard Damian Lillard gestures after hitting a three-point shot in the final seconds against the Los Angeles Lakers in Portland, Thursday. The Blazers won 113-110.

Brook Lopez had 27 points and rookie Kyle Kuzma added a season-high 22 for the Lakers, who were short-handed after Larry Nance Jr. broke his left hand in the second half. Fellow rookie Lonzo Ball was 0 for 2 from the field with no points, four assists and three rebounds.

There were a few fans in the crowd wearing Ball's No. 2 jersey for his first appearance in Portland. But most fans booed him heartily during

player introductions.

Nance was hurt late in the third quarter and went to the locker room. He did not play the rest of the way. Nance was averaging 11.1 points and 7.9 rebounds for the Lakers.

Afterward, the Lakers confirmed Nance broke a bone in his hand.

"Obviously, I feel terrible for him. He's been playing so solid for us," coach Luke Walton said. "It's tough but that's what team sports are about,

UP NEXT: TRAIL BLAZERS

 Oklahoma City Thunder (4-3) at PortaInd Trail Blazers (5-4) Sunday, 6 p.m. **TV:** NBCSNW

and someone else has to step up."

Portland took a 106-105 lead on Lillard's free throws with 1:56 left. Kuzma made a hook shot on the other end, but Lillard answered with a layup before Nurkic made free throws for a 110-107 lead. The standing crowd chanted "Beat LA! Beat LA!"

But Kentavious Caldwell-Pope quieted the fans with a 3-pointer off an assist from Ball to tie it with 15.5 seconds left. Lillard hit the winner over the outstretched arm of Brandon Ingram.

Kuzma took the final shot, a missed 3-pointer from 28 feet out at the buzzer that would have tied it.

Lillard had missed a 3 the night before at the end of regulation in Portland's 112-103 overtime loss at Utah.

"He made a good read last night and (Rudy) Gobert made a great play," Blazers coach Terry Stotts said. "Tonight I think he had his mind made up to take the shot. It's what great players do."