

Providence offers free 'Journey Through Grief' class on Tuesdays

The Daily Astorian

SEASIDE — Providence Seaside Hospital, 725 S. Wahanna Road, is offering a free eight-week bereavement group, "Journey through Grief," for family and friends of those who have experienced a significant loss and/or death of a loved one. The group meets from 4:30 to

5:30 p.m. Tuesdays, starting Oct. 31 and running through Dec. 19, in Education Room B, which is in the lower level of the hospital. Refreshments are provided.

There is no charge for the sessions, but preregistration is required by calling April McCullen at 503-717-7233 or Pam Green at 503-717-7120.

Fundraiser raffle and auction to help Astoria schools programs

The Daily Astorian

For her senior project, Aleks Matthews, a student at Astoria High School, is co-organizing a fundraising Raffle and Silent Auction Evening from 5 to 9 p.m. Saturday at the Barbey Maritime Center, 1792 Marine Drive. The public is welcome.

Donations from local businesses and artwork by AHS

students are being raffled and auctioned off at the event, which also features food and live music. The grand prize is a "Night in Astoria" package, with accommodations at a hotel, local restaurant gift cards and more.

All of the money raised will be donated to AHS and the Astoria School District to help underfunded school field trips, projects and scholarships.

Wildlife Center celebrates 20 years with Founders Dinner

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The Wildlife Center of the North Coast holds a Founders Dinner Nov. 3 at the Seaside Civic and Convention Center. The doors open at 5:30 p.m.; dinner is served at 6:15 p.m. The event, which also includes raffle and auction items, celebrates 20 years of serving local wildlife, and the communities who care for them, along the Oregon and

Washington coasts.

Meal choices are chicken cordon bleu, roasted pork tenderloin or a vegetarian entrée. Dinner includes scalloped potatoes, seasonal vegetables, salad, rolls and dessert. A no-host bar is available.

Tickets cost \$50 each, or \$400 for a table of eight. RSVP by calling 503-338-0331 or by going to www.CoastWildlife.org

Danish Society talks ducks at next meeting on Thursday

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The Lower Columbia Danish Society will share the story of why ducks are traditional fare on St. Marten's Day at their next meeting on Thursday.

The society, which meets

at 7 p.m. on the first Thursday of every month, will also award a duck as the grand prize of Danish bingo.

The meeting is at First Lutheran Church, 33rd Street and Grand Avenue, in Astoria. For more information, call 325-2612.

RELIGION BRIEFS



Portrait of Martin Luther by the Workshop of Lucas Cranach the Elder, circa 1532.

Reformation 500 Event

The 500th anniversary of the Reformation is this year. Martin Luther, who lived from 1483 to 1546 in Germany, thought that the medieval church needed to be reformed. Luther and his mission began after he watched indulgences being sold in Rome as forgiveness to people who were afraid of Satan. He felt strongly that forgiveness from sin could not be purchased with money; people cannot earn salvation, they are saved by faith alone.

Luther collected 95 points to stoke discussion about the corruption of the medieval church, then nailed his famous "95 Theses" to the door of his hometown church in Wittenberg, kicking off the Protestant Reformation. While his intention was to denounce the abuses of the practice of indulgences, the Reformation opened the door for people to express their opinions and ideas.

Through Luther's preaching and teaching, especially after he translated the Bible, his impact was felt throughout Europe. People traveled across country lines to study with him in Germany. This led to Protestant texts, hymnals and prayer books being printed in many languages.

As early as the 1600s, churches sprang up in communities across Europe, creating regional differences in customs and services. The towns and colonies in New England were founded by Protestant clergy, with the separation of church and state not coming until the American Revolution from 1775 to 1783.

The public is invited to learn more about the Reformation and participate in the Reformation 500 Event Nov. 4 at Peace Lutheran Church, 565 12th St. A Worship Service, led by Bishop David Bauer-Rieke begins at 2 p.m. Breakout sessions on "Music and Art of the Reformation" will occur at 3:20 p.m., and activities for families and children are scheduled for 3:40 p.m. A Schnitzel Dinner is being held in the downstairs Fellowship Hall at 5 p.m.; the cost is \$10 per person or \$25 per family. For dinner reservations, call First Lutheran Church at 503-325-2354.

First Lutheran

Sunday is Food Pantry Sunday at First Lutheran Church, 725 33rd St. Nonperishable food items can be placed in the food barrel by the entry foyer of the church. The most

needed items include: canned meats, stews, soups, juices, fruits and vegetables. Additionally, cash contributions are always needed by the pantries to buy fresh milk, bread, meat, fruits and vegetables for the clients. Place cash offerings in an envelope and mark them, "Food Pantry."

A Harvest Party takes place at noon Sunday at with pumpkin carving, games and a pizza luncheon. Pumpkins are provided for the children; adults should bring their own pumpkins, or just come and enjoy the fellowship.

For information, call the church at 503-325-6252, email flcastoria@gmail.com or go to www.astoriafirstlutheran.com

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship holds a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St.

The focus of the service is the "Day of the Dead" on the last day of October. For information, call 503-325-5225 or go to www.pacuuf.org

Common Ground Interspiritual

A Celebration of Spirit, sponsored by Common Ground Interspiritual Fellowship, meets from 9:30 to 10:30 a.m. Sunday in the Wesley Room at the Astoria First United Methodist Church, 1076 Franklin Ave. Use the 11th Street building entrance. This morning gathering is not defined by any particular belief system, and is intended for the

"spiritual but not religious," as well as those who draw from more than one faith tradition. For information, go to <http://cgifellowship.org>

Religious Society of Friends

ILWACO, Washington — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N. All are welcome to visit and participate. For information, go to <https://lowercolumbiaquakers.org>

Single service at Grace Episcopal Church

Grace Episcopal Church will hold a single service at 9 a.m. Sunday. The Rev. Lance Peeler will lead a discussion and answer questions on "Why God is more than just a HE."

The church is at 1545 Franklin Ave.

Bethany Free Lutheran Church

Bethany Free Lutheran Church will have its Fall Festival at 4 p.m. Sunday. The festival will also celebrate the 500th anniversary of the start of the Protestant Reformation.

The festival begins with a program that will include special music, congregational singing and Scripture reading, all around the major themes of the Reformation. Following the program there will be food and fellowship.

Bethany is located in east Astoria, across from Safeway at 451 34th St.

COMMUNITY NOTES

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Knochlers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

TUESDAY

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than

60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Dinners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4

p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

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Medical Oncologist

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OPEN ENROLLMENT FOR MEDICARE ADVANTAGE PLANS WILL END ON DECEMBER 7TH

Clatsop Health & Life Insurance Agency offers all Medicare Advantage options available in Clatsop County.

Losing your Medicare Advantage plan or just turning 65? Then you're eligible to enroll in either a Medicare Supplement or Medicare Advantage plan. Clatsop Health & Life Insurance Agency can help you navigate all of your options.

**Medicare Advantage
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Already signed up with a Medicare Supplement? Under The Birthday Rule you have an annual, thirty day window that allows you to review your supplement options and change plans, starting on your birthday.

We are a local agency

Going with a local agent who's familiar with Clatsop County doctors and medical facilities insures you're getting the plan that works best with your medical care providers and you'll always have someone to meet with, face to face, should any questions or concerns arise. **Call Candi Vanderburg or Hamil Brown at 503 325 0154 to set an appointment.**

There's no obligation and no additional charge for our services.

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