CCC teaches beer brewing, ecopsychology

ASTORIA — New to the College Community Education line-up this fall is Home Brew Beer.

Caution: Home brewing leads to intense feeling of happiness, delicious beer and a lifelong home brewing habit. Home brewing: hobby, obsession, way of life.

"Brewing beer is fun and easy; if you can make mac and cheese from a box without help, you can make beer, and we're going to show you how," the college said in a release.

Taught by Marc Silva, the class meets Saturdays: 9 a.m. to 4 p.m. Sept. 30 and Oct. 14; 9 to 11:30 a.m. Oct. 7 and Nov. 4; and 9 a.m. to noon Oct. 21. Times may vary depending on brewing needs. The cost is \$110. Sup-

plies are included. Another class covers the

basics of ecopsychology the psychology of how we relate to nature and how we can use the therapeutic properties of nature in mental and physical health care.

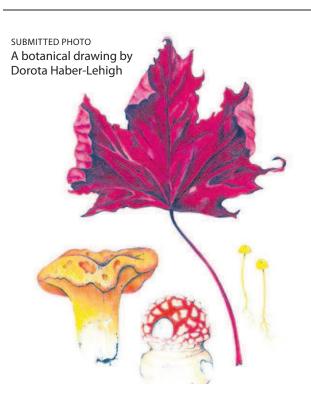
Students will understand ecopsychology and ecotherapy to treat nature deficit disorder and other effects of separation from nature, as well as identify how ecotherapy heals the mind and body.

Learn horticultural therapy, animal-assisted therapy and how to incorporate ecopsychology into your

practice. Taught by Rebecca Lexa, the class meets Wednesdays, 6 to 7:30 p.m. Sept. 27 through Nov. 1.

For information on more community education classes ranging from farming and gardening skills, to office applications, to grant writing and grant administration, visit clatsopcc.edu/communityed.

Register now atclatsopcc. edu/schedule and search under Course Title, or call 503-325-2402.





Create botanical art, half-hull model at **Barbey Maritime Center**

ASTORIA — The Barbey Maritime Center, part of the Columbia River Maritime Museum, is offering classes in making botanical art and halfhull models in October.

Botanical art

"Fall Botanical Drawing & Painting" will be taught by artist Dorota Haber-Lehigh 1:30 to 4:30 p.m. Thursdays (Oct. 5, 12, 19 and 26).

Capture the magic of the fall in a botanical illustration, combining color pencils and watercolor pencils. Draw fall fruit, mushrooms, fall leaves, seed pods, branches with lichen and anything else you discover in nature. Develop basic drawing and observational skills through fun and engaging exercises. Learn how to incorporate line, value, shape, texture and color to create a botanical illustration.

Please bring fall fruit of your choice to the first class, H or F pencil, kneaded eraser, pencil sharpener, sketchbook and set of colored pencils. Other materials will be provided.

The cost is \$40 for museum members, \$65 for nonmembers.



SUBMITTED PHOTO Half-hull images

Half-hulls

Instructor Steve Kessler will teach a class on creating a half-hull model 9 a.m. to 5 p.m. Saturday, Oct. 14, and 9 a.m. to 1 p.m. Sunday, Oct. 15.

Learn how to create a beautiful half-hull model and how to use half-hull models for exploring the shape of a boat and making a table of offsets that can be used to build a full-scale boat from the model.

Tools will be provided, but if students bring their own, the suggested kit includes tri-square, scale rule, dividers, hammer, half-round rasp, flat or four-in-one file, chisels and gouges, spokeshave, tape measure, No. 2 Phillips screwdriver, utility knife and sharpening stone.

The cost is \$50 for museum members. \$75 for nonmembers.



By RYAN HUME FOR COAST WEEKEND

ERIKSON [ER•IK•SƏN]

noun

1. Leif Erikson: A Viking explorer credited as the first European to discover North America nearly five hundreds prior to Christopher Columbus.

The son of Norwegian Viking Erik the Red, Erikson touched down on the north tip of Newfoundland in what is modern day Canada sometime around the year 1000 AD. Having blown off course on a voy-

age from Norway to bring Christianity to Greenland, he established the Norse colony of Vinland on the patch of craggy shore he arrived at in Newfoundland, though there has been much debate of where the colony of Vinland was actually located.

2. Leif Erikson Drive: a major thoroughfare near the Columbia River through the east end of Astoria. As Marine Drive heads east out of downtown, it becomes Leif Erickson Drive as it crosses Franklin Avenue to the south and 32nd Street on the north near the Safeway. A roughly two-mile

stretch of U.S. Route 30. Leaf Erikson Drive winds it way out of town with the name terminating at the intersection of Nimitz Drive and Maritime Road around Tongue Point as the highway continues to push east.

Origin:

A common Scandinavian patronymic surname which

literally means "Son of Erik." Erikson - also Eriksen, Ericsson, Eriksson, and the North German variant, Erichsen — are all respellings derived from the Old Norse name Eiríkr, or Erik, which is a combination of the words ei, which means "always" or "forever," and ríkr, which means "power" or "ruler." Combined the personal name was taken to mean "sole ruler," as in sense of the one true king.

eif erikson [...] The sturdy Sons of Norway seem to have won a bloodless victory before the city council in defense of the name of Leif Erikson for that

portion of the main COMMONS. WIKIPEDIA.ORG A 1968 Leif Erikson

stamp

highway lying east of 32nd street. "Before the firm resistance of the Sons of Norway,

"50 years ago

the attempts to put a new name on Leif Erikson Drive have faltered and broken. The attack apparently has been abandoned, and the name of the Viking discoverer of America will remain commemorated for years to come in this city where so many of his descendants live."

Bridge," The Daily Astorian, Wednesday, April 20, 2005

"I have to-day the honor of announcing to you the discovery of Vinland, including the landfall of Leif Erikson and the site of his houses.' The following is the inscription on the tablet let into the tower: 'Landfall of Leif Erikson on Cape Cod, 1000 A.D. Norse canals, dams, walls, pavements, forts, terraced places of assembly, remain to-day.""

-"A Norwegian Settlement in Massachusetts Five Hundred Years Before Columbus," The Daily Astorian, Friday, Dec. 6, 1889, p. 2 🐨