

RELIGION BRIEFS

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship holds a traditional discussion service at 11 a.m. Sunday in the downstairs Green Room at the Performing Arts Center, 588 16th St. The topic is “How Does One ‘Follow Your Bliss’ as Joseph Campbell Suggests?” The discussion is led by Mahlon Heller. Child care is available. This is the last discussion Sunday of the summer. The regular service format, with the traditional Water Ceremony, returns Sept. 10.

For information, go to www.pacuuf.org

Community HU sing

SEASIDE — A Seaside Community Eckankar HU Sing takes place at 3 p.m. Sunday at the Seaside Public Library, 1131 Broadway. Regardless of one’s beliefs or religion, anyone can sing HU (pronounced hue), an ancient name for God; it is for the spiritual upliftment of those who come, and is not directed to any other purpose. For information, call Seann Valen at 503-717-5485, email access49@gmail.com or go to www.eckankar.org

Religious Society of Friends

ILWACO, Wash. — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N. All are welcome to visit and participate. For information, go to <https://lowercolumbiaquakers.org>

Cannon Beach Community

CANNON BEACH — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome.

Evensong features Wes Warhmund (guitar, flute and clarinet) and meditative songs, Psalms, readings, candlelight

U.S. Bank awards grant to Camp Kiwanilong

Submitted Photo

U.S. Bank recently awarded Camp Kiwanilong a \$3,000 grant to support continuing operations. The board and staff of the camp are currently working toward accreditation through the American Camp Association and development of a pilot family camp program. Pictured, from left, Beth Schwenk, Camp Kiwanilong board member, Mike Salmi of U.S. Bank, Terri Opsahl, Camp Kiwanilong board member, Cindy Johnson of U.S. Bank, and Helen Westbrook and Dwayne Huddleston, Camp Kiwanilong board members.

and time for quiet reflection.

For information, call the church at 503-436-1222.

Crossroads Community

SVENSEN — Crossroads Community Church, a Friends Fellowship, at 40618 Old Highway 30, is holding a Free Family Film Friday at 6:45 p.m. Friday. Come enjoy a film and fellowship. This event is always held the second Friday of the month. All are welcome. For information, call Shawn Leonard, pastor, at 503-949-5033.

St. Catherine Episcopal

NEHALEM — St. Catherine Episcopal Church, 36335 U.S. Highway 101 in Nehalem, holds a Labyrinth walk from 3 to 5 p.m. Sunday, and the first Sunday of every month. All are welcome. For information, go to www.saint-catherineoregoncoast.org

[catherineoregoncoast.org](http://www.saint-catherineoregoncoast.org)

Seaside Seventh-day Adventist

SEASIDE — Maranatha Volunteers International members have started arriving on the North Coast to begin their next building project. Forty or 50 of the volunteers are staying in the area for about two weeks, building a new addition on the Seaside Seventh-day Adventist Church, 1450 N. Roosevelt Drive.

This nonprofit organization coordinates the construction of urgently needed buildings with volunteers who desire a short-term mission experience. For information, call 916-774-7700 or Ed Jensen at 503-880-5463.

St. Brendan the Navigator Orthodox

St. Brendan the Naviga-

tor Orthodox Mission Vespers are at 5 p.m. Saturday at the home of Steve and Candy Sollars. Leading the service is Kevin Lien, assistant pastor at Annunciation Orthodox Church in Milwaukie. A potluck, with chicken as the main course, follows. Those attending should call Steve Sollars at 503-298-3453 to say what they plan to bring, or to ask for directions. Decaf tea is available; bring other drinks if something else is preferred.

On Sunday, Orthos/Matins begins at 8:30 a.m., with Liturgy beginning at 10 a.m., at St. Francis de Sales Mission, 867 Fifth St. in Hammond. These services are also led by Kevin Lien. A social gathering follows.

For information, go to www.holynativityastoria.com

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., holds two Sunday services; the 8 a.m. service is contemplative, and the 10 a.m. service is family friendly, with music and child care. The 1908 organ has some new pipes to play this Sunday, as the original oboe pipes have been replaced. The organ was brought in by Rev. William Short, who was a rector of Grace from 1897 to 1909.

A new stained glass, “The Lord is My Shepherd,” in memory of Richard and Patricia (Niemala) Johnson is now installed, and will be dedicated in October.

The monthly Labyrinth is available for walking from 3 to 6 p.m. Sunday. A labyrinth introduction is offered at 3 p.m., upon request. It takes an average of 30 minutes to complete the walk.

Grace Episcopal Preschool begins classes this week with teachers Denise Allen and Denise Raihala. Names are being accepted for a waiting list when openings occur. For information, call the church at 503-325-4691 or go to www.graceastoria.org

Mo’s Restaurants provides money for school supplies

The Daily Astorian

Mo’s Restaurants are helping local elementary schools by donating money for school supplies by using the proceeds from the Motivation for Kids Table inside each store. During the months of July and August more than \$7,500 was raised.

The Motivation for Kids table in Cannon Beach raised \$2,000, which is split between Seaside Heights Elementary School and the new Cannon Beach Charter

Academy, each one receiving \$1,000. In Astoria, where the store has only been open for eight weeks, \$250 was raised for Astor Elementary School.

“We believe that giving back to our communities is not only our duty, but also an incredible privilege,” Mo’s Regional Manager Bob Scull said. “Mo’s thrives on the continued patronage of our community’s families and friends and we are so pleased to donate to a cause that is especially close to our hearts.”

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information, Oregon Area Al-Anon website. oregonal-anon.org

Alcoholics Anonymous — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to www.aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with

hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not required. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga, 399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Men’s Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (www.purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWOANA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to www.nworegonna.org

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

VOLUNTEER OPPORTUNITIES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

American Red Cross — Needs registration volunteers (donor ambassadors) in Clatsop County to provide customer service and enhance the blood donor experience. For information, call Angela Basurto at 503-528-5430.

Astoria Column — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — 1111 Exchange St. To volunteer, call Larry Miller at 503-325-3231.

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

Camp Kiwanilong — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to www.campkiwanilong.org

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter’s dogs and cats. For information, email info@dogsnocats.org or call 503-861-0737.

Clatsop Care Center — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour

training program. For information, contact Mandy Branchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community Action Regional Food Bank — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

Clatsop Community College Outreach Literacy — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Dinners — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Community Emergency Response Team — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny

Hansen at khanen@astoria.or.us or leave a voicemail at 503-325-4411.

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