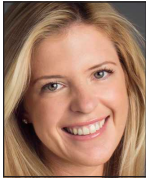


# Quitting the right way

**Dear Annie:** Typically, I thrive when I'm in a fast-paced, busy environment. I am getting my master's degree in nutrition, am working a part-time job, have a boyfriend and am training for a marathon. A few weeks ago, I started an unpaid internship at a local hospital to get some more on-the-job training. However, life is really starting to overwhelm me at the moment, and I want to quit the internship to leave more room in the schedule to relax (and eat and sleep). All I've done so far is go through beginning training with a group of 10 other interns. There is no supervisor or point person to speak with, just a rotating group of people who have trained us. Though the program is fine, it's not very influential in my field, and I haven't made strong connections. So my fear of burning bridges is minimal. Do you think it would be OK to quit the program via email? That's where all my communication has been so far, and I'm looking forward to no longer having to worry about this. — *Peacing Out Politely*

## DEAR ANNIE



Annie Lane  
Creators  
Syndicate Inc.

**Dear Peacing Out:** Writing a

last bit of real-world experience from this internship by quitting the right way. That means in person. Ask one of the people who has been training you for a private meeting. Keep it short, sweet and humble. Express gratitude for the opportunity. Follow up afterward via email with a formal letter of resignation so the company has it in writing. Then you may "peace out" with peace of mind.

**Dear Annie:** I enjoy your column and read it every day. I'd like to comment on the letter from "Death With Dignity My Way," the person who wants to not die with family members all around when the time comes.

Eighteen years ago, my 48-year-old husband died after just three months with pancreatic cancer. He was very healthy otherwise, but it was apparent just six weeks after his diagnosis that the disease was too far gone. They immediately just sent us home and started having hospice nurses show up. I rebelled against that. We had two young teenagers, who were

facing the most horrible event in their young lives, and I felt that they did not need to witness their father's death to know that it happened. Nor did they need to come into their home each night for years afterward to look at the spot where their beloved dad died. Death is not a beautiful experience that we should all share together.

I took care of my husband at home and made him as comfortable as possible, but when he really began to fail, I took him to the hospital to be admitted. I never left his side, and my children visited when he was having a good day. I had to take care of them, as well as him. He passed away in the hospital. Let my kids hate the hospital and be angry at the hospital. Many hospitals also have hospice wings now so that the dying can have privacy if they wish. Hospice at home is not for everyone. — *Reader in Norwich, Conn.*

**Dear Reader in Norwich:** I'm sorry for the loss of your husband. Many people grapple with the issue of dying at home versus dying in a hospital. It's commendable that you and your husband made a decision that was right for your family.

## TOMORROW'S HOROSCOPE

By Holiday Mathis, Creators Syndicate Inc.

**ARIES (March 21-April 19).** "Motivated reasoning" is when you first decide what you want and then rationalize why it's a good idea. Your mind will have no trouble coming up with supportive ideas, but are they really, morally correct?

**TAURUS (April 20-May 20).** The idea that every moment should be pleasurable is as ridiculous as the notion that life should be pain-free. Ours is, after all, an existence of contrast. There is no pleasure without pain, no light without darkness.

**GEMINI (May 21-June 21).** Savvy hotel guests know that when travel-mates and roommates need space from each other, the hotel lobby can be a welcome respite. Find your own version of a hotel lobby today.

**CANCER (June 22-July 22).** We get older without trying. We're drawn to people inexplicably. Our bodies crave what we need; our spirits quest without our consent. There are many things in life that come without effort. All should be celebrated.

**LEO (July 23-Aug. 22).** You know who you are, but you don't know the full extent of either who you are or what you can do until the adventure is "on." So say yes, and that adventure will launch shortly.

**VIRGO (Aug. 23-Sept. 22).** People who are worrying about what they are going to say are usually not very good at listening to what is already being said. That's why, when you put people at ease, you make them better listeners.

**LIBRA (Sept. 23-Oct. 23).** There's nothing false about hope. It may not change things immediately, but it will change you immediately, and that will change things eventually. Hold on to hope, white-knuckled.

**SCORPIO (Oct. 24-Nov. 21).** It's not the case every day, but today if you aim low and settle for little, you won't be disappointed, you're sure to be impressed, and you'll probably be swept off your feet and into a truly interesting and exciting situation.

**SAGITTARIUS (Nov. 22-Dec. 21).** Emptiness is not nothingness; rather, it is space. Space is pure potential. Therefore, do not be afraid to get rid of things before you have a replacement. The void invites a more creative future than you would otherwise know.

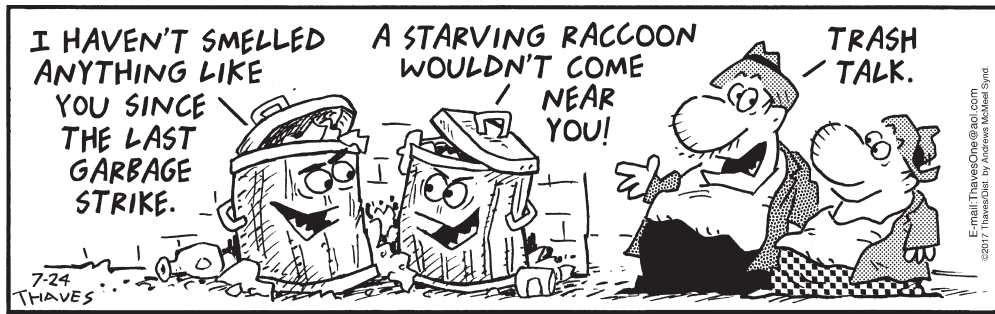
**CAPRICORN (Dec. 22-Jan. 19).** Your head and your heart do not always consult one another before making decisions. You may find them in conflict today. Sort it out. Your imagination will be a helpful mediator.

**AQUARIUS (Jan. 20-Feb. 18).** You expect yourself to keep your agreements, even when it is inconvenient to do so. You do not always hold others to their agreements, but you should. Not always, but today, your expectation will make them rise up.

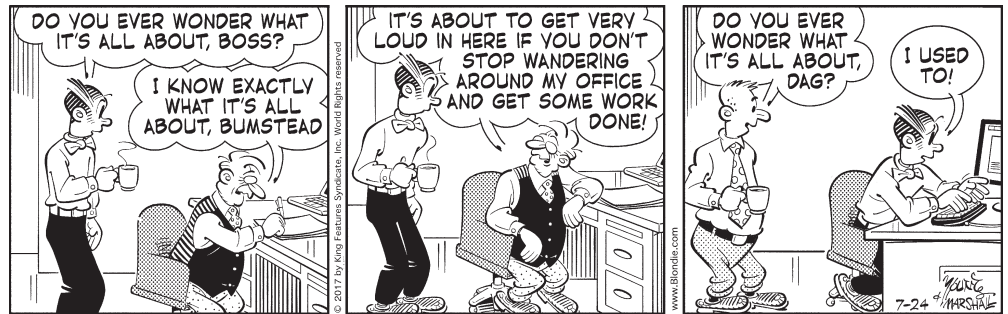
**PISCES (Feb. 19-March 20).** Turn up the intensity. Make a play for what you want. Through a combination of tenacity and keen problem-solving you will make things happen. The result won't be perfect, but it will be progress.

**TOMORROW'S BIRTHDAY (July 25).** This solar return you will accomplish one worthy purpose after another. Self-leadership will soon turn into group leadership, as others will want to do what you've done. Interpersonal dealings get easier as you learn to communicate more gently and thoroughly. Selflessness leads to life lessons. Your love life thrives in 2018. Capricorn and Gemini adore you. Your lucky numbers are: 16, 22, 28, 30 and 44.

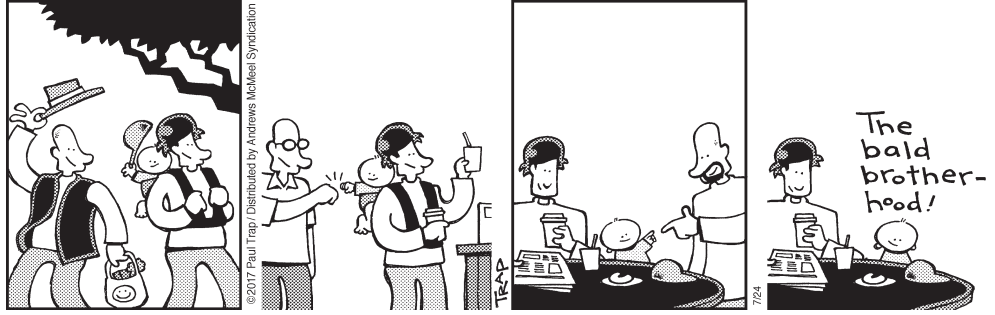
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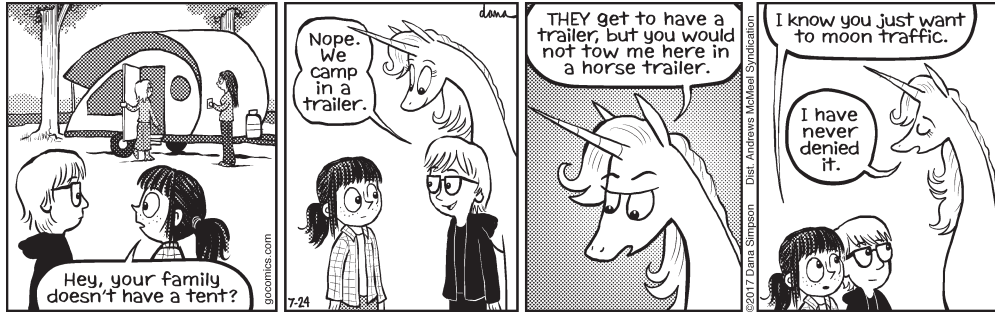
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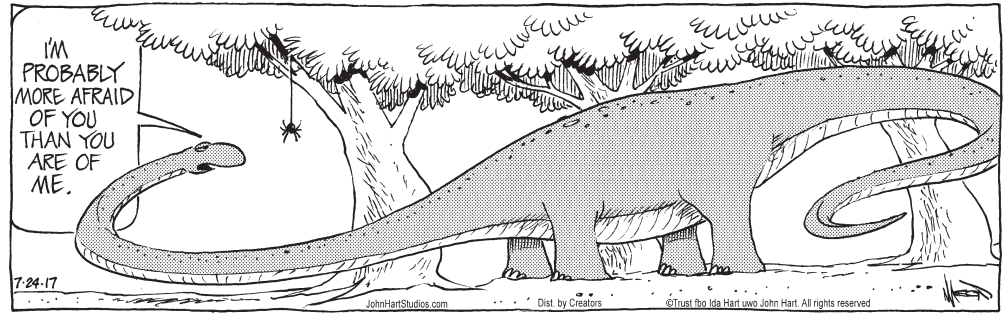
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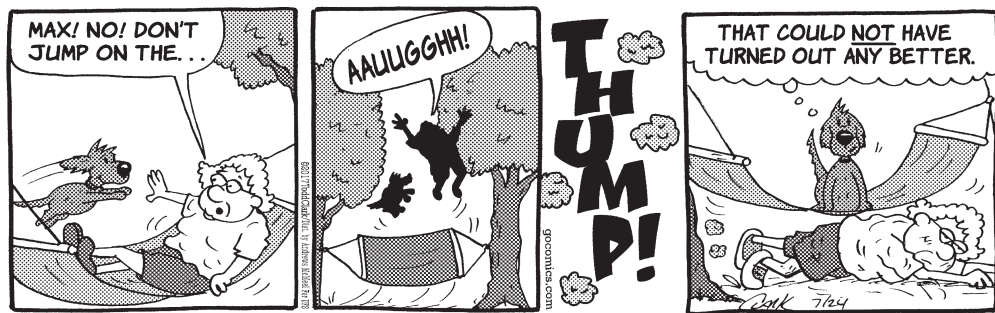
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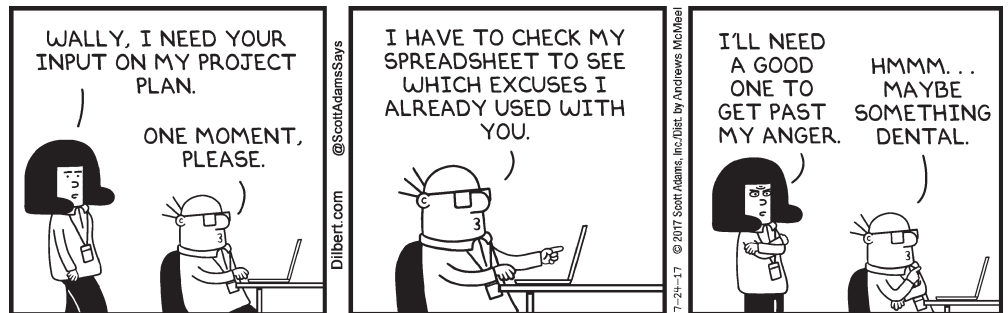
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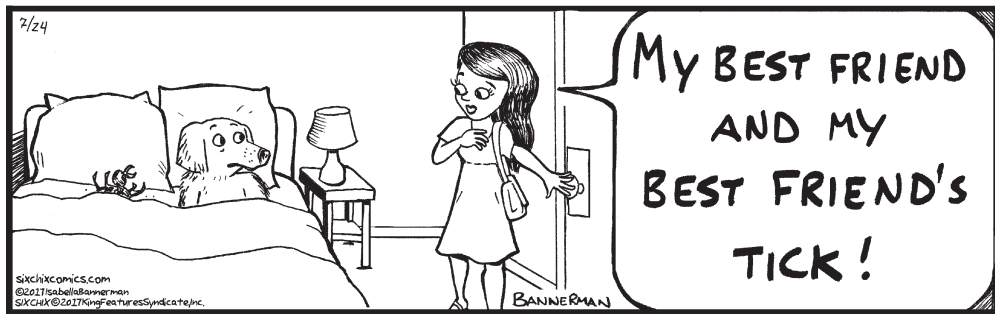
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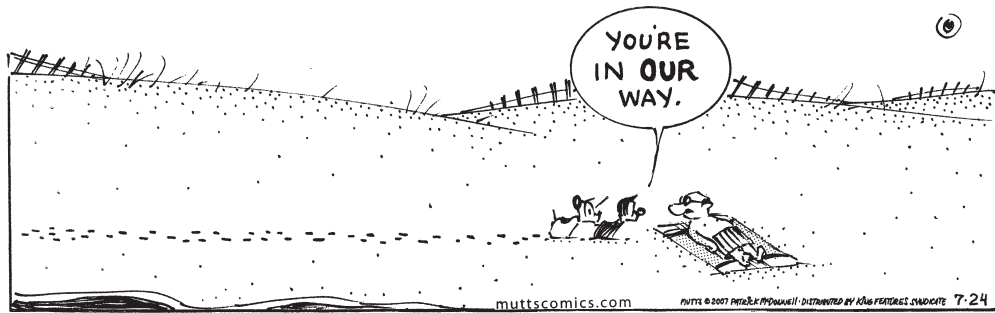
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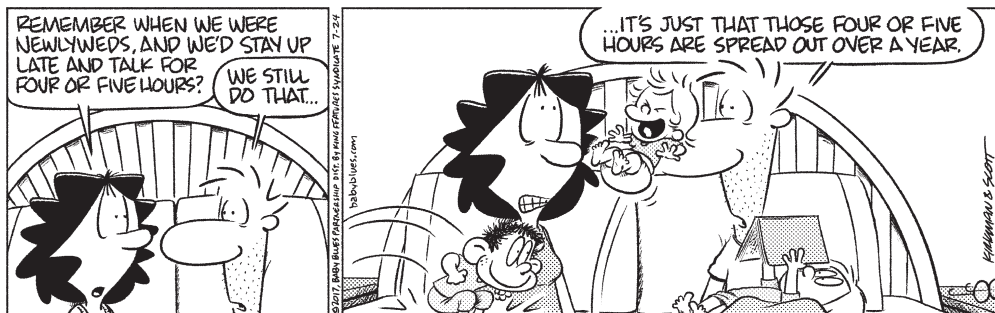
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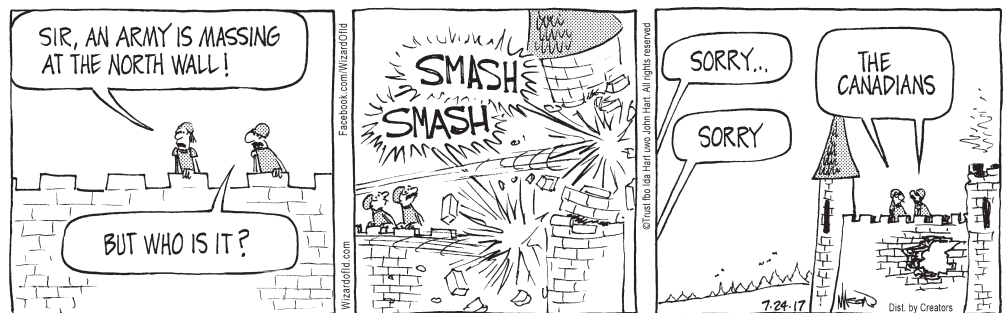
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## ROSE IS ROSE

