

'Bikes for Books' has first winners



Submitted Photo

Evergreen Masonic Lodge and Maple Chapter Eastern Star in Seaside sponsored the "Bikes for Books" program, aimed at encouraging third- and fourth-graders in Gearhart and Seaside Heights elementary schools to read books. During the month of May, each time a student read a book and reported on it, he or she got to enter their name in a drawing for a new bicycle. At the end of the month, the name of one boy and one girl was drawn. Pictured, left, the Seaside Heights boy winner, Kaedan Chen, with the girl winner, Liliana Miller. The drawing for the winners at Gearhart Elementary School occurs Thursday.

Rally for Truth held in Astoria



Submitted Photo/Joan Herman

Indivisible North Coast Oregon organized the Rally for Truth, held in conjunction with Marches for Truth around the nation, which took place June 3 outside the Astoria Post Office. Holding a sign saying "Never fib to Lady Lib," Lady Liberty is Susan Paul-Parter of Seattle.

SELF-HELP GROUPS

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information, Oregon Area Al-Anon website. oregonal-anon.org

Alateen (Tillamook) — 6:30 p.m. Thursday, 5012 Third St. For information, call 503-730-5863.

Alcoholics Anonymous — To find a meeting, call 503-861-5526 or go to www.aa-oregon.org

Celebrate Recovery — 6 p.m. Thursday, The Table Church, 852 Broadway, Seaside. Faith-based 12-step program designed to help anyone struggling with hurts, habits and hangups, including drugs and alcohol, anger, co-dependence, domestic abuse or sex, food or pornography addictions. Being religious not required. Free dinner and child care provided. For information, call D.B. Lewis at 503-741-5977.

Eating Disorders Anonymous — 1:10 to 2:10 p.m. Wednesdays, River Zen Yoga,

399 31st St. A 12-Step program. For information, call Susan Williams at 510-417-5553.

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (www.purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NwONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to www.nworegonna.org

TOPS (Take Off Pounds Sensibly) (Astoria) — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

TOPS (Seaside) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

TOPS (Warrenton) — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.

VOLUNTEER OPPORTUNITIES

Columbia Senior Dinners — 1111 Exchange St., Astoria Senior Center. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Community Emergency Response Team — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at khsen@astoria.or.us or leave a voicemail at 503-325-4411.

Friends of Seaside Library — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

Knappa Rural Fire Protection District — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olheiser at 503-458-6610.

Long-Term Care Ombudsman — Certified ombudsman volunteers advocate for the rights, care and dignity of the elderly and disabled living in licensed long-term care facilities. Many residents have no one to watch out or speak up for when things go wrong. Volunteer Ombudsmen talk to the residents, investigate complaints, and work to resolve problems. Flexible schedule, four hours a week, mileage reimbursement available. Training is provided. For information, call 800-522-2602 or go to www.oregon.gov/lto

Lunch Buddy Mentoring Program — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call Mary Jackson at 503-440-0368 or email lunchbuddies.mp@gmail.com

NorthWest Senior & Disability Services — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

Providence Seaside Hospital — Needs volunteer drivers for Community Connections, a free program that transports people to services and appointments related to health and well-being in the Portland-Metro area. Mileage reimbursement available. For information, call (503) 717-7171 or email Alana.Kujala@providence.org

Providence Seaside Hospital — Needs volunteers who enjoy meeting, interacting with and helping people. Opportunities are available in the hospital gift shop, café, and as greeters and for spiritual integration. For information, call (503) 717-7171 or email Alana.Kujala@providence.org

River Song Foundation — Looking for people to assist with Trap/Neuter/Release/Feed (TNR), especially in the Seaside and Knappa/Svensen areas. TNR involves setting and/or monitoring traps, and daily feeding of cats and maintenance of any shelters, and is a proven, science-based method that along with spay/neuter programs is the only effective and humane way of ending cat homelessness and suffering. Call 503-861-2003 for information and to volunteer.

Seaside Downtown Development Association — Volunteers needed to help with local events happening throughout the year. For information, call Tita Montero at 503-717-1914 or email director@seasidedowntown.com

Seaside Museum and Historical Society — Volunteers needed to help as docents, maintaining and creating exhibits, and various events throughout the year. Small and large projects available. Any amount of time will be greatly appreciated. Call the museum at 503-738-7065 or email seasidemuseum@hotmail.com

Start Making a Reader Today — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to www.getsmartoregon.org

Svensen Congregate Meal Site — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-7298 or 503-861-4202.

Titanic Lifeboat Academy — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

Tri-City Spay and Neuter Thrift Store — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

Veterans Services Officer of Clatsop County — Seeking volunteer drivers to transport veterans from Astoria to the Veterans Administration Medical Center in Portland using the Disabled American Veterans (DAV) van. To volunteer, call 503-298-8757 or email clatsopvso@gmail.com

Warrenton Senior Lunch Program — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays or Thursdays. For information, contact Barb Balensifer at 503-861-1341.

Wildlife Rehab Center of the North Coast — Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call 503-338-0331 or go to coastwildlife.org

RELIGION BRIEFS

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship holds a service at 10:30 a.m. Sunday at the Performing Arts Center, 588 16th St. The topic is "Stories of Change," and the service is shared with members of the Astoria Pride community. Members and friends, whose lives have been changed by their deep desire to live honestly and outside the proverbial closet, are speaking.

The monthly potluck is after the service. Participants are asked to bring finger foods that can be put in little lunch bags, that are being provided, to be able to take the social hour to the Pride Parade starting point by 12:30 p.m.

For information, call 503-338-6883 or go to www.pacuuf.org

Religious Society of Friends

ILWACO, Wash. — The Lower Columbia Quakers, also known as the Religious Society of Friends, meets at 3 p.m. Sunday in the Ilwaco Community Center, 158 First Ave. N., Ilwaco, Washington. All are welcome to visit and participate. For information, go to <https://lowercolumbiaquakers.org>

First Lutheran

Scandinavian Sunday is featured, along with the Holy Trinity and First Sunday After Pentecost, at First Lutheran Church, 725 33rd St. Scandinavian attire is encouraged and Scandinavian goodies will be served during the coffee hours after the 8:30 a.m. and 11 a.m. services. A meeting regarding Confirmation will be held at 9:45 a.m.

The Orchid Society meets at 2 p.m. Sunday. On Monday, Sea Scouts meet at 5:30 p.m., and the Hope House Parenting Class is at 6 p.m.

TOPS meets at 5:30 p.m. Tuesday, Pure Life Alliance at 5:45 p.m., and the Fort Clatsop Boy Scouts at 6:30 p.m.

St. Mary, Star of the Sea

A rosary for Our Lady of Fatima is being said at 7 p.m. Tuesday St. Mary, Star of the Sea Catholic Church, 1465 Grand Ave.

A Worldwide Marriage Encounter Weekend takes place Aug. 25-27 at Our Lady of Peace Retreat House in Beaverton. For information, call 503-853-2578 or apply on-line at www.rediscoverthepark.org

Astoria Community Vacation Bible School

Six area churches have combined to create an annual Astoria Community Vacation Bible School for ages 3 through sixth grade from 10 a.m. to 2:30 p.m. June 19-22. The churches involved are First Baptist, First Presbyterian, Grace Episcopal, First United Methodist, Peace Lutheran and First Lutheran.

This year's theme is "It's a Miracle," and the cost is \$15 per child or \$25 per family. The week is filled with fun games, arts and crafts, learning new songs, skits, and learning about a mission group from Tennessee who will be joining the class for the week.

For information, go to the First Presbyterian Church website at www.firstpresbyterianastoria.org and click on "VBS" in the left side menu, or call 503-325-1761. The deadline for online registration is Saturday, but registration is also available on site.

Grace Episcopal

After the 10 a.m. Sunday service at Grace Episcopal Church, 1545 Franklin Ave., the sixth annual Jean Barney Art Show opens with a reception at 11:30 a.m. Awards are given at noon by judges Scott Leahy and Tim Masuelli.

The monthly Second Sunday Soup-Supper meal is served at 4 p.m. in the Parish Hall, free of charge. Those willing to help should come at 3 p.m. to set up or 5 p.m. to help clean up.

Grace Church is offering an ecumenical Taizé Prayer & Song service at 7 p.m. Wednesday. All are welcome.

For information, call the church at 503-325-4691 or 503-325-6580, or go to www.graceastoria.org

Warrenton United Methodist

WARRENTON — The congregation of the Warrenton United Methodist Church, 679 S. Main Ave., invites the community to celebrate the 124th anniversary of worship in the sanctuary at a 10 a.m. Sunday service. A social time with coffee and cake follows.

The building is Americans with Disabilities Act (ADA) accessible. For information, contact, Jane Hill, pastor, at 971-704-4357.

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