

# THE DAILY ASTORIAN

Founded in 1873



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## OUR VIEW

Each week we recognize those people and organizations in the community deserving of public praise for the good things they do to make the North Coast a better place to live, and also those who should be called out for their actions.



## SHOUTOUTS

• **Astoria High School art teacher Mickey Cereghino**, who was recently named the 2017 Teacher of the Year and the Certified Staff Member of the Year during the Astoria High School Foundation's annual "Tradition of Excellence Awards." Cereghino was recognized for inspiring, motivating, encouraging and helping students excel in school.

• **Seaside Public Library Director Esther Moberg**, who was elected president of the Oregon Library Association. As president, it will be Moberg's responsibility during her yearlong term to advocate for the health and well-being of all academic, public, school and special libraries throughout Oregon. Moberg has been working at libraries for more than 14 years and called the opportunity to serve an "honor." She will begin her term in September.

• **The Knappa High School baseball team**, which marched through the high school state playoffs and into the 2A/1A championship game today for the third consecutive year. The Loggers



Colin Murphey/The Daily Astorian

The Knappa Loggers play for another state baseball championship today in Keizer.

beat Regis 5-3 in a semifinal on Tuesday at Teevin Field after posting back-to-back playoff wins of 15-1 and 22-2. The Loggers play Reedsport today in Keizer, just north of Salem. Astoria's team, the other North Coast school in the playoffs, lost 7-2 to La Grande in its 4A semifinal Tuesday. The Fishermen ended their season with a

20-6 record, and it closed out the careers for a successful senior class as well as the coaching career of **Dave Gasser**, the all-time leader in victories — 750 — in Oregon high school baseball.

• **Ocean Park, Washington, chef Nanci Main**, who concluded a culinary career that spanned more than 45 years last weekend. Main, who with the late **Jimella Lucas**, operated Nanci & Jimella's Cafe & Cocktails, and The Ark prior to that, has prepared meals for presidents, has been featured in numerous TV, radio and personal appearances, and won numerous awards and written cookbooks. She said her proudest accomplishments are the people she has mentored and inspired, and the legacy she and Lucas leave behind.

• **Clatsop Community College's underwater robotics team**, which recently became the only Oregon qualifier for the finals of a global competition. The eight-member team, which only receives \$500 in dedicated funding through the college, is raising money to compete in the competition in California in late June with its self-built submersible robot, Lazarus. The team has formed a GoFundMe page at <http://tinyurl.com/mzoky55>.

• **Ilwaco, Washington, High School freshman Blake Kukula**, who won the individual boys 1B/2B state high school golf tournament last week. Kukula carded a 145 in the two-day tournament, finishing seven strokes ahead of the second place finisher. Ilwaco finished second in the team standings.



## CALLOUTS

• **Oregon Democratic Senate leaders** who may block efforts to let voters decide whether to create an impeachment process in the state. Oregon is the only state in the nation that has no mechanism for executive impeachment and the state House recently voted 49-5 to send a constitutional amendment to voters to create an impeachment process. The measure would allow the House to impeach a statewide official on the grounds of malfeasance in office, corruption, neglect of duty, felonies or misdemeanors. The process would require a three-fifths majority vote in the House. The official would then face a trial in the Senate, where conviction would require a two-thirds majority vote. However, as in 2015 when a similar bill was considered, it was rejected by Senate Democratic leadership who say the state's recent process is sufficient enough to remove an elected official from office. Voters should be allowed to decide the issue.

### Suggestions?

Do you have a Shoutout or Callout you think we should know about? Let us know at [news@dailyastorian.com](mailto:news@dailyastorian.com) and we'll make sure to take a look.



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## GUEST COLUMN

# School gardens sprout up with help of community



Susan Cody/For The Daily Astorian

Students plant vegetables and herbs at Lewis and Clark Elementary School. The plants were donated by Blackberry Bog Farm in Svensen.

By SUSAN CODY  
For The Daily Astorian

The Clatsop Kids GO program at elementary schools is celebrating spring with the planting of vegetables in garden boxes built for the occasion.



The program was designed by The Way to Wellville to help students develop

healthy eating habits; healthy behaviors; healthy body image; healthy emotional development; and learning skills, such as growing their own food.

If kids grow their own vegetables, they're more likely to eat them. A Cornell study concluded that when school garden-grown vegetables were added to school salads, kids were more than four times as likely to take a salad.

"A garden offers a rich learning environment," said Mary Blake, a Seaside master gardener. "A garden is a practical, magical, beneficial path to awareness. It increases their access to sun and fresh air. They become less stressed and can become productive in a learning environment that includes science — biology, botany, healthy soil, pollination. It gives them a deep relationship with nature."

Clatsop Kids Go coordinator Sarah Brown said, "It is awesome to see a vision of kids being able to participate in gardening and access healthy foods at school. It's thera-

peutic and nutritious, and also takes physical effort to sustain, which are some of the central goals of Clatsop Kids GO."

### Community steps in

The program was seeded with a \$40,000 grant from Providence Community Benefit fund, and has sprouted interest from numerous businesses and volunteers since its inception. U.S. Bank contributed \$5,000 and others have supplied time, funds and materials.

Master gardener volunteers Barbara and Ed Hassan built the raised garden boxes from donated materials.

"I would love to give a big shout out to the forestry industry for their collaboration to make the gardens possible," Brown said.

Donations were made by:

- Hampton Lumber — wood for the boxes
- Teevin & Fischer Quarry — soil
- 3D Landscaping — time and use of machines

**'A garden offers a rich learning environment. A garden is a practical, magical, beneficial path to awareness. ... They become less stressed and can become productive.'**

Mary Blake  
a Seaside master gardener.

- Greenwood Resources — money for supplies
- Lewis and Clark Timberlands — money for supplies
- Blackberry Bog Farm — vegetable and herb starts

Students and teachers embraced the garden concept and sprouted seeds in their classrooms. "The kids are so excited to see the progress and taking ownership of the project," said teacher Meghan Garsjo, as she shoveled soil to fill the planters.

"Teachers, students and parents as well as other community volunteers are really making it all possible," Brown said.

"Way to Wellville and Clatsop Kids GO are happy to start these projects and get the ball rolling, coordinating efforts. But for the project to be sustainable, it makes the most sense that the school shows genuine interest and effort. And Lewis and Clark Elementary has done that."

Susan Cody, a former deputy managing editor for The Daily Astorian, works with Way to Wellville.

## WHERE TO WRITE

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