



Eryn and Jackson Boone outside Nourish Juice Bar.

Edward Stratton/The Daily Astorian

Juice bar focuses on raw nutrition

By EDWARD STRATTON
The Daily Astorian

Eryn Boone said that after receiving a juicer as a wedding gift, she was hooked.

She and her husband Jackson Boone took their passion for mixing raw, high-nutrient foods and two months ago opened Nourish Juice Bar, the fourth installment at Judith Stokes' four-cart pod at the corner of Duane and 11th streets.

Nourish's menu includes several vegan juices, smoothies and bowls filled with eclectic blends of fruits, vegetables, nuts, seeds, herbs, spices, bee pollen and coconut milk and water. Some feature exotic "superfood" powders, from noni fruit and moringa leaves to spirulina algae.

The couple says there is no pretense toward the need to be vegan, which they made the cart to avoid food allergies and appeal to a wide audience.

"Really, the main idea is to get your daily serving of fruits and veggies," Eryn said.

"It's light, too," Jackson added. "Everything we serve is not heavy. It will give you sustaining energy, because there's fruits and vegetables in it, for several hours. But it won't feel heavy on the gut or your mood."

Nourish also offers small nutritional "Flu" and "Be Well" shots of lemon, lime, ginger, turmeric and cayenne powder.

After being priced out of Portland, the couple relocated to Astoria late last year. They frequented their next-door neighbor Good Bowl, a juice cart turned into a kitchen turning out mixes of beans, rice, fresh produce, cheeses, handmade sauces, eggs and avocado. The Boones reached out to Stokes, a Portland food cart veteran who started the pod outside her Flourine & Co. apothecary with ethnic addition Snackle Box. The pod also includes comfort food cart DJ's Vinyl Vegan.

Jackson said the most interesting and expensive part of starting Nourish was turning a beat-up trailer on Craigslist into a food cart.

"We took an Uber for like

'We took an Uber for like three hours through a snowstorm to buy this outside of Portland, which was by far the most expensive cab ride I've taken in my entire life.'

Jackson Boone

three hours through a snowstorm to buy this outside of Portland, which was by far the most expensive cab ride I've taken in my entire life," he said.

The Boones say they were

surprised at their ability to immediately start making a living off of the juice bar, which they hope to eventually make a brick-and-mortar shop.

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Teenager admits placing fake bomb in Warrenton mailbox

By JACK HEFFERNAN
The Daily Astorian

A teenager has admitted to placing a device that appeared to be a bomb inside a Warrenton mailbox.

The 14-year-old boy confessed after a patron at Rod's Bar and Grill told police he had seen him place something in the mailbox across the street from the establishment. The Clatsop County Juvenile Department will determine whether or not to press charges.

Northeast Skipanon Drive between Harbor Street and Northeast First Street was closed for more than 2 1/2 hours Wednesday afternoon as police investigated. Oregon State Police explosive technicians removed the device and then shot it with a water cannon. It turned out not to be an explosive.

If charged, the boy could face federal crimes with enhanced penalties for interfering with U.S. mail.



Colin Murphey/The Daily Astorian

A suspected explosive device was destroyed in Warrenton around 2 p.m. Wednesday by technicians with Oregon State Police.

"It's good because it's not some ominous thing going on," Warrenton Police Chief Mathew Workman said. "But

it's unfortunate that it tied up all these resources. We'll hopefully use this as a learning experience for him."

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Margaret "Margie" Thierry
March 16, 1938-February 11, 2017

Margaret "Margie" Thierry died February 11th in Astoria, aged 78. She was the beloved mother of John and David Souza, chosen grandmother of Alexiya Lynn Lee, and sister of Michael Nicholson and Patricia Nicholson Donnelly, both of St. Louis. She was an independent spirit throughout her life and a fast friend to many.

Margaret was born on March 16, 1938 in St. Louis, Missouri. After playing basketball at St. Catherine's University in Minneapolis, she moved to New York City. In New York, she married Paul Thierry who taught her, among other things, how to cook the delicious Greek food she served to her appreciative friends for many years afterward. From New York, she moved to San Francisco in time to experience the Summer of Love. There she met James Souza, father of John and David. Margie and James made and sold beautiful candles at crafts fairs throughout the West for a number of years. Around 1970, a trip to Astoria led them to look around and decide they were home.

Margaret discovered weaving in the early 1970's and left Astoria to study fiber arts at the University of Oregon in Eugene, eventually earning both BFA and MFA degrees. After returning to Astoria, she combined her gift for color with her ability to weave intricate patterns, producing extraordinary pieces inspired by her view of the Columbia River. She also made beautiful hats and hand-dyed yarn that she sold at the Portland Saturday Market and Oregon Country Fair.

In recent years, she realized a long-standing dream by starting the Astoria Fiber Arts Studio, where she taught weaving and dyeing. The studio opened in 2010 and Margaret was involved as long as she could. One of the highlights was the Astoria Yarn Bomb in the summer of 2014, in which colorful knitted and crocheted yarn adorned many fixtures around Astoria, from light poles to sculptures.

If you would like to make a donation in honor of Margaret, please consider: Astoria Fiber Arts Studio PO Box 582 Astoria, OR, 97103.

Dirk Rohne
For Astoria Port Commission #2

Every voter in Clatsop County has three votes to cast for the Port Commission. I ask for your vote and to join me in voting for **JAMES CAMPBELL** and **FRANK SPENCE**.

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