

## MORE NOTES

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**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Astoria Rotary Club** — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests always welcome. For information, go to [www.AstoriaRotary.org](http://www.AstoriaRotary.org)

**Knochlers Pinochle Group** — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

**Mahjong for Experienced Players** — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Astoria Alzheimer's & Other Dementia Family Support Group** — 2 to 3:30 p.m., first-floor conference room, Clatsop Care Center, 646 16th St. Open to all family members of people with dementias. For information, call Rosetta Hurley at 503-325-0313, ext. 222, or email [support@clatsopcare.org](mailto:support@clatsopcare.org)

**Line Dancing for Seniors** — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

**Astoria Toastmasters** — 6:30 p.m., Hotel Elliot conference room, 357 12th St. Visitors welcome. For information, go to [www.toastmasters.org](http://www.toastmasters.org) or call Christa Svensson at 206-790-2869.

### TUESDAY

**Stewardship Quilting Group** — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

**Do Nothing Club** — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

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**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Astoria Lions Club** — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

**Astoria Kiwanis Club** — noon, El Tapatio, 229 W. Marine Drive. For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

**Astoria-Warrenton Duplicate Bridge Club** — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

**Bras2Moms Fitting** — 1 to 3 p.m., Columbia Memorial Hospital Birthing Center, 2111 Exchange St. Bras2Moms provides free nursing bras and/or tanks to mothers, so women do not become discouraged with, or stop breastfeeding because they cannot afford a nursing bra. A \$5 donation is requested, but not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-325-4321.

**Warrenton Caregiver Support Group** — 1:30 to 3 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support, information and resources for caregivers. For information, call Grace Bruseth at 503-738-6412.

**Lower Columbia Hospice Be-**

## County health offers free STD/HIV testing in Seaside

The Daily Astorian

SEASIDE — The Clatsop County Public Health Department sponsors free STD and HIV testing from 10 a.m. to 3 p.m. every Wednesday in May and June in Suite 101, Providence Seaside Hospital, 725 S. Wahanna Road. Walk-ins are welcome; no appointment is necessary. For information, contact Public Health at 503-325-8500.

**reavement Support Group** — 4:30 to 6 p.m., Columbia Memorial Hospital Community Center, Chinook Conference Room, 2021 Marine Drive. Open to age 18 or older. For information, call 503-338-6230.

**North Coast Chapter, ABATE of Oregon** — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. For information, call 503-791-7253.

**Peninsula Arts Association** — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Wash. All are welcome. For information, call 360-665-6041 or go to <http://beachartist.org>

**Authentic Spiritual Conversations** — 7 to 8:30 p.m., 2021 Marine Drive. Open dialogue about spiritual issues. Group supports participants in sharing their own understanding and putting their spiritual values into practice. All faiths, including "spiritual but not religious" welcome. For information, email [info@cgjifellowship.org](mailto:info@cgjifellowship.org) or call 916-307-9790.

### WEDNESDAY

**Warrenton Sunrise Rotary Club** — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

**Chair Exercises for Seniors** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Help Ending Abusive Relationship Tendencies** — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. Open group for females and those who identify as female, and for anyone in an abusive relationship, or who knows someone who is. For information, call Juli Hol at 503-325-3426, ext. 103.

**Astoria Chapter, Daughters of the American Revolution** — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Road, Warrenton. Patrick Preston with a presentation, "Veterans Entering the Labor Market." Newly elected officers will be installed. Members and women interested in membership may call Sandra Fuller at 503-325-2419 or Sue Glen at 503-861-0574 for information or reservations.

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Blood Pressure Checks** — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**North Coast Multiple Sclerosis Care and Share Help Group** — noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

**Cannon Beach Garden Club** — noon, Tolovana Hall, 3779 S. Hemlock St., Cannon Beach. Visitors are welcome. To reserve a seat, call Pam Chater at 503-436-2331 and leave a message or email [pamchater@msn.com](mailto:pamchater@msn.com)

**Sit & Stitch** — 1 to 3 p.m., Hometown Quilts & Yarn, 108 10th St. Bring knitting, crochet or other needlework projects along to this community stitching time. All skill levels welcome.

**Mahjong for Experienced**

**Players** — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Beginner Line Dancing for Seniors** — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Northwest Tea Party** — 6:30 p.m., Uptown Café, 1639 S.E. Ensign Lane, Warrenton. For information, call 503-325-7220.

**WomenHeart of North Oregon Coast** — 6:30 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, third floor conference room, 2165 Exchange St. Peer support group for women living with, or at risk of heart disease. Topic is "Sex and CAD," speaker is Rebekah MacNeill. For information, email [MicheleAbrahams@WH-NorthOregonCoast@womenheart.org](mailto:MicheleAbrahams@WH-NorthOregonCoast@womenheart.org)

**Seaside Elks Lodge No. 1748** — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email [seasideelks@yahoo.com](mailto:seasideelks@yahoo.com)

**Maple Chapter No. 95, Order of the Eastern Star** — 7:30 p.m., Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

### THURSDAY

**Chair Exercises for Seniors** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**North Coast La Leche League** — 10 a.m. to noon, Seaside Public Library, 1131 Broadway, Seaside. Pregnant women, mothers, babies and toddlers welcome. Topics: preparing for childbirth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, benefits and challenges of breastfeeding, nutrition and weaning. For breastfeeding support, call or text Megan Oien at 503-440-4942 or message on "La Leche League of Astoria" Facebook page.

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

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**Seaside Rotary Club** — noon, Best Western Ocean View Resort, 414 N. Prom, Seaside. Lunch costs \$15. All are welcome. For information, go to <http://seasiderotary.com>

**Survivors Circle** — noon to 1 p.m., The Harbor, 1361 Duane St. Trauma Recovery and Empowerment Model Peer Support Group for survivors of intimate partner and sexual assault. Held in a safe confidential place to explore the causes, effects and methods of healing from trauma; emphasis is on empowering survivors. For information, contact Shannon Symonds at 503-325-3426 ext. 106.

**Astoria-Warrenton Duplicate Bridge Club** — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

**Columbia River Estuary Action Team** — 6 to 8 p.m., Blue Scorchers Bakery and Café, 1493 Duane St. CREATE's purpose: Foster citizen involvement in protecting the Columbia River Estuary. Visitors and new members always welcome. For information, go to <https://create-columbia.com>

[ate-columbia.com](http://ate-columbia.com)

**Trivia** — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. Teams of up to four players. Three \$2 games, winners take each pot. Rolling jackpot builds from week to week if no one answers jackpot question. For information, call 503-861-5639.

**Jam Session** — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

**Veterans of Foreign Wars, Fort Stevens Post 10580** — 7 p.m., Warrenton Christian Church, 1376 Anchor St., Warrenton. For information, call Mel Jasmin at 503-861-2030.

**Lower Columbia Classic Car Club** — 7 p.m., Steve Jordan's shop building, 35232 Helligso Lane. New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

**Rainland Fly Casters** — 7 p.m., First Presbyterian Church Annex, 11th Street and Harrison Avenue. For information, call Tom Scoggins at 503-325-6358, or Walt Weber at 360-777-8295, or go to [www.rainlandflycasters.com](http://www.rainlandflycasters.com)

### FRIDAY

**AAUW Walking Group** — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Community Skate Night** — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to [www.astoriaarmory.com](http://www.astoriaarmory.com)

**Bingo** — 7 p.m., Wickiup Senior Center, 92650 Svensen Market Road. For information call Mark Tischer at 503-458-6482.

### OTHER

**Astoria Music Festival** — Volunteers needed for 15th Anniversary Summer 2017 Celebration June 11 through June 25, two weeks of opera and symphonic and chamber music. Many opportunities available, all with flexible hours and commitments, from assisting to leading. For information, email [office@astoriamusicfestival.org](mailto:office@astoriamusicfestival.org)

## COMMUNITY IN BRIEF

The Daily Astorian

### Cannery Women monument to be dedicated Sunday

The Cannery Women of Astoria Monument is being dedicated at 1 p.m. Sunday in Cannery Women's Park, which is 50 feet north of the Pier 39 intersection with the Riverwalk. Any person who is associated with Bumble Bee Seafoods, or who is supportive of women's labor rights, is encouraged to attend.

Created by Astoria Granite Works, this monument honors the women of the fisheries industry who provided the labor that sustained the Astoria economy for decades. The Hanthorn Cannery Foundation's display is to acknowledge this achievement, for without their labor, the fishing industry would not have been possible.

### Tonight is a 'Chinese in Astoria' presentation at Astoria Library

Astoria Public Library presents "Contours of Race: The Chinese in Astoria," at 6 tonight at the Astoria Library, 450 10th St. The presentation, by Regan Watjus about 19th-century race relations between the Chinese and white residents of Astoria, is based on her research, for which she was awarded an Oregon Heritage Fellowship.

Watjus earned her master's degree in history and a graduate certificate in museum studies from the University of Oregon, and a bachelor's degree in history from the University of Oklahoma.

For information about library programs and services, call 503-325-7323, email [comments@astorialibrary.org](mailto:comments@astorialibrary.org), or go to [www.astorialibrary.org](http://www.astorialibrary.org)

### Flavel House Museum hosts tea and scones event Saturday

Mother's Day Tea and Scones is being held from 1 to 4 p.m. Saturday in the Flavel House Museum dining room. The cost is \$12 per person, or \$8 for Clatsop County Historical Society members. The event includes a self-guided tour of the Victorian mansion, and is sponsored by Providence Seaside Hospital.

For information about this event or other CCHS activities, call 503-325-2203 or email [cchs@cumtux.org](mailto:cchs@cumtux.org)

### Local PEO Chapter FE gives scholarships, grants, loans

Local PEO Chapter FE has received the PEO state award, given for granting more scholarships than any other chapter in the state to deserving women. Eleven scholarships in total were given to women in professional courses, vocational programs or graduate school.

The following women demonstrated seriousness of purpose, excellent character, exemplary citizenship, good scholarship and financial need. They have earned scholarships, grants and low-interest loans: Shirine Taylor of Bend, Margaret Strogik-Hayes of Seaside, Veronica Miller of Portland, Stephanie Teahn of Lafayette, Kinley Lally of Sherwood, and Ronda Grudenic, Sarah Pope, Tess Rund, Daria Van De Grift and Noelle Lund, all of Astoria.

PEO International has given nearly \$283 million to nearly 99,000 recipients.



Submitted Photo

**Rhonda Grudenic, right, a student finishing her dental hygiene degree, receives a \$1,500 scholarship check from Ramona Hunter, PEO Chapter FE education chairwoman.**

COMING JUNE 2017 OUR 10th ANNUAL

# COASTAL menu GUIDE



Copies distributed throughout the year to north coast hotels, motels, chambers of commerce, visitors bureaus, campgrounds, restaurants and stores and inserted in The Daily Astorian & Chinook Observer

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