



Sheriff's deputies visit Kiwanis Builders Club

Submitted Photo/Katrina Gasser

Senior Deputy Chance Moore and K9 Deputy Scout of the Clatsop County Sheriff's Office visited the Kiwanis Builders Club recently. Deputy Moore talked about the hard work required to train Deputy Scout, how to become a police officer or deputy, some of the assignments Deputy Moore and Scout have been on, and also answered many questions. "They were both great with the kids," Katrina Gasser, Astoria Middle School Builders Club adviser, said, "and we are grateful for their time!"

MORE NOTES

Continued from Page 2B

Astoria Rotary Club — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests always welcome. For information, go to www.AstoriaRotary.org

Knocklers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Diabetes Class — 1:30 to 2:30 p.m., Providence Seaside Hospital, Education Room A, 725 S. Wahanna Road, Seaside. Free help managing diabetes from certified diabetes educators. Topic is: "Diabetes: Our Hearts Matter." All are welcome. For information, go to www.providence.org/diabetes or call 503-717-7301.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

TUESDAY

Stewardship Quilting Group — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

North Coast Chorale Practice — 6:45 to 9 p.m., Performing Arts Center, 588 16th St. New members welcome. For information, call 503-791-5681 or 503-338-8403.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Moms Offering Moms Support Club — 9 a.m., Capt. Gray Port of Play, 785 Alameda Ave. For information, go to www.momsclubofastoria.org or email president@momsclubofastoria.org

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Angora Hiking Club — 1 p.m., Sixth Street parking lot. Riverwalk East hike. For information, call Melanie Ryan at 503-791-4123.

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Mahjong for Experienced

Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Seaside Dementia Support Group — 2 to 3:30 p.m., Necanicum Village, 2500 S. Roosevelt Drive, Seaside. For families and/or caregivers of dementia patients. All are welcome. To attend, RSVP to 503-738-0900.

Warrenton Gateway Masonic Lodge No. 175 — 6:30 p.m. dinner, 7:30 p.m. meeting, at 66 S.W. Fourth St., Warrenton.

Seaside Elks Lodge No. 1748 — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

THURSDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

North Coast Republican Women — 11:30 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane, Warrenton. For information, call 503-738-8695 or go to <http://tinyurl.com/CCRepublican>

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Best Western Ocean View Resort, 414 N. Prom, Seaside. Lunch costs \$15. All are welcome. For information, go to <http://seasiderotary.com>

Astoria-Warrenton Duplicate

Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Lower Columbia Hospice Bereavement and Grief Support Group — 2 to 4 p.m., Meeting Room 1, Bob Chisholm Community Center, 1225 Avenue A, Seaside. Group is open to those who are age 18 or older. For information, call 503-338-6230.

Rethinking Pain Class — 4 to 6 p.m., Providence Seaside Hospital, Education Center A, 725 S. Wahanna Road, Seaside. Learn how pain develops, calming techniques to decrease stress, how actions and thoughts can relieve pain. No charge. Registration required at 800-562-8964 or www.providence.org/classes

Trivia — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. Teams of up to four players. Three \$2 games, winners take each pot. Rolling jackpot builds from week to week if no one answers jackpot question. For information, call 503-861-5639.

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

Lower Columbia Danish Society — 7 p.m., First Lutheran Church, 725 33rd St. The public is welcome. For questions call 503-325-2612.

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

Bingo — 7 p.m., Wickiup Senior Center, 92650 Svensen Market Road. For information call Mark Tischer at 503-458-6482.

Parents of Sandy Hook victim to speak in Astoria

The Daily Astorian

The parents of a girl murdered during the 2012 Sandy Hook Elementary School massacre will speak this month at Astoria's Church of Jesus Christ of Latter-day Saints.

The special stake fireside, to be held at 6 p.m. Saturday at the church at 350 Niagara Avenue, is presented by

the Astoria Relief Society, a women's organization of the church. Adults and friends are invited to attend.

Robbie and Alissa Parker, who lost their oldest daughter, Emilie, in the shooting, will share their personal stories from Sandy Hook and beyond.

Refreshments and child care will be provided. For information, call 503-741-3144.

RELIGION BRIEFS

St. Catherine's Episcopal

NEHALEM — The community is invited to a free labyrinth presentation at 11 a.m. Sunday at St. Catherine's Episcopal Church, 36335 U.S. Highway 101 N. in Nehalem. The labyrinth is a spiritual practice that invites participants to walk a sacred path looking for focus at its center, and works for people across a wide range of spiritual backgrounds.

The church is borrowing the floor labyrinth from Grace Episcopal Church in Astoria. Karin Temple, who coordinates the Labyrinth ministry at Grace, is speaking about the labyrinth as a spiritual practice, and how it has been incorporated into the congregation and community. The labyrinth is available for walking after the presentation, at the 6 p.m. Spanish-English bilingual service, and also a few designated times the following week. All are welcome.

For questions, or to become involved in bringing an outdoor labyrinth to St. Catherine, contact Molly Oliver at 503-314-7318 or mollymlover@gmail.com.

Young Life North Coast

SEASIDE — On Tuesday, 50 percent of all food and drink purchases at Norma's Seafood & Steak, 20 N. Columbia St. in Seaside, go to Young Life North Coast, a multicultural ministry focused on youth in diverse cultural communities, and those in economically-depressed areas. The youth are mentored and guided by a team comprised of parents, Young Life alumni and civic leaders who provide a foundation of financial, administrative and moral support for the local Young Life team.

For information, go to <https://thenorthcoast.younglife.org>, call 503-739-0212 or email shane@thenorthcoast.younglife.org

Calvary Episcopal

SEASIDE — Calvary Episcopal Church, 503 N. Holladay Drive, provides "Moments for Meditation" during the season of Lent. Every Friday throughout Lent, from March 3 to April 7, the public is invited to spend a quiet lunch half hour from 12:15 to 12:45 p.m. in meditation, reflection and prayer while listening to music provided by area musicians.

The first Friday of Lent features Susan Buehler on the organ playing Six Quiet Meditations by Robert Kreutz. Also on the program are seasonal selections by Michael Burkhardt and David Cherwien.

For information, call 503-738-5773 or go to www.calvary-episcopalseaside.com

Bethany Free Lutheran

The youth group of Bethany Free Lutheran Church, 451 34th St., are putting on a spaghetti dinner at 6 p.m. Saturday. The public is welcome. A free will offering will go toward helping with expenses of attending the Free Lutheran Youth National Convention in Estes Park, Colorado, this summer.

For information, call 503-325-2925.

Pioneer Presbyterian

WARRENTON — "The Sign and the Sacrifice," by Archbishop Rowan Williams, has been chosen as the study text for a six-week Lenten study at the Pioneer Presbyterian Church. The class meets at 1:30 p.m. Mondays, starting Feb. 27, in the church office, 33324 Patriot Way.

The class is led by lay members, as the church has not yet installed a new pastor to replace the Rev. Michael Pyburn, who retired in November.

All those interested are welcome to join in the study. For information, call the church at 503-861-2421.

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., celebrates the Last Sunday after the Epiphany Sunday at both the 8 and 10 a.m. services. The tradition of "putting away the Alleluias" occurs following the 10 a.m. service. Parishioners are asked to bring palm crosses or branches from Palm Sunday last year to be burned to use as ashes on Ash Wednesday.

The annual Shrove Tuesday Pancake Supper is being served by the Youth Group from 5:30 to 7 p.m. Tuesday in the Parish Hall. The meal includes ham and all the pancakes you can eat, along with fun and games and the burning of the ashes for use on Ash Wednesday.

The church season of Lent begins on Ash Wednesday, March 1, which is being observed with services of the imposition of ashes at noon and 7 p.m.

"Fridays in Lent," a weekly music series for contemplative listening and/or walking the Stations of the Cross between 12:10 and 1:00 p.m. begins March 3 with a performance by Nathan Crockett playing the Celtic fiddle. All are welcome.

For information, call the church at 503-325-4691 or go to www.graceastoria.org

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship is holding a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. Rev. David Maynard's sermon topic is "Stumbling and Muddling into Our Senior Years."

The new director of religious education, Jan Horning, has asked for an advisory task force to give input and direction on behalf of the fellowship as it relates to her efforts and the choice of materials used to educate the children. Those wishing to learn more about how to help can attend a short informational meeting, led by Rev. Kit Ketcham, after the social hour on Sunday.

For information, call 503-325-5225 or go to www.pacuuf.org

St. Mary, Star of the Sea

Ash Wednesday, the beginning of Lent, is Wednesday. St. Mary, Star of the Sea Catholic Church, 1465 Grand Ave., is holding a Mass and ash distribution at 8 a.m. Wednesday, and a bilingual mass and ash distribution at 6:30 p.m. The Mass and ash distribution for St. Francis de Sales, 867 Fifth Ave. in Hammond, is at noon Wednesday.

Seaside 'Journey Through Grief' group to begin

SEASIDE — Providence Seaside Hospital, 725 S. Wahanna Road, is offering a six-week bereavement group, Journey Through Grief, for family and friends who have experienced loss, from 4:30 to 5:30 p.m. Tuesdays. The meetings start Tuesday and run through March 28, and are held in Education B (lower level) at the hospital.

There is no charge for the sessions, but preregistration is required. To register, call April McCullen at 503-717-7233 or Pam Green at 503-717-7120.

Celebration to honor volunteers

The Daily Astorian

Court Appointed Special Advocates (CASAs) volunteer their time to advocate for the best interests of children who suffered neglect or abuse, and are now in foster care. The 10th annual CASA Celebration to honor those volunteers takes place from 6 to 9 p.m. March 9 at the Bridgewater Bistro, 20 Basin St.

Enjoy an evening of delicious "small bites," wine and other beverages and a dessert auction to raise money for advocacy services for children in foster care. With more than 90 children in foster care in Clatsop

County today, there is still a waiting list of children who need a CASA to help them during this difficult time in their lives. Clatsop CASA relies on community support to recruit, train and supervise volunteers.

Tickets for this benefit are \$30 per person, or a table of eight for \$225, or a table of 10 for \$275. Only 150 tickets are available. Space is limited, and the event frequently sells out. To purchase tickets, call 503-338-6063 or email casa@clatsopcasa.org

For information about Clatsop CASA, and the work done by volunteer advocates, go to www.clatsop-casa.org or fb.me/ClatsopCASAProgram