

MORE NOTES

Continued from Page 1B

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — noon, El Tapatio, 229 W. Marine Drive. For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Rethinking Pain Class — 12:30 to 2 p.m., Providence Seaside Hospital, Education Center A, 725 S. Wahanna Road, Seaside. Learn how pain develops, calming techniques to decrease stress, how actions and thoughts can relieve pain. No charge. Registration required at 800-562-8964 or www.providence.org/classes

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Bras2Moms Fitting — 1 to 3 p.m., Columbia Memorial Hospital Birthing Center, 2111 Exchange St. Bras2Moms provides free nursing bras and/or tanks to mothers, so women do not become discouraged with, or stop breastfeeding because they cannot afford a nursing bra. A \$5 donation is requested, but not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-325-4321.

North Coast La Leche League — 5:30 to 7 p.m., Blue Scorcher Bakery, 1493 Duane St. Pregnant women, mothers, babies and toddlers welcome. Topics: preparing for childbirth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, benefits and challenges of breastfeeding, nutrition and weaning. For breastfeeding support, call or text Megan Oien at 503-440-4942 or message on "La Leche League of Astoria" Facebook page.



Submitted photo

James Roehr's winning entry in the 2016 Elks Eye Injury Prevention Poster Contest.

Seaside Heights student wins Elks poster contest

The Daily Astorian

SEASIDE — James Roehr, a student at Seaside Heights Elementary School, is the first-place winner of the 2016 Elks Eye Injury Prevention Poster Contest. The poster contest is designed as a message to children about the causes of eye injuries. Boys age 7 to 10 are the most likely eye injury victims.

In addition to a \$50 award and a certificate, his poster has been forwarded to the Northwest District contest for possible additional prizes. Second place in the contest was Jacob Dewey, who is also a Seaside Heights Elementary student.

For information about Seaside Elks Lodge membership, projects and programs, call 503-738-6651 or email seasideelks@yahoo.com

Evergreen Masonic Lodge No. 137 — 6:30 p.m. dinner, 7:30 p.m. meeting, 201 N. Holladay Drive, Seaside. All Masons and their families are welcome. For information, call 503-717-0808.

North Coast Chorale Practice — 6:45 to 9 p.m., Performing Arts Center, 588 16th St. New members welcome. For information, call 503-791-5681 or 503-338-8403.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies — 10

to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Warrenton Kiwanis Club — 1 p.m., Doogers Seafood and Grill, 103 U.S. Highway 101, Warrenton. For information, call Darlene Warren at 503-861-2672.

Seaside Rebounders Stroke Support Group — 1 to 2 p.m., Providence Seaside Hospital Education Center, 725 S Wahanna Road, Seaside. Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781.

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Com-

mercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Mahjong for Experienced Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Warrenton Business Association — 5:30 p.m., commission chambers, Warrenton City Hall, 225 S. Main Ave. For information, call Kristin Talamantez at 503-861-9750.

Fat Quarter Quilters — 5:30 to 8 p.m., Homespun Quilts, 108 10th St. Not limited to quilts. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Seaport Masonic Lodge No. 7 — 6:30 p.m. dinner, 7:30 p.m. meeting, 1572 Franklin Ave. All Masons and their guests are welcome.

THURSDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Best Western Ocean View Resort, 414 N. Prom, Seaside. Lunch costs

\$15. All are welcome. For information, go to <http://seaside Rotary.org>

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Better Breathers Club — 1:30 to 3 p.m., Providence Seaside Hospital Education Center (lower level), 725 S. Wahanna Road. Offered in conjunction with the American Lung Association. Sessions offer support, ways and techniques to cope with COPD, asthma, pulmonary fibrosis and other respiratory issues. Caregivers also welcome. No cost, but registration encouraged by calling 800-562-8964.

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

Trivia — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. Three \$2 games, with winners taking each pot. A rolling jackpot builds from week to week if no one can answer the jackpot question. For information, call 503-861-5639.

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Lighthouse for Kids Project — 10 a.m. to 2 p.m., Homespun Quilts, 108 10th St. Making quilts for children going through sexual abuse assessment. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

Cultural Trust offers grant information

The Daily Astorian

How to apply for close to \$5 million in grants offered this year is the focus of "Conversations with Funders," a nine-stop statewide tour, including a stop in the McTavish Room at the Liberty Theater from 3:45 to 6:15 p.m. Tuesday.

The tour is led by Oregon Cultural Trust Manager Aili Schreiner in partnership with the Oregon Arts Commission, Oregon Heritage, Oregon Humanities and the Oregon State Historic Preservation Office. The group also shares information on statewide programming resources.

Organizations encouraged to attend include libraries, arts organizations, museums, cultural centers, historical societies, arts alliances, literary groups and heritage organizations. All cultural nonprofit organizations are welcome.

Among the grant opportunities discussed will be the Cultural Trust's 2018 Cultural Development Grants; grant guidelines are now posted at <http://culturaltrust.org>. The application deadline is 5 p.m. April 21.

For information on "Conversations with Funders," contact Schreiner at ailli.schreiner@oregon.gov or 503-986-0089.

Oregon Farm Bureau offers scholarships

The Daily Astorian

The Oregon Farm Bureau (OFB) Foundation for Education has announced that applications are available for two scholarship programs for the upcoming 2017-18 academic year.

OFB Memorial Scholarships are available to graduating high school seniors planning to attend an institution of higher learning; current full-time college students with a high school diploma; and Oregon home school graduates with some college coursework completed.

Applicants must be majoring in a field of study related to agriculture or forestry, or be the child or grandchild

of a current voting member of Farm Bureau in Oregon. Ten to 12 scholarships will be awarded. The OFB Associate Member Scholarship of \$1,000, funded by COUNTRY Financial, is available to one new or continuing full-time student at an institution of higher learning. Students can be pursuing any major, but must come from a family that has an Associate (nonfarm) membership with OFB and have insurance from COUNTRY Financial. For information, contact Andrea Kuenzi at andrea@oregonfb.org

The applications for both scholarships can be found at www.oregonfb.org/scholarships. The deadline to apply is March 15.

RELIGION BRIEFS

Community HU sing SEASIDE — A Seaside Community Eckankar HU Sing takes place at 3 p.m. Sunday at the Seaside Public Library, 1131 Broadway. Regardless of one's beliefs or religion, anyone can sing HU (pronounced hue), an ancient name for God; it is for the spiritual upliftment of those who come, and is not directed to any other purpose. For information, call Seann Valen at 503-717-5485, email access49@gmail.com or go to www.eckankar.org

Society of Friends SEAVIEW, Wash. — The Lower Columbia Worship Group of the Society of Friends (Quaker) meets at 3 p.m. Sunday in the Peninsula Church Center Fireside Room (south building), 5000 N Place. This is a "silent" (unprogrammed) worship group. All are welcome to visit and participate. For information, call 503-895-7474.

Cannon Beach Community CANNON BEACH — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome. Evensong features Wes Warhmond (guitar, flute and clarinet) and meditative songs, Psalms, readings, candlelight and time for quiet reflection. For information, call the church at 503-436-1222.

Crossroads Community SVENSEN — Crossroads Community Church, a Friends Fellowship, at 40618 Old Highway 30, is holding a Free Family Film Friday at 6:45 p.m. Friday. Come enjoy a film and fellowship. This event is always held the sec-

ond Friday of the month. All are welcome. For information, call Shawn Leonard, pastor, at 503-949-5033.

St. Mary, Star of the Sea

The Knights of Columbus Spaghetti Dinner is from 5 to 7:30 p.m. Saturday in the St. Mary, Star of the Sea School auditorium, 1411 Grand Ave. This classic Italian dinner menu consists of spaghetti with meat sauce, green salad, garlic bread and an assortment of beverage choices, including wines.

The cost is \$9 per dinner, \$5 for children age 10 and younger, and a family price of \$20 (maximum of two adults). Desserts can be purchased separately from the Columbian Squires youth group. Raffle tickets will be sold and cash prizes from \$25 to \$500 are being awarded. Winners need not be present. Tickets are \$5 each or six for \$25.

The spaghetti dinner is the largest fundraiser of the year for the William J. Leahy Astoria Knights of Columbus Council.

First Baptist

Beginning Sunday, the First Baptist Church of Astoria, 349 Seventh St., is changing its schedule. Sunday school is from 9:30 to 10:30 a.m., followed by the worship service at 10:45 a.m.

A weekly women's fellowship starts at 11 a.m. Monday with a low impact exercise program called Praise Moves, designed to be an alternative to yoga. All abilities are welcome; the beginning program is done while seated in a chair. Fellowship continues with lunch at noon (bring a sack lunch) and Pursuing God's Love Bible Study. For information, call 503-298-0202.

Our Saviour's Lutheran

SEASIDE — On Sunday, Our Saviour's Lutheran Church, 320 First Ave., introduces its new interim pastor, the Rev. Curtis Zieske. He replaces the Rev. Rob Sachs, who retired Christmas Day, and will continue to serve until there is a new permanent pastor. The congregation is welcoming him, and his wife, Sonya, with a potluck following the 10 a.m. service.

Zieske comes from Trinity Lutheran in Gresham, where he was interim pastor. Prior to Trinity, he served a congregation in Albert Lea, Minnesota. For information, call the church at 503-738-6791.

First Lutheran

There are two worship services Sunday at First Lutheran Church, 725 33rd St., at 8:30 and 11 a.m. Cliff Weimer, pastor, officiates. Sunday School, and a special guest presentation from Alyson O'Con-

nor, "Community Chaplain Ministry," is at 9:45 a.m. The Prayer Team meets in the Ministry Office at 10:15 a.m. This is "Hawaiian Shirt Sunday," part of the Fun Firsts @ First program.

On Monday, Scandinavian Workshop meets at 10 a.m.; Sea Scouts meet at 5:30 p.m.

Stewardship Sewing (quilt making) begins at 9:30 a.m. Tuesday. TOPS meets at 5:30 p.m., and Pure Life Alliance at 5:45 p.m.

Devotional Bible Studies are held at 11:30 a.m. and 6 p.m. Wednesday, with a sack meal followed by Senior Choir practice at 7 p.m.

For information, call the church at 503-325-6252 or go to www.astoriafirstlutheran.com

Grace Episcopal

The Labyrinth at Grace Episcopal Church, 1545 Franklin Ave., is available for walking from 3 to 6 p.m. Sunday. It takes an average of 30 minutes to complete the walk. A labyrinth introduction is offered at 3 p.m., upon request.

For information, call the church at 503-325-4691 or go to www.graceastoria.org

THE DAILY ASTORIAN'S

2016 CUTEST BABY CONTEST



VOTE TODAY AT

DAILYASTORIAN.COM/BABYCONTEST

Deadline to vote is
Friday, February 3rd at Midnight